

# Penny Lane Striders 10k

## Overall Results



Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
1.	428	Alistair Rutherford	1st	M Sen	1st	Liverpool Harriers	32:59	33:01
2.	266	Paul Howard	2nd	M35	1st	St Helens Striders	33:08	33:09
3.	185	Paul Edwards	3rd	M Sen	2nd	Mikkeller Running Club Liverpool	34:09	34:11
4.	370	Jack Poland	4th	M Sen	3rd	Wallasey AC	34:23	34:25
5.	187	David Fazakerley	5th	M Sen	4th	Liverpool Running Club	34:40	34:43
6.	191	Ben Moorcroft	6th	M Sen	5th	Liverpool Harriers	35:02	35:04
7.	304	Francois Rafferty	7th	M55	1st	Southport Waterloo AC	35:42	35:44
8.	107	Adam Hampson	8th	M35	2nd	Widnes Running club	36:25	36:27
9.	357	Anthony Wilde	9th	M Sen	6th		36:38	36:40
10.	432	James Williams	10th	M40	1st	Kirkby Milers	36:41	36:44
11.	70	John Myers	11th	M45	1st	Run Sandymoor	36:45	36:48
12.	296	Andrew Veevers	12th	M40	2nd	Southport Waterloo AC	36:48	36:50
13.	208	David McDonough	13th	M50	1st	Kirkby Milers AC	36:59	37:01
14.	356	Patrick Reilly	14th	M50	2nd	Marsh Lane Harriers	37:03	37:05
15.	285	Jure Cebasek	15th	M40	3rd	Penny Lane Striders	37:08	37:11
16.	222	Kieran O'Brien	16th	M Sen	7th	St Helens Striders	37:09	37:12
17.	249	John Monaghan	17th	M50	3rd	Marsh Lane Harriers	37:19	37:21
18.	421	Joshua Kearney	18th	M Sen	8th	North Endurance	37:21	37:22
19.	371	Mike Jones	19th	M Sen	9th	Wallasey AC	37:21	37:23
20.	122	Scott Waugh	20th	M45	2nd	Liverpool Running Club	37:21	37:25
21.	310	Alan Alan	21st	M40	4th	Wallasey Athletic Club	37:26	37:29
22.	137	Jonny Kilpatrick	22nd	M Sen	10th	Southport Waterloo AC	37:38	37:41

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
23.	92	Colin Walsh	23rd	M40	5th	North Endurance	37:42	37:44
24.	42	Marc Singer	24th	M Sen	11th	Southport Waterloo AC	37:50	37:54
25.	342	Rob Pearse	25th	M50	4th	Wallasey AC	38:03	38:06
26.	362	Adam Simpkin	26th	M35	3rd	Marsh Lane Harriers	38:06	38:08
27.	236	Stephen Tomlinson	27th	M35	4th	Knowsley Harriers	38:07	38:11
28.	169	Sarah Howard	1st	F35	1st	Liverpool Harriers	38:09	38:13
29.	228	Alex Rigby	28th	M Sen	12th	Liverpool Running Club	38:12	38:16
30.	10	Jonny Bland	29th	M Sen	13th	Penny Lane Striders	38:13	38:17
31.	91	Robert Dietz	30th	M Sen	14th		38:16	38:18
32.	253	Will Kozer	31st	M40	6th	Widnes Running club	38:20	38:22
33.	140	Matthew Halsall	32nd	M Sen	15th	Southport Waterloo AC	38:21	38:24
34.	412	Harry Hignett	33rd	M Sen	16th	Widnes Running club	38:28	38:31
35.	180	Christopher Baldwin	34th	M Sen	17th	Penny Lane Striders	38:37	38:41
36.	261	Matt Smith	35th	M Sen	18th	Mikkeller Running Club Liverpool	38:39	38:42
37.	29	John McLaren	36th	M40	7th	Knowsley Harriers	38:42	38:44
38.	419	Fran Bell	37th	M Sen	19th	Kirkby Milers AC	38:41	38:45
39.	256	Stuart Robertson	38th	M35	5th	Mikkeller Running Club Liverpool	38:43	38:46
40.	119	Francis Hourigan	39th	M45	3rd	Widnes Running club	38:45	38:47
41.	354	Andy Murphy	40th	M40	8th	UTS Run Club	38:45	38:51
42.	109	Dan Thomas	41st	M35	6th	Penny Lane Striders	38:47	38:51
43.	333	Michael Robson	42nd	M40	9th	Wallasey AC	38:55	38:58
44.	199	Kyle Harrison	43rd	M Sen	20th	Liverpool Running Club	38:57	39:00

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
45.	105	Anthony Cassidy	44th	M50	5th	Mossley Hill AC	38:56	39:01
46.	416	Brendan Burns	45th	M40	10th	Liverpool Running Club	38:57	39:04
47.	210	David Knowles	46th	M35	7th	Liverpool Running Club	39:01	39:06
48.	234	Sam Jones	47th	M Sen	21st		39:19	39:21
49.	233	Rachel Mason	2nd	F Sen	1st	Knowsley Harriers	39:23	39:25
50.	257	Konrad Latek	48th	M Sen	22nd	Mikkeller Running Club Liverpool	39:22	39:26
51.	383	Scott Eves	49th	M40	11th	Wallasey AC	39:27	39:30
52.	59	Philip Taylor	50th	M40	12th	Knowsley Harriers	39:36	39:38
53.	218	Jack Cotton	51st	M Sen	23rd	Penny Lane Striders	39:36	39:41
54.	436	Steven Southern	52nd	M Sen	24th	Unattached	39:42	39:47
55.	178	Paul Hughes	53rd	M40	13th	Widnes Running club	39:48	39:53
56.	301	Kyle Dove	54th	M35	8th	2 Step Collective	39:58	40:01
57.	232	Carl Kierman	55th	M Sen	25th	Liverpool Running Club	40:07	40:12
58.	157	Brian Kielty	56th	M45	4th	Marsh Lane Harriers	40:07	40:14
59.	381	Paul Lamb	57th	M40	14th	Knowsley Harriers	40:27	40:31
60.	81	Kieron McKenna	58th	M45	5th	MadRunners	40:37	40:52
61.	346	Andrew Williams	59th	M40	15th	Mikkeller Running Club Liverpool	40:48	40:54
62.	292	Daniel Garner	60th	M40	16th	Widnes Running club	40:49	40:54
63.	251	Liam Clark	61st	M Sen	26th	Marsh Lane Harriers	40:57	41:04
64.	315	Gary Thompson	62nd	M40	17th	Kirkby Milers AC	41:01	41:06
65.	420	Criostai Hayden-Callen	63rd	M Sen	27th		41:08	41:11
66.	63	Owen Quirk	64th	M Sen	28th	Fordy Runs	41:10	41:14

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
67.	214	Simon Magill	65th	M35	9th	Marsh Lane Harriers	41:09	41:16
68.	225	Joshua Hughes	66th	M Sen	29th	Knowsley Harriers	41:18	41:27
69.	124	James Manger	67th	M35	10th	North Endurance	40:59	41:31
70.	254	Kieran Lucas	68th	M Sen	30th	Mikkeller Running Club Liverpool	41:31	41:36
71.	248	David Rea	69th	M35	11th	Knowsley Harriers	41:36	41:40
72.	291	Adam Flynn	70th	M35	12th	Knowsley Harriers	41:31	41:40
73.	138	Gary Wilton	71st	M45	6th	Kirkby Milers AC	41:38	41:41
74.	167	James Lee	72nd	M Sen	31st	Penny Lane Striders	41:39	41:45
75.	430	David Edwards	73rd	M60	1st	Kirkby Milers	41:40	41:45
76.	108	Keith Lunt	74th	M50	6th		41:58	42:05
77.	405	Oliver Dodd	75th	M Sen	32nd		42:03	42:10
78.	96	David Matthews	76th	M45	7th	Kirkby Milers AC	42:05	42:11
79.	399	John Clegg	77th	M35	13th		42:17	42:25
80.	388	Arran Roberts	78th	M Sen	33rd	Knowsley Harriers	42:19	42:30
81.	139	Adam Fitzsimmons	79th	M Sen	34th	Kirkby Milers AC	42:36	42:41
82.	153	Jordan Wilson	80th	M Sen	35th	Widnes Running club	42:37	42:42
83.	314	Paul McCormck	81st	M35	14th		42:53	43:00
84.	306	Kevin Eves	82nd	M40	18th		42:56	43:01
85.	337	Graham Cushion	83rd	M45	8th	Kirkby Milers AC	42:56	43:02
86.	154	James Stanley	84th	M45	9th	Liverpool Running Bugs	42:58	43:06
87.	2	Billy Dean	85th	M45	10th	Mossley Hill AC	43:09	43:14
88.	274	Jennifer Harper	3rd	F35	2nd	Liverpool Running Bugs	43:11	43:18

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
89.	131	Joe McGrath	86th	M65	1st		43:15	43:20
90.	423	Jonathon Hull	87th	M Sen	36th	Penny Lane Striders	43:12	43:23
91.	125	Neil Burdett	88th	M50	7th		43:09	43:24
92.	201	Mike Leyland	89th	M35	15th	St Helens Striders	43:20	43:25
93.	19	Ian McCarthy	90th	M60	2nd	Knowsley Harriers	43:29	43:33
94.	263	Mark Ingarfield	91st	M50	8th	Kirkby Milers AC	43:33	43:40
95.	352	Lewis Hinton	92nd	M Sen	37th	Penny Lane Striders	43:34	43:40
96.	20	Keith Swift	93rd	M45	11th	Southport Waterloo AC	43:18	43:47
97.	402	Graham Lee	94th	M40	19th	Widnes rc	43:50	43:56
98.	351	Brian Seal	95th	M35	16th	Wallasey Athletic Club	43:50	43:57
99.	255	Jonathan Farnetano	96th	M40	20th		43:56	44:01
100.	426	Kerryn Girvan	4th	F Sen	2nd	North Endurance	43:55	44:01
101.	379	Ethan Burns	97th	M Sen	38th	Knowsley Harriers	43:53	44:04
102.	418	Billy Smart	98th	M Sen	39th		44:06	44:15
103.	260	Andrew Carey	99th	M40	21st	Mikkeller Running Club Liverpool	44:07	44:19
104.	56	Alan Joyce	100th	M65	2nd	Knowsley Harriers	44:17	44:24
105.	262	James Pleasance	101st	M40	22nd	Marsh Lane Harriers	44:15	44:26
106.	282	Joe Ballinger	102nd	M35	17th		44:28	44:33
107.	376	Tom Linnell	103rd	M Sen	40th	Knowsley Harriers	44:25	44:33
108.	394	Ella Heap	5th	F Sen	3rd	Wirral AC	44:33	44:37
109.	204	Vittorio Bini	104th	M55	2nd	Victoria park harriers	44:34	44:43
110.	326	Elaine Opara	6th	F40	1st	Wallasey AC	44:43	44:50

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
111.	359	Paul Crombleholme	105th	M40	23rd		44:32	44:52
112.	197	Lewys Herman	106th	M Sen	41st		44:44	44:52
113.	242	Paul Busow	107th	M50	9th	Widnes Running club	44:36	44:54
114.	71	Emma Fraser	7th	F45	1st	Run Sandymoor	44:50	44:56
115.	36	Regan Wilford	108th	M Sen	42nd		44:43	45:00
116.	87	Stephen Nand-Lal	109th	M Sen	43rd	Knowsley Harriers	44:53	45:02
117.	302	Steve Minshull	110th	M50	10th	Knowsley Harriers	44:53	45:03
118.	80	Mark Hurst	111th	M40	24th	MadRunners	44:50	45:04
119.	219	Syd Omar	112th	M50	11th	Penny Lane Striders	44:58	45:05
120.	353	Matthew M Lowry	113th	M35	18th	Dockside Runners	44:51	45:06
121.	389	Andy Robertson	114th	M35	19th	Knowsley Harriers	45:05	45:09
122.	163	Jack Buckton	115th	M Sen	44th	Penny Lane Striders	44:58	45:09
123.	373	Kieran Horne	116th	M Sen	45th	Knowsley Harriers	45:01	45:10
124.	142	Darren Michael Linnell	117th	M Sen	46th	Knowsley Harriers	45:05	45:14
125.	395	Euan McIntyre	118th	M Sen	47th		45:06	45:15
126.	335	Rab Whitworth	119th	M60	3rd	Wallasey Athletic Club	45:10	45:17
127.	347	David Williams	120th	M60	4th	Penny Lane Striders	45:10	45:21
128.	189	Alex Mortlock	8th	F Sen	4th	Penny Lane Striders	45:13	45:24
129.	329	Ste Rothwell	121st	M Sen	48th		45:16	45:24
130.	209	Jack Wells	122nd	M Sen	49th	Mikkeller Running Club Liverpool	45:11	45:24
131.	53	Sharon Martin	9th	F45	2nd	St Helens Striders	45:21	45:28
132.	385	Jonas Schlautmann	123rd	M Sen	50th		45:05	45:29

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
133.	52	Jennifer Elliott	10th	F45	3rd		45:25	45:31
134.	401	Alexandra Harrison	11th	F35	3rd	Liverpool Running Club	45:26	45:35
135.	74	Bill Leslie	124th	M50	12th	Rimrose Runners	45:24	45:36
136.	390	Jenny Daly	12th	F Sen	5th		45:28	45:41
137.	425	Dene Ashton	125th	M35	20th		45:39	45:47
138.	69	Mark Dambrosio	126th	M35	21st		45:45	45:51
139.	270	Jamie Pleavin	127th	M50	13th	St Helens Striders	45:44	45:52
140.	361	Andrew Fletcher	128th	M Sen	51st	Mikkeller Running Club Liverpool	45:42	45:55
141.	283	Danny Fegan	129th	M55	3rd	St Helens Striders	45:52	46:00
142.	398	Stuart Aitken	130th	M45	12th	Marsh Lane Harriers	45:52	46:02
143.	143	Andrea Newnes	13th	F35	4th	Knowsley Harriers	45:52	46:03
144.	286	Stephen Perry-Byrne	131st	M45	13th	Lonely Goat RC	45:52	46:04
145.	102	Liam Gouldson	132nd	M Sen	52nd		46:00	46:16
146.	433	Ian Glover	133rd	M40	25th	Unattached	46:03	46:18
147.	146	Mark Bennett	134th	M45	14th		45:57	46:21
148.	11	Nicolas Webb	135th	M40	26th	Lliswerry Runners	46:11	46:23
149.	66	Simon Leonard	136th	M45	15th		46:06	46:31
150.	414	Alan McDermott	137th	M60	5th	Penny Lane Striders	46:27	46:34
151.	89	Steven Irwin	138th	M60	6th	Kirkby Milers AC	46:30	46:41
152.	374	Tony Marsh	139th	M Sen	53rd		46:42	46:52
153.	391	Emily Daly	14th	F Sen	6th		46:40	46:52
154.	434	Josh Rawlins-Williams	140th	M Sen	54th	Unattached	46:47	47:02

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
155.	280	Ben Sweeney	141st	M35	22nd	North Endurance	46:44	47:16
156.	273	Ann Johnson	15th	F50	1st	St Helens Striders	47:13	47:20
157.	341	Adam Sikorski	142nd	M35	23rd	Sikorrovo	46:41	47:24
158.	241	Sameera Westcott	16th	F35	5th		47:07	47:27
159.	184	Michael McGrath	143rd	M Sen	55th	Mikkeller Running Club Liverpool	47:17	47:30
160.	186	Brian Shenton	144th	M65	3rd	Mikkeller Running Club Liverpool	47:21	47:33
161.	231	Paul Modern	145th	M35	24th	Marsh Lane Harriers	47:27	47:40
162.	229	Jonathan Fields	146th	M Sen	56th	Penny Lane Striders	47:30	47:41
163.	123	Ben Marsh	147th	M Sen	57th	Penny Lane Striders	47:30	47:43
164.	33	James de Turberville	148th	M50	14th		47:38	47:49
165.	45	Simon Booth	149th	M60	7th		47:38	48:00
166.	23	Simon Turton	150th	M45	16th	Vegan runners	47:35	48:00
167.	311	Olivia Brown	17th	F Sen	7th	Mossley Hill AC	47:47	48:03
168.	299	Tony Wade	151st	M55	4th		47:50	48:07
169.	141	Neil Brailsford	152nd	M45	17th	Knowsley Harriers	48:07	48:18
170.	134	David Hemmings	153rd	M55	5th	Southport & Waterloo	48:02	48:20
171.	324	Sam Humphriss	154th	M Sen	58th	Southport Waterloo AC	48:22	48:30
172.	435	Chris Lydon	155th	M40	27th	Penny Lane Striders	48:24	48:35
173.	216	Sean Martin	156th	M Sen	59th	Penny Lane Striders	48:23	48:37
174.	176	Jay Friar	18th	F35	6th	St Helens Striders	48:31	48:39
175.	268	Mark Fennell	157th	M Sen	60th	Mikkeller Running Club Liverpool	48:25	48:39
176.	221	Denise Roche	19th	F50	2nd		48:32	48:44



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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
177.	288	John Charnock	158th	M Sen	61st	Liverpool Running Club	48:42	48:55
178.	166	Dan Skinner	159th	M40	28th		48:42	48:58
179.	340	Joshua Taylor	160th	M Sen	62nd		48:39	48:59
180.	293	Greg Stephens	161st	M45	18th	Widnes Running club	48:49	49:00
181.	25	Paul McDonald	162nd	M55	6th		48:48	49:01
182.	323	Sarah Lunt	20th	F Sen	8th	Southport Waterloo AC	48:57	49:12
183.	155	Luke Hodgson	163rd	M Sen	63rd	Penny Lane Striders	49:03	49:17
184.	415	Michelle Murphy	21st	F55	1st	Liverpool Harriers	49:14	49:25
185.	31	David Craddock	164th	M55	7th		49:05	49:29
186.	26	Bruce Martin	165th	M50	15th	Liverpool Running Club	49:19	49:32
187.	403	Danielle Kroin	22nd	F Sen	9th	Penny Lane Striders	49:03	49:33
188.	372	James Wilson	166th	M35	25th		49:21	49:36
189.	88	Mike Begley	167th	M40	29th		49:29	49:39
190.	322	Newmn James	168th	M Sen	64th	PLS	49:28	49:43
191.	99	Kirstie McCaffrey	23rd	F35	7th	St Helens Striders	49:40	49:48
192.	250	Alice Nottingham	24th	F Sen	10th	Mikkeller Running Club Liverpool	49:37	49:50
193.	148	Hannah Morrow	25th	F35	8th	North Endurance	50:05	50:37
194.	202	Emily Conway	26th	F Sen	11th		50:26	50:38
195.	98	Alan Spencer	169th	M60	8th	Knowsley Harriers	50:24	50:40
196.	181	Sharron Ainslie	27th	F50	3rd	Penny Lane Striders	50:25	50:43
197.	97	Rachael Parker	28th	F40	2nd	Penny Lane Striders	50:20	50:43
198.	65	Fleur Culshaw	29th	F50	4th	Southport Waterloo AC	50:28	50:43

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
199.	215	Arron Payne	170th		1st		50:22	50:44
200.	120	Jon Reynolds	171st	M50	16th	Liverpool Running Club	50:28	50:46
201.	24	Shaun Geoghan	172nd	M55	8th	Liverpool Running Bugs	50:39	50:49
202.	313	Graham Pye	173rd	M40	30th		50:51	51:01
203.	387	Paul McAuley	174th	M Sen	65th		50:54	51:02
204.	198	Paul Thorpe	175th	M60	9th		50:47	51:04
205.	212	Phil Elliott	176th	M45	19th		50:40	51:06
206.	378	Haydn Pidcock	177th	M Sen	66th		51:02	51:11
207.	27	Brad Ehlen	178th	M50	17th	Northwich Running Club	50:59	51:19
208.	18	Ann-Marie McCarthy	30th	F55	2nd	Knowsley Harriers	50:58	51:20
209.	144	Alex Garner	179th	M Sen	67th	Knowsley Harriers	51:06	51:20
210.	368	Graham Davis	180th	M50	18th		51:08	51:24
211.	320	Helen Patterson	31st	F40	3rd	Widnes Running club	51:17	51:27
212.	384	Christine Webley	32nd	F40	4th		51:06	51:31
213.	62	John Skyner	181st	M55	9th	Widnes Running club	51:13	51:32
214.	259	Hayley Forrester	33rd	F Sen	12th	Mikkeller Running Club Liverpool	51:11	51:33
215.	113	Josh Hampshire	182nd	M Sen	68th		51:23	51:36
216.	239	Susan Cain	34th	F65	1st	Cumberland AC	51:27	51:50
217.	170	Megan Carr	35th	F Sen	13th		51:31	51:51
218.	307	Anthony Beyga	183rd	M65	4th	Kirkby Milers AC	51:48	51:54
219.	110	Nigel Jones	184th	M60	10th	Liverpool Running Bugs	51:46	51:59
220.	386	Christopher Buckley	185th	M40	31st		51:41	52:03

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
221.	68	Tony Ovenell	186th	M70	1st		51:46	52:05
222.	133	Simon Emery	187th	M55	10th		51:43	52:06
223.	195	Simon Heron	188th	M45	20th	Penny Lane Striders	51:35	52:07
224.	145	Simon Clarke	189th	M55	11th	Southport Waterloo AC	51:51	52:08
225.	156	Brenda Cahill	36th	F65	2nd	St Helens Striders	52:10	52:17
226.	16	Tony Hunter	190th	M50	19th	St Helens Striders	52:12	52:20
227.	393	Anne Rosbottom	37th	F50	5th	Wirral Athletic Club	52:05	52:25
228.	40	Dave Foulkes	191st	M55	12th		52:14	52:31
229.	14	Stephen Cruces	192nd	M40	32nd		52:09	52:32
230.	278	Nicholas McCole	193rd	M50	20th	Kirkby Milers AC	52:26	52:41
231.	173	Victoria Kirkbride	38th	F Sen	14th		52:32	52:46
232.	147	Rachel Waring	39th	F Sen	15th	Widnes Running club	52:29	52:49
233.	336	Danny Lloyd	194th	M Sen	69th	Widnes Running club	52:29	52:49
234.	240	David Cain	195th	M65	5th		52:29	52:53
235.	422	Jason Rawlins-Williams	196th	M Sen	70th		52:37	52:56
236.	5	Mike Jones	197th	M50	21st	Kirkby Milers AC	52:42	52:58
237.	86	Amy McCarthy	40th	F35	9th	MadRunners	52:45	52:59
238.	367	Geoff Burrows	198th	M70	2nd	St Helens Striders	52:59	53:09
239.	406	Julia Kelly	41st	F45	4th		52:57	53:22
240.	377	Daniel Leonard	199th	M Sen	71st		52:54	53:25
241.	179	Nick Taylor	200th	M60	11th	Victoria Park Running Club Warrington	53:09	53:30
242.	437	David Dalgleish	201st	M50	22nd	Unattached	53:21	53:48

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## Overall Results



Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
243.	223	Andrew Evans	202nd	M55	13th	Widnes Running club	53:35	53:54
244.	339	Niamh Oconnor	42nd	F Sen	16th	Penny Lane Striders	53:33	53:58
245.	252	Sarah Jones	43rd	F40	5th	Mikkeller Running Club Liverpool	53:45	53:59
246.	396	Paul Roskell	203rd	M Sen	72nd	Penny Lane Striders	53:35	54:05
247.	44	Paula Watson	44th	F45	5th		54:16	54:28
248.	34	Roy Caine	204th	M35	26th		54:10	54:30
249.	369	Martin Hirrell	205th	M55	14th	Penny Lane Striders	54:10	54:33
250.	160	Milla Norris	45th	F Sen	17th		54:19	54:41
251.	318	Kevin Pennington	206th	M40	33rd	St Helens Striders	54:35	54:49
252.	15	Colin Bridger	207th	M50	23rd	Warrington Road Runners	54:40	55:04
253.	61	John Houghton	208th	M65	6th	Run Sandymoor	54:46	55:12
254.	325	Catherine Kearney	46th	F50	6th	Penny Lane Striders	55:03	55:15
255.	165	Hilde Moe Hoiesen	47th	F40	6th		55:02	55:19
256.	272	Sandra Bentley	48th	F55	3rd	Widnes Running club	55:11	55:21
257.	48	Leeanne Evans	49th	F40	7th		55:04	55:21
258.	308	David McAlister	209th	M65	7th	Wallasey AC	55:17	55:25
259.	168	Alex Rae	210th	M Sen	73rd	Mossley Hill AC	55:09	55:25
260.	309	Lesley-Anne Cucksey	50th	F60	1st	Wallasey Athletic Club	55:21	55:28
261.	28	Jayne McIvor	51st	F60	2nd	Liverpool Running Club	55:13	55:30
262.	49	Joanne Evans	52nd	F40	8th		55:13	55:30
263.	30	David Rigby	211th	M65	8th		55:31	55:36
264.	226	Lauren O'Connor	53rd	F Sen	18th		55:20	55:41

# Penny Lane Striders 10k

## Overall Results



Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
265.	152	Ben Cross	212th	M35	27th	Kirkby Milers AC	55:29	55:44
266.	237	Sean Triggs	213th	M Sen	74th	Kirkby Milers AC	55:46	55:46
267.	132	A Holmes	214th	M60	12th	Liverpool Running Club	55:40	55:56
268.	130	Jacqueline Jones	54th	F60	3rd	Liverpool Running Club	55:33	55:57
269.	247	Mark Ewing	215th	M Sen	75th		55:40	55:58
270.	408	Jan Swales	55th	F60	4th	Widnes Running club	55:40	56:00
271.	135	Mark Scott	216th	M55	15th	Liverpool Running Club	55:51	56:09
272.	136	Matt Helme	217th	M60	13th	Liverpool Running Club	55:52	56:09
273.	400	Ruth Hollick	56th	F40	9th	St Helens Striders	55:52	56:10
274.	94	James Tunstead	218th	M45	21st		55:53	56:14
275.	258	Jo James	57th	F40	10th	Mikkeller Running Club Liverpool	56:03	56:17
276.	331	Christine Bonnar	58th	F70	1st	Widnes Running club	55:57	56:18
277.	188	Tania Sparks	59th	F35	10th	Knowsley Harriers	56:17	56:29
278.	316	Michael Bird	219th	M Sen	76th	Liverpool frontrunners	56:29	56:39
279.	149	Andy John Simpson	220th	M55	16th	Penny Lane Striders	56:17	56:50
280.	128	Amy Parkinson	60th	F Sen	19th		56:22	56:51
281.	127	Paul Parkinson	221st	M60	14th		56:22	56:51
282.	246	Clive Morrison	222nd	M60	15th	Run Sandymoor	56:25	56:51
283.	355	Dominic King	223rd	M45	22nd		56:39	57:05
284.	64	Stan Cottier	224th	M75	1st	Liverpool Running Club	56:48	57:06
285.	51	Jacob Lipton	225th		2nd		56:42	57:08
286.	50	Paul Lipton	226th	M40	34th		56:42	57:08

# Penny Lane Striders 10k

## Overall Results



Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
287.	93	Ria Wilton	61st	F Sen	20th	Kirkby Milers AC	56:50	57:11
288.	238	Niamh Mannion	62nd	F Sen	21st		57:23	57:36
289.	281	Jenny Appleton	63rd	F40	11th	St Helens Striders	57:21	57:39
290.	213	Deborah Hill	64th	F45	6th	St Helens Striders	57:21	57:39
291.	171	Louisa Bacon-Hall	65th	F Sen	22nd		57:21	57:46
292.	104	Kathryn Bayfield	66th	F35	11th	Knowsley Harriers	57:24	57:48
293.	365	Rafaela Carmona	67th	F35	12th	Mikkeller Running Club Liverpool	57:24	57:49
294.	363	Wellington Franzao	227th	M Sen	77th		57:28	57:53
295.	111	Ellis Crowsley	228th	M Sen	78th		57:44	57:54
296.	117	James Plunkett	229th	M Sen	79th	Acre Street Runners	57:33	57:58
297.	344	Abigail Gibson	68th	F40	12th		57:35	58:05
298.	382	Helen Roche	69th	F45	7th	Liverpool Running Club	57:50	58:09
299.	411	Elizabeth Millward	70th	F35	13th		57:42	58:16
300.	129	Lesley Cormack	71st	F50	7th		57:59	58:16
301.	330	Brian Sweeney	230th	M65	9th	North Endurance	57:42	58:16
302.	392	Stephen McCann	231st	M40	35th	Liverpool Running Club	57:51	58:18
303.	196	Tina Law	72nd	F35	14th	Mossley Hill AC	57:57	58:19
304.	112	David Barrow	232nd	M65	10th	Kirkby Milers AC	58:04	58:21
305.	115	Richard Plunkett	233rd	M60	16th	Acre Street Runners	57:58	58:27
306.	407	Dawn Hignett	73rd	F50	8th	Widnes Running club	58:12	58:32
307.	118	Georgia Plunkett	74th	F Sen	23rd	Acre Street Runners	58:15	58:43
308.	55	Mike Evans	234th	M70	3rd	Knowsley Harriers	58:24	58:48

# Penny Lane Striders 10k

## Overall Results



Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
309.	338	Sharon Lamont	75th	F60	5th	Wallasey Athletic Club	58:33	58:51
310.	360	Andy McDougall	235th	M65	11th	Kirkby Milers AC	58:36	58:54
311.	343	Jon Gibson	236th	M40	36th		58:26	58:56
312.	404	Gary Jones	237th	M50	24th	Kirkby Milers AC	58:28	59:00
313.	287	Gary Burcher	238th	M55	17th	Fordy Runs	58:51	59:05
314.	366	Sophie Hunt	76th	F35	15th		58:53	59:06
315.	162	Linda Bannister	77th	F60	6th	Liverpool Running Bugs	58:54	59:06
316.	182	Emily Hardman	78th	F Sen	24th	Widnes Wasps LRC	58:50	59:17
317.	174	Michael Palmer	239th	M Sen	80th		58:58	59:20
318.	194	Ella Brown	79th	F Sen	25th	Mossley Hill AC	58:58	59:20
319.	319	Ken Connor	240th	M55	18th	Widnes Running club	59:06	59:27
320.	358	Serena Wynter	80th	F Sen	26th		59:04	59:30
321.	126	Jack Mckeown	241st	M Sen	81st		59:17	59:35
322.	164	Katie Nicolson	81st	F Sen	27th	Knowsley Harriers	59:18	59:44
323.	279	Robert Scholey	242nd	M75	2nd		59:33	59:49
324.	39	Carl Moore	243rd	M Sen	82nd	St Helens Striders	59:46	59:52
325.	54	Susan Stewart	82nd	F75	1st	Southport Waterloo AC	59:38	59:53
326.	47	Rachel Rick	83rd	F65	3rd	Penny Lane Striders	59:43	1:00:04
327.	294	Natalie Matthews	84th	F45	8th	Knowsley Harriers	59:43	1:00:07
328.	90	Leanne Irwin	85th	F Sen	28th		59:47	1:00:10
329.	317	Tom Knowles	244th	M75	3rd		59:46	1:00:14
330.	235	Megan Tinsley	86th	F Sen	29th		59:54	1:00:20

# Penny Lane Striders 10k

## Overall Results



Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
331.	334	Paul Wilson	245th	M60	17th	Widnes Running club	1:00:02	1:00:28
332.	290	Laura MacLennan	87th	F35	16th		1:00:25	1:00:52
333.	37	Erin Cavanagh	88th	F Sen	30th		1:00:48	1:00:57
334.	364	Stephen Morley	246th	M65	12th		1:00:35	1:01:04
335.	9	Joel Williams	247th	M45	23rd		1:00:46	1:01:07
336.	305	Jenny Tomkinson	89th	F Sen	31st	Knowsley Harriers	1:00:46	1:01:09
337.	158	Katherine Stanley	90th	F Sen	32nd	Knowsley Harriers	1:00:47	1:01:09
338.	284	Carol Peters	91st	F50	9th	Widnes Running club	1:01:21	1:01:33
339.	289	Colin Laycock	248th	M75	4th	Widnes Running club	1:01:21	1:01:33
340.	431	Jessica Garrigan	92nd	F45	9th	Liverpool Running Club	1:01:28	1:01:45
341.	413	Mo Gharooni	249th	M65	13th	Penny Lane Striders	1:01:24	1:01:51
342.	245	Alison Peachey	93rd	F50	10th		1:01:47	1:02:14
343.	300	Rachael Obyrne	94th	F35	17th	Dockside Runners	1:02:08	1:02:58
344.	67	Rosemary Rogers	95th	F70	2nd	West Cheshire AC	1:02:56	1:03:19
345.	205	Steven Wright	250th	M45	24th		1:03:54	1:04:29
346.	192	Sharon McGough	96th	F45	10th		1:04:08	1:04:38
347.	267	Ruth O'Brien	97th	F50	11th	Liverpool Running Club	1:04:17	1:04:43
348.	101	Molly Magee	98th	F Sen	33rd		1:04:26	1:04:47
349.	103	Mark Povey	251st	M55	19th	West Cheshire Athletic Club	1:04:32	1:04:55
350.	151	Jon Court	252nd	M60	18th	Liverpool	1:04:55	1:05:23
351.	79	Debbie Hurst	99th	F40	13th	MadRunners	1:05:13	1:05:27
352.	41	Peter Jones	253rd	M60	19th	Marsh Lane Harriers	1:05:25	1:05:51



# Penny Lane Striders 10k

## Overall Results



Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
353.	116	Claire Plunkett	100th	F45	11th	Acre Street Runners	1:05:39	1:06:07
354.	298	Laura Duncan	101st	F Sen	34th		1:06:02	1:06:31
355.	177	Denise Garrigan	102nd	F45	12th	Kirkby Milers AC	1:06:22	1:06:38
356.	397	David Howard	254th	M65	14th		1:06:11	1:06:42
357.	150	Steve Conway	255th	M65	15th	Liverpool Running Club	1:06:20	1:06:48
358.	78	Martha Hughes	103rd	F45	13th		1:06:44	1:07:13
359.	82	Julie McGowan	104th	F40	14th	MadRunners	1:07:04	1:07:20
360.	77	Michelle Witter	105th	F40	15th		1:07:21	1:07:51
361.	264	Ann Obyrne	106th	F55	4th	Liverpool Running Club	1:07:32	1:08:07
362.	297	Shannon Granleese	107th	F Sen	35th		1:07:38	1:08:07
363.	200	Lucy Hoskins	108th	F Sen	36th		1:07:54	1:08:16
364.	350	David Limbrick	256th	M60	20th	ISLWYN RC	1:07:58	1:08:21
365.	345	Ken Stocker	257th	M70	4th	Wallasey AC	1:08:09	1:08:31
366.	183	Helen Beckett	109th	F50	12th	Widnes Wasps	1:08:05	1:08:32
367.	230	Saffron Francis	110th	F Sen	37th		1:08:21	1:08:51
368.	7	Allan Gibbs-Monaghan	258th	M45	25th	Liverpool Running Club	1:08:45	1:09:19
369.	12	Liam Taylor	259th	M Sen	83rd		1:09:52	1:10:01
370.	380	Ciara Hickey	111th	F Sen	38th		1:10:26	1:10:57
371.	161	Alison Kay	112th	F50	13th	Southport Strollers	1:10:44	1:11:15
372.	190	Patricia Wright	113th	F75	2nd		1:10:45	1:11:15
373.	206	James Dickinson	260th		3rd		1:10:47	1:11:22
374.	43	Elizabeth Simpson	114th	F75	3rd	Penny Lane Striders	1:11:54	1:12:28

# Penny Lane Striders 10k

## Overall Results



Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
375.	327	Alison Boag-Munroe	115th	F40	16th	Knowsley Harriers	1:12:47	1:13:16
376.	60	Samantha Gothard	116th	F45	14th	Knowsley Harriers	1:13:05	1:13:34
377.	410	Karen Fulton	117th	F65	4th		1:13:03	1:13:34
378.	409	Lisbeth Owens	118th	F60	7th	Knowsley Harriers	1:13:39	1:14:09
379.	193	Amy Neill	119th	F Sen	39th	Knowsley Harriers	1:13:48	1:14:15
380.	269	Allan McDonough	261st	M45	26th	Knowsley Harriers	1:14:08	1:14:15
381.	427	Elliott Murphy	262nd	M Sen	84th	Knowsley Harriers	1:13:49	1:14:16
382.	276	Carol Knowles	120th	F70	3rd	Liverpool Running Club	1:14:22	1:14:50
383.	332	Nick Rae	263rd	M65	16th	Wallasey AC	1:15:05	1:15:27
384.	271	Kaitlin Brown	121st	F Sen	40th		1:15:33	1:16:10
385.	58	Moody Jo	122nd	F40	17th	Knowsley Harriers	1:24:11	1:24:40
386.	121	Paul Blaney	264th	M70	5th	Knowsley Harriers	1:24:11	1:24:40
387.	22	Ron Thornton	265th	M80+	1st	Liverpool Running Bugs	1:45:15	1:45:50
388.	429	Amy Edwards	123rd	F Sen	41st	Penny Lane Striders	1:44:59	1:45:51
DNF	277	Olivia MacCormack		F Sen	-	North Endurance		
DNF	348	Samantha Bentall		F55	-	Penny Lane Striders		
DNF	349	Marie Motley		F60	-	Penny Lane Striders		

Number of records: 391