Sandbach 10k

Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
1.	233	David Morris	*1st*	M40	-	City of Stoke AC	36:17	**36:20**
2.	353	Matthew Taylor	*2nd*	M40	-	South Cheshire Harriers	36:35	**36:38**
3.	226	Craig Mooney	*3rd*	M40	-	Nantwich Running Club	36:40	**36:42**
4.	399	Steve Crowe	*4th*	M Sen	*1st*	South Cheshire Harriers	36:56	**37:00**
5.	374	Rob Whitby	*5th*	M Sen	*2nd*	Macclesfield Harriers & AC	37:08	**37:09**
6.	17	Toby Barnes	*6th*	M Sen	*3rd*		37:12	**37:13**
7.	147	Paul Hancock	*7th*	M50	*1st*	South Cheshire Harriers	37:23	**37:26**
8.	265	Daniel Palin	*8th*	M40	*1st*		37:37	**37:40**
9.	53	Michael Campbell	*9th*	M Sen	*4th*		38:26	**38:27**
10.	299	Phillip Rawlings	*10th*	M55	*1st*		38:42	**38:44**
11.	398	Robin Zoka	*11th*	M Sen	*5th*	South Cheshire Harriers	38:52	**38:56**
12.	363	Lee Farrington	*12th*	M45	*1st*	South Cheshire Harriers	39:10	**39:13**
13.	308	Robert Roe	*13th*	M45	*2nd*	Vale Royal AC	39:13	**39:15**
14.	151	Ian Harrison	*14th*	M45	*3rd*	Lymm Runners	39:45	**39:47**
15.	254	Samuel Nutty	*15th*	M Sen	*6th*		39:48	**39:49**
16.	82	Lucy Crayston	*1st*	F Sen	-	City of Stoke AC	39:49	**39:51**
17.	237	Darren Mottram	*16th*	M45	*4th*	Biddulph RC	39:52	**39:55**
18.	46	Will Brooks	*17th*	M Sen	*7th*		39:53	**39:56**
19.	111	George Durham	*18th*	M Sen	*8th*		40:04	**40:07**
20.	280	Andy Pettitt	*19th*	M Sen	*9th*		40:19	**40:25**
21.	296	James Pugh	*20th*	M Sen	*10th*	Sandbach Singlets	40:20	**40:26**
22.	29	Anna Begbie	*2nd*	F40	-	Vale Royal AC	40:50	**40:55**
23.	55	Ben Campion	*21st*	M Sen	*11th*	Coventry Godiva Harriers	40:54	**40:57**
24.	324	Brett Smart	*22nd*	M Sen	*12th*	Nantwich Running Club	41:19	**41:22**
25.	137	Stephen Greaves	*23rd*	M50	*2nd*	Wilmslow Running Club	41:40	**41:47**
26.	40	Cara Jasmine Bradley	*3rd*	F Sen	-		41:46	**41:51**
27.	234	Andrew Power	*24th*	M45	*5th*	Macclesfield Harriers & AC	41:57	**42:03**

Sandbach 10k

Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
28.	272	Olivia Partington	*4th*	F Sen	*1st*	Wilmslow RC	42:02	**42:06**
29.	334	Sara Avery	*5th*	F55	*1st*	Cheshire dragons	42:07	**42:09**
30.	196	Paul Latham	*25th*	M40	*2nd*	Nantwich Tri Club	42:11	**42:13**
31.	61	James Simpson	*26th*	M50	*3rd*	South Cheshire Harriers	42:11	**42:16**
32.	375	Adam White	*27th*	M Sen	*13th*		42:22	**42:24**
33.	371	Hope Wearing	*6th*	F Sen	*2nd*	Valley Striders AC	42:21	**42:27**
34.	318	Isabella Shaw	*7th*	F Sen	*3rd*	City of Stoke AC	42:28	**42:29**
35.	183	Frances Kenney	*8th*	F40	*1st*	Wilmslow Running Club	42:53	**42:58**
36.	264	Stephen Owen	*28th*	M Sen	*14th*		43:01	**43:03**
37.	133	Tom Gilding	*29th*	M45	*6th*	Nantwich Running Club	43:43	**43:49**
38.	301	Alistair Reed	*30th*	M Sen	*15th*	Sandbach Singlets	43:53	**43:59**
39.	114	Graeme Eddie	*31st*	M45	*7th*	Macclesfield Harriers & AC	44:16	**44:19**
40.	182	David Kelly	*32nd*	M50	*4th*	Nantwich RC	44:18	**44:23**
41.	203	Callum Levitt	*33rd*	M Sen	*16th*	Lancaster University Running and Athletics Club	44:29	**44:30**
42.	258	Ray Okeefe	*34th*	M55	*2nd*	Macclesfield Harriers & AC	44:33	**44:37**
43.	259	Tim Oleary	*35th*	M Sen	*17th*		44:48	**44:55**
44.	93	Jamie Davies	*36th*	M Sen	*18th*		44:55	**45:00**
45.	317	Matthew Sharratt	*37th*	M Sen	*19th*		44:51	**45:02**
46.	337	Adam Steele	*38th*	M Sen	*20th*		44:51	**45:05**
47.	128	Dan Gardner	*39th*	M40	*3rd*		44:48	**45:11**
48.	343	Aaron Summers	*40th*	M Sen	*21st*		44:58	**45:29**
49.	220	Calum Miller	*41st*	M55	*3rd*		45:27	**45:38**
50.	250	Paul Norris	*42nd*	M65	*1st*	Wilmslow Running Club	45:20	**45:43**
51.	221	David Millward	*43rd*	M60	*1st*		45:35	**45:45**
52.	20	Gareth Bashford	*44th*	M50	*5th*		45:44	**45:50**
53.	340	Sue Stockdale	*9th*	F50	*1st*	Macclesfield Harriers & AC	46:03	**46:12**
54.	76	Phil Cottrill	*45th*	M Sen	*22nd*		46:14	**46:18**

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Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
55.	370	Stephen Watts	*46th*	M Sen	*23rd*		45:58	**46:19**
56.	247	Paul Nevitt	*47th*	M40	*4th*		46:13	**46:22**
57.	239	Keith Mulholland	*48th*	M60	*2nd*	Macclesfield Harriers & AC	46:26	**46:30**
58.	331	Adam Southern	*49th*	M Sen	*24th*		46:14	**46:30**
59.	246	Victoria Mckenna	*10th*	F Sen	*4th*	South Cheshire Harriers	46:31	**46:35**
60.	87	Graham Crewe	*50th*	M65	*2nd*	Wilmslow Running Club	46:18	**46:38**
61.	15	Vicki Creighton	*11th*	F35	*1st*		46:46	**46:51**
62.	383	Alwyn Williams	*51st*	M45	*8th*	Silverdale RC	46:39	**46:51**
63.	306	Georgina Walker	*12th*	F45	*1st*	Lymm Runners	46:51	**46:56**
64.	350	Wing Choi Tang	*52nd*	M40	*5th*		46:37	**47:02**
65.	338	Brian Stevens	*53rd*	M60	*3rd*		47:14	**47:18**
66.	339	Gareth Stockdale	*54th*	M50	*6th*	Macclesfield Harriers & AC	47:28	**47:37**
67.	121	Alex Fitton	*55th*	M Sen	*25th*		47:26	**47:40**
68.	283	Marcus Pitt	*56th*	M45	*9th*	Alsager Runners	47:34	**47:44**
69.	28	Colin Watret	*57th*	M45	*10th*	Congleton Harriers	47:29	**47:46**
70.	213	Marcos Martin	*58th*	M40	*6th*		47:52	**48:04**
71.	1	Richard Hey	*59th*	M55	*4th*		48:02	**48:07**
72.	145	Steve Goodwin	*60th*	M50	*7th*	Alsager Runners	48:00	**48:10**
73.	218	Nic Bown	*61st*	M60	*4th*	Wilmslow Running Club	47:54	**48:21**
74.	377	Olivia Whitmore	*13th*	F35	*2nd*	Alsager Runners	48:24	**48:34**
75.	236	Gary Morrison	*62nd*	M55	*5th*	Wilmslow Running Club	48:31	**48:35**
76.	173	Thomas Jackson	*63rd*	M Sen	*26th*		48:12	**48:35**
77.	287	Roshan Shanbhogue	*64th*	M Sen	*27th*	South Cheshire Harriers	48:33	**48:36**
78.	378	Tony Whittingham	*65th*	M45	*11th*		48:33	**48:39**
79.	103	Georgia Dickinson	*14th*	F Sen	*5th*		48:34	**48:42**
80.	325	Martin Smirh	*66th*	M Sen	*28th*		48:31	**48:46**
81.	243	Hannah Mulliner	*15th*	F40	*2nd*		48:39	**48:48**

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Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
82.	170	Daniel Jackson	*67th*	M45	*12th*	Congleton Harriers	48:31	**48:49**
83.	282	Kev Threlfall	*68th*	M45	*13th*	Alsager Runners	48:45	**48:53**
84.	214	Rachel Maskell	*16th*	F40	*3rd*	Wilmslow Running Club	49:10	**49:35**
85.	263	Simon Owen	*69th*	M45	*14th*	Nantwich Running Club	49:03	**49:38**
86.	34	Sammy Blake	*70th*	M Sen	*29th*		49:28	**49:42**
87.	69	John Clarke	*71st*	M70	*1st*	Vale Royal AC	49:34	**49:47**
88.	194	Ross Lascelles	*72nd*	M Sen	*30th*		49:44	**49:54**
89.	198	Marc Lawrence	*73rd*	M50	*8th*	Biddulph RC	49:37	**49:57**
90.	10	Ruth Bacci	*17th*	F45	*2nd*	Nantwich Tri Club	49:55	**49:59**
91.	231	Debbie Moreton	*18th*	F55	*2nd*	Vale Royal AC	49:54	**50:07**
92.	83	Mollie Paton	*19th*	F Sen	*6th*	None	49:47	**50:11**
93.	291	Phil Powell	*74th*	M40	*7th*		49:55	**50:12**
94.	295	Jonathan Wright	*75th*	M Sen	*31st*		49:51	**50:13**
95.	74	Simon Cook	*76th*	M40	*8th*		49:48	**50:16**
96.	19	Ted Barnett	*77th*	M Sen	*32nd*		50:14	**50:17**
97.	62	Chris Cartlidge	*78th*	M40	*9th*		50:14	**50:29**
98.	125	Ben Freeman	*79th*	M Sen	*33rd*	South Cheshire Harriers	50:07	**50:31**
99.	122	Darren Matthews	*80th*	M45	*15th*		50:25	**50:37**
100.	16	Mark Barnes	*81st*	M45	*16th*	Nantwich Running Club	50:19	**50:38**
101.	141	Richard Cherrington	*82nd*	M45	*17th*	South Cheshire Harriers	50:19	**50:39**
102.	382	Mathew Wilkinson	*83rd*	M Sen	*34th*		50:36	**50:49**
103.	89	Emily Cuthbertson	*20th*	F Sen	*7th*		50:30	**50:53**
104.	364	Jacob Vernon	*84th*	M Sen	*35th*		50:31	**50:53**
105.	172	Tracy Bown	*21st*	F60	*1st*	Wilmslow RC	50:39	**51:00**
106.	381	Graham Cooper	*85th*	M Sen	*36th*	Congleton Harriers	50:41	**51:02**
107.	88	Phil Crisford	*86th*	M Sen	*37th*		50:56	**51:05**
108.	131	Barry Gidman	*87th*	M Sen	*38th*		50:58	**51:06**

Sandbach 10k

Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
109.	171	Frances Jackson	*22nd*	F35	*3rd*	Wilmslow Running Club	50:43	**51:09**
110.	49	Emma Brydges	*23rd*	F Sen	*8th*		50:49	**51:09**
111.	238	Nicky Mowat	*24th*	F65	*1st*	Wilmslow RC	50:50	**51:12**
112.	307	Phil Robinson	*88th*	M Sen	*39th*	Sandbach Singlets	51:05	**51:13**
113.	148	Alice Harrison	*25th*	F40	*4th*		51:14	**51:19**
114.	44	Chris Bate	*89th*	M Sen	*40th*		51:02	**51:21**
115.	161	Jane Holt	*26th*	F55	*3rd*		51:24	**51:30**
116.	366	Louise Walker	*27th*	F40	*5th*	Vale Royal AC	51:34	**51:45**
117.	167	Richard Beevers	*90th*	M45	*18th*	Run Middlewich	51:38	**51:50**
118.	380	Lucy Lomas	*28th*	F50	*2nd*	Congleton Harriers	51:31	**51:51**
119.	344	Kevin Sumner	*91st*	M Sen	*41st*		51:05	**51:52**
120.	321	Mike Shore	*92nd*	M40	*10th*		51:16	**51:59**
121.	9	Victoria Atherton	*29th*	F Sen	*9th*	Sandbach Striders	51:44	**52:02**
122.	13	Mathew Bailey	*93rd*	M45	*19th*		51:37	**52:03**
123.	8	Cathy Atherton	*30th*	F45	*3rd*	South Cheshire Harriers	51:44	**52:04**
124.	195	Alison Latham	*31st*	F35	*4th*		52:04	**52:13**
125.	270	Thomas Parr	*94th*	M Sen	*42nd*		52:08	**52:17**
126.	341	Si Stokes	*95th*	M Sen	*43rd*	Delamere Dynamos	52:07	**52:19**
127.	65	Andrew Choyce	*96th*	M Sen	*44th*	Sandbach Singlets	52:09	**52:19**
128.	31	Stephen Bettany	*97th*	M55	*6th*		52:01	**52:20**
129.	286	Lyndsay Poole	*32nd*	F40	*6th*	Fordy Runs Running Club	51:54	**52:21**
130.	358	Benjamin Townsend	*98th*	M Sen	*45th*		52:15	**52:23**
131.	5	Adam Armitt	*99th*	M Sen	*46th*	Sandbach Singlets	52:19	**52:29**
132.	279	Domingo Perez-Garcia	*100th*	M Sen	*47th*		51:57	**52:34**
133.	177	Joe Jones	*101st*	M Sen	*48th*		52:35	**52:51**
134.	396	Ollie Wright	*102nd*	M Sen	*49th*		52:55	**52:55**
135.	181	James Keene	*103rd*	M Sen	*50th*		52:35	**53:01**

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Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
136.	352	James McCann	*104th*	M Sen	*51st*		52:32	**53:18**
137.	327	Matthew Smith	*105th*	M40	*11th*		53:11	**53:20**
138.	143	Chelsea Hall	*33rd*	F Sen	*10th*	Nantwich Running Club	53:11	**53:26**
139.	300	Honess Dayle	*106th*	M Sen	*52nd*		53:15	**53:39**
140.	138	John Green	*107th*	M45	*20th*		53:06	**53:51**
141.	134	Jez Goodman	*108th*	M55	*7th*		53:46	**54:01**
142.	109	Brian Dunn	*109th*	M50	*9th*		53:50	**54:06**
143.	142	Andrew Greer	*110th*	M50	*10th*	South Cheshire Harriers	53:48	**54:23**
144.	362	Susan Twardochleb	*34th*	F50	*3rd*	Newcastle (Staffs) AC	54:09	**54:24**
145.	187	Arif Khan	*111th*	M Sen	*53rd*	Lonely Goat	54:04	**54:27**
146.	309	Paul Ruscoe	*112th*	M55	*8th*	Telford Harriers	54:08	**54:33**
147.	267	Chris Parkinson	*113th*	M45	*21st*		54:40	**54:54**
148.	323	Lorraine McGowan	*35th*	F50	*4th*		54:36	**54:54**
149.	104	Luke Dickinson	*114th*	M Sen	*54th*		54:56	**55:04**
150.	156	Lauren Henson	*36th*	F Sen	*11th*	Congleton Harriers	54:55	**55:13**
151.	39	Mark Bowyer	*115th*	M50	*11th*	Congleton Harriers	54:56	**55:17**
152.	302	Catherine Reilly	*37th*	F35	*5th*		54:59	**55:20**
153.	202	Amy Lennon	*38th*	F40	*7th*		54:36	**55:21**
154.	288	John Porteous	*116th*	M70	*2nd*	Wilmslow Running Club	55:06	**55:24**
155.	81	Alan Cragg	*117th*	M60	*5th*	Nantwich Running Club	55:01	**55:36**
156.	84	Olivia Porteous	*39th*	F Sen	*12th*	Congleton Harriers	55:20	**55:38**
157.	185	Deborah Kent	*40th*	F60	*2nd*		55:33	**55:40**
158.	367	Patrick Stiefel	*118th*	M40	*12th*	Nantwich Running Club	55:14	**55:45**
159.	269	Lucy Parr	*41st*	F40	*8th*		55:41	**55:57**
160.	285	Edward Pledge	*119th*	M Sen	*55th*		55:36	**56:05**
161.	372	Thomas Wells	*120th*	M Sen	*56th*		55:47	**56:09**
162.	227	David Moore	*121st*	M Sen	*57th*		55:35	**56:15**

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Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
163.	116	Kevin Ellis	*122nd*	M45	*22nd*	Silverdale Running Club	56:07	**56:18**
164.	176	Callum Jones	*123rd*	M Sen	*58th*		56:15	**56:21**
165.	155	Jess Heath	*42nd*	F Sen	*13th*	Delamere dynamos	56:13	**56:26**
166.	209	Catherine Machin	*43rd*	F45	*4th*	Wilmslow RC	56:14	**56:32**
167.	230	Shaun Moran	*124th*	M60	*6th*		56:07	**56:41**
168.	101	Terry Dermody	*125th*	M75	*1st*	Salford Harriers	56:39	**56:46**
169.	386	Martin Williams	*126th*	M50	*12th*		56:25	**56:51**
170.	240	Christopher Mullen	*127th*	M Sen	*59th*		56:47	**56:53**
171.	26	Kev Beech	*128th*	M50	*13th*		56:43	**56:54**
172.	24	Gaynor Beckett	*44th*	F50	*5th*	Sandbach Striders	56:32	**56:57**
173.	113	Kim Eastham	*45th*	F55	*4th*	Macclesfield Harriers & AC	56:30	**56:57**
174.	60	Phoebe Carolan	*46th*	F Sen	*14th*		56:48	**56:58**
175.	256	Mollie O'Connor	*47th*	F Sen	*15th*		56:23	**56:59**
176.	252	James McCann	*129th*	M Sen	*60th*		56:58	**57:00**
177.	356	Michael Thurm	*130th*	M Sen	*61st*		56:40	**57:01**
178.	59	Amy Carney	*48th*	F40	*9th*	Biddulph RC	56:42	**57:04**
179.	333	Dale Southern	*131st*	M40	*13th*		56:59	**57:16**
180.	260	Ruth Ollerenshaw	*49th*	F50	*6th*		57:25	**57:32**
181.	4	Simon Pritchard Jones	*132nd*	M50	*14th*		56:52	**57:33**
182.	208	Jayne Lomax	*50th*	F55	*5th*	Vale Royal AC	57:28	**57:41**
183.	22	Thomas Temple	*133rd*	M70	*3rd*		57:32	**57:45**
184.	12	Isobel Bailey	*51st*	F35	*6th*		57:20	**57:50**
185.	164	Chris Howells	*134th*		*1st*		57:15	**57:52**
186.	392	Kian Woodward	*135th*	M40	*14th*		57:36	**57:56**
187.	73	Alice Cook	*52nd*	F40	*10th*	Alsager Runners	58:09	**58:37**
188.	222	Vicky Blodwell	*53rd*	F40	*11th*	Run 4 u and Perform	58:06	**58:48**
189.	135	Nicola Goodman	*54th*	F55	*6th*		58:37	**58:51**

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Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
190.	72	John Dobson	*136th*	M60	*7th*	Fordy Runs Running Club	58:51	**59:04**
191.	385	Mark Williams	*137th*	M55	*9th*		58:47	**59:13**
192.	328	Paul Smith	*138th*	M40	*15th*		58:18	**59:14**
193.	52	Matthias Bunte	*139th*	M60	*8th*		58:57	**59:16**
194.	268	Sam Parks	*140th*	M Sen	*62nd*	Running Bear	59:13	**59:21**
195.	70	Kieran Clarke	*141st*	M Sen	*63rd*		58:54	**59:27**
196.	71	Rebecca Clarke	*55th*	F35	*7th*		58:54	**59:27**
197.	266	Gemma Pardy	*56th*	F Sen	*16th*	Alsager Runners	59:08	**59:30**
198.	96	Simon Davies	*142nd*	M40	*16th*		59:15	**59:32**
199.	292	Poppy Prentice	*57th*	F Sen	*17th*	Congleton Harriers	59:18	**59:36**
200.	107	Mark Douglas	*143rd*	M40	*17th*	Nantwich Running Club	59:40	**1:00:00**
201.	389	Philip Broadbent	*144th*	M50	*15th*	Lonely Goat RC	59:23	**1:00:00**
202.	388	Rebecca Scanlon	*58th*	F50	*7th*	Lonely Goat	59:23	**1:00:00**
203.	139	Jonathan Green	*145th*	M40	*18th*	South Cheshire Harriers	59:31	**1:00:06**
204.	180	Tom Jones	*146th*	M Sen	*64th*		59:57	**1:00:14**
205.	68	Abbie Clarke	*59th*	F Sen	*18th*		59:34	**1:00:20**
206.	314	Eleanor Sephton	*60th*	F Sen	*19th*		59:55	**1:00:27**
207.	313	Craig Sephton	*147th*	M50	*16th*	Cheshire Dragons	59:56	**1:00:27**
208.	232	Carleton Morris	*148th*	M40	*19th*	Nantwich Running Club	59:58	**1:00:28**
209.	190	Jaroslaw Korgul	*149th*	M50	*17th*		59:56	**1:00:31**
210.	359	Roy Treggiden	*150th*	M60	*9th*		59:57	**1:00:39**
211.	64	Alan Chapman	*151st*	M45	*23rd*	Hillsborough and Rivelin Running Club	1:00:17	**1:00:44**
212.	149	Ceri Harrison	*61st*	F45	*5th*		1:00:38	**1:01:11**
213.	162	Lee Houghton	*152nd*	M50	*18th*		1:00:28	**1:01:15**
214.	391	Lynette Woodbine	*62nd*	F45	*6th*		1:00:41	**1:01:18**
215.	206	Cole Little	*153rd*	M Sen	*65th*		1:00:51	**1:01:30**
216.	112	Tony Dutton	*154th*	M55	*10th*		1:01:21	**1:01:37**

Sandbach 10k

Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
217.	126	Chris Furlong	*155th*	M Sen	*66th*	Istead & Ifield Harriers	1:01:31	**1:01:54**
218.	120	Anneka Field	*63rd*	F35	*8th*		1:01:30	**1:01:55**
219.	150	Chris Harrison	*156th*	M45	*24th*		1:01:24	**1:01:56**
220.	42	Diane Brassington	*64th*	F50	*8th*	Silverdale RC	1:01:48	**1:01:57**
221.	30	Heli Belfield	*65th*	F45	*7th*	Alsager Runners	1:01:33	**1:01:59**
222.	275	Liz Pearce	*66th*	F40	*12th*		1:01:47	**1:02:00**
223.	329	Thomas Smith	*157th*	M Sen	*67th*		1:01:46	**1:02:01**
224.	390	George Wilson	*158th*	M Sen	*68th*		1:01:28	**1:02:08**
225.	312	Caroline Searle	*67th*	F40	*13th*	Great Bentley Running Club	1:01:42	**1:02:11**
226.	253	Jamie Norton	*159th*	M40	*20th*		1:01:58	**1:02:37**
227.	289	Yasmin Porter-Bee	*68th*	F Sen	*20th*		1:02:12	**1:02:40**
228.	18	Simon Barnett	*160th*	M45	*25th*		1:02:34	**1:02:41**
229.	117	Alice Ewins	*69th*	F Sen	*21st*		1:02:34	**1:02:54**
230.	210	Lex Macintosh	*161st*	M Sen	*69th*		1:02:47	**1:02:57**
231.	244	Lucy Musgrave	*70th*	F40	*14th*		1:02:37	**1:03:02**
232.	320	Emma Shirley	*71st*	F Sen	*22nd*		1:03:25	**1:03:32**
233.	45	Rachel Brookes	*72nd*	F Sen	*23rd*		1:03:27	**1:03:34**
234.	43	Sam Broadhurst	*162nd*	M Sen	*70th*		1:03:26	**1:03:39**
235.	384	Gill Williams	*73rd*	F55	*7th*		1:03:15	**1:03:42**
236.	159	Natasha Hoban	*74th*	F35	*9th*		1:02:58	**1:03:45**
237.	36	Rachel Bourner	*75th*	F50	*9th*		1:03:36	**1:03:52**
238.	262	Peter Owen	*163rd*	M65	*3rd*		1:03:17	**1:03:58**
239.	310	Alan Ryan	*164th*	M55	*11th*	Sandbach Striders	1:03:12	**1:03:58**
240.	92	Tom Daniels	*165th*	M75	*2nd*	Salford Harriers	1:03:58	**1:04:05**
241.	3	Amanda Anderson-Holton	*76th*	F45	*8th*	Knutsford Tri Club	1:03:43	**1:04:06**
242.	346	Caroline Sutton	*77th*	F35	*10th*		1:03:43	**1:04:12**
243.	105	Ashley Dilks	*166th*	M Sen	*71st*		1:03:34	**1:04:14**

Sandbach 10k

Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
244.	335	Emma Speak	*78th*	F50	*10th*		1:03:55	**1:04:24**
245.	315	Matthew Shallcross	*167th*	M40	*21st*	Run Middlewich	1:03:51	**1:04:36**
246.	223	Catherine Mitchell	*79th*	F50	*11th*		1:04:21	**1:04:49**
247.	27	Laura Beech	*80th*	F35	*11th*	Biddulph running club	1:04:29	**1:04:53**
248.	14	Natalie Bailey	*81st*	F45	*9th*	South Cheshire Harriers	1:04:19	**1:04:54**
249.	271	David Parry	*168th*	M40	*22nd*	South Cheshire Harriers	1:04:39	**1:05:03**
250.	387	Adam Wilson	*169th*	M Sen	*72nd*		1:04:24	**1:05:05**
251.	94	Julie Davies	*82nd*	F50	*12th*	Nantwich Running Club	1:05:15	**1:05:33**
252.	281	Catherine Pickering	*83rd*	F35	*12th*		1:05:23	**1:06:09**
253.	110	Natalie Dunning	*84th*	F35	*13th*		1:05:24	**1:06:09**
254.	348	Shelagh Swinnerton	*85th*	F75	*1st*	South Cheshire Harriers	1:05:47	**1:06:13**
255.	130	Julie Garnett	*86th*	F50	*13th*		1:05:48	**1:06:27**
256.	224	Denise Mitchell	*87th*	F65	*2nd*		1:05:52	**1:06:31**
257.	25	Emily Beech	*88th*	F Sen	*24th*		1:06:23	**1:06:35**
258.	347	Mandy Sutton	*89th*	F40	*15th*		1:06:03	**1:06:47**
259.	211	Stephen Manley	*170th*	M60	*10th*	Congleton Harriers	1:06:32	**1:06:53**
260.	192	Jon Land	*171st*	M Sen	*73rd*	Go Team	1:06:33	**1:07:01**
261.	136	Thomas Gransden	*172nd*	M Sen	*74th*		1:07:06	**1:07:15**
262.	75	Liz Corlett-Moss	*90th*	F55	*8th*		1:06:47	**1:07:20**
263.	106	Laura Dodds	*91st*	F Sen	*25th*		1:06:38	**1:07:23**
264.	37	Tom Bowen	*173rd*	M Sen	*75th*		1:06:49	**1:07:23**
265.	57	Tracy Campion	*92nd*	F55	*9th*		1:06:55	**1:07:29**
266.	95	Simone Spibey	*93rd*	F Sen	*26th*		1:07:07	**1:07:34**
267.	228	Debbie Moore	*94th*	F50	*14th*		1:07:08	**1:07:36**
268.	56	John Campion	*174th*	M50	*19th*		1:07:29	**1:08:01**
269.	332	Charlie Southern	*95th*	F35	*14th*		1:07:50	**1:08:08**
270.	199	Rebecca Lawrence	*96th*	F35	*15th*	Boalloy RC	1:07:50	**1:08:08**

Sandbach 10k

Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
271.	100	Victoria Dent	*97th*	F45	*10th*		1:07:55	**1:08:10**
272.	278	Cheryl Percival	*98th*	F35	*16th*	Nantwich Running Club	1:07:31	**1:08:15**
273.	400	Nicola Wedgwood	*99th*	F45	*11th*	Alsager Runners	1:07:36	**1:08:21**
274.	6	Charlotte Armitt	*100th*	F Sen	*27th*		1:08:10	**1:08:24**
275.	294	Lesley Price	*101st*	F50	*15th*		1:07:58	**1:08:27**
276.	297	Stephen Pugh	*175th*	M60	*11th*		1:08:29	**1:08:34**
277.	54	Sue Campbell	*102nd*	F70	*1st*		1:08:05	**1:08:39**
278.	355	Matthew Tetley	*176th*	M Sen	*76th*	Nantwich Running Club	1:07:55	**1:08:39**
279.	90	Jamie Dale	*177th*	M Sen	*77th*		1:07:59	**1:08:40**
280.	217	Katie Harvey	*103rd*	F35	*17th*	Stoke Fit	1:08:05	**1:08:43**
281.	58	Caroline Johnson	*104th*	F Sen	*28th*	Nantwich Running Club	1:08:05	**1:08:43**
282.	99	Lisa Denson	*105th*	F40	*16th*		1:08:13	**1:08:48**
283.	98	Karl Denson	*178th*	M40	*23rd*		1:08:14	**1:08:49**
284.	397	Ian Ashcroft	*179th*	M75	*3rd*	Wilmslow Running Club	1:08:26	**1:08:50**
285.	229	Sarah Moore	*106th*	F45	*12th*	NRC	1:08:45	**1:09:04**
286.	7	Eloisa Beech	*107th*	F Sen	*29th*	Sandbach Striders	1:08:47	**1:09:11**
287.	78	Robert Cowden	*180th*	M55	*12th*	Nantwich Running Club	1:08:53	**1:09:15**
288.	201	Lauren Leech	*108th*	F Sen	*30th*		1:09:09	**1:09:35**
289.	48	Rachael Brown	*109th*	F Sen	*31st*		1:09:07	**1:09:51**
290.	330	Jodie Snowling	*110th*	F40	*17th*	Saltaire Striders	1:09:24	**1:09:55**
291.	322	Penny Simpson	*111th*	F45	*13th*	Nantwich Running Club	1:09:42	**1:09:57**
292.	200	Joe Leahy	*181st*	M Sen	*78th*		1:09:36	**1:10:22**
293.	169	Alan Jackson	*182nd*	M75	*4th*		1:10:23	**1:10:37**
294.	189	Sarah Kirkham	*112th*	F Sen	*32nd*	Biddulph running club	1:10:50	**1:11:08**
295.	158	Sharon Hinett	*113th*	F55	*10th*	Sandbach striders	1:10:36	**1:11:17**
296.	393	Becky Woolley	*114th*	F45	*14th*		1:10:42	**1:11:18**
297.	97	Sarah Dawes	*115th*	F Sen	*33rd*		1:10:54	**1:11:21**

Sandbach 10k

Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
298.	129	Adrian Garner	*183rd*	M55	*13th*	Run Middlewich	1:10:46	**1:11:34**
299.	123	Samantha Follows	*116th*	F55	*11th*		1:11:20	**1:11:55**
300.	21	Rhianne Stubbs	*117th*	F Sen	*34th*		1:11:18	**1:11:57**
301.	11	Andrea Bailey	*118th*	F50	*16th*		1:11:32	**1:11:58**
302.	174	Debs Clarke	*119th*	F50	*17th*	Stoke Fit	1:11:23	**1:12:05**
303.	77	Rachael Cowden	*120th*	F50	*18th*	Nantwich Running Club	1:11:49	**1:12:09**
304.	67	Sean Clark-Wilkinson	*184th*	M Sen	*79th*		1:12:13	**1:12:13**
305.	50	Michelle Buckley	*121st*	F50	*19th*	Nantwich Running Club	1:12:02	**1:12:43**
306.	152	Joanne Hasprey	*122nd*	F50	*20th*	Nantwich Running Club	1:12:14	**1:12:53**
307.	298	Nicole Rave	*123rd*	F Sen	*35th*		1:12:47	**1:13:03**
308.	32	Hollie Birkinshaw	*124th*	F Sen	*36th*	Silverdale Running Club	1:13:39	**1:13:50**
309.	184	Steve Kenny	*185th*	M55	*14th*	Silverdale RC	1:13:40	**1:13:51**
310.	193	Alison Langley	*125th*	F40	*18th*	Tamar Trotters	1:13:19	**1:13:58**
311.	273	Tyler Pauline	*126th*	F65	*3rd*		1:13:56	**1:14:39**
312.	365	Alison Walker	*127th*	F Sen	*37th*	Fordy Runs Running Club	1:14:27	**1:14:50**
313.	91	Laura Dale	*128th*	F Sen	*38th*		1:14:10	**1:14:52**
314.	257	Karl Oates	*186th*	M Sen	*80th*		1:14:11	**1:14:54**
315.	144	Tom Hamilton	*187th*	M Sen	*81st*		1:14:16	**1:14:55**
316.	51	Terence Buckley	*188th*	M60	*12th*	Nantwich Running Club	1:14:20	**1:14:57**
317.	197	Katie Lawrence	*129th*	F Sen	*39th*		1:14:23	**1:15:03**
318.	86	Linda Creedon	*130th*	F Sen	*40th*		1:14:48	**1:15:37**
319.	242	Ruby Mullen	*131st*	F Sen	*41st*		1:14:48	**1:15:38**
320.	255	Noirin O Connell	*132nd*	F35	*18th*		1:14:50	**1:15:39**
321.	127	Helen Markey	*133rd*	F60	*3rd*	Newcastle staffs ac	1:15:05	**1:15:41**
322.	284	Wendy Plant	*134th*	F55	*12th*	Alsager Runners (lonely Goat)	1:15:22	**1:16:08**
323.	249	Louise Nolan	*135th*	F40	*19th*		1:16:09	**1:16:43**
324.	168	Wallis Ison	*136th*	F35	*19th*		1:16:43	**1:17:14**

Sandbach 10k

Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
325.	38	Roland Bowness	*189th*	M75	*5th*	Salford Harriers	1:18:15	**1:18:22**
326.	23	Jeanette Baxter	*137th*	F55	*13th*	Alsager Runners	1:18:17	**1:18:51**
327.	376	Zara White	*138th*	F Sen	*42nd*	Sandbach Striders	1:19:01	**1:19:42**
328.	140	Joanne Greenhalgh	*139th*	F35	*20th*	Sandbach Striders	1:19:01	**1:19:42**
329.	186	Maddie Kent	*140th*	F Sen	*43rd*		1:19:02	**1:19:45**
330.	368	Cora Watson	*141st*	F Sen	*44th*		1:19:03	**1:19:46**
331.	219	Amy Messenger	*142nd*	F Sen	*45th*		1:19:33	**1:20:17**
332.	319	Jacqui Clarke	*143rd*	F50	*21st*	Congleton Harriers	1:21:06	**1:21:50**
333.	153	Neil Hasprey	*190th*	M55	*15th*		1:21:13	**1:21:51**
334.	349	Sarah Symonds	*144th*	F50	*22nd*		1:21:32	**1:22:05**
335.	118	Trevor Faulkner	*191st*	M80+	*1st*	Wilmslow RC	1:21:29	**1:22:20**
336.	345	Lisa Sumner	*145th*	F35	*21st*		1:21:49	**1:22:37**
337.	2	Krista Chappell-Jones	*146th*	F35	*22nd*		1:21:51	**1:22:38**
338.	66	Heather Clark-Wilkinson	*147th*	F Sen	*46th*		1:22:02	**1:22:40**
339.	35	Debbie Boardman	*148th*	F50	*23rd*	Stockport Harriers & AC	1:23:18	**1:23:48**
340.	204	David Lewis	*192nd*	M60	*13th*	Nantwich r c	1:24:09	**1:24:38**
341.	115	Helen Eddie	*149th*	F45	*15th*	Macclesfield Harriers & AC	1:24:05	**1:24:41**
342.	248	Muhammed Nihal	*193rd*	M Sen	*82nd*		1:26:22	**1:26:35**
343.	241	Jane Mullen	*150th*	F45	*16th*		1:28:21	**1:28:52**
344.	102	Elaine Devine	*151st*	F70	*2nd*	Stockport Harriers & AC	1:28:20	**1:28:52**
345.	163	Sue Howard	*152nd*	F70	*3rd*		1:28:20	**1:28:52**

Number of records: 345