Canadian Cross Country Championships/Frost Country

Club Results

Bib	Name	Branch	Time	AG	points
U18 Girls 4km F					
1	Newmarket Huskies Track Club		95		
1415	Innes, Riley	ON	14:48	Female 11-15	3
1426	Nagy, Kate	ON	15:28	Female 11-15	11
1421	Malcolm, Grace	ON	15:56	Female 11-15	37
1432	Silvera, Abbigail	ON	16:02	Female 11-15	44
1420	Malcolm, Bridget	ON	16:09	Female 11-15	54
1404	Carnaghan, Alyssa	ON	16:33	Female 11-15	73
1419	Liu, Vicky	ON	16:53	Female 11-15	97
1423	McDougall, Kyla	ON	17:20	Female 11-15	131
1405	Chieduch, Juliet	ON	17:37	Female 11-15	150
2	Blue Devils Athletics Club		125		
1046	Voykin, Eleanor	ON	14:32	Female 11-15	1
1024	Blacquier, Melissa	ON	15:30	Female 16-19	12
1945	Kauri, Jamie	ON	16:01	Female 16-19	42
1038	Mengistu, Gelila	ON	16:31	Female 16-19	70
1032	Jordan, Lila	ON	16:41	Female 16-19	80
1047	Wells, Hannah	ON	16:47	Female 16-19	85
1049	Zarzoso, Chloe	ON	17:49	Female 11-15	156
1044	Shin, Caitlin	ON	17:58	Female 11-15	169
1045	Shin, Cara	ON	18:00	Female 11-15	171
1027	Daniels, Sydney	ON	21:38	Female 16-19	237
3	Calgary Spartans		151		
1077	Hos, Kate	AB	15:24	Female 16-19	10
1074	Danchuk, Meghan	AB	15:50	Female 16-19	32
1079	Marquardt, Ciara	AB	16:00	Female 16-19	40
1085	Sinke, Esme	AB	16:31	Female 11-15	69
4	Hamilton Olympic Club		175		
1248	Giannou, Vanessa	ON	15:30	Female 16-19	13
1247	Fava, Clara	ON	16:05	Female 16-19	47
1253	Ptaszek, Anna	ON	16:05	Female 11-15	49
1255	Seiler, Chloe	ON	16:22	Female 16-19	66
1249	Gordon, Erika	ON	16:32	Female 16-19	71
1256	Sorge, Ella	ON	17:02	Female 16-19	107
5	Prairie Inn Harriers Racing Team		200		
1548	Dow, Alexa	BC	14:47	Female 16-19	2
1551	Hunter-Siebert, Tessa	BC	15:53	Female 16-19	35
1550	Eames, Mady	BC	15:58	Female 16-19	39
1552	Lewis, Ava	BC	17:16	Female 16-19	124

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Club Results

Bib	Name	Branch	Time	AG	points
6	Windsor Legion T.f.c.		200		
1924	Chan, Anieu	ON	15:55	Female 11-15	36
1929	Masse, Layla	ON	16:07	Female 16-19	50
1931	Prantera, Sophia	ON	16:08	Female 11-15	51
1928	Kniaziew, Sian	ON	16:21	Female 16-19	63
1933	Ross, Sylvia	ON	16:32	Female 11-15	72
1935	Stewart, Samantha	ON	16:50	Female 16-19	89
1927	Heredi, Ella	ON	16:50	Female 16-19	90
1934	Scarrow, Julia	ON	17:14	Female 16-19	121
7	Laurel Creek T.f.c.		228		
1311	Douma, Anna	ON	15:40	Female 16-19	18
1310	DeBoer, Julie	ON	15:41	Female 11-15	20
1312	Eys, Lena	ON	16:35	Female 16-19	76
1307	Archer, Casey	ON	17:06	Female 16-19	114
1322	Nyman, Jill	ON	17:19	Female 16-19	127
1329	Rodriguez-Valtierra, Sarah	ON	17:48	Female 16-19	154
1314	Imrie, Addison	ON	18:08	Female 16-19	177
1321	Nyman, Georgia	ON	18:22	Female 16-19	188
1308	Churchill, Lily	ON	18:33	Female 16-19	194
1332	Shipp, Sydney	ON	19:02	Female 16-19	206
1334	Young, Emerson	ON	20:50	Female 16-19	232

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Club Results

Bib	Name	Branch	Time	AG	points
8	Ottawa Lions T.f.c.		247		
1463	Alexander, Lauren	ON	15:46	Female 16-19	26
1493	Lauter, Kyra	ON	16:28	Female 11-15	68
1494	Lebel, Laila	ON	16:33	Female 11-15	74
1485	Johnston-Zemek, Kate	ON	16:39	Female 16-19	79
1478	Giannotti, Jocelyn	ON	16:43	Female 16-19	82
1490	Knight, Tessa	ON	16:46	Female 11-15	84
1472	Daniels, Riley	ON	16:57	Female 11-15	102
1523	Van Wesenbeeck, Julia	ON	17:05	Female 11-15	112
1497	Loreti, Dahlia	ON	17:08	Female 11-15	116
1524	Villeneuve, Ciara	ON	17:30	Female 16-19	142
1464	Allibon, Maya	ON	17:46	Female 11-15	153
1519	Soler, Allison	ON	17:53	Female 16-19	163
1498	Lyons, Waverley	ON	18:18	Female 16-19	185
1506	Murchison, Juliette	ON	18:22	Female 16-19	187
1496	Lefaivre, Sofia	ON	18:26	Female 11-15	192
1502	McKay, Morgane	ON	18:43	Female 16-19	197
1527	Yach, Koree	ON	19:06	Female 16-19	208
1507	Nash, Emma	ON	19:20	Female 16-19	214
1473	Davison, Elise	ON	19:21	Female 16-19	215
1474	Desbarats, Jennifer	ON	19:40	Female 16-19	220
1492	Koschade, Naomi	ON	19:43	Female 11-15	222
1960	McCabe, Meredith	ON	20:11	Female 11-15	229
1520	St John, Alyssa	ON	21:18	Female 11-15	234
1475	Edwards, Sophie	ON	22:11	Female 11-15	238
1486	Joly, Chloe	ON	22:30	Female 16-19	239
9	Central Toronto Athletic Club		250		
1110	Yeomans, Morgan	ON	15:09	Female 16-19	5
1098	Birmingham, Kieva	ON	15:36	Female 11-15	16
1100	Blackmore-Barnable, Mia	ON	16:52	Female 16-19	94
1111	Zwolinski, Madeleine	ON	17:24	Female 11-15	135
1106	Pound, Isabel	ON	17:28	Female 16-19	139
1104	McConnell, Madeleine	ON	17:41	Female 11-15	152
1108	Robles Moreno, Andrea	ON	18:11	Female 16-19	181
10	South Simcoe Dufferin T.f.c.		307		
1636	Cornell, Sabine	ON	16:08	Female 11-15	53
1641	Hwang, Nari	ON	16:16	Female 16-19	61
1630	Abbott, Chantal	ON	16:34	Female 16-19	75
1643	Koopmans, Grace	ON	17:09	Female 16-19	118
1634	Clarkson, Sophia	ON	17:19	Female 16-19	126
1650	Ott, Emmily	ON	17:33	Female 16-19	145
1651	Wilson, Katie	ON	17:34	Female 16-19	146
1642	Johnson, Sadie	ON	17:51	Female 11-15	158
1646	McArthur, Sydney	ON	18:19	Female 16-19	186
1648	Mundle, Sofia	ON	18:23	Female 11-15	189

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Club Results

Bib	Name	Branch	Time	AG	points
11	Durham Dragons Athletics		406		
1196	Linton, Maria	ON	15:42	Female 16-19	22
1194	Jackson, Alexandra	ON	16:02	Female 11-15	43
1189	Garron, Ella	ON	17:20	Female 11-15	130
1187	Downie-Back, Airlie	ON	19:14	Female 11-15	211
12	Track North Athletic Club		409		
1722	Kasunich, Maren	ON	15:41	Female 16-19	21
1724	Lepage, Georgia	ON	16:50	Female 16-19	88
1727	Pineau, Lauren	ON	17:29	Female 16-19	141
1720	Green, Mackenzie	ON	17:52	Female 16-19	159
1719	De Poli, Katelyn	ON	17:56	Female 16-19	166
13	Toronto West Athletics		422		
1705	McFarling, Mazy	ON	16:37	Female 16-19	77
1698	Klufas, Daria	ON	17:01	Female 16-19	105
1714	Smith, Alexandra	ON	17:06	Female 16-19	115
1712	Sherwin, Ainsley	ON	17:19	Female 11-15	125
1700	Linares, Flavia	ON	17:53	Female 16-19	161
1688	Balakrishnan, Riyaa	ON	17:59	Female 16-19	170
1702	Luong, Ava	ON	18:23	Female 11-15	190
1695	Heer, Ashlin	ON	18:54	Female 16-19	202
1716	Tsagaerlis, Taia	ON	19:16	Female 16-19	212
1713	Short, Lindsay	ON	19:48	Female 11-15	224
14	London Western T.f.c.		476		
1355	Koyanagi, Kaitlyn	ON	16:52	Female 16-19	93
1353	Haygarth, Kaitlyn	ON	16:52	Female 11-15	96
1340	Atkinson, Reagan	ON	17:30	Female 16-19	143
1370	Piscione, Charlotte	ON	17:32	Female 16-19	144
1367	Norman, Kyla	ON	17:35	Female 11-15	147
1369	Philippon, Sarah	ON	18:12	Female 16-19	182
1371	Roth, Helena	ON	18:36	Female 16-19	195
1374	Ryan, Kate	ON	19:12	Female 16-19	210
15	Cochrane Endurance Project		499		
1169	Torrie, Kayley	AB	15:23	Female 11-15	9
1166	Labonte, Zoelia	AB	17:20	Female 11-15	132
1163	Irvin, Csenia	AB	17:28	Female 16-19	140
1162	Barlow, Ellie	AB	19:28	Female 16-19	218
16	Go Athletics		501		
1233	Walker, Ashlee	AB	17:05	Female 16-19	111
1230	Switzer, Aelyn	AB	17:06	Female 16-19	113
1231	Tonnos, Holly	AB	17:08	Female 11-15	117
1227	Greidanus, Kiera	AB	17:52	Female 16-19	160

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Club Results

Bib	Name	Branch	Time	AG	points
17	University Of Toronto Tc		548		
1817	Carvalho, Danuta	ON	17:11	Female 16-19	119
1854	Simic-Lustig, Talia	ON	17:19	Female 11-15	128
1853	Sarbadhikari, Sienna	ON	17:20	Female 11-15	133
1814	Camps, Ava	ON	17:58	Female 11-15	168
1861	Wansbrough, Kate	ON	18:02	Female 16-19	174
1820	Codell, Kaylin	ON	18:08	Female 11-15	178
1826	Gage, Audrey	ON	18:08	Female 16-19	179
1842	McIntosh, Stella	ON	18:14	Female 16-19	184
1824	Ding, Irene	ON	20:12	Female 16-19	230
1825	Finley, Amelia	ON	21:15	Female 16-19	233
1819	Chang, Scarlett	ON	21:28	Female 16-19	235
1835	Kaspar, Hannah	ON	23:01	Female 16-19	240
1841	McGettigan, Charlie	ON	23:01	Female 16-19	241
18	Niagara Olympic Club		551		
1445	Dilalla, Chloe	ON	16:53	Female 16-19	98
1452	Tremeer, Julia	ON	17:00	Female 16-19	103
1450	Quinn, Thea	ON	17:38	Female 16-19	151
1444	Denbak, Megan	ON	18:51	Female 16-19	199
1448	Moran, Annalia	ON	19:21	Female 11-15	216
1443	Cottee, Paige	ON	19:42	Female 11-15	221
1446	Dueck, Aliyah	ON	20:08	Female 16-19	228
19	Thorold Elite Track Club		624		
1677	Perri, Sophia	ON	17:12	Female 11-15	120
1671	Eaton, Madison	ON	17:28	Female 16-19	138
1676	Perri, Katelyn	ON	18:06	Female 11-15	175
1675	Laing, Ayla	ON	18:25	Female 11-15	191
1673	Gallant, Layla	ON	19:07	Female 16-19	209
20	Toronto Olympic Track & Field Club		651		
1683	Lovshin, Brianna	ON	17:02	Female 11-15	108
1681	Biondic, Carmen	ON	17:15	Female 11-15	122
1682	Dickie, Blythe	ON	18:37	Female 11-15	196
1680	Baillie, Alexandra	ON	20:00	Female 11-15	225
21	Tracklass		695		
1731	Anctil, Élizabeth	QC	17:36	Female 16-19	148
1740	Giard, Frédérique	QC	17:37	Female 11-15	149
1739	Germain, Cassandre	QC	18:47	Female 16-19	198
1734	Baril, Maéna	QC	18:51	Female 16-19	200
1737	Filiatrault, Mélyann	QC	19:00	Female 16-19	205
1736	Bédard, Chloé	QC	19:26	Female 16-19	217
1742	Pouliot, Émilie	QC	19:44	Female 16-19	223
1735	Barrette, Mahée	QC	21:33	Female 16-19	236

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Club Results

Bib	Name	Branch	Time	AG	points
U18 Boys 6km M					
1	University Of Toronto Tc		88		
1849	Puthenkulangara, Saurang	ON	19:21	Male 16-19	2
1856	Smith, Aaron	ON	19:48	Male 16-19	13
1847	Prekajski, Andrej	ON	20:07	Male 16-19	24
1830	Greenfield, Will	ON	20:30	Male 16-19	49
1827	Garfin-Udaskin, Eitan	ON	20:48	Male 16-19	68
1822	De Gooyer, Willem	ON	20:55	Male 16-19	76
1829	Gordon, Xavier	ON	20:56	Male 16-19	77
1823	Diaz-Maniego, Neil	ON	21:00	Male 11-15	84
1860	Thomas, William	ON	21:03	Male 11-15	87
1859	Taback, Oliver	ON	21:07	Male 16-19	90
1843	Neldner, Jaksen	ON	21:12	Male 16-19	100
1845	Parr, Freddie	ON	21:38	Male 11-15	124
1831	Haick, Evan	ON	21:47	Male 16-19	139
1833	Huang, Charles	ON	22:07	Male 16-19	157
1839	Mazan, Luke	ON	22:08	Male 16-19	161
1851	Rocco, Luca	ON	22:13	Male 16-19	169
1838	Liu, Michael	ON	22:19	Male 16-19	178
1816	Carrique, Jeffrey	ON	22:29	Male 11-15	190
1858	Stinson, Tyler	ON	22:33	Male 16-19	197
1848	Prekajski, Mihailo	ON	22:33	Male 11-15	198
1815	Cantelon, Theo	ON	23:40	Male 16-19	242
2	Brockville Legion Track Club		99		
1055	Gaffney, Travis	ON	19:04	Male 16-19	1
1058	Levac, Parker	ON	19:22	Male 16-19	3
1063	Witham, Jackson	ON	19:53	Male 16-19	17
1062	Plant, Alex	ON	20:58	Male 16-19	78
1054	Dean, Rowan	ON	21:15	Male 11-15	102
1059	Link, Rayane	ON	21:40	Male 11-15	127
1057	Leroux, Lukas	ON	21:41	Male 11-15	129
1061	Morrow, Kai	ON	21:42	Male 11-15	132
1056	Huntington, Vincent	ON	24:26	Male 16-19	269
3	Laurel Creek T.f.c.		120		
1323	Paul, Jacob	ON	19:39	Male 16-19	8
1328	Reuter, Landon	ON	20:00	Male 16-19	21
1306	Aagaard, Josh	ON	20:23	Male 16-19	39
1330	Rohr, Samuel	ON	20:34	Male 16-19	52
1309	Corbeil, Andrew	ON	20:42	Male 16-19	59
1327	Porto, James	ON	21:27	Male 16-19	113
1333	Stumpf, Isaiah	ON	21:35	Male 16-19	121
1317	Martin, Eli	ON	21:41	Male 16-19	130
1331	Schedewitz, Bryce	ON	22:08	Male 16-19	160
1325	Perrin, Ben	ON	22:15	Male 16-19	174
1326	Pfohl, Jacob	ON	22:17	Male 16-19	177
1313	Hiebert, Karsten	ON	22:52	Male 16-19	216

Club Results

Bib	Name	Branch	Time	AG	points
4	South Simcoe Dufferin T.f.c.		140		
1632	Champ, Kenneth	ON	19:40	Male 11-15	9
1647	Mundle, Benjamin	ON	20:25	Male 16-19	41
1635	Clarkson, Van	ON	20:25	Male 11-15	42
1645	MacMillan, Wesley	ON	20:30	Male 16-19	48
1640	Hazel, Jacob	ON	22:05	Male 16-19	155
1649	Murray, Wyatt	ON	22:14	Male 16-19	172
1631	Campbell, Luke	ON	22:14	Male 11-15	173
1644	Ludgate, Nicholas	ON	23:07	Male 11-15	224
5	Durham Dragons Athletics		159		
1184	Buie, Nolan	ON	20:15	Male 16-19	31
1001	Bennett, Cameron	ON	20:16	Male 16-19	33
1185	Clodd, Aiden	ON	20:28	Male 11-15	45
1190	Haskins, Jordan	ON	20:31	Male 16-19	50
1197	MacNevin, Brayden	ON	20:47	Male 11-15	67
1188	Ford, Luke	ON	21:20	Male 16-19	107
1195	Kuchera, Caden	ON	21:53	Male 16-19	144
1199	Nelson, LJ	ON	22:19	Male 16-19	179
1183	Bratton, Griffin	ON	22:41	Male 11-15	205
1181	Anderson, Cameron	ON	22:59	Male 11-15	221
1186	Doubleday, Hayden	ON	23:07	Male 16-19	225
1191	Heaney, Eoghan	ON	24:18	Male 11-15	264
1182	Barker, Jackson	ON	24:22	Male 11-15	267
1201	Seymour, Tyler	ON	25:07	Male 11-15	272
6	Excel Athletika		160		
1207	Downes, Adonias	SK	20:15	Male 16-19	30
1212	MacLean, Brett	SK	20:21	Male 16-19	36
1215	Teichler, Ian	SK	20:21	Male 16-19	37
1208	Gates, Ben	SK	20:40	Male 16-19	57
1214	Teichler, Alec	SK	20:59	Male 11-15	83
7	Newmarket Huskies Track Club		175		
1427	Nagy, Noah	ON	19:44	Male 16-19	11
1418	Kuzminski, Tyler	ON	19:59	Male 11-15	20
1414	Hill, Noah	ON	20:44	Male 11-15	64
1428	Nagy, Simon	ON	20:58	Male 11-15	80
1971	Harvey, Damian	ON	21:48	Male 16-19	141
1442	Yu, Marcus	ON	22:01	Male 11-15	151
1425	Myers, Christian	ON	22:07	Male 11-15	158
1409	Doscas, David	ON	22:21	Male 11-15	184
1412	Grossi, Liam	ON	22:34	Male 11-15	199

Club Results

Bib	Name	Branch	Time	AG	points
8	Valley Royals Track & Field Club		224		
1881	May, Samuel	BC	19:52	Male 16-19	16
1880	Graham, Miles	BC	20:27	Male 16-19	44
1882	Molina, Mark	BC	20:58	Male 16-19	79
1883	Nakanishi, Arata	BC	21:02	Male 16-19	85
1884	Simmonds, Riley	BC	21:13	Male 11-15	101
9	London Western T.f.c.		240		
1358	Leinweber, Alex	ON	20:12	Male 16-19	27
1352	Hallman, Kirk	ON	20:40	Male 11-15	56
1365	Mirie, Eytan	ON	20:44	Male 16-19	62
1349	Di Ciocco, Matteo	ON	21:10	Male 16-19	95
1350	Emre, Ty	ON	22:20	Male 11-15	182
1341	Barnes, Daniel	ON	24:09	Male 16-19	260
10	Ottawa Lions T.f.c.		261		
1522	Taler, Saul	ON	20:26	Male 16-19	43
1518	Smith, Noah	ON	20:44	Male 16-19	63
1482	Heins, Russell	ON	20:53	Male 16-19	74
1505	Mortimer, Charlie	ON	20:59	Male 11-15	81
1499	Mansouri, Noah	ON	21:08	Male 11-15	91
1503	Melinz Dupuis, Kiefer	ON	21:44	Male 16-19	136
1480	Goold, Barrett	ON	22:01	Male 16-19	150
1526	Walker, Austin	ON	22:12	Male 11-15	168
1512	Padoin-Castillo, Matteo	ON	22:13	Male 11-15	171
1488	Kaye, Cohen	ON	22:16	Male 16-19	176
1476	Fee, James	ON	22:31	Male 11-15	194
1500	Mansouri, Zachary	ON	22:55	Male 11-15	218
1495	Lee, Brennan	ON	23:27	Male 11-15	233
1479	Gomez, Lucas	ON	24:13	Male 11-15	262
11	Club D'athlétisme De L'université Laval		330		
1157	St-Cyr, Loïc	QC	20:17	Male 16-19	34
1150	Motard, Shawn-William	QC	20:52	Male 16-19	71
1139	Dionne, Xavier	QC	20:59	Male 11-15	82
1141	Fortin, Mathieu	QC	21:51	Male 16-19	143
1131	Brosseau, Alexandre	QC	23:12	Male 16-19	227
12	Unattached Ontario		332		
1802	Tomori, Graham	ON	19:28	Male 16-19	5
1798	Morales, Benjamin	ON	20:10	Male 16-19	25
1962	Gregory, Jack	ON	20:29	Male 11-15	47
1804	Walmsley, Nathan	ON	24:00	Male 16-19	255
13	Penticton Track & Field Club		336		
1533	Rahkola, Maverik	BC	20:13	Male 16-19	28
1531	Hayden, Miles	BC	20:14	Male 11-15	29
1532	Kunka, Peter	BC	20:53	Male 16-19	73
1530	Collingwood, Cai	BC	22:42	Male 11-15	206

Club Results

Bib	Name	Branch	Time	AG	points
14	Hamilton Olympic Club		370		
1254	Schmalz, Michael	ON	19:32	Male 16-19	6
1252	Mathieson, Gavin	ON	20:52	Male 16-19	72
1251	Ledger, Cohen	ON	21:08	Male 16-19	92
1246	Cooke-Bithrey, Landyn	ON	22:35	Male 16-19	200
15	Toronto West Athletics		390		
1696	Hogan, Mark	ON	20:03	Male 16-19	23
1699	Lebar, Christian	ON	21:10	Male 16-19	96
1704	Marks, Luca	ON	21:19	Male 16-19	105
1689	Bernal - Salazar, Juan	ON	22:11	Male 11-15	166
1703	Marcuzzi, Daniel	ON	22:12	Male 11-15	167
1706	McIlwraith, Paul	ON	22:49	Male 16-19	213
1711	Rumble, Nathan	ON	23:33	Male 16-19	238
1708	Rende, Gabriel	ON	24:26	Male 16-19	268
1717	Weber, Andrew	ON	24:36	Male 16-19	270
16	Thorold Elite Track Club		429		
1670	Breckels, Fenway	ON	20:28	Male 16-19	46
1674	Glaser, Sebastian	ON	21:06	Male 16-19	88
1669	Bayne, Elijah	ON	21:22	Male 16-19	108
1678	Tonnies, Sammy	ON	22:27	Male 16-19	187
1672	Galbraith, Mario	ON	24:01	Male 16-19	256
17	Burlington Track & Field Club		477		
1064	Clark, Brody	ON	19:42	Male 11-15	10
1070	McGregor, Nolan	ON	21:02	Male 16-19	86
1073	Tuck, Dylan	ON	22:10	Male 11-15	164
1068	Kang, Eugene	ON	22:54	Male 11-15	217
1065	Dampier, Adam	ON	23:40	Male 16-19	243
18	Grizzly Endurance Collective Athletics Club		483		
1241	Snyman, Stephanus	AB	19:58	Male 16-19	18
1238	Michl, Luka	AB	21:46	Male 16-19	138
1242	Stadt, Adam	AB	21:51	Male 16-19	142
1237	Li, Kendall	AB	22:21	Male 16-19	185
19	Blue Devils Athletics Club		488		
1041	Patterson, Noah	ON	20:45	Male 16-19	65
1042	Powers, Jahleel	ON	21:35	Male 16-19	120
1048	Yusti, Ian	ON	21:47	Male 16-19	140
1040	Parsons, Nicholas	ON	22:09	Male 16-19	163
1036	Luong, Kai	ON	22:30	Male 16-19	191
1031	Ferron, Alexander	ON	23:37	Male 11-15	240
1023	Abubeker, Amin	ON	23:48	Male 11-15	248
1026	Cotton, George	ON	23:49	Male 11-15	249

Club Results

Bib	Name	Branch	Time	AG	points
20	Central Toronto Athletic Club		497		
1109	Savvaidis, Kyriakos	ON	21:16	Male 11-15	103
1102	Guilfoyle, Charlie	ON	21:33	Male 16-19	117
1105	Morgan, Daniel	ON	21:38	Male 16-19	123
1107	Prescott, Evan	ON	22:05	Male 16-19	154
1101	Cummins, Charlie	ON	22:06	Male 16-19	156
1099	Birmingham, Quinlan	ON	22:48	Male 16-19	212
21	Calgary Spartans		532		
1076	Hayato, Abdul	AB	21:27	Male 16-19	112
1078	Kingsmith, Evan	AB	21:31	Male 11-15	116
1086	Stephenson, Oakley	AB	21:34	Male 11-15	118
1760	Heuver, Noah	AB	22:22	Male 11-15	186
1075	Forero-Tarazona, Gabriel	AB	22:43	Male 16-19	207
1080	Mustafa, Johnathan	AB	22:45	Male 16-19	209
1759	Heuver, Nathan	AB	23:34	Male 16-19	239
22	Stratford Sabrecats Track Club		544		
1665	Ogilvie, Daniel	ON	20:44	Male 16-19	61
1661	Dingman, Kaleb	ON	21:06	Male 11-15	89
1664	Klomps, Logan	ON	22:15	Male 11-15	175
1662	Feltham, Noah	ON	22:56	Male 11-15	219
1658	Bender, Abraham	ON	23:21	Male 11-15	230
1667	Young, Wilson	ON	23:39	Male 16-19	241
23	Club Citius		552		
1117	Binette, Léandre	QC	20:46	Male 16-19	66
1119	Céré, Loucas	QC	20:55	Male 16-19	75
1118	Cantin, Laurent	QC	22:38	Male 16-19	203
1115	Beaulac, Eliot	QC	22:45	Male 11-15	208
1121	Lebel, William	QC	22:46	Male 16-19	210
1120	Côté, Xavier	QC	23:00	Male 11-15	222
1122	Lehoux, Xavier	QC	23:42	Male 16-19	244
24	Sherbrooke		555		
1620	Fortier, Noah	QC	19:48	Male 16-19	12
1618	Blais, Christophe	QC	22:04	Male 16-19	152
1956	Dubé, Loïc	QC	22:11	Male 16-19	165
1619	Drouin, Zachary	QC	23:11	Male 16-19	226
25	Saskatoon Tf Club		556		
1611	Klassen, Jacob	SK	21:12	Male 16-19	99
1608	Friesen, Bennett	SK	21:56	Male 16-19	146
1610	Irwin, Niklos	SK	21:59	Male 16-19	149
1609	Friesen, Drake	SK	22:09	Male 11-15	162

Canadian Cross Country Championships/Frost Country

Club Results

Bib	Name	Branch	Time	AG	points
26	Pack Running Club		579		
1948	Jarosz, Christian	ON	20:48	Male 16-19	69
1949	Mulugeta, Natnael	ON	21:57	Male 16-19	147
1950	Saleh, Shakir	ON	21:58	Male 11-15	148
1952	Takatsu, Yuji	ON	22:51	Male 11-15	215
1947	Huinink, Noel	ON	23:27	Male 16-19	232
1951	Scott, Michael	ON	23:31	Male 11-15	237
27	Track North Athletic Club		702		
1726	Pennie, Brodie	ON	20:40	Male 16-19	58
1725	Mara, Xavier	ON	22:30	Male 16-19	193
1721	Green, Thomas	ON	22:58	Male 16-19	220
1728	Portelance, Max	ON	23:26	Male 16-19	231
1730	Wilkin, Matthew	ON	25:41	Male 11-15	274
28	Rive-Sud		764		
1570	Guerard, Benjamin	QC	21:29	Male 16-19	114
1573	Lafontaine, Joshua	QC	22:30	Male 16-19	192
1579	Ménard, Alexis	QC	23:03	Male 11-15	223
1566	Bergeron, Antoine	QC	23:31	Male 11-15	235
1580	Nasr, Félix	QC	23:44	Male 16-19	245
1578	Marcoux, Anthony	QC	23:47	Male 16-19	246
1571	Hilali, Orhan	QC	24:06	Male 11-15	258
1581	Picard, Louis	QC	24:16	Male 11-15	263
29	Go Athletics		817		
1225	Abukar, Mohammed	AB	21:40	Male 16-19	126
1232	Versteeg, Brendon	AB	22:27	Male 11-15	188
1229	Rysavy, Levi	AB	23:54	Male 11-15	251
1228	Greidanus, Norman	AB	23:55	Male 11-15	252
1226	Curtis, Levi	AB	23:56	Male 11-15	253

Canadian Cross Country Championships/Frost Country

Club Results

Bib	Name	Branch	Time	AG	points
U20 Women 6km F					
1	University Of Toronto Tc		52		
1818	Cescon, Emily	ON	21:52	Female 16-19	4
1812	Bertram, Stephanie	ON	22:19	Female 16-19	9
1840	McDermott, Madison	ON	23:08	Female 16-19	16
1828	Glasgow, Abene	ON	23:31	Female 16-19	23
1844	Nobes, Maya	ON	24:29	Female 16-19	36
1855	Smailbegovic, Ena	ON	24:37	Female 16-19	39
1836	Kerr, Madison	ON	24:38	Female 16-19	40
1832	Hildebrand, Eden	ON	24:48	Female 16-19	46
1852	Rogers, Hannah	ON	26:50	Female 16-19	63
1837	Ketchum, Alison	ON	31:02	Female 16-19	70
2	Saint John Reds Track & Field		127		
1466	Baggley, Olivia	NB	23:14	Female 16-19	19
1598	Bernhard, Georgia	NB	23:38	Female 16-19	24
1762	Tiede, Morgan	NB	24:27	Female 16-19	35
1936	Goncalves, Ava	NB	25:04	Female 16-19	49
3	Newmarket Huskies Track Club		172		
1436	Stokes, Jasmine	ON	23:58	Female 16-19	28
1434	Spina, Brooke	ON	24:30	Female 16-19	37
1416	Kelly, Michelle	ON	25:37	Female 16-19	53
1424	Mercier, Coralie	ON	25:45	Female 16-19	54
1417	Kirova, Anastasia	ON	25:50	Female 16-19	55
1430	Ruzhynsky, Alisa	ON	26:54	Female 16-19	64
1429	Olar, Ashley	ON	28:20	Female 16-19	67
4	Rive-Sud		201		
1569	Filion, Beatrice	QC	21:52	Female 16-19	3
1567	Burton, Jeanne	QC	26:33	Female 16-19	61
1577	Marcoux, Amélia	QC	28:41	Female 16-19	68
1568	Des Châtelets-Lynch, Alexie	QC	29:48	Female 16-19	69

Canadian Cross Country Championships/Frost Country

Club Results

Bib	Name	Branch	Time	AG	points
U20 Men 8km M					
1	London Western T.f.c.		47		
1363	McAllister, Heath	ON	25:20	Male 16-19	3
1364	McAllister, Ian	ON	25:28	Male 16-19	7
1377	Smith, Liam	ON	26:14	Male 16-19	18
1351	Gill, Satveer	ON	26:22	Male 16-19	19
1347	Davies, Ryan	ON	26:32	Male 16-19	24
1361	Marsh-Lansard, Quinten	ON	28:00	Male 16-19	63
1372	Royce, Alexander	ON	28:16	Male 16-19	66
1378	Sommerfreund, Seth	ON	28:46	Male 16-19	74
1366	Nazarewicz, Myles	ON	29:36	Male 16-19	87
1348	Deng, Duoth	ON	33:52	Male 16-19	109
2	University Of Toronto Tc		67		
1850	Rashid-Cocker, Ethan	ON	25:28	Male 16-19	6
1813	Brar, Kamran	ON	25:47	Male 16-19	10
1834	Jiang, David	ON	26:33	Male 16-19	25
1846	Pralat, Adam	ON	26:35	Male 16-19	26
1857	Smith, Zach	ON	29:05	Male 16-19	78
3	Club D'athlétisme De L'université Laval		133		
1160	Thomas, Ismael	QC	26:23	Male 16-19	20
1129	Bouffard, Francis	QC	26:30	Male 16-19	23
1132	Bussières, Gabriel	QC	27:04	Male 16-19	37
1146	Lavoie-Leullier, Emil	QC	27:38	Male 16-19	53
1152	Rausch, Cedric	QC	27:44	Male 16-19	56
1156	Simard, Thomas	QC	29:21	Male 16-19	82
4	Physi-Kult		218		
1543	Skinner, Angus	ON	25:25	Male 16-19	5
1536	Danby, Owen	ON	27:06	Male 16-19	39
1542	Sacilotto, Jack	ON	28:09	Male 16-19	64
1541	Pitcher-Bond, Owen	ON	34:20	Male 16-19	110
5	Ottawa Lions T.f.c.		240		
1514	Porter, Kyle	ON	27:14	Male 16-19	41
1477	Fernandez, Manuel	ON	27:42	Male 16-19	54
1517	Sikka, Zachary	ON	27:50	Male 16-19	59
1511	Padoin-Castillo, Adriano	ON	29:35	Male 16-19	86
1484	Johnstone, Ryan	ON	29:46	Male 16-19	91
1509	Niedre, Russell	ON	31:27	Male 16-19	102
1469	Church, Sebastien	ON	32:05	Male 16-19	106

Club Results

Bib	Name	Branch	Time	AG	points
6	Newmarket Huskies Track Club		242		
1422	Marek Tortorella, Marcus	ON	27:17	Male 16-19	42
1403	Butler, Grayson	ON	27:55	Male 16-19	62
1437	Varley, Joshua	ON	28:16	Male 16-19	65
1413	Grossi, Skyler	ON	28:31	Male 16-19	73
1431	Sheppard, Cole	ON	29:29	Male 16-19	85
1441	Yu, Aaron	ON	29:41	Male 16-19	88
1440	Ward, Ryan	ON	30:57	Male 16-19	101
7	Vainqueurs Plus		242		
1870	Hepworth, Samuel	QC	25:50	Male 16-19	12
1871	Kasmi, Ilyass	QC	27:02	Male 16-19	36
1866	Colsell, Alex	QC	29:44	Male 16-19	90
1875	Ruano, Alejandro	QC	31:41	Male 16-19	104

Canadian Cross Country Championships/Frost Country

Club Results

Bib	Name	Branch	Time	AG	points
Open Women 10km F					
1	Vancouver Thunderbirds		25		
1907	Sim, Glynis	BC	34:09	Female 25-29	2
1906	Sexton, Leslie	BC	34:34	Female 35-39	6
1904	Newlove, Katie	BC	34:59	Female 20-24	7
1893	Gibson, Kiana	BC	35:11	Female 20-24	10
1886	Becker, Kyla	BC	35:30	Female 20-24	11
1894	Ginther, Ally	BC	35:34	Female 25-29	12
1902	Mortimer, Rachel	BC	35:43	Female 20-24	14
1887	Beckett, Marley	BC	35:58	Female 20-24	16
1899	Kilmartin, Sandra	BC	36:34	Female 30-34	24
1890	Cotterell, Katelyn	BC	39:14	Female 20-24	43
2	Unattached British Columbia		86		
1501	McCabe, Ceili	BC	33:28	Female 20-24	1
1765	Brawdy, Eliyah	BC	36:15	Female 20-24	20
1766	Brown, Joanna	BC	36:45	Female 30-34	25
1770	Hennessey, Jamie	BC	38:32	Female 20-24	40
3	Monarch Athletics Club		113		
1386	Desjardins, Laura	ON	36:08	Female 35-39	19
1384	Brennan, Becca	ON	36:59	Female 25-29	28
1387	Devine, Kathleen	ON	37:27	Female 40-44	30
1385	Chau, Jocelyn	ON	38:04	Female 20-24	36
1397	White, Sarah	ON	41:15	Female 20-24	50
4	London Western T.f.c.		118		
1354	Hewitt, Chloe	ON	36:21	Female 25-29	22
1375	Schulz, Jenna	ON	37:14	Female 30-34	29
1345	Burke, Zoe	ON	37:52	Female 20-24	33
1360	Marmura, Hana	ON	37:55	Female 25-29	34
5	Unattached Ontario		121		
1800	Teschuk, Erin	ON	35:37	Female 25-29	13
1790	Krezonoski, Kim	ON	36:22	Female 30-34	23
1789	Kanko, Lauren	ON	38:30	Female 30-34	39
1797	McCulloch, Shona	ON	40:42	Female 20-24	46
1776	Abou El Naja, Maya	ON	43:28	Female 20-24	53
6	Humber Hawks		219		
1272	Irwin, Catherine	ON	42:57	Female 20-24	51
1270	Durnford, Leah	ON	47:23	Female 16-19	55
1271	Galchynska, Margarita	ON	50:53	Female 16-19	56
1268	Collat, Zoë	ON	51:40	Female 16-19	57
1267	Brohman, Hannah	ON	52:28	Female 20-24	58
1274	Wildschut, Samantha	ON	53:03	Female 20-24	59

Canadian Cross Country Championships/Frost Country

Club Results

Bib	Name	Branch	Time	AG	points
Open Men 10km M					
1	Club D'athlétisme De L'université Laval		26		
1149	Morneau-Cartier, Philippe	QC	29:20	Male 20-24	2
1140	Fafard, Thomas	QC	29:23	Male 20-24	3
1151	Philibert-Thiboutot, Charles	QC	29:42	Male 30-34	7
1138	Desgagnés, Jean-Simon	QC	30:14	Male 25-29	14
1159	Tedeschi, Jonathan	QC	31:08	Male 25-29	27
1144	Girardin, David	QC	31:45	Male 20-24	39
1154	Saal, Rudy	QC	31:46	Male 20-24	41
1130	Breault-Germain, Antoine	QC	33:44	Male 20-24	75
1126	Bertrand, Xavier	QC	34:40	Male 25-29	87
2	London Western T.f.c.		32		
1342	Black, Connor	ON	29:34	Male 25-29	5
1379	Tate, Mike	ON	29:35	Male 25-29	6
1346	Coughler, Jeremy	ON	29:55	Male 25-29	10
1368	Parrot-Migas, Phil	ON	29:56	Male 30-34	11
1376	Sheffar, Jack	ON	32:07	Male 25-29	50
1373	Royce, Mark	ON	32:19	Male 20-24	55
1339	Andrin, Hunter	ON	33:30	Male 30-34	72
1362	Master, Shawn	ON	37:08	Male 25-29	100
3	Harbour Track - Hamilton		36		
1258	Davies, Andrew	ON	29:28	Male 20-24	4
1263	Turek, Max	ON	29:44	Male 20-24	8
1777	Alexander, Andrew	ON	29:54	Male 20-24	9
1259	Drover, Alex	ON	30:23	Male 20-24	15
1264	Tyrrell, Ryan	ON	31:51	Male 25-29	45
1261	Nusselder, Sam	ON	32:18	Male 20-24	54
1260	Marchant, David	ON	33:02	Male 20-24	66
4	Vancouver Thunderbirds		67		
1900	Lumb, Kieran	BC	29:18	Male 25-29	1
1888	Broatch, Thomas	BC	30:33	Male 25-29	18
1896	Gravel, Christian	BC	30:39	Male 25-29	19
1161	Tiwana, Jaiveer	BC	31:13	Male 20-24	29
1905	Perrier, John	BC	31:24	Male 20-24	34
1891	Dozzi, Tyler	BC	31:47	Male 20-24	43
1959	Dehghan, Nathan	BC	31:54	Male 25-29	48
1892	Elder, Evan	BC	33:19	Male 30-34	70

Club Results

Bib	Name	Branch	Time	AG	points
5	Royal City Athletics Club		83		
1592	Ubene, Mitchell	ON	30:29	Male 25-29	16
1583	Bannon, Nicholas	ON	30:32	Male 20-24	17
1585	Davies, Max	ON	30:47	Male 16-19	22
1590	Patton, Mark	ON	31:13	Male 25-29	28
1586	Hannam, Cole	ON	31:42	Male 20-24	37
1588	Lawand, Robert	ON	32:00	Male 25-29	49
1591	Rosen, Daniel	ON	32:08	Male 20-24	51
1584	Brar, Dilan	ON	32:47	Male 25-29	62
1587	Kinahan, Samuel	ON	33:14	Male 25-29	69
6	Unattached British Columbia		119		
1772	Proceviat, Cameron	BC	30:44	Male 30-34	20
1769	Dinsdale, Cole	BC	30:46	Male 25-29	21
1961	Pidduck, William	BC	31:15	Male 25-29	31
1767	De Lange, Mitch	BC	31:54	Male 20-24	47
7	Newmarket Huskies Track Club		159		
1408	Desouza, Joshua	ON	30:08	Male 20-24	12
1435	Stel, Joey	ON	31:37	Male 25-29	36
1433	Smalley, Brent	ON	32:12	Male 25-29	53
1410	Goguen, Dakota	ON	32:27	Male 20-24	58
1406	Clavijo, Esteban	ON	33:58	Male 30-34	78
1411	Graenert, Justin	ON	35:08	Male 20-24	89
1438	Violante, Jean-Paul	ON	38:01	Male 30-34	106
8	Lakehead Running		207		
1296	MacIntosh, Jordan	ON	31:01	Male 20-24	26
1294	Lehman, Andrew	ON	31:53	Male 20-24	46
1293	Buxton, Leif	ON	32:08	Male 20-24	52
1295	Lightwood, Nicholas	ON	34:14	Male 16-19	83
9	Corsaire-Chaparral		252		
1175	Laviolette, Thomas	QC	30:50	Male 20-24	23
1177	Riopel, Nicolas	QC	33:36	Male 20-24	73
1172	Brassard, Émile	QC	33:49	Male 25-29	76
1176	Prince, Simon	QC	34:08	Male 20-24	80
1173	Brassard, Louis-Olivier	QC	35:21	Male 25-29	91
10	Unattached Ontario		270		
1796	Martineau, Logan	ON	31:47	Male 20-24	42
1785	Gazaille, Tristan	ON	32:48	Male 20-24	63
1801	Tessel, Matias	ON	34:10	Male 20-24	81
1799	Roberts, Jack	ON	34:19	Male 20-24	84
1781	Bruce, Cameron	ON	38:21	Male 20-24	107

Club Results

Bib	Name	Branch	Time	AG	points
11 Monarch Athletics Club			326		
1390	Griffith, Saed	ON	32:20	Male 25-29	56
1383	Bauer, Mackenzie	ON	33:55	Male 30-34	77
1396	Rowland, Dan	ON	35:14	Male 25-29	90
1392	Johnston, Matthew	ON	37:22	Male 25-29	103
1398	Yogarajah, Selvaharan	ON	37:53	Male 25-29	105
12 Ottawa Lions T.f.c.			339		
1515	Robertson, Kevin	ON	31:44	Male 20-24	38
1513	Parent, Fred	ON	36:30	Male 20-24	98
1467	Birinberg, David	ON	37:08	Male 20-24	101
1504	Meraw, Nathan	ON	37:08	Male 20-24	102