Swift Run 5

Overall Results

Pos	Name	M/F	AG	AG Pos	Club	Miles
1.	James Edwards	1st	M Sen	1st		8.56
2.	Adam Ruszkowski	2nd	M Sen	2nd		8.01
3.	Lewis Byers	3rd	M Sen	3rd		7.88
4.	Patrick Fowler	4th	M Sen	4th		7.83
4.	Charles Davie	4th	M Sen	4th		7.83
6.	Michael Potts	6th	M Sen	6th		7.717
7.	Craig Hannigan	7th	M Sen	7th	Jogscotland Good Time Running Club	7.67
8.	Jon Graham	8th	M40	1st		7.52
9.	Dan Clarke	9th	M Sen	8th		7.475
10.	Cameron Brown	10th	M Sen	9th		7.47
11.	Keith Sully	11th	M45	1st		7.3
12.	Laura Rangeley	1st	F Sen	1st	Steel City Striders	7.26
13.	Cal Lister	12th	M Sen	10th		7.214
14.	Kevin Rees	13th	M45	2nd		6.984
15.	Lee Denton	14th	M40	2nd		6.91
16.	David Burgess	15th	M Sen	11th		6.9
17.	Chris Taylor	16th	M45	3rd		6.89
18.	Rob Prior	17th	M40	3rd		6.866
19.	Oli Simpson	18th	M40	4th		6.84
20.	Matty Potts	19th	M Sen	12th		6.8
21.	Ben Brogden	20th	M40	5th		6.52
22.	Lisa Grimm	2nd	F45	1st		6.43
23.	Chris Fox	21st	M50	1st		6.4
24.	James Galbraith	22nd	M40	6th		6.38
25.	Sam Ankers	23rd	M40	7th		6.21
25.	Charli Weller	3rd	F55	1st	Silverdale RC	6.21
27.	Tom Hughes	24th	M Sen	13th		6.2
28.	Sara Crick	4th	F55	2nd	Newcastle (Staffs) AC	6.17
29.	Julia Stryj	5th	F50	1st		6.11
30.	James Bothoms	25th	M45	4th		6.1
31.	Russell Jones	26th	M45	5th		5.96
32.	Kate Hopkinson	6th	F45	2nd	NSRRA	5.78
33.	Sue Kirby	7th	F55	3rd	Silverdale RC	5.6
34.	Brad Wight	27th	M40	8th		5.44
35.	Jemma Beedie	8th	F35	1st		5.43
36.	Derek Mr.	28th	M40	9th		5.27
37.	Nicola Stevens	9th	F50	2nd	Silverdale RC	4.80

Swift Run 5

Overall Results

Pos	Name	M/F	AG	AG Pos	Club	Miles
38.	Simon Mills	*29th*	M50	*2nd*		**4.14**

Number of records: 38