

Pos	Bib	Name	Time	NSR	Chip	GunT	Pos	Bib	Name	Time	NSR	Chip	GunT
F5en							9.	133	Karly Harris	57:05		56:44	57:05
1.	215	Rowena Moss	41:40		41:38	41:40	10.	276	Nic Shrubbs	57:14	Y 136	56:57	57:14
2.	195	Holly	43:27	M	43:20	43:27	11.	6	Emma Allen	58:20		58:07	58:20
3.	302	Caitlin Taylor	45:24	M	45:20	45:24	12.	44	Georgina	59:33		59:11	59:33
4.	196	Victoria	45:27	L 436	45:25	45:27	13.	125	Laura	59:51	Z 841	59:32	59:51
5.	144	Bethany	46:25	M	46:18	46:25	14.	136	Katie Harvey	1:00:16	Y 470	59:49	1:00:1
6.	113	Lauren Ford	46:51	X 279	46:40	46:51	15.	119	Emma	1:02:21		1:01:59	1:02:2
7.	35	Emily	47:28		47:20	47:28	16.	13	Simone	1:04:00	Z 813	1:03:37	1:04:0
8.	274	Isabella Shaw	48:51		48:35	48:51	17.	116	Janneke	1:07:10		1:06:50	1:07:1
9.	36	Olivia Brazier	48:58	X 35	48:52	48:58	18.	296	Heather Swift	1:11:44	Y 468	1:11:24	1:11:4
10.	29	Olivia Bexon	50:37	W	50:31	50:37	19.	264	Kirsty Rollings	1:12:21	Y 325	1:11:52	1:12:2
11.	50	Sophie	51:14		51:02	51:14	F40						
12.	131	Rose Harford	51:51		51:33	51:51	1.	34	Natalie	43:50	L 889	43:46	43:50
13.	79	Natasha	52:46		52:23	52:46	2.	90	Lisa Dillon	45:38	M	45:32	45:38
14.	51	Devon	53:56		53:37	53:56	3.	170	Julianne	48:18	W	48:10	48:18
15.	227	Virginia	56:06		55:55	56:06	4.	127	Kerry	48:33	W	48:20	48:33
16.	332	Emilia	57:11		56:59	57:11	5.	322	Louise Walker	48:44		48:35	48:44
17.	64	Lauren Clarke	57:37		57:23	57:37	6.	257	Laura Rhodes	53:21	X 307	53:07	53:21
18.	204	Sophie Mills	58:40		58:31	58:40	7.	85	Suzanne Dale	55:11	W	54:53	55:11
19.	326	Becky Walters	58:58		58:37	58:58	8.	105	Rebecca Ellis	55:17	X 462	55:02	55:17
20.	191	Tammy May	59:03	Z 498	58:44	59:03	9.	101	Sara Eden	55:25		55:06	55:25
21.	5	April Allcock	1:00:42	Z 861	1:00:23	1:00:4	10.	277	Emma Shuker	56:26	Z 608	56:15	56:26
22.	338	Zara White	1:03:07		1:02:43	1:03:0	11.	310	Amy Till	57:51	Z 181	57:33	57:51
23.	339	Becky	1:03:45		1:03:36	1:03:4	12.	46	Emma Burley	58:19	Y 116	57:54	58:19
24.	1	Lauren	1:04:05		1:03:41	1:04:0	13.	75	Emma	59:26	Y 132	59:01	59:26
25.	31	Hollie	1:04:10		1:03:49	1:04:1	14.	2	Sarah	1:04:13	Y 6	1:03:55	1:04:1
26.	172	Sarah	1:07:05		1:06:46	1:07:0	15.	41	Claire	1:08:40		1:08:13	1:08:4
27.	19	Zoey Barker	1:08:42		1:08:17	1:08:4	16.	107	Leila Evans	1:09:21		1:09:05	1:09:2
28.	123	Georgia Hall	1:08:46		1:08:22	1:08:4	17.	317	Leah Trumper	1:16:43		1:16:15	1:16:4
29.	315	Caroline	1:09:11		1:08:46	1:09:1	18.	63	Gaynor Clarke	1:20:28		1:20:03	1:20:2
30.	71	Lydia Cooper	1:10:07		1:09:42	1:10:0	F45						
31.	331	Rebekah	1:12:08	Z 27	1:11:49	1:12:0	1.	98	Carey Dyer	43:28	M 50	43:22	43:28
32.	181	Stephanie	1:12:45		1:12:13	1:12:4	2.	135	Rebecca	43:51		43:48	43:51
33.	14	Megan Baker	1:18:15		1:17:49	1:18:1	3.	269	Melissa	45:19	M	45:14	45:19
F35							4.	141	Gwennan	45:50		45:44	45:50
1.	212	Liz Morris	43:46		43:41	43:46	5.	37	Sherrie	48:50	M 83	48:33	48:50
2.	30	Hayley Biggs	46:27	W	46:14	46:27	6.	155	Laura Hughes	48:59	W	48:44	48:59
3.	301	Annie Taylor	48:47		48:41	48:47	7.	272	Emily Sharp	49:02	X 659	48:50	49:02
4.	321	Juliet Vass	49:31		49:25	49:31	8.	55	Lisa Chadwick	50:56	W	50:42	50:56
5.	57	Ann Cheadle	50:32		50:20	50:32	9.	82	Izzy Cundy	52:54		52:35	52:54
6.	351	Holly Zoka	51:37		51:32	51:37	10.	235	Emma Phillips	54:38	W	54:18	54:38
7.	52	Nikki Casey	52:19		52:04	52:19	11.	176	Sara Leopold	55:23		55:08	55:23
8.	254	Lizzi Reynolds	55:58		55:44	55:58	12.	157	Rebecca Ibbs	57:47	Y 314	57:27	57:47

Pos	Bib	Name	Time	NSR	Chip	GunT
13.	150	Kerry	1:01:13	Y 148	1:00:55	1:01:1
14.	334	Stacey Watret	1:03:54		1:03:30	1:03:5
15.	120	Clare Hadzik	1:06:00		1:05:39	1:06:0
16.	220	Lisa Moulton	1:06:08		1:05:41	1:06:0
17.	314	Marci	1:08:24		1:07:59	1:08:2
18.	312	Emma	1:17:28		1:17:00	1:17:2

F50

1.	248	Kristy	41:33		41:28	41:33
2.	24	Lindsay	49:30		49:18	49:30
3.	68	Alison	50:42	X 360	50:32	50:42
4.	94	Eleanor	51:05	X 877	50:55	51:05
5.	244	Helen Ranford	51:48	X 823	51:38	51:48
6.	319	Susan	52:29	W	52:20	52:29
7.	240	Kerry	54:35	W	54:17	54:35
8.	342	Sara Wioslo	54:40		54:28	54:40
9.	190	Jacky May	55:34		55:14	55:34
10.	282	Penny	1:00:04		59:41	1:00:0
11.	42	Michelle	1:01:26		1:01:05	1:01:2
12.	252	Alison	1:02:55		1:02:42	1:02:5
13.	345	Jen	1:03:23	Z 644	1:03:07	1:03:2
14.	221	Samantha	1:05:34		1:05:09	1:05:3
15.	137	Joanne	1:07:49		1:07:21	1:07:4
16.	242	Tracy Proctor	1:11:32		1:11:05	1:11:3
17.	99	Teresa Dykes	1:11:39		1:11:27	1:11:3
18.	299	Sarah	1:18:14		1:18:01	1:18:1
19.	263	Susan Rogers	1:19:00		1:18:29	1:19:0
20.	262	Lorraine	1:20:05		1:20:05	1:20:0
21.	106	Jo Jo Espley	1:20:28	Z 27	1:20:00	1:20:2

F55

1.	305	Sarah Taylor	41:49	L 691	41:44	41:49
2.	333	Ruth	44:47		44:40	44:47
3.	88	Melonie	47:59	W 55	47:53	47:59
4.	208	Debbie	48:52		48:42	48:52
5.	224	Gayl Nixon	50:57	X 447	50:53	50:57
6.	152	Maxine Hough	55:09	W	54:47	55:09
7.	261	Fiona Roche	1:00:11		59:54	1:00:1
8.	167	Karen Kelly	1:00:17		1:00:01	1:00:1
9.	156	Michelle	1:02:14		1:02:05	1:02:1
10.	9	Paula	1:06:08	X 172	1:05:44	1:06:0
11.	76	Joanne	1:06:42		1:06:15	1:06:4

F60

1.	286	Chris Skellern	46:30	L 549	46:23	46:30
2.	213	Angela	51:18	X 128	51:04	51:18

Pos	Bib	Name	Time	NSR	Chip	GunT
3.	61	Lynda Clare	54:15	W	54:07	54:15
4.	270	Denise	54:55	M 94	54:41	54:55
5.	187	Diane Mason	56:16		55:59	56:16
6.	316	Micheline	1:02:05	X 37	1:01:41	1:02:0
7.	111	Linda	1:03:50	X 718	1:03:25	1:03:5
8.	177	Mandy Lewis	1:06:45	G	1:06:24	1:06:4
9.	20	Hazel Barlow	1:10:12	Z 397	1:09:48	1:10:1

F65

1.	103	Ruth Edwards	56:24		56:04	56:24
2.	237	Rosie Piggott	1:03:50	X 870	1:03:25	1:03:5
3.	225	Julie Nokes	1:05:42	X 47	1:05:24	1:05:4
4.	117	Sarah Gray	1:12:10	Z 321	1:11:42	1:12:1
5.	77	Lorraine	1:13:25		1:13:03	1:13:2

F70

1.	66	Liz Clutton	58:46	W	58:38	58:46
2.	87	Pam Davies	59:20	M	59:07	59:20
3.	285	Christine	1:06:08		1:05:44	1:06:0

F75

1.	298	Shelagh	1:04:22		1:04:12	1:04:2
2.	26	Pat Bentley	1:04:58	X 85	1:04:49	1:04:5

F80+

1.	293	Elaine	1:04:42	X 724	1:04:28	1:04:4
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MSen

1.	180	Sam Lucking	33:48		33:47	33:48
2.	267	Tom Rushton	34:38		34:37	34:38
3.	325	Connor Walsh	35:07		35:06	35:07
4.	349	Tom Young	35:30	C	35:29	35:30
5.	304	James Taylor	36:20	B 236	36:19	36:20
6.	200	Sam Mensing	36:31	B 810	36:30	36:31
7.	201	Luke Merrick	36:34		36:32	36:34
8.	214	Alex Moss	36:51		36:49	36:51
9.	142	Sid Hibberd	38:17	B 341	38:14	38:17
10.	72	Martin Cooper	38:18	C	38:14	38:18
11.	80	Dre Cristini	39:42	C	39:39	39:42
12.	219	Steve Crowe	39:54		39:52	39:54
13.	199	Saul Mellor	40:15		40:11	40:15
14.	288	Chris Smith	40:37		40:32	40:37
15.	292	Ian Stanway	40:43		40:29	40:43
16.	335	Chris Watson	41:05	D	41:01	41:05
17.	287	Jason	41:08	D	41:02	41:08
18.	308	Matt	41:31	D	41:23	41:31
19.	95	Sean Dyer	41:56		41:48	41:56

Pos	Bib	Name	Time	NSR	Chip	GunT
20.	163	Danny Keay	43:41		43:31	43:41
21.	230	Matthew	44:09		43:54	44:09
22.	337	Leo Wheeler	44:12	D	44:06	44:12
23.	323	Matt Walker	44:22	E 235	44:12	44:22
24.	22	Andrew Bate	44:35		44:24	44:35
25.	347	Jonathan	44:48	E 366	44:43	44:48
26.	249	Billy Ream	45:14		45:11	45:14
27.	192	Adam Mayell	45:17		45:14	45:17
28.	134	Peter Harris	45:31	E 316	45:24	45:31
29.	311	James Tirrell	46:05		45:56	46:05
30.	268	Ben Russell	46:47	D	46:39	46:47
31.	198	Daniel Mellor	47:38	E 441	47:23	47:38
32.	112	Alex Flude	48:05		47:38	48:05
33.	205	James	48:10	E 349	48:00	48:10
34.	313	Lewie	50:10		50:00	50:10
35.	10	Gregory	50:38	F 190	50:30	50:38
36.	122	Ben Hall	52:17		52:02	52:17
37.	171	Matthew	52:28	E 872	52:03	52:28
38.	12	Alexander	53:05	F 46	52:51	53:05
39.	318	Chris Turner	53:44	E 322	53:35	53:44
40.	226	James	54:53		54:42	54:53
41.	278	Rob Sillito	56:21	F 473	56:13	56:21
42.	74	Mark Cope	57:22	F 371	56:55	57:22
43.	16	Tom Barber	57:37		57:22	57:37
44.	253	Dan Reynolds	1:01:35		1:01:22	1:01:3
M40						
1.	206	Craig Mooney	34:44		34:42	34:44
2.	28	Ben Bewley	37:02	A 189	37:00	37:02
3.	48	Daniel Burton	39:28		39:26	39:28
4.	265	Sam Rosillo	39:56	B 293	39:54	39:56
5.	149	David Hook	40:35		40:33	40:35
6.	114	Dan Gardner	41:32	D	41:28	41:32
7.	202	Rob Metcalf	41:38	C	41:29	41:38
8.	348	Peter Youds	42:40		42:33	42:40
9.	275	Karl Shenton	42:42		42:30	42:42
10.	124	Chris	43:54	E 93	43:48	43:54
11.	70	Steven Cooke	45:52		45:39	45:52
12.	246	Sean	48:21		48:13	48:21
13.	65	Oliver Clews	51:33		51:17	51:33
14.	173	Jon Land	51:50	F 387	51:35	51:50
15.	89	Jason Dean	52:11	F 353	51:58	52:11
16.	211	Jean Paul	54:39		54:20	54:39
17.	84	Ryan Dale	55:38	F 778	55:10	55:38
18.	23	Steve Beckett	56:48		56:43	56:48

Pos	Bib	Name	Time	NSR	Chip	GunT
19.	327	James	57:09	F 38	56:41	57:09
20.	183	Alex Maciver	58:38		58:23	58:38
21.	217	Carl Moulton	59:18		58:52	59:18
22.	233	David Parry	59:47		59:32	59:47
23.	32	Richard Boote	1:06:08		1:05:44	1:06:0
24.	108	Michael	1:09:21		1:09:04	1:09:2
M45						
1.	218	Carl Moulton	34:22	A 156	34:21	34:22
2.	162	Steve Jones	37:09	A 423	37:07	37:09
3.	189	Leigh	37:40	C 72	37:37	37:40
4.	328	Darrel Ward	37:44	B 634	37:42	37:44
5.	15	Richard Baker	38:39		38:35	38:39
6.	216	Darren	39:15	C	39:10	39:15
7.	110	Lee	39:22		39:19	39:22
8.	194	Colin McEvoy	39:32	A 199	39:32	39:32
9.	100	Graeme Eddie	40:44		40:39	40:44
10.	350	Scott	40:48	D	40:44	40:48
11.	115	Christopher	43:33		43:23	43:33
12.	291	Richard Wood	44:54		44:44	44:54
13.	228	Marcus Nye	45:57		45:51	45:57
14.	97	Richard Dunn	45:58	E 640	45:47	45:58
15.	175	Richard	50:12		49:57	50:12
16.	203	Robert Mills	50:49	F 612	50:34	50:49
17.	60	Richard	51:19	E 249	51:11	51:19
18.	83	Michael	52:14		51:56	52:14
19.	8	Jon Ambage	52:16		52:03	52:16
20.	92	Mark Douglas	53:08		52:49	53:08
21.	222	Daniel Myers	54:20		53:57	54:20
22.	21	Mark Barnes	59:31		59:22	59:31
23.	151	Mark	1:01:13		1:00:56	1:01:1
M50						
1.	93	Stuart Doyle	36:02		36:00	36:02
2.	118	Mike Griffiths	37:21	C	37:19	37:21
3.	234	Glyn	37:44	B 610	37:42	37:44
4.	245	David Ratcliffe	39:47		39:43	39:47
5.	280	James	40:42	A 109	40:38	40:42
6.	289	David Smith	40:52		40:49	40:52
7.	239	Phil Plant	41:11	C	41:06	41:11
8.	236	Paul Phillips	42:57	C	42:48	42:57
9.	185	Peter Mallison	43:20	D	43:16	43:20
10.	160	Robert	43:31		43:27	43:31
11.	166	David Kelly	43:38		43:29	43:38
12.	250	Adam Reece	43:39		43:23	43:39

Pos	Bib	Name	Time	NSR	Chip	GunT	Pos	Bib	Name	Time	NSR	Chip	GunT
13.	188	Rob Massey	43:57	F 135	43:48	43:57	8.	343	Christopher	57:48	G	57:36	57:48
14.	96	Carl Dunn	45:42		45:29	45:42	9.	164	Rob Keithley	58:04	G	57:41	58:04
15.	232	Mark Parker	46:38	E 363	46:19	46:38	10.	7	Ian Allen	1:01:36	F 131	1:01:18	1:01:3
16.	81	Martin	47:02		46:55	47:02	11.	147	John Hinett	1:10:07		1:09:45	1:10:0
17.	281	James	47:05	D	46:53	47:05	M65						
18.	283	Shaun	48:46		48:33	48:46	1.	39	Alan Brookes	46:57	D	46:51	46:57
19.	33	Tim Boote	49:13		48:50	49:13	2.	251	Neil Regnauld	50:23	F 184	50:05	50:23
20.	241	Andy Pointon	51:09	F 250	51:01	51:09	3.	139	Clive	52:23	F 45	52:03	52:23
21.	104	Brad Ehlen	53:00		52:39	53:00	4.	161	Kevin Jones	52:35		52:13	52:35
22.	126	Andrew	54:49	E 431	54:35	54:49	5.	132	Tim Harford	52:38		52:22	52:38
23.	258	Duncan	55:50	F 864	55:31	55:50	6.	260	Dennis	52:39	E 814	52:28	52:39
24.	209	Mont Moreton	56:18	G	56:00	56:18	7.	341	Mick Williams	55:50	F 883	55:40	55:50
25.	45	Peter Bunker	59:23		59:10	59:23	8.	140	David Hebb	57:00	F 769	56:48	57:00
26.	256	Wayne	1:02:07		1:01:55	1:02:0	9.	346	Stephen	1:11:59	G 21	1:11:34	1:11:5
M55							10.	344	Neil	1:22:22		1:21:51	1:22:2
1.	182	Matthew	37:20		37:19	37:20	M70						
2.	247	Phillip	37:54		37:53	37:54	1.	3	Douglas	45:02	C	44:57	45:02
3.	320	Tim	38:21	B 306	38:18	38:21	2.	178	Steven Locker	50:54	E 23	50:41	50:54
4.	186	Damian	42:28		42:24	42:28	3.	56	Alan Challinor	51:30	F 638	51:11	51:30
5.	229	Ray O'Keefe	42:46		42:41	42:46	4.	279	Henry	52:05		51:55	52:05
6.	255	Steve	42:54		42:48	42:54	5.	146	Norman	53:49		53:32	53:49
7.	324	Terry Wall	44:42		44:34	44:42	6.	25	Rich Benson	1:03:01		1:02:40	1:03:0
8.	58	Peter Chell	44:59	E 216	44:53	44:59	7.	266	Malcolm	1:15:35	G	1:15:13	1:15:3
9.	184	Pab Maddox	45:16	E 482	45:12	45:16	M75						
10.	243	Darren Pyatt	45:18	B 719	45:06	45:18	1.	159	Alan	57:00		56:51	57:00
11.	54	Andrew	46:51	D	46:40	46:51	2.	284	Bob Sissons	1:07:02	G 2	1:06:40	1:07:0
12.	128	Ian Stuart	47:03	E 404	46:47	47:03	3.	340	Graham David	1:07:33	G 65	1:07:13	1:07:3
13.	86	Colin Dalton	48:26		48:13	48:26	Number of records: 308						
14.	67	Chris	51:04	F 485	50:49	51:04							
15.	309	Andy Thorp	51:06		51:01	51:06							
16.	303	David Taylor	52:08	F 68	51:52	52:08							
17.	158	Rob Ibbs	52:48	E 317	52:38	52:48							
18.	169	Steve Kenny	1:05:05		1:04:45	1:05:0							
19.	18	Terry Barker	1:08:42		1:08:16	1:08:4							
20.	138	Neil Hasprey	1:12:45		1:12:14	1:12:4							
M60													
1.	306	Andy Thomas	43:38	C 9	43:34	43:38							
2.	62	Martyn Clare	44:19	C	44:14	44:19							
3.	47	Paul Burslem	45:27	E 255	45:19	45:27							
4.	174	David Laxton	46:27	D	46:27	46:27							
5.	153	Lawrence	48:38	F 878	48:31	48:38							
6.	336	John Welch	50:20		50:09	50:20							
7.	78	Alan Cragg	55:23		55:01	55:23							

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