

# Park Hall 5k 2023

## Overall Results



Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
1.	36	Matthew Collins	1st	MSEN	1st	Oswestry Olympians	15:25	15:26
2.	123	Jamie Lambie	2nd	MSEN	2nd	Shrewsbury AC	15:50	15:51
3.	126	Charlie Lewis	3rd	MSEN	3rd	Shrewsbury Athletics Club	16:56	16:56
4.	155	Matty Redworth	4th	MSEN	4th	Shrewsbury AC	17:09	17:11
5.	186	Zac Wasteney	5th	MJUN	1st	Shrewsbury AC	17:19	17:20
6.	119	Sean Jones	6th	M35	1st	Oswestry Olympians	17:24	17:26
7.	148	Carl Phillips	7th	M40	1st	Maldwyn Harriers	17:25	17:28
8.	168	Oscar Simmons	8th	MSEN	5th	Oswestry Olympians	17:30	17:31
9.	160	James Roberts	9th	MSEN	6th	wrexham	17:46	17:47
10.	94	Ali Hunter	10th	M40	2nd	Whitchurch whippets	17:48	17:50
11.	22	Matthew Brown	11th	MSEN	7th	Shropshire Shufflers	17:50	17:52
12.	4	Samual Antrobus	12th	MJUN	2nd	N/A	17:46	17:53
13.	114	Ollie Jones	13th	MSEN	8th	Maldwyn Harriers	17:58	18:01
14.	27	Peter Butler	14th	M35	2nd	Oswestry Olympians	18:06	18:09
15.	3	David Anderson	15th	M35	3rd	Shrewsbury athletics club	18:10	18:12
16.	16	Oliver Blake	16th	M35	4th	Oswestry Olympians	18:11	18:12
17.	182	Richard Trowles	17th	M40	3rd	Aycliffe running club	18:12	18:13
18.	74	Chloe Hamard	1st	FSEN	1st		18:12	18:14
19.	35	Ben Cocker	18th	M35	5th	Shrewsbury	18:14	18:16
20.	98	Sam Jacobs	19th	MSEN	9th		18:16	18:18
21.	69	Stuart Gater	20th	MSEN	10th	Shrewsbury AC	18:16	18:18
22.	24	Conor Browne	21st	MSEN	11th	Shrewsbury AC	18:17	18:20
23.	55	Matt Davison	22nd	MSEN	12th		18:22	18:25
24.	180	David Thorpe	23rd	M40	4th		18:27	18:28
25.	21	Rich Breakwell	24th	M35	6th	Shrewsbury AC	18:37	18:39
26.	128	Ian Lowe	25th	M50	1st	Oswestry Olympians	18:38	18:40

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
27.	80	Sam Herbert	26th	MSEN	13th	Oswestry Olympians	18:44	18:48
28.	178	Dean Thomas	27th	M40	5th	Maldwyn Harriers	18:46	18:49
29.	147	Matthew Pearson	28th	M35	7th		18:51	18:52
30.	6	Stjohn Ashworth	29th	M40	6th	Oswestry Olympians	18:54	18:59
31.	174	Ash Stringer	30th	MSEN	14th		19:08	19:09
32.	154	Chris Radford	31st	M40	7th	Shropshire Shufflers	19:12	19:15
33.	38	Naomi Cook	2nd	F35	1st	Shrewsbury AC	19:15	19:17
34.	41	Florence Corfield	3rd	FSEN	2nd	Shrewsbury AC	19:19	19:21
35.	185	Justin Walsh	32nd	M40	8th		19:20	19:23
36.	61	Adam Edwards	33rd	M40	9th	Mere Runners	19:28	19:33
37.	67	Darren France	34th	M35	8th		19:32	19:34
38.	37	Jan Cook	4th	F50	1st	Shrewsbury AC	19:33	19:35
39.	179	Hannah Thomas	5th	F40	1st	Maldwyn Harriers	19:40	19:42
40.	29	Alastair Clarke	35th	MSEN	15th		19:41	19:44
41.	163	Mark Roelink	36th	M60	1st	Amazing feet running club	19:43	19:46
42.	70	Darren Goddard	37th	MSEN	16th		19:53	19:57
43.	199	David Card	38th	M40	10th	Oswestry Olympians	19:53	19:58
44.	191	Callum Williams	39th	MSEN	17th		19:48	20:01
45.	146	Andrew Pearson	40th	M35	9th		20:02	20:03
46.	30	Andy Clarke	41st	M60	2nd	Oswestry Olympians	20:04	20:07
47.	48	Paul Crisford	42nd	M35	10th	Total Tri Training	20:08	20:12
48.	40	Pete Cope	43rd	M50	2nd		20:08	20:13
49.	167	Robert Sharam	44th	M50	3rd	Robert Sharam	20:14	20:18
50.	78	Adam Haythorn	45th	M35	11th		20:32	20:38
51.	144	Harry Parkinson	46th	MSEN	18th		20:29	20:39
52.	181	Forster Tony	47th	M40	11th	Wrexham aac	20:47	20:52

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
53.	153	Richard Pullin	48th	M50	4th	Oswestry Olympians	21:00	21:04
54.	196	Martin Ellis	49th	M40	12th		20:59	21:04
55.	120	Rebecca Ketteman	6th	FSEN	3rd	Shrewsbury Athletics Club	21:03	21:06
56.	151	Eleanor Pitcher	7th	FSEN	4th	Shrewsbury AC	21:04	21:07
57.	157	Dean Richards	50th	M35	12th	Whitchurch Whippets	21:05	21:10
58.	84	Annabel Hodgson	8th	F50	2nd		21:06	21:12
59.	109	John Jones	51st	MSEN	19th		21:07	21:14
60.	54	Tommy Davies	52nd	MSEN	20th		21:30	21:30
61.	161	James Roberts	53rd	M35	13th	Whitchurch whippets	21:25	21:31
62.	129	Richard Manford	54th	M50	5th	Oswestry Olympians	21:33	21:40
63.	19	Scott Boulton	55th	M40	13th		21:37	21:41
64.	173	Sami Stoute	9th	FSEN	5th		21:34	21:42
65.	131	James Marston	56th	M50	6th	Whitchurch Whippets	21:33	21:44
66.	200	Max Robert	57th	M60	3rd		21:48	21:52
67.	183	Dom Walczak	58th	MSEN	21st		21:46	21:56
68.	145	Claire Peace	10th	F35	2nd	Oswestry Olympians	21:52	21:58
69.	63	Lara Adelaide Edwards	11th	FSEN	6th	Meirionnydd Running Club	21:52	21:58
70.	113	Nathan Jones	59th	MSEN	22nd		21:55	22:05
71.	25	Dave Brunyard	60th	MSEN	23rd	Whitchurch Whippets	22:00	22:05
72.	169	Charlie Sinclair	61st	MSEN	24th	Wrexham AAC	21:59	22:07
73.	99	Chris Johnson	62nd	M40	14th		22:09	22:20
74.	72	Jessica Gunner	12th	FSEN	7th	Shrewsbury Athletics Club	22:19	22:23
75.	101	Luke Johnson	63rd	MSEN	25th		22:11	22:24
76.	104	Andrea Jones	13th	F40	2nd		22:20	22:24
77.	39	Morgan Cooper	64th	MSEN	26th		22:16	22:28
78.	139	Rosalie Newcombe	14th	FSEN	8th		22:30	22:30

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
79.	53	Rhys Davies	65th	MSEN	27th		22:33	22:36
80.	52	Elliott Davies	66th	M40	15th		22:32	22:40
81.	177	Daniel Thomas	67th	MSEN	28th	Maldwyn Harriers	22:40	22:43
82.	89	Jason Howes	68th	M35	14th	Shrewsbury AC	22:48	22:51
83.	62	George Edwards	69th	MSEN	29th		22:48	22:54
84.	82	Yvonne Hill	15th	F60	1st	Oswestry Olympians	22:57	23:00
85.	176	Duncan Taylor	70th	M40	16th	Pontesbury runners	23:03	23:18
86.	8	Vicky Baillie	16th	F40	3rd	Whitchurch Whippets	23:08	23:19
87.	107	Georgie Jones	17th	FSEN	9th		23:15	23:23
88.	121	Louise Kitcatt	18th	F40	4th		23:17	23:25
89.	11	Lizzie Barlow	19th	F40	5th	Oswestry Olympians	23:23	23:31
90.	108	Huw Jones	71st	M50	7th	Oswestry Olympians	23:24	23:32
91.	28	Nick Chesterfield	72nd	M50	8th	Fetcheveryone	23:30	23:35
92.	71	Josh Gresty	73rd	MSEN	30th	Oswestry Boxing Club	23:37	23:50
93.	20	Catherine Bradley	20th	F40	6th	Maldwyn Harriers	23:52	23:56
94.	57	Matthew Day	74th	MSEN	31st		23:52	24:03
95.	15	Nick Blake	75th	M60	4th	Oswestry Olympians	24:01	24:07
96.	77	Richard Hankinson	76th	M60	5th	Meirionnydd	24:00	24:07
97.	86	Claire Holliman	21st	F50	3rd	Total Tri Training	24:20	24:28
98.	162	Tom Roberts	77th	MSEN	32nd		24:18	24:28
99.	1	Victoria Addison	22nd	FSEN	10th	Shropshire Shufflers	24:24	24:31
100.	75	Susie Hancock	23rd	F60	2nd	Oswestry Olympians	24:34	24:38
101.	31	Daisy Clarke	24th	FSEN	11th		25:10	25:18
102.	88	Emma Howells	25th	F35	3rd		25:29	25:33
103.	64	Phillippa Elms	26th	F40	7th		25:41	25:52
104.	7	Molly Bailey	27th	FSEN	12th		25:45	25:52

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
105.	175	Emily Stringer	28th	FSEN	13th		25:44	25:54
106.	124	Rosemarie Lawrence	29th	FSEN	14th		25:44	25:55
107.	192	Tommy Williams	78th	MSEN	33rd		25:45	25:55
108.	60	Tanya Eccles	30th	FSEN	15th		25:51	25:58
109.	76	Tracy Haner	31st	F40	8th	Pontesbury Runners	25:54	26:09
110.	189	Neil Wild	79th	M60	6th		26:15	26:23
111.	187	Freya Weetman	32nd	FSEN	16th		26:16	26:28
112.	93	Zak Hughes	80th	MSEN	34th		26:21	26:32
113.	184	Darrell Walsh	81st	M40	17th		26:30	26:37
114.	50	Cerys Davies	33rd	FSEN	17th	Shrewsbury Renegades	26:43	26:53
115.	51	Dennis Davies	82nd	M40	18th		26:49	26:58
116.	42	Mark Corfield	83rd	M40	19th		26:49	26:58
117.	65	Mark Evans	84th	M60	7th		27:05	27:19
118.	172	Sammy Stevens	34th	FSEN	18th		27:39	27:39
119.	17	Abigail Boulton	35th	F35	4th		27:32	27:43
120.	49	Andrea Crowe	36th	F40	9th		27:42	27:47
121.	111	Lucy Jones	37th	FSEN	19th		27:36	27:48
122.	56	William Davison	85th	M60	8th	Oswestry Olympians	27:47	27:55
123.	166	Carrie Sayce	38th	F50	4th		27:42	27:56
124.	170	Jonathan Smith	86th	M60	9th	Oswestry olympians p	27:57	28:01
125.	46	Katie Courtney-Jones	39th	F35	5th		27:50	28:01
126.	102	Brigstock Jonathan	87th	M35	15th		27:53	28:01
127.	83	Tricia Hirst	40th	F60	3rd	Maldwyn Harriers	27:57	28:03
128.	135	Hannah Mosford	41st	F35	6th	Oswestry Olympians	27:57	28:03
129.	118	Sarah Jones	42nd	F40	10th	Oswestry olympians	28:03	28:09
130.	141	Andrea Nowell	43rd	F50	5th	Oswestry olympians	28:04	28:10

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
131.	122	Jeff Lambert	88th	M40	20th	West Cheshire Athletic club	28:17	28:26
132.	133	Karl Moore	89th	M40	21st	Wrexham AAC	28:24	28:33
133.	158	Yvonne Richards	44th	F60	4th	Whitchurch Whippets	28:32	28:45
134.	5	Charles Ashley	90th	M60	10th	Wrexham aac	28:47	28:55
135.	130	Micheal Marsh	91st	M40	22nd	Shrewsbury Renegade Runners	29:02	29:09
136.	95	Ella Hunter	45th	FSEN	20th		29:01	29:11
137.	193	Rebecca Wilson	46th	F35	7th		28:59	29:11
138.	85	David Holbrook	92nd	M60	11th	Shrewsbury Renegades	29:06	29:13
139.	116	Philip Jones	93rd	M70	1st	Maldwyn Harriers	29:11	29:23
140.	137	Jennifer Moss	47th	F35	8th	Chester Road Runners	29:14	29:25
141.	142	Kelsee Owen	48th	FSEN	21st		29:22	29:35
142.	91	Ryan Hughes	94th	MSEN	35th		29:31	29:39
143.	58	Will Doyle	95th	M40	23rd		29:39	29:47
144.	150	Erin Pierce	49th	FSEN	22nd		29:49	29:58
145.	149	Ellie Pierce	50th	FSEN	23rd		29:52	30:02
146.	45	Katie Costello	51st	F35	9th		30:29	30:34
147.	136	Colleen Mosley	52nd	FSEN	24th	Maldwyn Harriers	30:28	30:35
148.	152	Lois Powell	53rd	FSEN	25th		30:31	30:43
149.	33	Hattie Clifford	54th	FSEN	26th		31:08	31:20
150.	26	Meg Brunyard	55th	FSEN	27th	Whitchurch Whippets	31:11	31:24
151.	188	Carol Wild	56th	F60	5th		31:19	31:29
152.	197	Anthony Pepper	96th	M70	2nd	Oswestry Olympians	31:20	31:30
153.	96	Ian Hunter	97th	M50	9th		31:58	32:07
154.	9	Sam Ball	57th	F35	10th		32:14	32:26
155.	105	Clare Jones	58th	F35	11th		32:15	32:28
156.	117	Sally Jones	59th	F40	11th		32:45	32:57

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157.	110	Louise Jones	60th	FSEN	28th		32:46	32:58
158.	97	Megan Hunter	61st	FSEN	29th		34:01	34:11
159.	134	Kellie Morris	62nd	F35	12th		34:34	34:48
160.	195	Natalie Wirdnam	63rd	FSEN	30th		34:35	34:49
161.	198	Sarah Watson	64th	F35	13th		34:36	34:50
162.	73	Helen Hall	65th	F50	6th	Wrexham Triathlon Club	34:46	34:55
163.	87	Olivia Hood	66th	FSEN	31st		35:12	35:24
164.	2	Alice Allport	67th	FSEN	32nd		35:11	35:24
165.	90	Penny Hughes	68th	FJUN	1st		35:50	36:02
166.	92	Victoria Hughes	69th	F40	12th		35:51	36:03
167.	127	Jacqueline Lincoln	70th	F50	7th		37:44	37:53
168.	171	Katy Smith	71st	FSEN	33rd		38:09	38:21
169.	202	Ruby Nicholls	72nd	FJUN	2nd		40:55	41:30
170.	201	Lindsey Hopkins-Novak	73rd	F40	13th		40:50	41:35

Number of records: 170