# Sandbach 10k

## Overall Results

| Pos | Bib | Name | M/F | AG | AG Pos | Club | Chip | Time |
|---|---|---|---|---|---|---|---|---|
| 1. | 220 | Craig Mooney | 1st | M40 | 1st | Nantwich Running Club | 35:20 | 35:21 |
| 2. | 35 | Danny Buxton | 2nd | M45 | 1st | Nantwich Running Club | 36:29 | 36:30 |
| 3. | 67 | Tony Coyne | 3rd | M50 | 1st | Belle Vue Racers | 37:45 | 37:49 |
| 4. | 102 | Kyle Fairclough | 4th | M Sen | 1st | Sale Harriers Manchester | 38:08 | 38:09 |
| 5. | 163 | Callum Jackson | 5th | M Sen | 2nd | | 38:51 | 38:52 |
| 6. | 283 | Brett Smart | 6th | M Sen | 3rd | Nantwich Running Club | 39:02 | 39:06 |
| 7. | 17 | Anna Begbie | 1st | F40 | 1st | Vale Royal AC | 40:28 | 40:33 |
| 8. | 204 | Dominic Luther | 7th | M40 | 2nd | | 40:35 | 40:37 |
| 9. | 233 | Emily Nott | 2nd | F40 | 2nd | Congleton Harriers | 40:40 | 40:42 |
| 10. | 347 | Anthony Wright | 8th | M Sen | 4th | Nantwich Running Club | 40:49 | 40:52 |
| 11. | 50 | George Clarke | 9th | M Sen | 5th | Cheshire Dragons | 41:06 | 41:09 |
| 12. | 285 | David Smith | 10th | M45 | 2nd | South Cheshire Harriers | 41:40 | 41:44 |
| 13. | 146 | Kevan Hinett | 11th | M55 | 1st | | 41:57 | 41:58 |
| 14. | 47 | Jack Chedotal | 12th | M Sen | 6th | | 42:13 | 42:20 |
| 15. | 29 | Cara Jasmine Bradley | 3rd | F Sen | 1st | | 42:33 | 42:36 |
| 16. | 211 | Rob Mccue | 13th | M40 | 3rd | | 43:09 | 43:12 |
| 17. | 175 | Liam Joyce | 14th | M Sen | 7th | | 43:13 | 43:26 |
| 18. | 186 | Paul Latham | 15th | M Sen | 8th | | 43:24 | 43:44 |
| 19. | 300 | Ian Stanway | 16th | M Sen | 9th | Congleton Harriers | 43:23 | 43:48 |
| 20. | 118 | Peter Goringe | 17th | M60 | 1st | Kettering Town Harriers | 43:58 | 44:01 |
| 21. | 157 | Alice Houghton | 4th | F40 | 3rd | Macclesfield Harriers & AC | 44:00 | 44:02 |
| 22. | 138 | Nick Haywood | 18th | M40 | 4th | Vale Royal AC | 44:04 | 44:09 |
| 23. | 161 | Simon Huxley | 19th | M Sen | 10th | | 44:12 | 44:20 |
| 24. | 92 | John Dunne | 20th | M50 | 2nd | Sandbach Striders | 44:21 | 44:23 |
| 25. | 225 | Jo Moss | 5th | F50 | 1st | Sandbach Striders | 44:43 | 44:45 |
| 26. | 335 | Colin Watret | 21st | M45 | 3rd | Congleton Harriers | 44:50 | 45:02 |
| 27. | 72 | Kyle Cruise | 22nd | M Sen | 11th | | 45:05 | 45:06 |
| 28. | 78 | Daniel Davies | 23rd | M Sen | 12th | | 44:53 | 45:07 |
| 29. | 133 | Lucy Hall | 6th | F Sen | 2nd | | 45:27 | 45:35 |
| 30. | 338 | Adam White | 24th | M Sen | 13th | | 45:44 | 45:46 |
| 31. | 151 | Peter Holmes | 25th | M Sen | 14th | Chorlton Runners | 45:29 | 45:46 |
| 32. | 27 | Iain Borsbey | 26th | M45 | 4th | Rock Salt Runners | 45:33 | 45:47 |
| 33. | 329 | Jeremy Vernon | 27th | M45 | 5th | | 45:40 | 45:54 |
| 34. | 62 | Graham Cooper | 28th | M Sen | 15th | Congleton Harriers | 45:28 | 46:02 |
| 35. | 262 | Alistair Reed | 29th | M Sen | 16th | | 45:49 | 46:07 |
| 36. | 117 | Lucy Gleave | 7th | F Sen | 3rd | Running Bear | 46:17 | 46:20 |
| 37. | 301 | Brian Stevens | 30th | M60 | 2nd | | 46:14 | 46:21 |
| 38. | 309 | Eric Talbot | 31st | M55 | 2nd | Go Team | 46:40 | 46:52 |
| 39. | 101 | Rob Evanson | 32nd | M40 | 5th | Nantwich Running Club | 46:47 | 47:00 |
| 40. | 269 | Paul Ruscoe | 33rd | M55 | 3rd | Telford Harriers | 46:53 | 47:07 |
| 41. | 9 | Alex Bannister | 8th | F Sen | 4th | Nantwich Running Club | 46:55 | 47:11 |
| 42. | 71 | Vicki Creighton | 9th | F Sen | 5th | Davenport Runners | 47:14 | 47:20 |
| 43. | 245 | Stephen Owen | 34th | M Sen | 17th | | 47:16 | 47:28 |
| 44. | 55 | Paul Cliff | 35th | M55 | 4th | | 46:57 | 47:29 |
| 45. | 266 | Philip Robinson | 36th | M Sen | 18th | | 47:18 | 47:38 |

# Sandbach 10k

## Overall Results

| Pos | Bib | Name | M/F | AG | AG Pos | Club | Chip | Time |
|---|---|---|---|---|---|---|---|---|
| **46.** | 148 | Craig Hodson | *37th* | M40 | *6th* | Northwich Running Club | 47:30 | **47:39** |
| **47.** | 247 | Tom Partington | *38th* | M Sen | *19th* | | 47:10 | **47:45** |
| **48.** | 229 | Hannah Mulliner | *10th* | F40 | *4th* | | 47:43 | **47:51** |
| **49.** | 254 | Kane Potter | *39th* | M Sen | *20th* | | 48:04 | **48:13** |
| **50.** | 189 | David Laxton | *40th* | M60 | *3rd* | | 48:13 | **48:18** |
| **51.** | 99 | Gus Erlandson | *41st* | M65 | *1st* | Telford Harriers | 48:14 | **48:19** |
| **52.** | 170 | Ian Jones | *42nd* | M Sen | *21st* | Boalloy Running Club | 48:01 | **48:20** |
| **53.** | 91 | Steve Dunlop | *43rd* | M50 | *3rd* | Nantwich Running Club | 48:10 | **48:24** |
| **54.** | 144 | Allan Henshall | *44th* | M60 | *4th* | Nantwich Running Club | 48:20 | **48:27** |
| **55.** | 85 | Luke Dickinson | *45th* | M Sen | *22nd* | | 48:29 | **48:33** |
| **56.** | 28 | Thomas Boyd | *46th* | M Sen | *23rd* | | 48:00 | **48:34** |
| **57.** | 106 | Alex Fitton | *47th* | M Sen | *24th* | | 48:17 | **48:36** |
| **58.** | 328 | Natalie Varley | *11th* | F Sen | *6th* | | 48:51 | **48:55** |
| **59.** | 6 | Dave Bailey | *48th* | M55 | *5th* | Biddulph RC | 48:55 | **49:00** |
| **60.** | 130 | Shane Guildford | *49th* | M45 | *6th* | | 48:39 | **49:02** |
| **61.** | 46 | Edward Chappell | *50th* | M Sen | *25th* | | 48:51 | **49:11** |
| **62.** | 244 | Simon Owen | *51st* | M45 | *7th* | Nantwich Running Club | 48:39 | **49:14** |
| **63.** | 251 | Susan Plant | *12th* | F55 | *1st* | Victoria Park RC | 49:03 | **49:17** |
| **64.** | 319 | Damien Tolan | *52nd* | M45 | *8th* | Belle Vue Racers | 49:19 | **49:22** |
| **65.** | 318 | Thomas Tilley | *53rd* | M Sen | *26th* | | 49:32 | **49:38** |
| **66.** | 159 | Lucy Hulme | *13th* | F Sen | *7th* | Congleton Harriers | 49:13 | **49:43** |
| **67.** | 83 | Ellie Dick | *14th* | F40 | *5th* | Congleton Harriers | 49:15 | **49:46** |
| **68.** | 341 | Nick Wilkins | *54th* | M55 | *6th* | Congleton Harriers | 49:53 | **50:03** |
| **69.** | 206 | Kelly Marshall | *15th* | F Sen | *8th* | Congleton Harriers | 49:36 | **50:07** |
| **70.** | 280 | Mike Skaife | *55th* | M Sen | *27th* | | 49:55 | **50:09** |
| **71.** | 345 | Darren Woods | *56th* | M50 | *4th* | | 49:46 | **50:19** |
| **72.** | 212 | Jack McIntyre | *57th* | M Sen | *28th* | | 50:15 | **50:23** |
| **73.** | 2 | Adam Armitt | *58th* | M Sen | *29th* | Sandbach Singlets | 50:22 | **50:42** |
| **74.** | 54 | Bethany Cliff | *16th* | F Sen | *9th* | Congleton Harriers | 50:10 | **50:42** |
| **75.** | 23 | Laura Bishop | *17th* | F Sen | *10th* | | 50:44 | **50:44** |
| **76.** | 263 | Chris Regan | *59th* | M Sen | *30th* | | 50:32 | **50:48** |
| **77.** | 84 | Lee Dickinson | *60th* | M Sen | *31st* | | 50:43 | **50:51** |
| **78.** | 313 | Robert Taylor | *61st* | M40 | *7th* | | 50:36 | **50:53** |
| **79.** | 324 | Katie Trevelyan | *18th* | F Sen | *11th* | | 50:49 | **51:04** |
| **80.** | 179 | Kevin Lally | *62nd* | M45 | *9th* | | 51:06 | **51:17** |
| **81.** | 89 | Christopher Done | *63rd* | M55 | *7th* | Lonely Goat RC | 51:18 | **51:25** |
| **82.** | 255 | Melanie Power | *19th* | F50 | *2nd* | Macclesfield Harriers & AC | 51:21 | **51:26** |
| **83.** | 112 | Joe Gertrey | *64th* | M Sen | *32nd* | | 51:20 | **51:36** |
| **84.** | 265 | Dennis Robinson | *65th* | M65 | *2nd* | South Cheshire Harriers | 51:39 | **51:52** |
| **85.** | 183 | Hollie Lapworth | *20th* | F Sen | *12th* | | 51:46 | **51:55** |
| **86.** | 56 | Jason Clift-Jones | *66th* | M Sen | *33rd* | Lonely Goat RC | 51:42 | **51:56** |
| **87.** | 208 | Pete Marsland | *67th* | M Sen | *34th* | | 51:34 | **51:59** |
| **88.** | 104 | Sam Farrell | *68th* | M Sen | *35th* | | 52:02 | **52:18** |
| **89.** | 224 | Darren Morris | *69th* | M55 | *8th* | Northwich Running Club | 52:15 | **52:31** |
| **90.** | 4 | Ruth Bacci | *21st* | F45 | *1st* | | 52:10 | **52:33** |

# Sandbach 10k

## Overall Results

| Pos | Bib | Name | M/F | AG | AG Pos | Club | Chip | Time |
|---|---|---|---|---|---|---|---|---|
| **91.** | 107 | Jon Fitton | *70th* | M55 | *9th* | | 52:25 | **52:43** |
| **92.** | 88 | Jake Dobson | *71st* | M Sen | *36th* | | 52:40 | **52:50** |
| **93.** | 312 | Annie Taylor | *22nd* | F Sen | *13th* | | 52:40 | **52:52** |
| **94.** | 36 | Rob Byrne | *72nd* | M Sen | *37th* | | 52:48 | **52:52** |
| **95.** | 22 | Stephen Bettany | *73rd* | M55 | *10th* | | 52:24 | **52:53** |
| **96.** | 142 | Chris Heavey | *74th* | M Sen | *38th* | Nantwich Running Club | 52:27 | **52:56** |
| **97.** | 286 | Graham Smith | *75th* | M55 | *11th* | Nantwich Running Club | 52:44 | **52:58** |
| **98.** | 45 | Alan Chapman | *76th* | M45 | *10th* | Hillsborough & Rivelin RC | 53:12 | **53:21** |
| **99.** | 171 | Jennifer Jones | *23rd* | F40 | *6th* | | 53:11 | **53:25** |
| **100.** | 25 | David Bloor | *77th* | M Sen | *39th* | Best Athletics | 53:24 | **53:32** |
| **101.** | 172 | Patrik Jones-Wright | *78th* | M Sen | *40th* | | 53:25 | **53:41** |
| **102.** | 24 | Rachel Blanchard | *24th* | F50 | *3rd* | | 53:34 | **53:41** |
| **103.** | 129 | Andrew Greer | *79th* | M45 | *11th* | South Cheshire Harriers | 53:19 | **53:43** |
| **104.** | 253 | Lee Porter | *80th* | M50 | *5th* | | 53:51 | **53:57** |
| **105.** | 119 | Louise Gough | *25th* | F Sen | *14th* | | 53:57 | **53:59** |
| **106.** | 310 | Rachel Tatlock | *26th* | F Sen | *15th* | South Cheshire Harriers | 53:43 | **54:01** |
| **107.** | 279 | Adam Singh Hayer | *81st* | M Sen | *41st* | | 53:51 | **54:02** |
| **108.** | 292 | Dale Southern | *82nd* | M40 | *8th* | | 54:09 | **54:13** |
| **109.** | 168 | Chris Johnson | *83rd* | M40 | *9th* | | 53:41 | **54:19** |
| **110.** | 282 | Jane Smallwood | *27th* | F45 | *2nd* | | 54:07 | **54:21** |
| **111.** | 134 | Dan Hampton | *84th* | M Sen | *42nd* | | 54:23 | **54:25** |
| **112.** | 70 | Paul Crean | *85th* | M65 | *3rd* | Congleton Harriers | 54:01 | **54:34** |
| **113.** | 124 | Nina Green | *28th* | F60 | *1st* | | 54:15 | **54:34** |
| **114.** | 98 | Adam Ellis | *86th* | M Sen | *43rd* | | 54:34 | **54:37** |
| **115.** | 165 | Laura Jelf | *29th* | F Sen | *16th* | | 54:31 | **54:46** |
| **116.** | 316 | Gary Thomason | *87th* | M65 | *4th* | Salford Harriers & AC | 54:50 | **54:57** |
| **117.** | 259 | Peter Pritchard | *88th* | M Sen | *44th* | Sandbach Striders | 54:44 | **55:20** |
| **118.** | 127 | Richard Greenhill | *89th* | M Sen | *45th* | | 55:17 | **55:21** |
| **119.** | 30 | Sherrie Brereton | *30th* | F45 | *3rd* | Nantwich Running Club | 54:56 | **55:22** |
| **120.** | 108 | George Flanders | *90th* | M Sen | *46th* | | 55:08 | **55:24** |
| **121.** | 352 | Tom Lloyd | *91st* | M Sen | *47th* | | 55:28 | **55:30** |
| **122.** | 330 | Susan Vidler | *31st* | F45 | *4th* | South Cheshire Harriers | 55:18 | **55:37** |
| **123.** | 295 | Dave Sowden | *92nd* | M50 | *6th* | | 55:10 | **55:47** |
| **124.** | 226 | Bradley Mottram | *93rd* | M Sen | *48th* | | 55:39 | **55:49** |
| **125.** | 94 | Tony Dutton | *94th* | M55 | *12th* | Go Team | 55:40 | **55:53** |
| **126.** | 234 | Mollie O'Connor | *32nd* | F Sen | *17th* | | 55:39 | **55:54** |
| **127.** | 8 | Richard Banks | *95th* | M Sen | *49th* | | 56:00 | **56:07** |
| **128.** | 109 | Anna Foggo | *33rd* | F Sen | *18th* | Nantwich Running Club | 55:42 | **56:10** |
| **129.** | 327 | Susan Twardochleb | *34th* | F50 | *4th* | Newcastle Staffs AC | 55:57 | **56:12** |
| **130.** | 246 | Lucy Parr | *35th* | F Sen | *19th* | | 55:59 | **56:14** |
| **131.** | 185 | Alison Latham | *36th* | F Sen | *20th* | | 55:58 | **56:17** |
| **132.** | 53 | Rachel Clements | *37th* | F Sen | *21st* | | 56:15 | **56:31** |
| **133.** | 132 | Kerry Hall | *38th* | F50 | *5th* | | 56:25 | **56:34** |
| **134.** | 315 | Thomas Temple | *96th* | M70 | *1st* | Salford Harriers & AC | 56:36 | **56:38** |
| **135.** | 3 | Jenny Babb | *39th* | F Sen | *22nd* | | 56:39 | **56:44** |

# Sandbach 10k

## Overall Results

| Pos | Bib | Name | M/F | AG | AG Pos | Club | Chip | Time |
|---|---|---|---|---|---|---|---|---|
| 136. | 326 | Neil Trumper | 97th | M Sen | 50th | | 56:33 | 57:02 |
| 137. | 115 | Natalie Gillan | 40th | F40 | 7th | | 56:42 | 57:06 |
| 138. | 123 | Jonathan Green | 98th | M40 | 10th | South Cheshire Harriers | 56:54 | 57:19 |
| 139. | 77 | Richard Davenport | 99th | M45 | 12th | Nantwich Running Club | 56:50 | 57:20 |
| 140. | 18 | Laura Beggs | 41st | F Sen | 23rd | | 57:09 | 57:25 |
| 141. | 81 | Terence Dermody | 100th | M70 | 2nd | Salford Harriers & AC | 57:22 | 57:31 |
| 142. | 158 | Chris Howells | 101st | M Sen | 51st | | 57:19 | 57:41 |
| 143. | 100 | Rachel Evanson | 42nd | F40 | 8th | Nantwich Running Club | 57:17 | 57:42 |
| 144. | 223 | Shay Moore | 102nd | M Sen | 52nd | | 57:34 | 57:58 |
| 145. | 199 | Nick Lindsay | 103rd | M Sen | 53rd | | 57:51 | 57:59 |
| 146. | 289 | Tim Smith | 104th | M45 | 13th | | 57:29 | 58:06 |
| 147. | 74 | Emily Cuthbertson | 43rd | F Sen | 24th | | 57:35 | 58:07 |
| 148. | 68 | Alan Cragg | 105th | M60 | 5th | Nantwich Running Club | 57:50 | 58:13 |
| 149. | 10 | Sophie Barltrop | 44th | F Sen | 25th | | 57:36 | 58:13 |
| 150. | 167 | Becky Johnson | 45th | F40 | 9th | | 57:38 | 58:15 |
| 151. | 336 | Claire Watson | 46th | F45 | 5th | Nantwich Running Club | 57:53 | 58:21 |
| 152. | 272 | Patricia Ryan | 47th | F50 | 6th | Congleton Harriers | 57:56 | 58:27 |
| 153. | 340 | Andrea Whiteley | 48th | F45 | 6th | Congleton Harriers | 57:55 | 58:27 |
| 154. | 288 | Paul Smith | 106th | M40 | 11th | | 58:02 | 58:35 |
| 155. | 332 | Abbey Waltho | 49th | F Sen | 26th | Sandbach Striders | 58:19 | 58:36 |
| 156. | 291 | Charlie Southern | 50th | F Sen | 27th | | 58:40 | 58:46 |
| 157. | 187 | Rebecca Lawrence | 51st | F Sen | 28th | Boalloy Running Club | 58:47 | 58:47 |
| 158. | 221 | Helen Moore | 52nd | F55 | 2nd | Widnes Wasps Ladies R C | 58:28 | 58:53 |
| 159. | 304 | Neil Stockton | 107th | M40 | 12th | | 58:20 | 58:54 |
| 160. | 49 | Abbie Clarke | 53rd | F Sen | 29th | | 58:54 | 59:04 |
| 161. | 271 | Alan Ryan | 108th | M55 | 13th | | 58:53 | 59:04 |
| 162. | 76 | Tom Daniels | 109th | M70 | 3rd | Salford Harriers & AC | 59:02 | 59:08 |
| 163. | 80 | Edward Deane | 110th | M Sen | 54th | | 59:03 | 59:25 |
| 164. | 48 | Bruce Clark | 111th | M Sen | 55th | Alsager Runners | 59:02 | 59:25 |
| 165. | 333 | Dan Ward | 112th | M Sen | 56th | | 59:04 | 59:26 |
| 166. | 214 | Hannah Mellor | 54th | F Sen | 30th | | 59:21 | 59:33 |
| 167. | 243 | Peter Owen | 113th | M60 | 6th | | 59:13 | 59:33 |
| 168. | 258 | Lynsey Pritchard | 55th | F40 | 10th | | 59:15 | 59:34 |
| 169. | 75 | Jamie Dale | 114th | M Sen | 57th | | 59:13 | 59:40 |
| 170. | 31 | Lucinda Brown | 56th | F Sen | 31st | Congleton Harriers | 59:17 | 59:46 |
| 171. | 281 | Hayley Skipiol | 57th | F Sen | 32nd | | 59:18 | 59:46 |
| 172. | 287 | Kirsty Smith | 58th | F Sen | 33rd | | 59:44 | 59:53 |
| 173. | 344 | Lynette Woodbine | 59th | F45 | 7th | | 59:28 | 59:57 |
| 174. | 147 | Amber Hodson | 60th | F Sen | 34th | Northwich Running Club | 59:52 | 1:00:04 |
| 175. | 39 | Stephen Canning | 115th | M40 | 13th | Congleton Harriers | 59:32 | 1:00:05 |
| 176. | 264 | Duncan Richardson | 116th | M50 | 7th | | 59:43 | 1:00:07 |
| 177. | 43 | Lisa Chadwick | 61st | F40 | 11th | Nantwich Running Club | 1:00:10 | 1:00:17 |
| 178. | 241 | David Ottley | 117th | M65 | 5th | | 59:54 | 1:00:18 |
| 179. | 308 | Julie Taberner | 62nd | F65 | 1st | | 1:00:07 | 1:00:20 |
| 180. | 86 | Mike Dickinson | 118th | M Sen | 58th | | 1:00:46 | 1:00:46 |

# Sandbach 10k

## Overall Results

| Pos | Bib | Name | M/F | AG | AG Pos | Club | Chip | Time |
|---|---|---|---|---|---|---|---|---|
| 181. | 296 | Kayleigh Squire | 63rd | F Sen | 35th | | 1:00:23 | 1:00:48 |
| 182. | 169 | Martyn Johnson | 119th | M60 | 7th | | 1:00:30 | 1:00:52 |
| 183. | 20 | Heli Belfield | 64th | F45 | 8th | Alsager Runners | 1:00:40 | 1:01:07 |
| 184. | 14 | Robert Beech | 120th | M45 | 14th | | 1:00:56 | 1:01:09 |
| 185. | 143 | Tilly Hemsley | 65th | F Sen | 36th | | 1:01:29 | 1:01:38 |
| 186. | 311 | Andrew Taylor | 121st | M60 | 8th | | 1:01:30 | 1:01:41 |
| 187. | 198 | Sophie Lewis | 66th | F40 | 12th | Sandbach Striders | 1:01:58 | 1:02:04 |
| 188. | 351 | Joe Young | 122nd | M Sen | 59th | Nantwich Running Club | 1:01:46 | 1:02:09 |
| 189. | 242 | Matthew Ottley | 123rd | M Sen | 60th | | 1:01:49 | 1:02:14 |
| 190. | 277 | Rachel Sharp | 67th | F Sen | 37th | | 1:02:10 | 1:02:15 |
| 191. | 238 | Ruth Ollerenshaw | 68th | F45 | 9th | | 1:02:11 | 1:02:16 |
| 192. | 131 | Gerard Hall | 124th | M Sen | 61st | | 1:01:44 | 1:02:20 |
| 193. | 176 | Steve Kenny | 125th | M55 | 14th | Silverdale RC | 1:02:15 | 1:02:25 |
| 194. | 113 | Andrew Gibson | 126th | M45 | 15th | Lonely Goat RC | 1:01:57 | 1:02:29 |
| 195. | 268 | Louise Rodway | 69th | F40 | 13th | | 1:01:52 | 1:02:31 |
| 196. | 200 | Ross Lindsay | 127th | M Sen | 62nd | | 1:02:28 | 1:02:39 |
| 197. | 59 | Marcus Cole | 128th | M40 | 14th | | 1:02:26 | 1:02:51 |
| 198. | 128 | Libby Greenwood | 70th | F Sen | 38th | | 1:03:47 | 1:03:49 |
| 199. | 166 | Sarah Jimenez-Novoa | 71st | F40 | 14th | Sandbach Striders | 1:03:55 | 1:04:12 |
| 200. | 7 | Joanne Bailey | 72nd | F55 | 3rd | Biddulph RC | 1:03:45 | 1:04:14 |
| 201. | 58 | Lesley Cole | 73rd | F65 | 2nd | South Cheshire Harriers | 1:04:12 | 1:04:23 |
| 202. | 249 | Bryony Pickston | 74th | F Sen | 39th | | 1:04:14 | 1:04:24 |
| 203. | 116 | Kerry Gleave | 75th | F55 | 4th | Running Bear | 1:03:55 | 1:04:24 |
| 204. | 96 | Helen Edmonstone | 76th | F Sen | 40th | | 1:04:23 | 1:04:26 |
| 205. | 302 | Miriam Stiefel | 77th | F40 | 15th | Nantwich Running Club | 1:04:04 | 1:04:35 |
| 206. | 303 | Patrick Stiefel | 129th | M40 | 15th | Nantwich Running Club | 1:04:03 | 1:04:35 |
| 207. | 51 | Bethan Clayton | 78th | F Sen | 41st | | 1:04:30 | 1:04:43 |
| 208. | 64 | Jessica Coulthurst | 79th | F Sen | 42nd | Wesham Road Runners & AC | 1:04:31 | 1:04:43 |
| 209. | 41 | Steven Carter | 130th | M Sen | 63rd | Run Middlewich | 1:04:29 | 1:04:58 |
| 210. | 196 | Mandy Lewis | 80th | F60 | 2nd | Nantwich Running Club | 1:04:41 | 1:05:01 |
| 211. | 334 | Matthew Warr | 131st | M Sen | 64th | Nantwich Running Club | 1:05:16 | 1:05:32 |
| 212. | 237 | Ross Oldroyd | 132nd | M Sen | 65th | Congleton Harriers | 1:05:05 | 1:05:37 |
| 213. | 164 | Lauren Jasmine | 81st | F Sen | 43rd | Congleton Harriers | 1:05:10 | 1:05:44 |
| 214. | 95 | David Eaton | 133rd | M45 | 16th | | 1:05:12 | 1:05:47 |
| 215. | 150 | Greg Holland | 134th | M Sen | 66th | | 1:05:45 | 1:05:57 |
| 216. | 97 | Jenny Elkin | 82nd | F40 | 16th | | 1:05:32 | 1:05:57 |
| 217. | 306 | Shelagh Swinnerton | 83rd | F70 | 1st | South Cheshire Harriers | 1:05:59 | 1:06:10 |
| 218. | 13 | Andrea Beaton | 84th | F40 | 17th | Nantwich Running Club | 1:05:44 | 1:06:19 |
| 219. | 349 | Melissa Wright | 85th | F Sen | 44th | | 1:06:30 | 1:06:40 |
| 220. | 218 | Denise Mitchell | 86th | F60 | 3rd | | 1:06:28 | 1:06:55 |
| 221. | 111 | Julie Garnett | 87th | F50 | 7th | | 1:06:29 | 1:06:56 |
| 222. | 346 | Kian Woodward | 135th | M40 | 16th | | 1:06:53 | 1:07:09 |
| 223. | 257 | Becky Price Jones | 88th | F Sen | 45th | | 1:07:08 | 1:07:14 |
| 224. | 93 | Natalie Dunning | 89th | F Sen | 46th | | 1:06:55 | 1:07:25 |
| 225. | 248 | Catherine Pickering | 90th | F Sen | 47th | | 1:06:55 | 1:07:26 |

# Sandbach 10k

## Overall Results

| Pos | Bib | Name | M/F | AG | AG Pos | Club | Chip | Time |
|---|---|---|---|---|---|---|---|---|
| **226.** | 337 | Kris Whitby | *136th* | M Sen | *67th* | | 1:07:23 | **1:07:29** |
| **227.** | 274 | Amber Sawford | *91st* | F Sen | *48th* | | 1:07:26 | **1:07:29** |
| **228.** | 240 | Cal Ottley | *92nd* | F Sen | *49th* | | 1:08:12 | **1:08:34** |
| **229.** | 60 | Nichola Coles | *93rd* | F40 | *18th* | | 1:08:27 | **1:08:37** |
| **230.** | 284 | Benjamin Smith | *137th* | M Sen | *68th* | | 1:08:16 | **1:08:52** |
| **231.** | 260 | Stephen Pugh | *138th* | M60 | *9th* | | 1:09:05 | **1:09:22** |
| **232.** | 136 | Joanne Hasprey | *94th* | F50 | *8th* | Nantwich Running Club | 1:09:05 | **1:09:30** |
| **233.** | 305 | Deb Stubberfield | *95th* | F40 | *19th* | Nantwich Running Club | 1:09:11 | **1:09:32** |
| **234.** | 197 | Simon Lewis | *139th* | M40 | *17th* | | 1:09:31 | **1:09:38** |
| **235.** | 317 | Alex Threlfall | *96th* | F40 | *20th* | | 1:09:34 | **1:10:00** |
| **236.** | 188 | Phil Lawton | *140th* | M60 | *10th* | | 1:09:51 | **1:10:19** |
| **237.** | 66 | Dean Coxon | *141st* | M Sen | *69th* | | 1:10:33 | **1:10:37** |
| **238.** | 16 | Sharon Beevers | *97th* | F45 | *10th* | Run Middlewich | 1:10:40 | **1:11:08** |
| **239.** | 15 | Richard Beevers | *142nd* | M45 | *17th* | Run Middlewich | 1:10:40 | **1:11:08** |
| **240.** | 307 | Gemma Sykes | *98th* | F Sen | *50th* | | 1:10:41 | **1:11:14** |
| **241.** | 73 | Georgia Culver | *99th* | F Sen | *51st* | | 1:10:54 | **1:11:18** |
| **242.** | 210 | Claire McAleavy | *100th* | F Sen | *52nd* | Nantwich Running Club | 1:11:30 | **1:11:52** |
| **243.** | 252 | Alan Platt | *143rd* | M40 | *18th* | | 1:11:13 | **1:11:52** |
| **244.** | 256 | Nicola Price | *101st* | F50 | *9th* | | 1:11:51 | **1:12:12** |
| **245.** | 261 | Nikki Ravenscroft | *102nd* | F40 | *21st* | | 1:11:59 | **1:12:19** |
| **246.** | 298 | Sara Stakes | *103rd* | F50 | *10th* | Alsager Runners | 1:12:42 | **1:13:18** |
| **247.** | 207 | Shelley Marshall | *104th* | F Sen | *53rd* | | 1:13:07 | **1:13:27** |
| **248.** | 125 | Joanne Greenhalgh | *105th* | F Sen | *54th* | | 1:13:09 | **1:13:28** |
| **249.** | 126 | Ms Joy Greenhalgh | *144th* | M Sen | *70th* | | 1:13:14 | **1:13:32** |
| **250.** | 325 | Leah Trumper | *106th* | F40 | *22nd* | | 1:13:18 | **1:13:55** |
| **251.** | 193 | Helen Lenehan | *107th* | F70 | *2nd* | | 1:13:39 | **1:14:01** |
| **252.** | 162 | Wallis Ison | *108th* | F Sen | *55th* | | 1:13:53 | **1:14:21** |
| **253.** | 353 | Ciarra Duggen | *109th* | F Sen | *56th* | | 1:14:07 | **1:14:39** |
| **254.** | 232 | Cat Nolan | *110th* | F Sen | *57th* | | 1:14:06 | **1:14:39** |
| **255.** | 339 | Claire Whitehurst | *111th* | F40 | *23rd* | | 1:14:27 | **1:14:44** |
| **256.** | 153 | Robert Horrocks | *145th* | M55 | *15th* | | 1:15:45 | **1:16:20** |
| **257.** | 182 | Dianne Lapworth | *112th* | F70 | *3rd* | Mow Cop Runners | 1:16:15 | **1:16:36** |
| **258.** | 299 | Claire Stanbank | *113th* | F50 | *11th* | | 1:16:27 | **1:16:57** |
| **259.** | 348 | Georgia Wright | *114th* | F Sen | *58th* | | 1:16:50 | **1:17:00** |
| **260.** | 203 | Cathy Lord | *115th* | F50 | *12th* | | 1:16:31 | **1:17:07** |
| **261.** | 156 | Pamela Hough | *116th* | F70 | *4th* | Nantwich Running Club | 1:17:38 | **1:18:04** |
| **262.** | 26 | Debbie Boardman | *117th* | F50 | *13th* | Stockport Harriers & AC | 1:18:22 | **1:18:44** |
| **263.** | 155 | Barry Hough | *146th* | M70 | *4th* | Nantwich Running Club | 1:21:36 | **1:22:04** |

Number of records: 263