

Penny Lane Striders 10k

Overall Results



Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
1.	428	Alistair Rutherford	1st	M Sen	1st	Liverpool Harriers	33:00	33:02
2.	266	Paul Howard	2nd	M35	1st	St Helens Striders	33:08	33:09
3.	185	Paul Edwards	3rd	M Sen	2nd	Mikkeller Running Club Liverpool	34:09	34:11
4.	370	Jack Poland	4th	M Sen	3rd	Wallasey AC	34:24	34:26
5.	187	David Fazakerley	5th	M Sen	4th	Liverpool Running Club	34:41	34:43
6.	191	Ben Moorcroft	6th	M Sen	5th	Liverpool Harriers	35:02	35:04
7.	304	Francois Rafferty	7th	M55	1st	Southport Waterloo AC	35:43	35:44
8.	107	Adam Hampson	8th	M35	2nd	Widnes Running club	36:25	36:27
9.	357	Anthony Wilde	9th	M Sen	6th		36:38	36:40
10.	432	James Williams	10th	M40	1st	Kirkby Milers	36:41	36:44
11.	70	John Myers	11th	M45	1st	Run Sandymoor	36:45	36:48
12.	296	Andrew Veevers	12th	M40	2nd	Southport Waterloo AC	36:49	36:51
13.	208	David McDonough	13th	M50	1st	Kirkby Milers AC	36:59	37:01
14.	356	Patrick Reilly	14th	M50	2nd	Marsh Lane Harriers	37:03	37:05
15.	285	Jure Cebasek	15th	M40	3rd	Penny Lane Striders	37:08	37:11
16.	222	Kieran O'Brien	16th	M Sen	7th	St Helens Striders	37:10	37:13
17.	249	John Monaghan	17th	M50	3rd	Marsh Lane Harriers	37:20	37:21
18.	421	Joshua Kearney	18th	M Sen	8th	North Endurance	37:21	37:23
19.	371	Mike Jones	19th	M Sen	9th	Wallasey AC	37:21	37:23
20.	122	Scott Waugh	20th	M45	2nd	Liverpool Running Club	37:22	37:26
21.	310	Alan Alan	21st	M40	4th	Wallasey Athletic Club	37:27	37:29
22.	137	Jonny Kilpatrick	22nd	M Sen	10th	Southport Waterloo AC	37:38	37:41

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
23.	92	Colin Walsh	23rd	M40	5th	North Endurance	37:42	37:44
24.	42	Marc Singer	24th	M Sen	11th	Southport Waterloo AC	37:51	37:55
25.	342	Rob Pearse	25th	M50	4th	Wallasey AC	38:03	38:06
26.	362	Adam Simpkin	26th	M35	3rd	Marsh Lane Harriers	38:06	38:08
27.	236	Stephen Tomlinson	27th	M35	4th	Knowsley Harriers	38:08	38:11
28.	169	Sarah Howard	1st	F35	1st	Liverpool Harriers	38:10	38:14
29.	10	Jonny Bland	28th	M Sen	12th	Penny Lane Striders	38:13	38:17
30.	228	Alex Rigby	29th	M Sen	13th	Liverpool Running Club	38:13	38:17
31.	91	Robert Dietz	30th	M Sen	14th		38:16	38:19
32.	253	Will Kozer	31st	M40	6th	Widnes Running club	38:21	38:22
33.	140	Matthew Halsall	32nd	M Sen	15th	Southport Waterloo AC	38:22	38:25
34.	412	Harry Hignett	33rd	M Sen	16th	Widnes Running club	38:29	38:31
35.	180	Christopher Baldwin	34th	M Sen	17th	Penny Lane Striders	38:38	38:41
36.	261	Matt Smith	35th	M Sen	18th	Mikkeller Running Club Liverpool	38:39	38:43
37.	29	John McLaren	36th	M40	7th	Knowsley Harriers	38:43	38:45
38.	419	Fran Bell	37th	M Sen	19th	Kirkby Milers AC	38:41	38:46
39.	256	Stuart Robertson	38th	M35	5th	Mikkeller Running Club Liverpool	38:43	38:47
40.	119	Francis Hourigan	39th	M45	3rd	Widnes Running club	38:45	38:47
41.	354	Andy Murphy	40th	M40	8th	UTS Run Club	38:46	38:51
42.	109	Dan Thomas	41st	M35	6th	Penny Lane Striders	38:48	38:52
43.	333	Michael Robson	42nd	M40	9th	Wallasey AC	38:55	38:58
44.	199	Kyle Harrison	43rd	M Sen	20th	Liverpool Running Club	38:57	39:00

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
45.	105	Anthony Cassidy	44th	M50	5th	Mossley Hill AC	38:56	39:01
46.	416	Brendan Burns	45th	M40	10th	Liverpool Running Club	38:58	39:04
47.	210	David Knowles	46th	M35	7th	Liverpool Running Club	39:01	39:07
48.	234	Sam Jones	47th	M Sen	21st		39:20	39:22
49.	233	Rachel Mason	2nd	F Sen	1st	Knowsley Harriers	39:23	39:25
50.	257	Konrad Latek	48th	M Sen	22nd	Mikkeller Running Club Liverpool	39:23	39:27
51.	383	Scott Eves	49th	M40	11th	Wallasey AC	39:27	39:30
52.	59	Philip Taylor	50th	M40	12th	Knowsley Harriers	39:37	39:39
53.	218	Jack Cotton	51st	M Sen	23rd	Penny Lane Striders	39:37	39:41
54.	436	Steven Southern	52nd	M Sen	24th	Unattached	39:43	39:47
55.	178	Paul Hughes	53rd	M40	13th	Widnes Running club	39:49	39:54
56.	301	Kyle Dove	54th	M35	8th	2 Step Collective	39:59	40:01
57.	232	Carl Kierman	55th	M Sen	25th	Liverpool Running Club	40:08	40:13
58.	157	Brian Kielty	56th	M45	4th	Marsh Lane Harriers	40:08	40:15
59.	381	Paul Lamb	57th	M40	14th	Knowsley Harriers	40:27	40:32
60.	81	Kieron McKenna	58th	M45	5th	MadRunners	40:37	40:53
61.	346	Andrew Williams	59th	M40	15th	Mikkeller Running Club Liverpool	40:48	40:54
62.	292	Daniel Garner	60th	M40	16th	Widnes Running club	40:50	40:55
63.	251	Liam Clark	61st	M Sen	26th	Marsh Lane Harriers	40:57	41:05
64.	315	Gary Thompson	62nd	M40	17th	Kirkby Milers AC	41:02	41:07
65.	420	Criostai Hayden-Callen	63rd	M Sen	27th		41:09	41:12
66.	63	Owen Quirk	64th	M Sen	28th	Fordy Runs	41:11	41:15

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
67.	214	Simon Magill	65th	M35	9th	Marsh Lane Harriers	41:09	41:16
68.	225	Joshua Hughes	66th	M Sen	29th	Knowsley Harriers	41:19	41:28
69.	124	James Manger	67th	M35	10th	North Endurance	40:59	41:31
70.	254	Kieran Lucas	68th	M Sen	30th	Mikkeller Running Club Liverpool	41:31	41:37
71.	291	Adam Flynn	69th	M35	11th	Knowsley Harriers	41:32	41:41
72.	248	David Rea	70th	M35	12th	Knowsley Harriers	41:36	41:41
73.	138	Gary Wilton	71st	M45	6th	Kirkby Milers AC	41:38	41:42
74.	167	James Lee	72nd	M Sen	31st	Penny Lane Striders	41:39	41:45
75.	430	David Edwards	73rd	M60	1st	Kirkby Milers	41:41	41:46
76.	108	Keith Lunt	74th	M50	6th		41:59	42:06
77.	405	Oliver Dodd	75th	M Sen	32nd		42:04	42:11
78.	96	David Matthews	76th	M45	7th	Kirkby Milers AC	42:06	42:12
79.	399	John Clegg	77th	M35	13th		42:18	42:26
80.	388	Arran Roberts	78th	M Sen	33rd	Knowsley Harriers	42:20	42:31
81.	139	Adam Fitzsimmons	79th	M Sen	34th	Kirkby Milers AC	42:37	42:41
82.	153	Jordan Wilson	80th	M Sen	35th	Widnes Running club	42:37	42:42
83.	314	Paul McCormck	81st	M35	14th		42:54	43:01
84.	306	Kevin Eves	82nd	M40	18th		42:57	43:02
85.	337	Graham Cushion	83rd	M45	8th	Kirkby Milers AC	42:57	43:03
86.	154	James Stanley	84th	M45	9th	Liverpool Running Bugs	42:58	43:07
87.	2	Billy Dean	85th	M45	10th	Mossley Hill AC	43:10	43:15
88.	274	Jennifer Harper	3rd	F35	2nd	Liverpool Running Bugs	43:11	43:19

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89.	131	Joe McGrath	86th	M65	1st		43:16	43:20
90.	423	Jonathon Hull	87th	M Sen	36th	Penny Lane Striders	43:12	43:23
91.	125	Neil Burdett	88th	M50	7th		43:10	43:25
92.	201	Mike Leyland	89th	M35	15th	St Helens Striders	43:21	43:26
93.	19	Ian McCarthy	90th	M60	2nd	Knowsley Harriers	43:30	43:34
94.	263	Mark Ingarfield	91st	M50	8th	Kirkby Milers AC	43:33	43:40
95.	352	Lewis Hinton	92nd	M Sen	37th	Penny Lane Striders	43:35	43:41
96.	20	Keith Swift	93rd	M45	11th	Southport Waterloo AC	43:19	43:48
97.	402	Graham Lee	94th	M40	19th	Widnes rc	43:51	43:57
98.	351	Brian Seal	95th	M35	16th	Wallasey Athletic Club	43:50	43:57
99.	426	Kerryn Girvan	4th	F Sen	2nd	North Endurance	43:56	44:02
100.	255	Jonathan Farnetano	96th	M40	20th		43:58	44:02
101.	379	Ethan Burns	97th	M Sen	38th	Knowsley Harriers	43:53	44:04
102.	418	Billy Smart	98th	M Sen	39th		44:07	44:15
103.	260	Andrew Carey	99th	M40	21st	Mikkeller Running Club Liverpool	44:08	44:20
104.	56	Alan Joyce	100th	M65	2nd	Knowsley Harriers	44:18	44:25
105.	262	James Pleasance	101st	M40	22nd	Marsh Lane Harriers	44:16	44:26
106.	282	Joe Ballinger	102nd	M35	17th		44:29	44:33
107.	376	Tom Linnell	103rd	M Sen	40th	Knowsley Harriers	44:25	44:34
108.	394	Ella Heap	5th	F Sen	3rd	Wirral AC	44:33	44:38
109.	204	Vittorio Bini	104th	M55	2nd	Victoria park harriers	44:35	44:44
110.	326	Elaine Opara	6th	F40	1st	Wallasey AC	44:44	44:51

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
111.	359	Paul Crombleholme	105th	M40	23rd		44:33	44:52
112.	197	Lewys Herman	106th	M Sen	41st		44:45	44:53
113.	242	Paul Busow	107th	M50	9th	Widnes Running club	44:36	44:55
114.	71	Emma Fraser	7th	F45	1st	Run Sandymoor	44:50	44:56
115.	36	Regan Wilford	108th	M Sen	42nd		44:44	45:00
116.	87	Stephen Nand-Lal	109th	M Sen	43rd	Knowsley Harriers	44:54	45:03
117.	302	Steve Minshull	110th	M50	10th	Knowsley Harriers	44:54	45:04
118.	80	Mark Hurst	111th	M40	24th	MadRunners	44:51	45:05
119.	219	Syd Omar	112th	M50	11th	Penny Lane Striders	44:59	45:06
120.	353	Matthew M Lowry	113th	M35	18th	Dockside Runners	44:51	45:06
121.	389	Andy Robertson	114th	M35	19th	Knowsley Harriers	45:05	45:10
122.	163	Jack Buckton	115th	M Sen	44th	Penny Lane Striders	44:59	45:10
123.	373	Kieran Horne	116th	M Sen	45th	Knowsley Harriers	45:02	45:10
124.	142	Darren Michael Linnell	117th	M Sen	46th	Knowsley Harriers	45:06	45:15
125.	395	Euan McIntyre	118th	M Sen	47th		45:07	45:15
126.	335	Rab Whitworth	119th	M60	3rd	Wallasey Athletic Club	45:11	45:18
127.	347	David Williams	120th	M60	4th	Penny Lane Striders	45:11	45:22
128.	209	Jack Wells	121st	M Sen	48th	Mikkeller Running Club Liverpool	45:12	45:25
129.	189	Alex Mortlock	8th	F Sen	4th	Penny Lane Striders	45:14	45:25
130.	329	Ste Rothwell	122nd	M Sen	49th		45:17	45:25
131.	385	Jonas Schlautmann	123rd	M Sen	50th		45:06	45:30
132.	52	Jennifer Elliott	9th	F45	2nd		45:25	45:32

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133.	401	Alexandra Harrison	10th	F35	3rd	Liverpool Running Club	45:27	45:35
134.	74	Bill Leslie	124th	M50	12th	Rimrose Runners	45:25	45:36
135.	390	Jenny Daly	11th	F Sen	5th		45:29	45:41
136.	425	Dene Ashton	125th	M35	20th		45:39	45:48
137.	69	Mark Dambrosio	126th	M35	21st		45:46	45:52
138.	270	Jamie Pleavin	127th	M50	13th	St Helens Striders	45:45	45:53
139.	361	Andrew Fletcher	128th	M Sen	51st	Mikkeller Running Club Liverpool	45:43	45:55
140.	283	Danny Fegan	129th	M55	3rd	St Helens Striders	45:52	46:01
141.	143	Andrea Newnes	12th	F35	4th	Knowsley Harriers	45:53	46:04
142.	398	Stuart Aitken	130th	M45	12th	Marsh Lane Harriers	45:54	46:04
143.	286	Stephen Perry-Byrne	131st	M45	13th	Lonely Goat RC	45:53	46:05
144.	102	Liam Gouldson	132nd	M Sen	52nd		46:00	46:16
145.	433	Ian Glover	133rd	M40	25th	Unattached	46:04	46:19
146.	146	Mark Bennett	134th	M45	14th		45:58	46:22
147.	11	Nicolas Webb	135th	M40	26th	Lliswerry Runners	46:12	46:24
148.	66	Simon Leonard	136th	M45	15th		46:07	46:32
149.	414	Alan McDermott	137th	M60	5th	Penny Lane Striders	46:28	46:34
150.	89	Steven Irwin	138th	M60	6th	Kirkby Milers AC	46:31	46:41
151.	374	Tony Marsh	139th	M Sen	53rd		46:42	46:52
152.	391	Emily Daly	13th	F Sen	6th		46:41	46:53
153.	434	Josh Rawlins-Williams	140th	M Sen	54th	Unattached	46:47	47:03
154.	280	Ben Sweeney	141st	M35	22nd	North Endurance	46:45	47:17

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155.	273	Ann Johnson	14th	F50	1st	St Helens Striders	47:13	47:20
156.	341	Adam Sikorski	142nd	M35	23rd	Sikorrovo	46:42	47:25
157.	241	Sameera Westcott	15th	F35	5th		47:09	47:28
158.	184	Michael McGrath	143rd	M Sen	55th	Mikkeller Running Club Liverpool	47:18	47:30
159.	186	Brian Shenton	144th	M65	3rd	Mikkeller Running Club Liverpool	47:22	47:33
160.	231	Paul Modern	145th	M35	24th	Marsh Lane Harriers	47:27	47:41
161.	229	Jonathan Fields	146th	M Sen	56th	Penny Lane Striders	47:30	47:42
162.	123	Ben Marsh	147th	M Sen	57th	Penny Lane Striders	47:31	47:44
163.	33	James de Turberville	148th	M50	14th		47:38	47:50
164.	45	Simon Booth	149th	M60	7th		47:38	48:00
165.	23	Simon Turton	150th	M45	16th	Vegan runners	47:36	48:01
166.	311	Olivia Brown	16th	F Sen	7th	Mossley Hill AC	47:48	48:03
167.	299	Tony Wade	151st	M55	4th		47:51	48:08
168.	141	Neil Brailsford	152nd	M45	17th	Knowsley Harriers	48:08	48:18
169.	134	David Hemmings	153rd	M55	5th	Southport & Waterloo	48:03	48:21
170.	324	Sam Humphriss	154th	M Sen	58th	Southport Waterloo AC	48:23	48:31
171.	435	Chris Lydon	155th	M40	27th	Penny Lane Striders	48:25	48:35
172.	216	Sean Martin	156th	M Sen	59th	Penny Lane Striders	48:23	48:38
173.	176	Jay Friar	17th	F35	6th	St Helens Striders	48:32	48:40
174.	268	Mark Fennell	157th	M Sen	60th	Mikkeller Running Club Liverpool	48:26	48:40
175.	221	Denise Roche	18th	F50	2nd		48:32	48:44
176.	288	John Charnock	158th	M Sen	61st	Liverpool Running Club	48:43	48:56

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177.	166	Dan Skinner	159th	M40	28th		48:42	48:59
178.	340	Joshua Taylor	160th	M Sen	62nd		48:40	49:00
179.	293	Greg Stephens	161st	M45	18th	Widnes Running club	48:50	49:01
180.	25	Paul McDonald	162nd	M55	6th		48:48	49:01
181.	323	Sarah Lunt	19th	F Sen	8th	Southport Waterloo AC	48:57	49:13
182.	155	Luke Hodgson	163rd	M Sen	63rd	Penny Lane Striders	49:04	49:18
183.	415	Michelle Murphy	20th	F55	1st	Liverpool Harriers	49:15	49:26
184.	31	David Craddock	164th	M55	7th		49:06	49:30
185.	26	Bruce Martin	165th	M50	15th	Liverpool Running Club	49:20	49:34
186.	403	Danielle Kroin	21st	F Sen	9th	Penny Lane Striders	49:04	49:34
187.	372	James Wilson	166th	M35	25th		49:21	49:36
188.	88	Mike Begley	167th	M40	29th		49:31	49:40
189.	322	Newmn James	168th	M Sen	64th	PLS	49:29	49:43
190.	99	Kirstie McCaffrey	22nd	F35	7th	St Helens Striders	49:40	49:48
191.	250	Alice Nottingham	23rd	F Sen	10th	Mikkeller Running Club Liverpool	49:38	49:51
192.	148	Hannah Morrow	24th	F35	8th	North Endurance	50:05	50:37
193.	202	Emily Conway	25th	F Sen	11th		50:26	50:39
194.	98	Alan Spencer	169th	M60	8th	Knowsley Harriers	50:25	50:41
195.	181	Sharron Ainslie	26th	F50	3rd	Penny Lane Striders	50:25	50:43
196.	97	Rachael Parker	27th	F40	2nd	Penny Lane Striders	50:21	50:43
197.	65	Fleur Culshaw	28th	F50	4th	Southport Waterloo AC	50:29	50:44
198.	215	Arron Payne	170th		1st		50:24	50:46

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199.	120	Jon Reynolds	171st	M50	16th	Liverpool Running Club	50:29	50:47
200.	24	Shaun Geoghan	172nd	M55	8th	Liverpool Running Bugs	50:40	50:49
201.	313	Graham Pye	173rd	M40	30th		50:51	51:02
202.	387	Paul McAuley	174th	M Sen	65th		50:54	51:03
203.	198	Paul Thorpe	175th	M60	9th		50:48	51:05
204.	212	Phil Elliott	176th	M45	19th		50:41	51:06
205.	378	Haydn Pidcock	177th	M Sen	66th		51:03	51:11
206.	27	Brad Ehlen	178th	M50	17th	Northwich Running Club	51:00	51:19
207.	18	Ann-Marie McCarthy	29th	F55	2nd	Knowsley Harriers	50:59	51:21
208.	144	Alex Garner	179th	M Sen	67th	Knowsley Harriers	51:06	51:21
209.	368	Graham Davis	180th	M50	18th		51:09	51:24
210.	320	Helen Patterson	30th	F40	3rd	Widnes Running club	51:18	51:28
211.	384	Christine Webley	31st	F40	4th		51:06	51:31
212.	62	John Skyner	181st	M55	9th	Widnes Running club	51:14	51:33
213.	259	Hayley Forrester	32nd	F Sen	12th	Mikkeller Running Club Liverpool	51:12	51:33
214.	113	Josh Hampshire	182nd	M Sen	68th		51:23	51:37
215.	239	Susan Cain	33rd	F65	1st	Cumberland AC	51:28	51:51
216.	170	Megan Carr	34th	F Sen	13th		51:31	51:52
217.	307	Anthony Beyga	183rd	M65	4th	Kirkby Milers AC	51:49	51:55
218.	110	Nigel Jones	184th	M60	10th	Liverpool Running Bugs	51:47	52:00
219.	386	Christopher Buckley	185th	M40	31st		51:42	52:04
220.	68	Tony Ovenell	186th	M70	1st		51:47	52:06

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221.	133	Simon Emery	187th	M55	10th		51:44	52:07
222.	195	Simon Heron	188th	M45	20th	Penny Lane Striders	51:35	52:08
223.	145	Simon Clarke	189th	M55	11th	Southport Waterloo AC	51:51	52:09
224.	156	Brenda Cahill	35th	F65	2nd	St Helens Striders	52:10	52:18
225.	16	Tony Hunter	190th	M50	19th	St Helens Striders	52:13	52:21
226.	393	Anne Rosbottom	36th	F50	5th	Wirral Athletic Club	52:06	52:26
227.	40	Dave Foulkes	191st	M55	12th		52:15	52:32
228.	14	Stephen Cruces	192nd	M40	32nd		52:10	52:33
229.	278	Nicholas McCole	193rd	M50	20th	Kirkby Milers AC	52:27	52:42
230.	173	Victoria Kirkbride	37th	F Sen	14th		52:33	52:47
231.	147	Rachel Waring	38th	F Sen	15th	Widnes Running club	52:30	52:50
232.	336	Danny Lloyd	194th	M Sen	69th	Widnes Running club	52:30	52:50
233.	240	David Cain	195th	M65	5th		52:30	52:53
234.	422	Jason Rawlins-Williams	196th	M Sen	70th		52:38	52:57
235.	5	Mike Jones	197th	M50	21st	Kirkby Milers AC	52:43	52:59
236.	86	Amy McCarthy	39th	F35	9th	MadRunners	52:46	53:00
237.	367	Geoff Burrows	198th	M70	2nd	St Helens Striders	53:01	53:10
238.	406	Julia Kelly	40th	F45	3rd		52:58	53:23
239.	377	Daniel Leonard	199th	M Sen	71st		52:55	53:26
240.	179	Nick Taylor	200th	M60	11th	Victoria Park Running Club Warrington	53:10	53:31
241.	437	David Dalglish	201st	M50	22nd	Unattached	53:22	53:49
242.	223	Andrew Evans	202nd	M55	13th	Widnes Running club	53:35	53:55

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Overall Results



Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
243.	339	Niamh Oconnor	41st	F Sen	16th	Penny Lane Striders	53:33	53:58
244.	252	Sarah Jones	42nd	F40	5th	Mikkeller Running Club Liverpool	53:46	53:59
245.	396	Paul Roskell	203rd	M Sen	72nd	Penny Lane Striders	53:36	54:06
246.	44	Paula Watson	43rd	F45	4th		54:17	54:28
247.	34	Roy Caine	204th	M35	26th		54:11	54:31
248.	369	Martin Hirrell	205th	M55	14th	Penny Lane Striders	54:10	54:33
249.	160	Milla Norris	44th	F Sen	17th		54:19	54:42
250.	318	Kevin Pennington	206th	M40	33rd	St Helens Striders	54:36	54:50
251.	15	Colin Bridger	207th	M50	23rd	Warrington Road Runners	54:41	55:04
252.	61	John Houghton	208th	M65	6th	Run Sandymoor	54:47	55:13
253.	325	Catherine Kearney	45th	F50	6th	Penny Lane Striders	55:03	55:16
254.	165	Hilde Moe Hoiesen	46th	F40	6th		55:03	55:20
255.	272	Sandra Bentley	47th	F55	3rd	Widnes Running club	55:12	55:21
256.	48	Leeanne Evans	48th	F40	7th		55:05	55:22
257.	308	David McAlister	209th	M65	7th	Wallasey AC	55:18	55:26
258.	168	Alex Rae	210th	M Sen	73rd	Mossley Hill AC	55:10	55:26
259.	309	Lesley-Anne Cucksey	49th	F60	1st	Wallasey Athletic Club	55:22	55:29
260.	28	Jayne Mclvor	50th	F60	2nd	Liverpool Running Club	55:14	55:31
261.	49	Joanne Evans	51st	F40	8th		55:14	55:31
262.	30	David Rigby	211th	M65	8th		55:32	55:37
263.	226	Lauren O'Connor	52nd	F Sen	18th		55:21	55:42
264.	152	Ben Cross	212th	M35	27th	Kirkby Milers AC	55:30	55:45

Penny Lane Striders 10k

Overall Results



Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
265.	237	Sean Triggs	213th	M Sen	74th	Kirkby Milers AC	55:47	55:47
266.	132	A Holmes	214th	M60	12th	Liverpool Running Club	55:41	55:57
267.	130	Jacqueline Jones	53rd	F60	3rd	Liverpool Running Club	55:34	55:57
268.	247	Mark Ewing	215th	M Sen	75th		55:41	55:59
269.	408	Jan Swales	54th	F60	4th	Widnes Running club	55:40	56:00
270.	136	Matt Helme	216th	M60	13th	Liverpool Running Club	55:52	56:10
271.	400	Ruth Hollick	55th	F40	9th	St Helens Striders	55:52	56:10
272.	135	Mark Scott	217th	M55	15th	Liverpool Running Club	55:53	56:11
273.	94	James Tunstead	218th	M45	21st		55:53	56:14
274.	258	Jo James	56th	F40	10th	Mikkeller Running Club Liverpool	56:04	56:18
275.	331	Christine Bonnar	57th	F70	1st	Widnes Running club	55:58	56:19
276.	188	Tania Sparks	58th	F35	10th	Knowsley Harriers	56:18	56:29
277.	316	Michael Bird	219th	M Sen	76th	Liverpool frontrunners	56:29	56:40
278.	149	Andy John Simpson	220th	M55	16th	Penny Lane Striders	56:18	56:51
279.	246	Clive Morrison	221st	M60	14th	Run Sandymoor	56:25	56:52
280.	128	Amy Parkinson	59th	F Sen	19th		56:22	56:52
281.	127	Paul Parkinson	222nd	M60	15th		56:23	56:52
282.	355	Dominic King	223rd	M45	22nd		56:39	57:06
283.	64	Stan Cottier	224th	M75	1st	Liverpool Running Club	56:49	57:07
284.	51	Jacob Lipton	225th		2nd		56:43	57:09
285.	50	Paul Lipton	226th	M40	34th		56:42	57:09
286.	93	Ria Wilton	60th	F Sen	20th	Kirkby Milers AC	56:51	57:12

Penny Lane Striders 10k

Overall Results



Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
287.	281	Jenny Appleton	61st	F40	11th	St Helens Striders	57:22	57:40
288.	213	Deborah Hill	62nd	F45	5th	St Helens Striders	57:22	57:40
289.	171	Louisa Bacon-Hall	63rd	F Sen	21st		57:22	57:46
290.	104	Kathryn Bayfield	64th	F35	11th	Knowsley Harriers	57:25	57:48
291.	365	Rafaela Carmona	65th	F35	12th	Mikkeller Running Club Liverpool	57:25	57:50
292.	363	Wellington Franzao	227th	M Sen	77th		57:30	57:54
293.	111	Ellis Crowsley	228th	M Sen	78th		57:45	57:54
294.	117	James Plunkett	229th	M Sen	79th	Acre Street Runners	57:34	57:58
295.	344	Abigail Gibson	66th	F40	12th		57:36	58:05
296.	382	Helen Roche	67th	F45	6th	Liverpool Running Club	57:51	58:09
297.	129	Lesley Cormack	68th	F50	7th		58:00	58:16
298.	411	Elizabeth Millward	69th	F35	13th		57:43	58:16
299.	330	Brian Sweeney	230th	M65	9th	North Endurance	57:43	58:17
300.	392	Stephen McCann	231st	M40	35th	Liverpool Running Club	57:52	58:19
301.	196	Tina Law	70th	F35	14th	Mossley Hill AC	57:57	58:20
302.	112	David Barrow	232nd	M65	10th	Kirkby Milers AC	58:05	58:22
303.	115	Richard Plunkett	233rd	M60	16th	Acre Street Runners	57:59	58:27
304.	407	Dawn Hignett	71st	F50	8th	Widnes Running club	58:14	58:34
305.	118	Georgia Plunkett	72nd	F Sen	22nd	Acre Street Runners	58:16	58:44
306.	55	Mike Evans	234th	M70	3rd	Knowsley Harriers	58:25	58:48
307.	338	Sharon Lamont	73rd	F60	5th	Wallasey Athletic Club	58:34	58:52
308.	360	Andy McDougall	235th	M65	11th	Kirkby Milers AC	58:37	58:55

Penny Lane Striders 10k

Overall Results



Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
309.	343	Jon Gibson	236th	M40	36th		58:27	58:57
310.	404	Gary Jones	237th	M50	24th	Kirkby Milers AC	58:28	59:01
311.	287	Gary Burcher	238th	M55	17th	Fordy Runs	58:52	59:06
312.	366	Sophie Hunt	74th	F35	15th		58:54	59:06
313.	162	Linda Bannister	75th	F60	6th	Liverpool Running Bugs	58:55	59:07
314.	182	Emily Hardman	76th	F Sen	23rd	Widnes Wasps LRC	58:51	59:18
315.	194	Ella Brown	77th	F Sen	24th	Mossley Hill AC	58:58	59:21
316.	174	Michael Palmer	239th	M Sen	80th		58:59	59:21
317.	319	Ken Connor	240th	M55	18th	Widnes Running club	59:07	59:28
318.	358	Serena Wynter	78th	F Sen	25th		59:05	59:32
319.	126	Jack Mckeown	241st	M Sen	81st		59:18	59:36
320.	164	Katie Nicolson	79th	F Sen	26th	Knowsley Harriers	59:19	59:45
321.	279	Robert Scholey	242nd	M75	2nd		59:34	59:49
322.	39	Carl Moore	243rd	M Sen	82nd	St Helens Striders	59:47	59:53
323.	54	Susan Stewart	80th	F75	1st	Southport Waterloo AC	59:39	59:54
324.	47	Rachel Rick	81st	F65	3rd	Penny Lane Striders	59:44	1:00:06
325.	294	Natalie Matthews	82nd	F45	7th	Knowsley Harriers	59:44	1:00:07
326.	90	Leanne Irwin	83rd	F Sen	27th		59:48	1:00:11
327.	317	Tom Knowles	244th	M75	3rd		59:47	1:00:15
328.	235	Megan Tinsley	84th	F Sen	28th		59:55	1:00:21
329.	334	Paul Wilson	245th	M60	17th	Widnes Running club	1:00:03	1:00:29
330.	290	Laura MacLennan	85th	F35	16th		1:00:26	1:00:53

Penny Lane Striders 10k

Overall Results



Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
331.	37	Erin Cavanagh	86th	F Sen	29th		1:00:48	1:00:58
332.	364	Stephen Morley	246th	M65	12th		1:00:37	1:01:05
333.	9	Joel Williams	247th	M45	23rd		1:00:46	1:01:08
334.	305	Jenny Tomkinson	87th	F Sen	30th	Knowsley Harriers	1:00:46	1:01:09
335.	158	Katherine Stanley	88th	F Sen	31st	Knowsley Harriers	1:00:48	1:01:10
336.	284	Carol Peters	89th	F50	9th	Widnes Running club	1:01:22	1:01:33
337.	289	Colin Laycock	248th	M75	4th	Widnes Running club	1:01:22	1:01:33
338.	431	Jessica Garrigan	90th	F45	8th	Liverpool Running Club	1:01:29	1:01:46
339.	413	Mo Gharooni	249th	M65	13th	Penny Lane Striders	1:01:25	1:01:52
340.	245	Alison Peachey	91st	F50	10th		1:01:47	1:02:14
341.	300	Rachael Obyrne	92nd	F35	17th	Dockside Runners	1:02:09	1:02:59
342.	67	Rosemary Rogers	93rd	F70	2nd	West Cheshire AC	1:02:57	1:03:20
343.	192	Sharon McGough	94th	F45	9th		1:04:08	1:04:39
344.	267	Ruth O'Brien	95th	F50	11th	Liverpool Running Club	1:04:18	1:04:44
345.	101	Molly Magee	96th	F Sen	32nd		1:04:27	1:04:49
346.	103	Mark Povey	250th	M55	19th	West Cheshire Athletic Club	1:04:33	1:04:56
347.	151	Jon Court	251st	M60	18th	Liverpool	1:04:57	1:05:25
348.	79	Debbie Hurst	97th	F40	13th	MadRunners	1:05:13	1:05:28
349.	41	Peter Jones	252nd	M60	19th	Marsh Lane Harriers	1:05:25	1:05:52
350.	116	Claire Plunkett	98th	F45	10th	Acre Street Runners	1:05:40	1:06:08
351.	298	Laura Duncan	99th	F Sen	33rd		1:06:03	1:06:32
352.	177	Denise Garrigan	100th	F45	11th	Kirkby Milers AC	1:06:23	1:06:39

Penny Lane Striders 10k

Overall Results



Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
353.	397	David Howard	253rd	M65	14th		1:06:13	1:06:43
354.	150	Steve Conway	254th	M65	15th	Liverpool Running Club	1:06:21	1:06:49
355.	78	Martha Hughes	101st	F45	12th		1:06:45	1:07:14
356.	82	Julie McGowan	102nd	F40	14th	MadRunners	1:07:05	1:07:20
357.	77	Michelle Witter	103rd	F40	15th		1:07:23	1:07:53
358.	264	Ann Obyrne	104th	F55	4th	Liverpool Running Club	1:07:33	1:08:08
359.	297	Shannon Granleese	105th	F Sen	34th		1:07:39	1:08:08
360.	200	Lucy Hoskins	106th	F Sen	35th		1:07:55	1:08:17
361.	350	David Limbrick	255th	M60	20th	ISLWYN RC	1:07:59	1:08:22
362.	345	Ken Stocker	256th	M70	4th	Wallasey AC	1:08:09	1:08:31
363.	183	Helen Beckett	107th	F50	12th	Widnes Wasps	1:08:07	1:08:34
364.	230	Saffron Francis	108th	F Sen	36th		1:08:21	1:08:52
365.	7	Allan Gibbs-Monaghan	257th	M45	24th	Liverpool Running Club	1:08:46	1:09:20
366.	12	Liam Taylor	258th	M Sen	83rd		1:09:53	1:10:02
367.	380	Ciara Hickey	109th	F Sen	37th		1:10:27	1:10:58
368.	161	Alison Kay	110th	F50	13th	Southport Strollers	1:10:45	1:11:16
369.	190	Patricia Wright	111th	F75	2nd		1:10:45	1:11:16
370.	206	James Dickinson	259th		3rd		1:10:48	1:11:23
371.	43	Elizabeth Simpson	112th	F75	3rd	Penny Lane Striders	1:11:55	1:12:29
372.	327	Alison Boag-Munroe	113th	F40	16th	Knowsley Harriers	1:12:48	1:13:17
373.	60	Samantha Gothard	114th	F45	13th	Knowsley Harriers	1:13:06	1:13:35
374.	410	Karen Fulton	115th	F65	4th		1:13:04	1:13:35

Penny Lane Striders 10k



Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
375.	409	Lisbeth Owens	116th	F60	7th	Knowsley Harriers	1:13:41	1:14:10
376.	193	Amy Neill	117th	F Sen	38th	Knowsley Harriers	1:13:49	1:14:16
377.	269	Allan McDonough	260th	M45	25th	Knowsley Harriers	1:14:09	1:14:16
378.	427	Elliott Murphy	261st	M Sen	84th	Knowsley Harriers	1:13:50	1:14:17
379.	332	Nick Rae	262nd	M65	16th	Wallasey AC	1:15:06	1:15:28
380.	271	Kaitlin Brown	118th	F Sen	39th		1:15:35	1:16:12
381.	121	Paul Blaney	263rd	M70	5th	Knowsley Harriers	1:24:12	1:24:41
382.	58	Moody Jo	119th	F40	17th	Knowsley Harriers	1:24:13	1:24:41
383.	22	Ron Thornton	264th	M80+	1st	Liverpool Running Bugs	1:45:16	1:45:51
384.	429	Amy Edwards	120th	F Sen	40th	Penny Lane Striders	1:45:00	1:45:52
DNF	277	Olivia MacCormack		F Sen	-	North Endurance		
DNF	348	Samantha Bentall		F55	-	Penny Lane Striders		
DNF	349	Marie Motley		F60	-	Penny Lane Striders		

Number of records: 387