Sandbach 10k

Age Group Results

Pos	Bib	Name	Club	Chip	Time
FSen					
1.	29	Cara Jasmine Bradley		42:33	**42:36**
2.	133	Lucy Hall		45:27	**45:35**
3.	117	Lucy Gleave	Running Bear	46:17	**46:20**
4.	9	Alex Bannister	Nantwich Running Club	46:55	**47:11**
5.	71	Vicki Creighton	Davenport Runners	47:14	**47:20**
6.	328	Natalie Varley		48:51	**48:55**
7.	159	Lucy Hulme	Congleton Harriers	49:13	**49:43**
8.	206	Kelly Marshall	Congleton Harriers	49:36	**50:07**
9.	54	Bethany Cliff	Congleton Harriers	50:10	**50:42**
10.	23	Laura Bishop		50:44	**50:44**
11.	324	Katie Trevelyan		50:49	**51:04**
12.	183	Hollie Lapworth		51:46	**51:55**
13.	312	Annie Taylor		52:40	**52:52**
14.	119	Louise Gough		53:57	**53:59**
15.	310	Rachel Tatlock	South Cheshire Harriers	53:43	**54:01**
16.	165	Laura Jelf		54:31	**54:46**
17.	234	Mollie O'Connor		55:39	**55:54**
18.	109	Anna Foggo	Nantwich Running Club	55:42	**56:10**
19.	246	Lucy Parr		55:59	**56:14**
20.	185	Alison Latham		55:58	**56:17**
21.	53	Rachel Clements		56:15	**56:31**
22.	3	Jenny Babb		56:39	**56:44**
23.	18	Laura Beggs		57:09	**57:25**
24.	74	Emily Cuthbertson		57:35	**58:07**
25.	10	Sophie Barltrop		57:36	**58:13**
26.	332	Abbey Waltho	Sandbach Striders	58:19	**58:36**
27.	291	Charlie Southern		58:40	**58:46**
28.	187	Rebecca Lawrence	Boalloy Running Club	58:47	**58:47**
29.	49	Abbie Clarke		58:54	**59:04**
30.	214	Hannah Mellor		59:21	**59:33**
31.	31	Lucinda Brown	Congleton Harriers	59:17	**59:46**
32.	281	Hayley Skipiol		59:18	**59:46**
33.	287	Kirsty Smith		59:44	**59:53**
34.	147	Amber Hodson	Northwich Running Club	59:52	**1:00:04**
35.	296	Kayleigh Squire		1:00:23	**1:00:48**
36.	143	Tilly Hemsley		1:01:29	**1:01:38**
37.	277	Rachel Sharp		1:02:10	**1:02:15**
38.	128	Libby Greenwood		1:03:47	**1:03:49**
39.	249	Bryony Pickston		1:04:14	**1:04:24**
40.	96	Helen Edmonstone		1:04:23	**1:04:26**
41.	51	Bethan Clayton		1:04:30	**1:04:43**
42.	64	Jessica Coulthurst	Wesham Road Runners & AC	1:04:31	**1:04:43**
43.	164	Lauren Jasmine	Congleton Harriers	1:05:10	**1:05:44**

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Pos	Bib	Name	Club	Chip	Time
44.	349	Melissa Wright		1:06:30	**1:06:40**
45.	257	Becky Price Jones		1:07:08	**1:07:14**
46.	93	Natalie Dunning		1:06:55	**1:07:25**
47.	248	Catherine Pickering		1:06:55	**1:07:26**
48.	274	Amber Sawford		1:07:26	**1:07:29**
49.	240	Cal Ottley		1:08:12	**1:08:34**
50.	307	Gemma Sykes		1:10:41	**1:11:14**
51.	73	Georgia Culver		1:10:54	**1:11:18**
52.	210	Claire McAleavy	Nantwich Running Club	1:11:30	**1:11:52**
53.	207	Shelley Marshall		1:13:07	**1:13:27**
54.	125	Joanne Greenhalgh		1:13:09	**1:13:28**
55.	162	Wallis Ison		1:13:53	**1:14:21**
56.	353	Ciarra Duggen		1:14:07	**1:14:39**
57.	232	Cat Nolan		1:14:06	**1:14:39**
58.	348	Georgia Wright		1:16:50	**1:17:00**

F40

1.	17	Anna Begbie	Vale Royal AC	40:28	**40:33**
2.	233	Emily Nott	Congleton Harriers	40:40	**40:42**
3.	157	Alice Houghton	Macclesfield Harriers & AC	44:00	**44:02**
4.	229	Hannah Mulliner		47:43	**47:51**
5.	83	Ellie Dick	Congleton Harriers	49:15	**49:46**
6.	171	Jennifer Jones		53:11	**53:25**
7.	115	Natalie Gillan		56:42	**57:06**
8.	100	Rachel Evanson	Nantwich Running Club	57:17	**57:42**
9.	167	Becky Johnson		57:38	**58:15**
10.	258	Lynsey Pritchard		59:15	**59:34**
11.	43	Lisa Chadwick	Nantwich Running Club	1:00:10	**1:00:17**
12.	198	Sophie Lewis	Sandbach Striders	1:01:58	**1:02:04**
13.	268	Louise Rodway		1:01:52	**1:02:31**
14.	166	Sarah Jimenez-Novoa	Sandbach Striders	1:03:55	**1:04:12**
15.	302	Miriam Stiefel	Nantwich Running Club	1:04:04	**1:04:35**
16.	97	Jenny Elkin		1:05:32	**1:05:57**
17.	13	Andrea Beaton	Nantwich Running Club	1:05:44	**1:06:19**
18.	60	Nichola Coles		1:08:27	**1:08:37**
19.	305	Deb Stubberfield	Nantwich Running Club	1:09:11	**1:09:32**
20.	317	Alex Threlfall		1:09:34	**1:10:00**
21.	261	Nikki Ravenscroft		1:11:59	**1:12:19**
22.	325	Leah Trumper		1:13:18	**1:13:55**
23.	339	Claire Whitehurst		1:14:27	**1:14:44**

F45

1.	4	Ruth Bacci		52:10	**52:33**
2.	282	Jane Smallwood		54:07	**54:21**
3.	30	Sherrie Brereton	Nantwich Running Club	54:56	**55:22**

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Age Group Results

Pos	Bib	Name	Club	Chip	Time
4.	330	Susan Vidler	South Cheshire Harriers	55:18	**55:37**
5.	336	Claire Watson	Nantwich Running Club	57:53	**58:21**
6.	340	Andrea Whiteley	Congleton Harriers	57:55	**58:27**
7.	344	Lynette Woodbine		59:28	**59:57**
8.	20	Heli Belfield	Alsager Runners	1:00:40	**1:01:07**
9.	238	Ruth Ollerenshaw		1:02:11	**1:02:16**
10.	16	Sharon Beevers	Run Middlewich	1:10:40	**1:11:08**
F50					
1.	225	Jo Moss	Sandbach Striders	44:43	**44:45**
2.	255	Melanie Power	Macclesfield Harriers & AC	51:21	**51:26**
3.	24	Rachel Blanchard		53:34	**53:41**
4.	327	Susan Twardochleb	Newcastle Staffs AC	55:57	**56:12**
5.	132	Kerry Hall		56:25	**56:34**
6.	272	Patricia Ryan	Congleton Harriers	57:56	**58:27**
7.	111	Julie Garnett		1:06:29	**1:06:56**
8.	136	Joanne Hasprey	Nantwich Running Club	1:09:05	**1:09:30**
9.	256	Nicola Price		1:11:51	**1:12:12**
10.	298	Sara Stakes	Alsager Runners	1:12:42	**1:13:18**
11.	299	Claire Stanbank		1:16:27	**1:16:57**
12.	203	Cathy Lord		1:16:31	**1:17:07**
13.	26	Debbie Boardman	Stockport Harriers & AC	1:18:22	**1:18:44**
F55					
1.	251	Susan Plant	Victoria Park RC	49:03	**49:17**
2.	221	Helen Moore	Widnes Wasps Ladies R C	58:28	**58:53**
3.	7	Joanne Bailey	Biddulph RC	1:03:45	**1:04:14**
4.	116	Kerry Gleave	Running Bear	1:03:55	**1:04:24**
F60					
1.	124	Nina Green		54:15	**54:34**
2.	196	Mandy Lewis	Nantwich Running Club	1:04:41	**1:05:01**
3.	218	Denise Mitchell		1:06:28	**1:06:55**
F65					
1.	308	Julie Taberner		1:00:07	**1:00:20**
2.	58	Lesley Cole	South Cheshire Harriers	1:04:12	**1:04:23**
F70					
1.	306	Shelagh Swinnerton	South Cheshire Harriers	1:05:59	**1:06:10**
2.	193	Helen Lenehan		1:13:39	**1:14:01**
3.	182	Dianne Lapworth	Mow Cop Runners	1:16:15	**1:16:36**
4.	156	Pamela Hough	Nantwich Running Club	1:17:38	**1:18:04**
MSen					
1.	102	Kyle Fairclough	Sale Harriers Manchester	38:08	**38:09**
2.	163	Callum Jackson		38:51	**38:52**

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Pos	Bib	Name	Club	Chip	Time
3.	283	Brett Smart	Nantwich Running Club	39:02	**39:06**
4.	347	Anthony Wright	Nantwich Running Club	40:49	**40:52**
5.	50	George Clarke	Cheshire Dragons	41:06	**41:09**
6.	47	Jack Chedotal		42:13	**42:20**
7.	175	Liam Joyce		43:13	**43:26**
8.	186	Paul Latham		43:24	**43:44**
9.	300	Ian Stanway	Congleton Harriers	43:23	**43:48**
10.	161	Simon Huxley		44:12	**44:20**
11.	72	Kyle Cruise		45:05	**45:06**
12.	78	Daniel Davies		44:53	**45:07**
13.	338	Adam White		45:44	**45:46**
14.	151	Peter Holmes	Chorlton Runners	45:29	**45:46**
15.	62	Graham Cooper	Congleton Harriers	45:28	**46:02**
16.	262	Alistair Reed		45:49	**46:07**
17.	245	Stephen Owen		47:16	**47:28**
18.	266	Philip Robinson		47:18	**47:38**
19.	247	Tom Partington		47:10	**47:45**
20.	254	Kane Potter		48:04	**48:13**
21.	170	Ian Jones	Boalloy Running Club	48:01	**48:20**
22.	85	Luke Dickinson		48:29	**48:33**
23.	28	Thomas Boyd		48:00	**48:34**
24.	106	Alex Fitton		48:17	**48:36**
25.	46	Edward Chappell		48:51	**49:11**
26.	318	Thomas Tilley		49:32	**49:38**
27.	280	Mike Skaife		49:55	**50:09**
28.	212	Jack McIntyre		50:15	**50:23**
29.	2	Adam Armitt	Sandbach Singlets	50:22	**50:42**
30.	263	Chris Regan		50:32	**50:48**
31.	84	Lee Dickinson		50:43	**50:51**
32.	112	Joe Gertrey		51:20	**51:36**
33.	56	Jason Clift-Jones	Lonely Goat RC	51:42	**51:56**
34.	208	Pete Marsland		51:34	**51:59**
35.	104	Sam Farrell		52:02	**52:18**
36.	88	Jake Dobson		52:40	**52:50**
37.	36	Rob Byrne		52:48	**52:52**
38.	142	Chris Heavey	Nantwich Running Club	52:27	**52:56**
39.	25	David Bloor	Best Athletics	53:24	**53:32**
40.	172	Patrik Jones-Wright		53:25	**53:41**
41.	279	Adam Singh Hayer		53:51	**54:02**
42.	134	Dan Hampton		54:23	**54:25**
43.	98	Adam Ellis		54:34	**54:37**
44.	259	Peter Pritchard	Sandbach Striders	54:44	**55:20**
45.	127	Richard Greenhill		55:17	**55:21**
46.	108	George Flanders		55:08	**55:24**

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Age Group Results

Pos	Bib	Name	Club	Chip	Time
47.	352	Tom Lloyd		55:28	**55:30**
48.	226	Bradley Mottram		55:39	**55:49**
49.	8	Richard Banks		56:00	**56:07**
50.	326	Neil Trumper		56:33	**57:02**
51.	158	Chris Howells		57:19	**57:41**
52.	223	Shay Moore		57:34	**57:58**
53.	199	Nick Lindsay		57:51	**57:59**
54.	80	Edward Deane		59:03	**59:25**
55.	48	Bruce Clark	Alsager Runners	59:02	**59:25**
56.	333	Dan Ward		59:04	**59:26**
57.	75	Jamie Dale		59:13	**59:40**
58.	86	Mike Dickinson		1:00:46	**1:00:46**
59.	351	Joe Young	Nantwich Running Club	1:01:46	**1:02:09**
60.	242	Matthew Ottley		1:01:49	**1:02:14**
61.	131	Gerard Hall		1:01:44	**1:02:20**
62.	200	Ross Lindsay		1:02:28	**1:02:39**
63.	41	Steven Carter	Run Middlewich	1:04:29	**1:04:58**
64.	334	Matthew Warr	Nantwich Running Club	1:05:16	**1:05:32**
65.	237	Ross Oldroyd	Congleton Harriers	1:05:05	**1:05:37**
66.	150	Greg Holland		1:05:45	**1:05:57**
67.	337	Kris Whitby		1:07:23	**1:07:29**
68.	284	Benjamin Smith		1:08:16	**1:08:52**
69.	66	Dean Coxon		1:10:33	**1:10:37**
70.	126	Ms Joy Greenhalgh		1:13:14	**1:13:32**
M40					
1.	220	Craig Mooney	Nantwich Running Club	35:20	**35:21**
2.	204	Dominic Luther		40:35	**40:37**
3.	211	Rob Mccue		43:09	**43:12**
4.	138	Nick Haywood	Vale Royal AC	44:04	**44:09**
5.	101	Rob Evanson	Nantwich Running Club	46:47	**47:00**
6.	148	Craig Hodson	Northwich Running Club	47:30	**47:39**
7.	313	Robert Taylor		50:36	**50:53**
8.	292	Dale Southern		54:09	**54:13**
9.	168	Chris Johnson		53:41	**54:19**
10.	123	Jonathan Green	South Cheshire Harriers	56:54	**57:19**
11.	288	Paul Smith		58:02	**58:35**
12.	304	Neil Stockton		58:20	**58:54**
13.	39	Stephen Canning	Congleton Harriers	59:32	**1:00:05**
14.	59	Marcus Cole		1:02:26	**1:02:51**
15.	303	Patrick Stiefel	Nantwich Running Club	1:04:03	**1:04:35**
16.	346	Kian Woodward		1:06:53	**1:07:09**
17.	197	Simon Lewis		1:09:31	**1:09:38**
18.	252	Alan Platt		1:11:13	**1:11:52**

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Age Group Results

Pos	Bib	Name	Club	Chip	Time
M45					
1.	35	Danny Buxton	Nantwich Running Club	36:29	**36:30**
2.	285	David Smith	South Cheshire Harriers	41:40	**41:44**
3.	335	Colin Watret	Congleton Harriers	44:50	**45:02**
4.	27	Iain Borsbey	Rock Salt Runners	45:33	**45:47**
5.	329	Jeremy Vernon		45:40	**45:54**
6.	130	Shane Guildford		48:39	**49:02**
7.	244	Simon Owen	Nantwich Running Club	48:39	**49:14**
8.	319	Damien Tolan	Belle Vue Racers	49:19	**49:22**
9.	179	Kevin Lally		51:06	**51:17**
10.	45	Alan Chapman	Hillsborough & Rivelin RC	53:12	**53:21**
11.	129	Andrew Greer	South Cheshire Harriers	53:19	**53:43**
12.	77	Richard Davenport	Nantwich Running Club	56:50	**57:20**
13.	289	Tim Smith		57:29	**58:06**
14.	14	Robert Beech		1:00:56	**1:01:09**
15.	113	Andrew Gibson	Lonely Goat RC	1:01:57	**1:02:29**
16.	95	David Eaton		1:05:12	**1:05:47**
17.	15	Richard Beevers	Run Middlewich	1:10:40	**1:11:08**
M50					
1.	67	Tony Coyne	Belle Vue Racers	37:45	**37:49**
2.	92	John Dunne	Sandbach Striders	44:21	**44:23**
3.	91	Steve Dunlop	Nantwich Running Club	48:10	**48:24**
4.	345	Darren Woods		49:46	**50:19**
5.	253	Lee Porter		53:51	**53:57**
6.	295	Dave Sowden		55:10	**55:47**
7.	264	Duncan Richardson		59:43	**1:00:07**
M55					
1.	146	Kevan Hinett		41:57	**41:58**
2.	309	Eric Talbot	Go Team	46:40	**46:52**
3.	269	Paul Ruscoe	Telford Harriers	46:53	**47:07**
4.	55	Paul Cliff		46:57	**47:29**
5.	6	Dave Bailey	Biddulph RC	48:55	**49:00**
6.	341	Nick Wilkins	Congleton Harriers	49:53	**50:03**
7.	89	Christopher Done	Lonely Goat RC	51:18	**51:25**
8.	224	Darren Morris	Northwich Running Club	52:15	**52:31**
9.	107	Jon Fitton		52:25	**52:43**
10.	22	Stephen Bettany		52:24	**52:53**
11.	286	Graham Smith	Nantwich Running Club	52:44	**52:58**
12.	94	Tony Dutton	Go Team	55:40	**55:53**
13.	271	Alan Ryan		58:53	**59:04**
14.	176	Steve Kenny	Silverdale RC	1:02:15	**1:02:25**
15.	153	Robert Horrocks		1:15:45	**1:16:20**

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Age Group Results

Pos	Bib	Name	Club	Chip	Time
M60					
1.	118	Peter Goringe	Kettering Town Harriers	43:58	**44:01**
2.	301	Brian Stevens		46:14	**46:21**
3.	189	David Laxton		48:13	**48:18**
4.	144	Allan Henshall	Nantwich Running Club	48:20	**48:27**
5.	68	Alan Cragg	Nantwich Running Club	57:50	**58:13**
6.	243	Peter Owen		59:13	**59:33**
7.	169	Martyn Johnson		1:00:30	**1:00:52**
8.	311	Andrew Taylor		1:01:30	**1:01:41**
9.	260	Stephen Pugh		1:09:05	**1:09:22**
10.	188	Phil Lawton		1:09:51	**1:10:19**
M65					
1.	99	Gus Erlandson	Telford Harriers	48:14	**48:19**
2.	265	Dennis Robinson	South Cheshire Harriers	51:39	**51:52**
3.	70	Paul Crean	Congleton Harriers	54:01	**54:34**
4.	316	Gary Thomason	Salford Harriers & AC	54:50	**54:57**
5.	241	David Ottley		59:54	**1:00:18**
M70					
1.	315	Thomas Temple	Salford Harriers & AC	56:36	**56:38**
2.	81	Terence Dermody	Salford Harriers & AC	57:22	**57:31**
3.	76	Tom Daniels	Salford Harriers & AC	59:02	**59:08**
4.	155	Barry Hough	Nantwich Running Club	1:21:36	**1:22:04**

Number of records: 263