

Canadian Cross Country Championships/Frost Country

Club Results

| Bib | Name | Branch | Time | AG | points |
|------------------------|---|---------------|-------------|--------------|---------------|
| U18 Girls 4km F | | | | | |
| <hr/> | | | | | |
| 1 | Newmarket Huskies Track Club | | 95 | | |
| 1415 | Innes, Riley | ON | 14:48 | Female 11-15 | 3 |
| 1426 | Nagy, Kate | ON | 15:28 | Female 11-15 | 11 |
| 1421 | Malcolm, Grace | ON | 15:56 | Female 11-15 | 37 |
| 1432 | Silvera, Abbigail | ON | 16:02 | Female 11-15 | 44 |
| 1420 | Malcolm, Bridget | ON | 16:09 | Female 11-15 | 54 |
| 1404 | Carnaghan, Alyssa | ON | 16:33 | Female 11-15 | 73 |
| 1419 | Liu, Vicky | ON | 16:53 | Female 11-15 | 97 |
| 1423 | McDougall, Kyla | ON | 17:20 | Female 11-15 | 131 |
| 1405 | Chieduch, Juliet | ON | 17:37 | Female 11-15 | 150 |
| 2 | Blue Devils Athletics Club | | 125 | | |
| 1046 | Voykin, Eleanor | ON | 14:32 | Female 11-15 | 1 |
| 1024 | Blacquier, Melissa | ON | 15:30 | Female 16-19 | 12 |
| 1945 | Kauri, Jamie | ON | 16:01 | Female 16-19 | 42 |
| 1038 | Mengistu, Gelila | ON | 16:31 | Female 16-19 | 70 |
| 1032 | Jordan, Lila | ON | 16:41 | Female 16-19 | 80 |
| 1047 | Wells, Hannah | ON | 16:47 | Female 16-19 | 85 |
| 1049 | Zarzoso, Chloe | ON | 17:49 | Female 11-15 | 156 |
| 1044 | Shin, Caitlin | ON | 17:58 | Female 11-15 | 169 |
| 1045 | Shin, Cara | ON | 18:00 | Female 11-15 | 171 |
| 1027 | Daniels, Sydney | ON | 21:38 | Female 16-19 | 237 |
| 3 | Calgary Spartans | | 151 | | |
| 1077 | Hos, Kate | AB | 15:24 | Female 16-19 | 10 |
| 1074 | Danchuk, Meghan | AB | 15:50 | Female 16-19 | 32 |
| 1079 | Marquardt, Ciara | AB | 16:00 | Female 16-19 | 40 |
| 1085 | Sinke, Esme | AB | 16:31 | Female 11-15 | 69 |
| 4 | Hamilton Olympic Club | | 175 | | |
| 1248 | Giannou, Vanessa | ON | 15:30 | Female 16-19 | 13 |
| 1247 | Fava, Clara | ON | 16:05 | Female 16-19 | 47 |
| 1253 | Ptaszek, Anna | ON | 16:05 | Female 11-15 | 49 |
| 1255 | Seiler, Chloe | ON | 16:22 | Female 16-19 | 66 |
| 1249 | Gordon, Erika | ON | 16:32 | Female 16-19 | 71 |
| 1256 | Sorge, Ella | ON | 17:02 | Female 16-19 | 107 |
| 5 | Prairie Inn Harriers Racing Team | | 200 | | |
| 1548 | Dow, Alexa | BC | 14:47 | Female 16-19 | 2 |
| 1551 | Hunter-Siebert, Tessa | BC | 15:53 | Female 16-19 | 35 |
| 1550 | Eames, Mady | BC | 15:58 | Female 16-19 | 39 |
| 1552 | Lewis, Ava | BC | 17:16 | Female 16-19 | 124 |

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|------------|----------------------------|---------------|-------------|--------------|---------------|
| 6 | Windsor Legion T.f.c. | | 200 | | |
| 1924 | Chan, Anieu | ON | 15:55 | Female 11-15 | 36 |
| 1929 | Masse, Layla | ON | 16:07 | Female 16-19 | 50 |
| 1931 | Prantera, Sophia | ON | 16:08 | Female 11-15 | 51 |
| 1928 | Kniaziew, Sian | ON | 16:21 | Female 16-19 | 63 |
| 1933 | Ross, Sylvia | ON | 16:32 | Female 11-15 | 72 |
| 1935 | Stewart, Samantha | ON | 16:50 | Female 16-19 | 89 |
| 1927 | Heredi, Ella | ON | 16:50 | Female 16-19 | 90 |
| 1934 | Scarrow, Julia | ON | 17:14 | Female 16-19 | 121 |
| 7 | Laurel Creek T.f.c. | | 228 | | |
| 1311 | Douma, Anna | ON | 15:40 | Female 16-19 | 18 |
| 1310 | DeBoer, Julie | ON | 15:41 | Female 11-15 | 20 |
| 1312 | Eys, Lena | ON | 16:35 | Female 16-19 | 76 |
| 1307 | Archer, Casey | ON | 17:06 | Female 16-19 | 114 |
| 1322 | Nyman, Jill | ON | 17:19 | Female 16-19 | 127 |
| 1329 | Rodriguez-Valtierra, Sarah | ON | 17:48 | Female 16-19 | 154 |
| 1314 | Imrie, Addison | ON | 18:08 | Female 16-19 | 177 |
| 1321 | Nyman, Georgia | ON | 18:22 | Female 16-19 | 188 |
| 1308 | Churchill, Lily | ON | 18:33 | Female 16-19 | 194 |
| 1332 | Shipp, Sydney | ON | 19:02 | Female 16-19 | 206 |
| 1334 | Young, Emerson | ON | 20:50 | Female 16-19 | 232 |

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| Bib | Name | Branch | Time | AG | points |
|------------|--------------------------------------|---------------|-------------|--------------|---------------|
| 8 | Ottawa Lions T.f.c. | | 247 | | |
| 1463 | Alexander, Lauren | ON | 15:46 | Female 16-19 | 26 |
| 1493 | Lauter, Kyra | ON | 16:28 | Female 11-15 | 68 |
| 1494 | Lebel, Laila | ON | 16:33 | Female 11-15 | 74 |
| 1485 | Johnston-Zemek, Kate | ON | 16:39 | Female 16-19 | 79 |
| 1478 | Giannotti, Jocelyn | ON | 16:43 | Female 16-19 | 82 |
| 1490 | Knight, Tessa | ON | 16:46 | Female 11-15 | 84 |
| 1472 | Daniels, Riley | ON | 16:57 | Female 11-15 | 102 |
| 1523 | Van Wesenbeeck, Julia | ON | 17:05 | Female 11-15 | 112 |
| 1497 | Loreti, Dahlia | ON | 17:08 | Female 11-15 | 116 |
| 1524 | Villeneuve, Ciara | ON | 17:30 | Female 16-19 | 142 |
| 1464 | Allibon, Maya | ON | 17:46 | Female 11-15 | 153 |
| 1519 | Soler, Allison | ON | 17:53 | Female 16-19 | 163 |
| 1498 | Lyons, Waverley | ON | 18:18 | Female 16-19 | 185 |
| 1506 | Murchison, Juliette | ON | 18:22 | Female 16-19 | 187 |
| 1496 | Lefaivre, Sofia | ON | 18:26 | Female 11-15 | 192 |
| 1502 | McKay, Morgane | ON | 18:43 | Female 16-19 | 197 |
| 1527 | Yach, Koree | ON | 19:06 | Female 16-19 | 208 |
| 1507 | Nash, Emma | ON | 19:20 | Female 16-19 | 214 |
| 1473 | Davison, Elise | ON | 19:21 | Female 16-19 | 215 |
| 1474 | Desbarats, Jennifer | ON | 19:40 | Female 16-19 | 220 |
| 1492 | Koschade, Naomi | ON | 19:43 | Female 11-15 | 222 |
| 1960 | McCabe, Meredith | ON | 20:11 | Female 11-15 | 229 |
| 1520 | St John, Alyssa | ON | 21:18 | Female 11-15 | 234 |
| 1475 | Edwards, Sophie | ON | 22:11 | Female 11-15 | 238 |
| 1486 | Joly, Chloe | ON | 22:30 | Female 16-19 | 239 |
| 9 | Central Toronto Athletic Club | | 250 | | |
| 1110 | Yeomans, Morgan | ON | 15:09 | Female 16-19 | 5 |
| 1098 | Birmingham, Kieva | ON | 15:36 | Female 11-15 | 16 |
| 1100 | Blackmore-Barnable, Mia | ON | 16:52 | Female 16-19 | 94 |
| 1111 | Zwolinski, Madeleine | ON | 17:24 | Female 11-15 | 135 |
| 1106 | Pound, Isabel | ON | 17:28 | Female 16-19 | 139 |
| 1104 | McConnell, Madeleine | ON | 17:41 | Female 11-15 | 152 |
| 1108 | Robles Moreno, Andrea | ON | 18:11 | Female 16-19 | 181 |
| 10 | South Simcoe Dufferin T.f.c. | | 307 | | |
| 1636 | Cornell, Sabine | ON | 16:08 | Female 11-15 | 53 |
| 1641 | Hwang, Nari | ON | 16:16 | Female 16-19 | 61 |
| 1630 | Abbott, Chantal | ON | 16:34 | Female 16-19 | 75 |
| 1643 | Koopmans, Grace | ON | 17:09 | Female 16-19 | 118 |
| 1634 | Clarkson, Sophia | ON | 17:19 | Female 16-19 | 126 |
| 1650 | Ott, Emmily | ON | 17:33 | Female 16-19 | 145 |
| 1651 | Wilson, Katie | ON | 17:34 | Female 16-19 | 146 |
| 1642 | Johnson, Sadie | ON | 17:51 | Female 11-15 | 158 |
| 1646 | McArthur, Sydney | ON | 18:19 | Female 16-19 | 186 |
| 1648 | Mundle, Sofia | ON | 18:23 | Female 11-15 | 189 |

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|--------------------------------------|---------------------|---------------|-------------|--------------|---------------|
| 11 Durham Dragons Athletics | | | 406 | | |
| 1196 | Linton, Maria | ON | 15:42 | Female 16-19 | 22 |
| 1194 | Jackson, Alexandra | ON | 16:02 | Female 11-15 | 43 |
| 1189 | Garron, Ella | ON | 17:20 | Female 11-15 | 130 |
| 1187 | Downie-Back, Airlie | ON | 19:14 | Female 11-15 | 211 |
| 12 Track North Athletic Club | | | 409 | | |
| 1722 | Kasunich, Maren | ON | 15:41 | Female 16-19 | 21 |
| 1724 | Lepage, Georgia | ON | 16:50 | Female 16-19 | 88 |
| 1727 | Pineau, Lauren | ON | 17:29 | Female 16-19 | 141 |
| 1720 | Green, Mackenzie | ON | 17:52 | Female 16-19 | 159 |
| 1719 | De Poli, Katelyn | ON | 17:56 | Female 16-19 | 166 |
| 13 Toronto West Athletics | | | 422 | | |
| 1705 | McFarling, Mazy | ON | 16:37 | Female 16-19 | 77 |
| 1698 | Klufas, Daria | ON | 17:01 | Female 16-19 | 105 |
| 1714 | Smith, Alexandra | ON | 17:06 | Female 16-19 | 115 |
| 1712 | Sherwin, Ainsley | ON | 17:19 | Female 11-15 | 125 |
| 1700 | Linares, Flavia | ON | 17:53 | Female 16-19 | 161 |
| 1688 | Balakrishnan, Riyaa | ON | 17:59 | Female 16-19 | 170 |
| 1702 | Luong, Ava | ON | 18:23 | Female 11-15 | 190 |
| 1695 | Heer, Ashlin | ON | 18:54 | Female 16-19 | 202 |
| 1716 | Tsagaerlis, Taia | ON | 19:16 | Female 16-19 | 212 |
| 1713 | Short, Lindsay | ON | 19:48 | Female 11-15 | 224 |
| 14 London Western T.f.c. | | | 476 | | |
| 1355 | Koyanagi, Kaitlyn | ON | 16:52 | Female 16-19 | 93 |
| 1353 | Haygarth, Kaitlyn | ON | 16:52 | Female 11-15 | 96 |
| 1340 | Atkinson, Reagan | ON | 17:30 | Female 16-19 | 143 |
| 1370 | Piscione, Charlotte | ON | 17:32 | Female 16-19 | 144 |
| 1367 | Norman, Kyla | ON | 17:35 | Female 11-15 | 147 |
| 1369 | Philippon, Sarah | ON | 18:12 | Female 16-19 | 182 |
| 1371 | Roth, Helena | ON | 18:36 | Female 16-19 | 195 |
| 1374 | Ryan, Kate | ON | 19:12 | Female 16-19 | 210 |
| 15 Cochrane Endurance Project | | | 499 | | |
| 1169 | Torrie, Kayley | AB | 15:23 | Female 11-15 | 9 |
| 1166 | Labonte, Zoelia | AB | 17:20 | Female 11-15 | 132 |
| 1163 | Irvin, Csenia | AB | 17:28 | Female 16-19 | 140 |
| 1162 | Barlow, Ellie | AB | 19:28 | Female 16-19 | 218 |
| 16 Go Athletics | | | 501 | | |
| 1233 | Walker, Ashlee | AB | 17:05 | Female 16-19 | 111 |
| 1230 | Switzer, Aelyn | AB | 17:06 | Female 16-19 | 113 |
| 1231 | Tonnos, Holly | AB | 17:08 | Female 11-15 | 117 |
| 1227 | Greidanus, Kiera | AB | 17:52 | Female 16-19 | 160 |

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| 17 University Of Toronto Tc | | | 548 | | |
| 1817 | Carvalho, Danuta | ON | 17:11 | Female 16-19 | 119 |
| 1854 | Simic-Lustig, Talia | ON | 17:19 | Female 11-15 | 128 |
| 1853 | Sarbadhikari, Sienna | ON | 17:20 | Female 11-15 | 133 |
| 1814 | Camps, Ava | ON | 17:58 | Female 11-15 | 168 |
| 1861 | Wansbrough, Kate | ON | 18:02 | Female 16-19 | 174 |
| 1820 | Codell, Kaylin | ON | 18:08 | Female 11-15 | 178 |
| 1826 | Gage, Audrey | ON | 18:08 | Female 16-19 | 179 |
| 1842 | McIntosh, Stella | ON | 18:14 | Female 16-19 | 184 |
| 1824 | Ding, Irene | ON | 20:12 | Female 16-19 | 230 |
| 1825 | Finley, Amelia | ON | 21:15 | Female 16-19 | 233 |
| 1819 | Chang, Scarlett | ON | 21:28 | Female 16-19 | 235 |
| 1835 | Kaspar, Hannah | ON | 23:01 | Female 16-19 | 240 |
| 1841 | McGettigan, Charlie | ON | 23:01 | Female 16-19 | 241 |
| 18 Niagara Olympic Club | | | 551 | | |
| 1445 | Dilalla, Chloe | ON | 16:53 | Female 16-19 | 98 |
| 1452 | Tremeer, Julia | ON | 17:00 | Female 16-19 | 103 |
| 1450 | Quinn, Thea | ON | 17:38 | Female 16-19 | 151 |
| 1444 | Denbak, Megan | ON | 18:51 | Female 16-19 | 199 |
| 1448 | Moran, Annalia | ON | 19:21 | Female 11-15 | 216 |
| 1443 | Cottee, Paige | ON | 19:42 | Female 11-15 | 221 |
| 1446 | Dueck, Aliyah | ON | 20:08 | Female 16-19 | 228 |
| 19 Thorold Elite Track Club | | | 624 | | |
| 1677 | Perri, Sophia | ON | 17:12 | Female 11-15 | 120 |
| 1671 | Eaton, Madison | ON | 17:28 | Female 16-19 | 138 |
| 1676 | Perri, Katelyn | ON | 18:06 | Female 11-15 | 175 |
| 1675 | Laing, Ayla | ON | 18:25 | Female 11-15 | 191 |
| 1673 | Gallant, Layla | ON | 19:07 | Female 16-19 | 209 |
| 20 Toronto Olympic Track & Field Club | | | 651 | | |
| 1683 | Lovshin, Brianna | ON | 17:02 | Female 11-15 | 108 |
| 1681 | Biondic, Carmen | ON | 17:15 | Female 11-15 | 122 |
| 1682 | Dickie, Blythe | ON | 18:37 | Female 11-15 | 196 |
| 1680 | Baillie, Alexandra | ON | 20:00 | Female 11-15 | 225 |
| 21 Trackclass | | | 695 | | |
| 1731 | Anctil, Élizabeth | QC | 17:36 | Female 16-19 | 148 |
| 1740 | Giard, Frédérique | QC | 17:37 | Female 11-15 | 149 |
| 1739 | Germain, Cassandre | QC | 18:47 | Female 16-19 | 198 |
| 1734 | Baril, Maéna | QC | 18:51 | Female 16-19 | 200 |
| 1737 | Filiatrault, Mélyann | QC | 19:00 | Female 16-19 | 205 |
| 1736 | Bédard, Chloé | QC | 19:26 | Female 16-19 | 217 |
| 1742 | Pouliot, Émilie | QC | 19:44 | Female 16-19 | 223 |
| 1735 | Barrette, Mahée | QC | 21:33 | Female 16-19 | 236 |

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|-----------------------|-------------------------------------|---------------|-------------|------------|---------------|
| U18 Boys 6km M | | | | | |
| 1 | University Of Toronto Tc | | 88 | | |
| 1849 | Puthenkulangara, Saurang | ON | 19:21 | Male 16-19 | 2 |
| 1856 | Smith, Aaron | ON | 19:48 | Male 16-19 | 13 |
| 1847 | Prekajski, Andrej | ON | 20:07 | Male 16-19 | 24 |
| 1830 | Greenfield, Will | ON | 20:30 | Male 16-19 | 49 |
| 1827 | Garfin-Udaskin, Eitan | ON | 20:48 | Male 16-19 | 68 |
| 1822 | De Gooyer, Willem | ON | 20:55 | Male 16-19 | 76 |
| 1829 | Gordon, Xavier | ON | 20:56 | Male 16-19 | 77 |
| 1823 | Diaz-Maniego, Neil | ON | 21:00 | Male 11-15 | 84 |
| 1860 | Thomas, William | ON | 21:03 | Male 11-15 | 87 |
| 1859 | Taback, Oliver | ON | 21:07 | Male 16-19 | 90 |
| 1843 | Neldner, Jaksen | ON | 21:12 | Male 16-19 | 100 |
| 1845 | Parr, Freddie | ON | 21:38 | Male 11-15 | 124 |
| 1831 | Haick, Evan | ON | 21:47 | Male 16-19 | 139 |
| 1833 | Huang, Charles | ON | 22:07 | Male 16-19 | 157 |
| 1839 | Mazan, Luke | ON | 22:08 | Male 16-19 | 161 |
| 1851 | Rocco, Luca | ON | 22:13 | Male 16-19 | 169 |
| 1838 | Liu, Michael | ON | 22:19 | Male 16-19 | 178 |
| 1816 | Carrique, Jeffrey | ON | 22:29 | Male 11-15 | 190 |
| 1858 | Stinson, Tyler | ON | 22:33 | Male 16-19 | 197 |
| 1848 | Prekajski, Mihailo | ON | 22:33 | Male 11-15 | 198 |
| 1815 | Cantelon, Theo | ON | 23:40 | Male 16-19 | 242 |
| 2 | Brockville Legion Track Club | | 99 | | |
| 1055 | Gaffney, Travis | ON | 19:04 | Male 16-19 | 1 |
| 1058 | Levac, Parker | ON | 19:22 | Male 16-19 | 3 |
| 1063 | Witham, Jackson | ON | 19:53 | Male 16-19 | 17 |
| 1062 | Plant, Alex | ON | 20:58 | Male 16-19 | 78 |
| 1054 | Dean, Rowan | ON | 21:15 | Male 11-15 | 102 |
| 1059 | Link, Rayane | ON | 21:40 | Male 11-15 | 127 |
| 1057 | Leroux, Lukas | ON | 21:41 | Male 11-15 | 129 |
| 1061 | Morrow, Kai | ON | 21:42 | Male 11-15 | 132 |
| 1056 | Huntington, Vincent | ON | 24:26 | Male 16-19 | 269 |
| 3 | Laurel Creek T.f.c. | | 120 | | |
| 1323 | Paul, Jacob | ON | 19:39 | Male 16-19 | 8 |
| 1328 | Reuter, Landon | ON | 20:00 | Male 16-19 | 21 |
| 1306 | Aagaard, Josh | ON | 20:23 | Male 16-19 | 39 |
| 1330 | Rohr, Samuel | ON | 20:34 | Male 16-19 | 52 |
| 1309 | Corbeil, Andrew | ON | 20:42 | Male 16-19 | 59 |
| 1327 | Porto, James | ON | 21:27 | Male 16-19 | 113 |
| 1333 | Stumpf, Isaiah | ON | 21:35 | Male 16-19 | 121 |
| 1317 | Martin, Eli | ON | 21:41 | Male 16-19 | 130 |
| 1331 | Schedewitz, Bryce | ON | 22:08 | Male 16-19 | 160 |
| 1325 | Perrin, Ben | ON | 22:15 | Male 16-19 | 174 |
| 1326 | Pfohl, Jacob | ON | 22:17 | Male 16-19 | 177 |
| 1313 | Hiebert, Karsten | ON | 22:52 | Male 16-19 | 216 |

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|------------|-------------------------------------|---------------|-------------|------------|---------------|
| 4 | South Simcoe Dufferin T.f.c. | | 140 | | |
| 1632 | Champ, Kenneth | ON | 19:40 | Male 11-15 | 9 |
| 1647 | Mundle, Benjamin | ON | 20:25 | Male 16-19 | 41 |
| 1635 | Clarkson, Van | ON | 20:25 | Male 11-15 | 42 |
| 1645 | MacMillan, Wesley | ON | 20:30 | Male 16-19 | 48 |
| 1640 | Hazel, Jacob | ON | 22:05 | Male 16-19 | 155 |
| 1649 | Murray, Wyatt | ON | 22:14 | Male 16-19 | 172 |
| 1631 | Campbell, Luke | ON | 22:14 | Male 11-15 | 173 |
| 1644 | Ludgate, Nicholas | ON | 23:07 | Male 11-15 | 224 |
| 5 | Durham Dragons Athletics | | 159 | | |
| 1184 | Buie, Nolan | ON | 20:15 | Male 16-19 | 31 |
| 1001 | Bennett, Cameron | ON | 20:16 | Male 16-19 | 33 |
| 1185 | Clodd, Aiden | ON | 20:28 | Male 11-15 | 45 |
| 1190 | Haskins, Jordan | ON | 20:31 | Male 16-19 | 50 |
| 1197 | MacNevin, Brayden | ON | 20:47 | Male 11-15 | 67 |
| 1188 | Ford, Luke | ON | 21:20 | Male 16-19 | 107 |
| 1195 | Kuchera, Caden | ON | 21:53 | Male 16-19 | 144 |
| 1199 | Nelson, LJ | ON | 22:19 | Male 16-19 | 179 |
| 1183 | Bratton, Griffin | ON | 22:41 | Male 11-15 | 205 |
| 1181 | Anderson, Cameron | ON | 22:59 | Male 11-15 | 221 |
| 1186 | Doubleday, Hayden | ON | 23:07 | Male 16-19 | 225 |
| 1191 | Heaney, Eoghan | ON | 24:18 | Male 11-15 | 264 |
| 1182 | Barker, Jackson | ON | 24:22 | Male 11-15 | 267 |
| 1201 | Seymour, Tyler | ON | 25:07 | Male 11-15 | 272 |
| 6 | Excel Athletika | | 160 | | |
| 1207 | Downes, Adonias | SK | 20:15 | Male 16-19 | 30 |
| 1212 | MacLean, Brett | SK | 20:21 | Male 16-19 | 36 |
| 1215 | Teichler, Ian | SK | 20:21 | Male 16-19 | 37 |
| 1208 | Gates, Ben | SK | 20:40 | Male 16-19 | 57 |
| 1214 | Teichler, Alec | SK | 20:59 | Male 11-15 | 83 |
| 7 | Newmarket Huskies Track Club | | 175 | | |
| 1427 | Nagy, Noah | ON | 19:44 | Male 16-19 | 11 |
| 1418 | Kuzminski, Tyler | ON | 19:59 | Male 11-15 | 20 |
| 1414 | Hill, Noah | ON | 20:44 | Male 11-15 | 64 |
| 1428 | Nagy, Simon | ON | 20:58 | Male 11-15 | 80 |
| 1971 | Harvey, Damian | ON | 21:48 | Male 16-19 | 141 |
| 1442 | Yu, Marcus | ON | 22:01 | Male 11-15 | 151 |
| 1425 | Myers, Christian | ON | 22:07 | Male 11-15 | 158 |
| 1409 | Doscas, David | ON | 22:21 | Male 11-15 | 184 |
| 1412 | Grossi, Liam | ON | 22:34 | Male 11-15 | 199 |

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|------|---|--------|-------|------------|--------|
| 8 | Valley Royals Track & Field Club | | 224 | | |
| 1881 | May, Samuel | BC | 19:52 | Male 16-19 | 16 |
| 1880 | Graham, Miles | BC | 20:27 | Male 16-19 | 44 |
| 1882 | Molina, Mark | BC | 20:58 | Male 16-19 | 79 |
| 1883 | Nakanishi, Arata | BC | 21:02 | Male 16-19 | 85 |
| 1884 | Simmonds, Riley | BC | 21:13 | Male 11-15 | 101 |
| 9 | London Western T.f.c. | | 240 | | |
| 1358 | Leinweber, Alex | ON | 20:12 | Male 16-19 | 27 |
| 1352 | Hallman, Kirk | ON | 20:40 | Male 11-15 | 56 |
| 1365 | Mirie, Eytan | ON | 20:44 | Male 16-19 | 62 |
| 1349 | Di Ciocco, Matteo | ON | 21:10 | Male 16-19 | 95 |
| 1350 | Emre, Ty | ON | 22:20 | Male 11-15 | 182 |
| 1341 | Barnes, Daniel | ON | 24:09 | Male 16-19 | 260 |
| 10 | Ottawa Lions T.f.c. | | 261 | | |
| 1522 | Taler, Saul | ON | 20:26 | Male 16-19 | 43 |
| 1518 | Smith, Noah | ON | 20:44 | Male 16-19 | 63 |
| 1482 | Heins, Russell | ON | 20:53 | Male 16-19 | 74 |
| 1505 | Mortimer, Charlie | ON | 20:59 | Male 11-15 | 81 |
| 1499 | Mansouri, Noah | ON | 21:08 | Male 11-15 | 91 |
| 1503 | Melinz Dupuis, Kiefer | ON | 21:44 | Male 16-19 | 136 |
| 1480 | Goold, Barrett | ON | 22:01 | Male 16-19 | 150 |
| 1526 | Walker, Austin | ON | 22:12 | Male 11-15 | 168 |
| 1512 | Padoin-Castillo, Matteo | ON | 22:13 | Male 11-15 | 171 |
| 1488 | Kaye, Cohen | ON | 22:16 | Male 16-19 | 176 |
| 1476 | Fee, James | ON | 22:31 | Male 11-15 | 194 |
| 1500 | Mansouri, Zachary | ON | 22:55 | Male 11-15 | 218 |
| 1495 | Lee, Brennan | ON | 23:27 | Male 11-15 | 233 |
| 1479 | Gomez, Lucas | ON | 24:13 | Male 11-15 | 262 |
| 11 | Club D'athlétisme De L'université Laval | | 330 | | |
| 1157 | St-Cyr, Loïc | QC | 20:17 | Male 16-19 | 34 |
| 1150 | Motard, Shawn-William | QC | 20:52 | Male 16-19 | 71 |
| 1139 | Dionne, Xavier | QC | 20:59 | Male 11-15 | 82 |
| 1141 | Fortin, Mathieu | QC | 21:51 | Male 16-19 | 143 |
| 1131 | Brosseau, Alexandre | QC | 23:12 | Male 16-19 | 227 |
| 12 | Unattached Ontario | | 332 | | |
| 1802 | Tomori, Graham | ON | 19:28 | Male 16-19 | 5 |
| 1798 | Morales, Benjamin | ON | 20:10 | Male 16-19 | 25 |
| 1962 | Gregory, Jack | ON | 20:29 | Male 11-15 | 47 |
| 1804 | Walmsley, Nathan | ON | 24:00 | Male 16-19 | 255 |
| 13 | Penticton Track & Field Club | | 336 | | |
| 1533 | Rahkola, Maverik | BC | 20:13 | Male 16-19 | 28 |
| 1531 | Hayden, Miles | BC | 20:14 | Male 11-15 | 29 |
| 1532 | Kunka, Peter | BC | 20:53 | Male 16-19 | 73 |
| 1530 | Collingwood, Cai | BC | 22:42 | Male 11-15 | 206 |

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| 14 Hamilton Olympic Club | | | 370 | | |
| 1254 | Schmalz, Michael | ON | 19:32 | Male 16-19 | 6 |
| 1252 | Mathieson, Gavin | ON | 20:52 | Male 16-19 | 72 |
| 1251 | Ledger, Cohen | ON | 21:08 | Male 16-19 | 92 |
| 1246 | Cooke-Bithrey, Landyn | ON | 22:35 | Male 16-19 | 200 |
| 15 Toronto West Athletics | | | 390 | | |
| 1696 | Hogan, Mark | ON | 20:03 | Male 16-19 | 23 |
| 1699 | Lebar, Christian | ON | 21:10 | Male 16-19 | 96 |
| 1704 | Marks, Luca | ON | 21:19 | Male 16-19 | 105 |
| 1689 | Bernal - Salazar, Juan | ON | 22:11 | Male 11-15 | 166 |
| 1703 | Marcuzzi, Daniel | ON | 22:12 | Male 11-15 | 167 |
| 1706 | McIlwraith, Paul | ON | 22:49 | Male 16-19 | 213 |
| 1711 | Rumble, Nathan | ON | 23:33 | Male 16-19 | 238 |
| 1708 | Rende, Gabriel | ON | 24:26 | Male 16-19 | 268 |
| 1717 | Weber, Andrew | ON | 24:36 | Male 16-19 | 270 |
| 16 Thorold Elite Track Club | | | 429 | | |
| 1670 | Breckels, Fenway | ON | 20:28 | Male 16-19 | 46 |
| 1674 | Glaser, Sebastian | ON | 21:06 | Male 16-19 | 88 |
| 1669 | Bayne, Elijah | ON | 21:22 | Male 16-19 | 108 |
| 1678 | Tonnies, Sammy | ON | 22:27 | Male 16-19 | 187 |
| 1672 | Galbraith, Mario | ON | 24:01 | Male 16-19 | 256 |
| 17 Burlington Track & Field Club | | | 477 | | |
| 1064 | Clark, Brody | ON | 19:42 | Male 11-15 | 10 |
| 1070 | McGregor, Nolan | ON | 21:02 | Male 16-19 | 86 |
| 1073 | Tuck, Dylan | ON | 22:10 | Male 11-15 | 164 |
| 1068 | Kang, Eugene | ON | 22:54 | Male 11-15 | 217 |
| 1065 | Dampier, Adam | ON | 23:40 | Male 16-19 | 243 |
| 18 Grizzly Endurance Collective Athletics Club | | | 483 | | |
| 1241 | Snyman, Stephanus | AB | 19:58 | Male 16-19 | 18 |
| 1238 | Michl, Luka | AB | 21:46 | Male 16-19 | 138 |
| 1242 | Stadt, Adam | AB | 21:51 | Male 16-19 | 142 |
| 1237 | Li, Kendall | AB | 22:21 | Male 16-19 | 185 |
| 19 Blue Devils Athletics Club | | | 488 | | |
| 1041 | Patterson, Noah | ON | 20:45 | Male 16-19 | 65 |
| 1042 | Powers, Jahleel | ON | 21:35 | Male 16-19 | 120 |
| 1048 | Yusti, Ian | ON | 21:47 | Male 16-19 | 140 |
| 1040 | Parsons, Nicholas | ON | 22:09 | Male 16-19 | 163 |
| 1036 | Luong, Kai | ON | 22:30 | Male 16-19 | 191 |
| 1031 | Ferron, Alexander | ON | 23:37 | Male 11-15 | 240 |
| 1023 | Abubeker, Amin | ON | 23:48 | Male 11-15 | 248 |
| 1026 | Cotton, George | ON | 23:49 | Male 11-15 | 249 |

Canadian Cross Country Championships/Frost Country

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| Bib | Name | Branch | Time | AG | points |
|-----------------------------------|--------------------------|--------|-------|------------|--------|
| 20 Central Toronto Athletic Club | | | 497 | | |
| 1109 | Savvaidis, Kyriakos | ON | 21:16 | Male 11-15 | 103 |
| 1102 | Guilfoyle, Charlie | ON | 21:33 | Male 16-19 | 117 |
| 1105 | Morgan, Daniel | ON | 21:38 | Male 16-19 | 123 |
| 1107 | Prescott, Evan | ON | 22:05 | Male 16-19 | 154 |
| 1101 | Cummins, Charlie | ON | 22:06 | Male 16-19 | 156 |
| 1099 | Birmingham, Quinlan | ON | 22:48 | Male 16-19 | 212 |
| 21 Calgary Spartans | | | 532 | | |
| 1076 | Hayato, Abdul | AB | 21:27 | Male 16-19 | 112 |
| 1078 | Kingsmith, Evan | AB | 21:31 | Male 11-15 | 116 |
| 1086 | Stephenson, Oakley | AB | 21:34 | Male 11-15 | 118 |
| 1760 | Heuver, Noah | AB | 22:22 | Male 11-15 | 186 |
| 1075 | Forero-Tarazona, Gabriel | AB | 22:43 | Male 16-19 | 207 |
| 1080 | Mustafa, Johnathan | AB | 22:45 | Male 16-19 | 209 |
| 1759 | Heuver, Nathan | AB | 23:34 | Male 16-19 | 239 |
| 22 Stratford Sabrecats Track Club | | | 544 | | |
| 1665 | Ogilvie, Daniel | ON | 20:44 | Male 16-19 | 61 |
| 1661 | Dingman, Kaleb | ON | 21:06 | Male 11-15 | 89 |
| 1664 | Klomps, Logan | ON | 22:15 | Male 11-15 | 175 |
| 1662 | Feltham, Noah | ON | 22:56 | Male 11-15 | 219 |
| 1658 | Bender, Abraham | ON | 23:21 | Male 11-15 | 230 |
| 1667 | Young, Wilson | ON | 23:39 | Male 16-19 | 241 |
| 23 Club Citius | | | 552 | | |
| 1117 | Binette, Léandre | QC | 20:46 | Male 16-19 | 66 |
| 1119 | Céré, Loucas | QC | 20:55 | Male 16-19 | 75 |
| 1118 | Cantin, Laurent | QC | 22:38 | Male 16-19 | 203 |
| 1115 | Beulac, Eliot | QC | 22:45 | Male 11-15 | 208 |
| 1121 | Lebel, William | QC | 22:46 | Male 16-19 | 210 |
| 1120 | Côté, Xavier | QC | 23:00 | Male 11-15 | 222 |
| 1122 | Lehoux, Xavier | QC | 23:42 | Male 16-19 | 244 |
| 24 Sherbrooke | | | 555 | | |
| 1620 | Fortier, Noah | QC | 19:48 | Male 16-19 | 12 |
| 1618 | Blais, Christophe | QC | 22:04 | Male 16-19 | 152 |
| 1956 | Dubé, Loïc | QC | 22:11 | Male 16-19 | 165 |
| 1619 | Drouin, Zachary | QC | 23:11 | Male 16-19 | 226 |
| 25 Saskatoon Tf Club | | | 556 | | |
| 1611 | Klassen, Jacob | SK | 21:12 | Male 16-19 | 99 |
| 1608 | Friesen, Bennett | SK | 21:56 | Male 16-19 | 146 |
| 1610 | Irwin, Niklos | SK | 21:59 | Male 16-19 | 149 |
| 1609 | Friesen, Drake | SK | 22:09 | Male 11-15 | 162 |

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| Bib | Name | Branch | Time | AG | points |
|-------------------------------------|--------------------|---------------|-------------|------------|---------------|
| 26 Pack Running Club | | | 579 | | |
| 1948 | Jarosz, Christian | ON | 20:48 | Male 16-19 | 69 |
| 1949 | Mulugeta, Natnael | ON | 21:57 | Male 16-19 | 147 |
| 1950 | Saleh, Shakir | ON | 21:58 | Male 11-15 | 148 |
| 1952 | Takatsu, Yuji | ON | 22:51 | Male 11-15 | 215 |
| 1947 | Huinink, Noel | ON | 23:27 | Male 16-19 | 232 |
| 1951 | Scott, Michael | ON | 23:31 | Male 11-15 | 237 |
| 27 Track North Athletic Club | | | 702 | | |
| 1726 | Pennie, Brodie | ON | 20:40 | Male 16-19 | 58 |
| 1725 | Mara, Xavier | ON | 22:30 | Male 16-19 | 193 |
| 1721 | Green, Thomas | ON | 22:58 | Male 16-19 | 220 |
| 1728 | Portelance, Max | ON | 23:26 | Male 16-19 | 231 |
| 1730 | Wilkin, Matthew | ON | 25:41 | Male 11-15 | 274 |
| 28 Rive-Sud | | | 764 | | |
| 1570 | Guerard, Benjamin | QC | 21:29 | Male 16-19 | 114 |
| 1573 | Lafontaine, Joshua | QC | 22:30 | Male 16-19 | 192 |
| 1579 | Ménard, Alexis | QC | 23:03 | Male 11-15 | 223 |
| 1566 | Bergeron, Antoine | QC | 23:31 | Male 11-15 | 235 |
| 1580 | Nasr, Félix | QC | 23:44 | Male 16-19 | 245 |
| 1578 | Marcoux, Anthony | QC | 23:47 | Male 16-19 | 246 |
| 1571 | Hilali, Orhan | QC | 24:06 | Male 11-15 | 258 |
| 1581 | Picard, Louis | QC | 24:16 | Male 11-15 | 263 |
| 29 Go Athletics | | | 817 | | |
| 1225 | Abukar, Mohammed | AB | 21:40 | Male 16-19 | 126 |
| 1232 | Versteeg, Brendon | AB | 22:27 | Male 11-15 | 188 |
| 1229 | Rysavy, Levi | AB | 23:54 | Male 11-15 | 251 |
| 1228 | Greidanus, Norman | AB | 23:55 | Male 11-15 | 252 |
| 1226 | Curtis, Levi | AB | 23:56 | Male 11-15 | 253 |

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| Bib | Name | Branch | Time | AG | points |
|------------------------|--|---------------|-------------|--------------|---------------|
| U20 Women 6km F | | | | | |
| 1 | University Of Toronto Tc | | 52 | | |
| 1818 | Cescon, Emily | ON | 21:52 | Female 16-19 | 4 |
| 1812 | Bertram, Stephanie | ON | 22:19 | Female 16-19 | 9 |
| 1840 | McDermott, Madison | ON | 23:08 | Female 16-19 | 16 |
| 1828 | Glasgow, Abene | ON | 23:31 | Female 16-19 | 23 |
| 1844 | Nobes, Maya | ON | 24:29 | Female 16-19 | 36 |
| 1855 | Smailbegovic, Ena | ON | 24:37 | Female 16-19 | 39 |
| 1836 | Kerr, Madison | ON | 24:38 | Female 16-19 | 40 |
| 1832 | Hildebrand, Eden | ON | 24:48 | Female 16-19 | 46 |
| 1852 | Rogers, Hannah | ON | 26:50 | Female 16-19 | 63 |
| 1837 | Ketchum, Alison | ON | 31:02 | Female 16-19 | 70 |
| 2 | Saint John Reds Track & Field | | 127 | | |
| 1466 | Baggley, Olivia | NB | 23:14 | Female 16-19 | 19 |
| 1598 | Bernhard, Georgia | NB | 23:38 | Female 16-19 | 24 |
| 1762 | Tiede, Morgan | NB | 24:27 | Female 16-19 | 35 |
| 1936 | Goncalves, Ava | NB | 25:04 | Female 16-19 | 49 |
| 3 | Newmarket Huskies Track Club | | 172 | | |
| 1436 | Stokes, Jasmine | ON | 23:58 | Female 16-19 | 28 |
| 1434 | Spina, Brooke | ON | 24:30 | Female 16-19 | 37 |
| 1416 | Kelly, Michelle | ON | 25:37 | Female 16-19 | 53 |
| 1424 | Mercier, Coralie | ON | 25:45 | Female 16-19 | 54 |
| 1417 | Kirova, Anastasia | ON | 25:50 | Female 16-19 | 55 |
| 1430 | Ruzhynsky, Alisa | ON | 26:54 | Female 16-19 | 64 |
| 1429 | Olar, Ashley | ON | 28:20 | Female 16-19 | 67 |
| 4 | Rive-Sud | | 201 | | |
| 1569 | Filion, Beatrice | QC | 21:52 | Female 16-19 | 3 |
| 1567 | Burton, Jeanne | QC | 26:33 | Female 16-19 | 61 |
| 1577 | Marcoux, Amélie | QC | 28:41 | Female 16-19 | 68 |
| 1568 | Des Châtelets-Lynch, Alexie | QC | 29:48 | Female 16-19 | 69 |

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| Bib | Name | Branch | Time | AG | points |
|----------------------|--|---------------|-------------|------------|---------------|
| U20 Men 8km M | | | | | |
| <hr/> | | | | | |
| 1 | London Western T.f.c. | | 47 | | |
| 1363 | McAllister, Heath | ON | 25:20 | Male 16-19 | 3 |
| 1364 | McAllister, Ian | ON | 25:28 | Male 16-19 | 7 |
| 1377 | Smith, Liam | ON | 26:14 | Male 16-19 | 18 |
| 1351 | Gill, Satveer | ON | 26:22 | Male 16-19 | 19 |
| 1347 | Davies, Ryan | ON | 26:32 | Male 16-19 | 24 |
| 1361 | Marsh-Lansard, Quinten | ON | 28:00 | Male 16-19 | 63 |
| 1372 | Royce, Alexander | ON | 28:16 | Male 16-19 | 66 |
| 1378 | Sommerfreund, Seth | ON | 28:46 | Male 16-19 | 74 |
| 1366 | Nazarewicz, Myles | ON | 29:36 | Male 16-19 | 87 |
| 1348 | Deng, Duoth | ON | 33:52 | Male 16-19 | 109 |
| <hr/> | | | | | |
| 2 | University Of Toronto Tc | | 67 | | |
| 1850 | Rashid-Cocker, Ethan | ON | 25:28 | Male 16-19 | 6 |
| 1813 | Brar, Kamran | ON | 25:47 | Male 16-19 | 10 |
| 1834 | Jiang, David | ON | 26:33 | Male 16-19 | 25 |
| 1846 | Pralat, Adam | ON | 26:35 | Male 16-19 | 26 |
| 1857 | Smith, Zach | ON | 29:05 | Male 16-19 | 78 |
| <hr/> | | | | | |
| 3 | Club D'athlétisme De L'université Laval | | 133 | | |
| 1160 | Thomas, Ismael | QC | 26:23 | Male 16-19 | 20 |
| 1129 | Bouffard, Francis | QC | 26:30 | Male 16-19 | 23 |
| 1132 | Bussièrès, Gabriel | QC | 27:04 | Male 16-19 | 37 |
| 1146 | Lavoie-Leullier, Emil | QC | 27:38 | Male 16-19 | 53 |
| 1152 | Rausch, Cedric | QC | 27:44 | Male 16-19 | 56 |
| 1156 | Simard, Thomas | QC | 29:21 | Male 16-19 | 82 |
| <hr/> | | | | | |
| 4 | Physi-Kult | | 218 | | |
| 1543 | Skinner, Angus | ON | 25:25 | Male 16-19 | 5 |
| 1536 | Danby, Owen | ON | 27:06 | Male 16-19 | 39 |
| 1542 | Sacilotto, Jack | ON | 28:09 | Male 16-19 | 64 |
| 1541 | Pitcher-Bond, Owen | ON | 34:20 | Male 16-19 | 110 |
| <hr/> | | | | | |
| 5 | Ottawa Lions T.f.c. | | 240 | | |
| 1514 | Porter, Kyle | ON | 27:14 | Male 16-19 | 41 |
| 1477 | Fernandez, Manuel | ON | 27:42 | Male 16-19 | 54 |
| 1517 | Sikka, Zachary | ON | 27:50 | Male 16-19 | 59 |
| 1511 | Padoin-Castillo, Adriano | ON | 29:35 | Male 16-19 | 86 |
| 1484 | Johnstone, Ryan | ON | 29:46 | Male 16-19 | 91 |
| 1509 | Niedre, Russell | ON | 31:27 | Male 16-19 | 102 |
| 1469 | Church, Sebastien | ON | 32:05 | Male 16-19 | 106 |

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| Bib | Name | Branch | Time | AG | points |
|------------|------------------------------|---------------|-------------|------------|---------------|
| 6 | Newmarket Huskies Track Club | | 242 | | |
| 1422 | Marek Tortorella, Marcus | ON | 27:17 | Male 16-19 | 42 |
| 1403 | Butler, Grayson | ON | 27:55 | Male 16-19 | 62 |
| 1437 | Varley, Joshua | ON | 28:16 | Male 16-19 | 65 |
| 1413 | Grossi, Skyler | ON | 28:31 | Male 16-19 | 73 |
| 1431 | Sheppard, Cole | ON | 29:29 | Male 16-19 | 85 |
| 1441 | Yu, Aaron | ON | 29:41 | Male 16-19 | 88 |
| 1440 | Ward, Ryan | ON | 30:57 | Male 16-19 | 101 |
| 7 | Vainqueurs Plus | | 242 | | |
| 1870 | Hepworth, Samuel | QC | 25:50 | Male 16-19 | 12 |
| 1871 | Kasmi, Ilyass | QC | 27:02 | Male 16-19 | 36 |
| 1866 | Colsell, Alex | QC | 29:44 | Male 16-19 | 90 |
| 1875 | Ruano, Alejandro | QC | 31:41 | Male 16-19 | 104 |

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| Bib | Name | Branch | Time | AG | points |
|--------------------------|------------------------------------|---------------|-------------|--------------|---------------|
| Open Women 10km F | | | | | |
| <hr/> | | | | | |
| 1 | Vancouver Thunderbirds | | 25 | | |
| 1907 | Sim, Glynis | BC | 34:09 | Female 25-29 | 2 |
| 1906 | Sexton, Leslie | BC | 34:34 | Female 35-39 | 6 |
| 1904 | Newlove, Katie | BC | 34:59 | Female 20-24 | 7 |
| 1893 | Gibson, Kiana | BC | 35:11 | Female 20-24 | 10 |
| 1886 | Becker, Kyla | BC | 35:30 | Female 20-24 | 11 |
| 1894 | Ginther, Ally | BC | 35:34 | Female 25-29 | 12 |
| 1902 | Mortimer, Rachel | BC | 35:43 | Female 20-24 | 14 |
| 1887 | Beckett, Marley | BC | 35:58 | Female 20-24 | 16 |
| 1899 | Kilmartin, Sandra | BC | 36:34 | Female 30-34 | 24 |
| 1890 | Cotterell, Katelyn | BC | 39:14 | Female 20-24 | 43 |
| <hr/> | | | | | |
| 2 | Unattached British Columbia | | 86 | | |
| 1501 | McCabe, Ceili | BC | 33:28 | Female 20-24 | 1 |
| 1765 | Brawdy, Elijah | BC | 36:15 | Female 20-24 | 20 |
| 1766 | Brown, Joanna | BC | 36:45 | Female 30-34 | 25 |
| 1770 | Hennessey, Jamie | BC | 38:32 | Female 20-24 | 40 |
| <hr/> | | | | | |
| 3 | Monarch Athletics Club | | 113 | | |
| 1386 | Desjardins, Laura | ON | 36:08 | Female 35-39 | 19 |
| 1384 | Brennan, Becca | ON | 36:59 | Female 25-29 | 28 |
| 1387 | Devine, Kathleen | ON | 37:27 | Female 40-44 | 30 |
| 1385 | Chau, Jocelyn | ON | 38:04 | Female 20-24 | 36 |
| 1397 | White, Sarah | ON | 41:15 | Female 20-24 | 50 |
| <hr/> | | | | | |
| 4 | London Western T.f.c. | | 118 | | |
| 1354 | Hewitt, Chloe | ON | 36:21 | Female 25-29 | 22 |
| 1375 | Schulz, Jenna | ON | 37:14 | Female 30-34 | 29 |
| 1345 | Burke, Zoe | ON | 37:52 | Female 20-24 | 33 |
| 1360 | Marmura, Hana | ON | 37:55 | Female 25-29 | 34 |
| <hr/> | | | | | |
| 5 | Unattached Ontario | | 121 | | |
| 1800 | Teschuk, Erin | ON | 35:37 | Female 25-29 | 13 |
| 1790 | Krezonoski, Kim | ON | 36:22 | Female 30-34 | 23 |
| 1789 | Kanko, Lauren | ON | 38:30 | Female 30-34 | 39 |
| 1797 | McCulloch, Shona | ON | 40:42 | Female 20-24 | 46 |
| 1776 | Abou El Naja, Maya | ON | 43:28 | Female 20-24 | 53 |
| <hr/> | | | | | |
| 6 | Humber Hawks | | 219 | | |
| 1272 | Irwin, Catherine | ON | 42:57 | Female 20-24 | 51 |
| 1270 | Durnford, Leah | ON | 47:23 | Female 16-19 | 55 |
| 1271 | Galchynska, Margarita | ON | 50:53 | Female 16-19 | 56 |
| 1268 | Collat, Zoë | ON | 51:40 | Female 16-19 | 57 |
| 1267 | Brohman, Hannah | ON | 52:28 | Female 20-24 | 58 |
| 1274 | Wildschut, Samantha | ON | 53:03 | Female 20-24 | 59 |

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| Bib | Name | Branch | Time | AG | points |
|-----------------|---|--------|-------|------------|--------|
| Open Men 10km M | | | | | |
| 1 | Club D'athlétisme De L'université Laval | | 26 | | |
| 1149 | Morneau-Cartier, Philippe | QC | 29:20 | Male 20-24 | 2 |
| 1140 | Fafard, Thomas | QC | 29:23 | Male 20-24 | 3 |
| 1151 | Philibert-Thiboutot, Charles | QC | 29:42 | Male 30-34 | 7 |
| 1138 | Desgagnés, Jean-Simon | QC | 30:14 | Male 25-29 | 14 |
| 1159 | Tedeschi, Jonathan | QC | 31:08 | Male 25-29 | 27 |
| 1144 | Girardin, David | QC | 31:45 | Male 20-24 | 39 |
| 1154 | Saal, Rudy | QC | 31:46 | Male 20-24 | 41 |
| 1130 | Breault-Germain, Antoine | QC | 33:44 | Male 20-24 | 75 |
| 1126 | Bertrand, Xavier | QC | 34:40 | Male 25-29 | 87 |
| 2 | London Western T.f.c. | | 32 | | |
| 1342 | Black, Connor | ON | 29:34 | Male 25-29 | 5 |
| 1379 | Tate, Mike | ON | 29:35 | Male 25-29 | 6 |
| 1346 | Coughler, Jeremy | ON | 29:55 | Male 25-29 | 10 |
| 1368 | Parrot-Migas, Phil | ON | 29:56 | Male 30-34 | 11 |
| 1376 | Sheffar, Jack | ON | 32:07 | Male 25-29 | 50 |
| 1373 | Royce, Mark | ON | 32:19 | Male 20-24 | 55 |
| 1339 | Andrin, Hunter | ON | 33:30 | Male 30-34 | 72 |
| 1362 | Master, Shawn | ON | 37:08 | Male 25-29 | 100 |
| 3 | Harbour Track - Hamilton | | 36 | | |
| 1258 | Davies, Andrew | ON | 29:28 | Male 20-24 | 4 |
| 1263 | Turek, Max | ON | 29:44 | Male 20-24 | 8 |
| 1777 | Alexander, Andrew | ON | 29:54 | Male 20-24 | 9 |
| 1259 | Drover, Alex | ON | 30:23 | Male 20-24 | 15 |
| 1264 | Tyrrell, Ryan | ON | 31:51 | Male 25-29 | 45 |
| 1261 | Nusselder, Sam | ON | 32:18 | Male 20-24 | 54 |
| 1260 | Marchant, David | ON | 33:02 | Male 20-24 | 66 |
| 4 | Vancouver Thunderbirds | | 67 | | |
| 1900 | Lumb, Kieran | BC | 29:18 | Male 25-29 | 1 |
| 1888 | Broatch, Thomas | BC | 30:33 | Male 25-29 | 18 |
| 1896 | Gravel, Christian | BC | 30:39 | Male 25-29 | 19 |
| 1161 | Tiwana, Jaiveer | BC | 31:13 | Male 20-24 | 29 |
| 1905 | Perrier, John | BC | 31:24 | Male 20-24 | 34 |
| 1891 | Dozzi, Tyler | BC | 31:47 | Male 20-24 | 43 |
| 1959 | Dehghan, Nathan | BC | 31:54 | Male 25-29 | 48 |
| 1892 | Elder, Evan | BC | 33:19 | Male 30-34 | 70 |

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| Bib | Name | Branch | Time | AG | points |
|------------|-------------------------------------|---------------|-------------|------------|---------------|
| 5 | Royal City Athletics Club | | 83 | | |
| 1592 | Ubene, Mitchell | ON | 30:29 | Male 25-29 | 16 |
| 1583 | Bannon, Nicholas | ON | 30:32 | Male 20-24 | 17 |
| 1585 | Davies, Max | ON | 30:47 | Male 16-19 | 22 |
| 1590 | Patton, Mark | ON | 31:13 | Male 25-29 | 28 |
| 1586 | Hannam, Cole | ON | 31:42 | Male 20-24 | 37 |
| 1588 | Lawand, Robert | ON | 32:00 | Male 25-29 | 49 |
| 1591 | Rosen, Daniel | ON | 32:08 | Male 20-24 | 51 |
| 1584 | Brar, Dilan | ON | 32:47 | Male 25-29 | 62 |
| 1587 | Kinahan, Samuel | ON | 33:14 | Male 25-29 | 69 |
| 6 | Unattached British Columbia | | 119 | | |
| 1772 | Proceviat, Cameron | BC | 30:44 | Male 30-34 | 20 |
| 1769 | Dinsdale, Cole | BC | 30:46 | Male 25-29 | 21 |
| 1961 | Pidduck, William | BC | 31:15 | Male 25-29 | 31 |
| 1767 | De Lange, Mitch | BC | 31:54 | Male 20-24 | 47 |
| 7 | Newmarket Huskies Track Club | | 159 | | |
| 1408 | Desouza, Joshua | ON | 30:08 | Male 20-24 | 12 |
| 1435 | Stel, Joey | ON | 31:37 | Male 25-29 | 36 |
| 1433 | Smalley, Brent | ON | 32:12 | Male 25-29 | 53 |
| 1410 | Goguen, Dakota | ON | 32:27 | Male 20-24 | 58 |
| 1406 | Clavijo, Esteban | ON | 33:58 | Male 30-34 | 78 |
| 1411 | Graenert, Justin | ON | 35:08 | Male 20-24 | 89 |
| 1438 | Violante, Jean-Paul | ON | 38:01 | Male 30-34 | 106 |
| 8 | Lakehead Running | | 207 | | |
| 1296 | MacIntosh, Jordan | ON | 31:01 | Male 20-24 | 26 |
| 1294 | Lehman, Andrew | ON | 31:53 | Male 20-24 | 46 |
| 1293 | Buxton, Leif | ON | 32:08 | Male 20-24 | 52 |
| 1295 | Lightwood, Nicholas | ON | 34:14 | Male 16-19 | 83 |
| 9 | Corsaire-Chaparral | | 252 | | |
| 1175 | Laviolette, Thomas | QC | 30:50 | Male 20-24 | 23 |
| 1177 | Riopel, Nicolas | QC | 33:36 | Male 20-24 | 73 |
| 1172 | Brassard, Émile | QC | 33:49 | Male 25-29 | 76 |
| 1176 | Prince, Simon | QC | 34:08 | Male 20-24 | 80 |
| 1173 | Brassard, Louis-Olivier | QC | 35:21 | Male 25-29 | 91 |
| 10 | Unattached Ontario | | 270 | | |
| 1796 | Martineau, Logan | ON | 31:47 | Male 20-24 | 42 |
| 1785 | Gazaille, Tristan | ON | 32:48 | Male 20-24 | 63 |
| 1801 | Tessel, Matias | ON | 34:10 | Male 20-24 | 81 |
| 1799 | Roberts, Jack | ON | 34:19 | Male 20-24 | 84 |
| 1781 | Bruce, Cameron | ON | 38:21 | Male 20-24 | 107 |

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| 11 | Monarch Athletics Club | | 326 | | |
| 1390 | Griffith, Saed | ON | 32:20 | Male 25-29 | 56 |
| 1383 | Bauer, Mackenzie | ON | 33:55 | Male 30-34 | 77 |
| 1396 | Rowland, Dan | ON | 35:14 | Male 25-29 | 90 |
| 1392 | Johnston, Matthew | ON | 37:22 | Male 25-29 | 103 |
| 1398 | Yogarajah, Selvaharan | ON | 37:53 | Male 25-29 | 105 |
| 12 | Ottawa Lions T.f.c. | | 339 | | |
| 1515 | Robertson, Kevin | ON | 31:44 | Male 20-24 | 38 |
| 1513 | Parent, Fred | ON | 36:30 | Male 20-24 | 98 |
| 1467 | Birinberg, David | ON | 37:08 | Male 20-24 | 101 |
| 1504 | Meraw, Nathan | ON | 37:08 | Male 20-24 | 102 |