

Pos	Bib	Name	Time	Pos	Bib	Name	Time
Female Senior				6.	114	Severina Cartwright	53:32
1.	266	Alice Jones	41:57	7.	332	Estelle Smith	54:51
2.	334	Cassie Seymour	47:10	8.	29	Tori Sprung	56:10
3.	174	Alex Mortlock	47:11	9.	232	Eleanor Barlow	56:23
4.	38	Charlotte Armstrong	47:55	10.	251	Stacey Shmygol	56:29
5.	282	Jenny Daly	48:42	11.	57	Esther Hindley	57:18
6.	110	Emma Ladanowski	48:44	12.	122	Hayley Verry	57:56
7.	145	Rachael Stamper	49:09	13.	301	Jay Friar	58:49
8.	318	Florence Wilson	49:11	Female 40-44			
9.	182	Annabelle Gay	50:55	1.	353	Hayley Fairclough	43:41
10.	188	Lucy St John	51:50	2.	357	Lenka Vidamour	44:24
11.	326	Nicola Kitts	52:43	3.	323	Jennifer Martin	48:38
12.	67	Heather Davies	53:15	4.	33	Joanne Evans	48:42
13.	315	Sigrid Olthof	54:06	5.	180	Hilde Moe Hoiesen	55:29
14.	151	Olivia Maccormack	55:04	6.	89	Laura Lockhart	56:31
15.	128	Charlotte Supria	55:26	7.	343	Laura Samaroo	56:35
16.	231	Claire Skea	56:21	8.	34	Leeanne Evans	58:16
17.	206	Niamh Mannion	57:03	9.	339	Kay Nelson	58:50
18.	21	Zoe Wolstencroft	57:14	10.	341	Jenny Appleton	59:14
19.	112	Charlotte Woodward	58:37	11.	84	Gemma Cretney	1:01:08
20.	286	Sarah Raynor	59:06	12.	166	Monika Trojanowska	1:02:10
21.	93	Elizabeth Ray	59:46	13.	60	Caroline Stafford	1:03:38
22.	204	Sophie Lovell-Kennedy	1:00:38	14.	306	Claire Dumbell	1:10:19
23.	293	Megan Cider	1:00:56	15.	1	Kathryn Phillips	1:38:21
24.	316	Sophie Gay	1:01:26	Female 45-49			
25.	283	Tilly Flynn	1:01:28	1.	241	Kelly Marrin	43:21
26.	328	Sophie Hunt	1:01:32	2.	194	Sharon Martin	46:39
27.	202	Annie Morrow	1:01:44	3.	27	Lisa Cusack	49:25
28.	101	Liz Killick	1:01:58	4.	303	Kam Dosanjh	49:53
29.	42	Anna Bailey	1:03:58	5.	28	Sarah Burke	52:14
30.	186	Katherine Stanley	1:07:06	6.	80	Paula Watson	54:19
31.	98	Saffron Francis	1:08:51	7.	120	Deborah Hill	56:00
32.	160	Charlie Taktak	1:10:06	8.	191	Jo Herriott	56:53
33.	16	Daisy Bloor	1:17:58	9.	62	Nicola Williams	58:17
34.	313	Sarah Blair	1:19:08	10.	270	Joanne Sutherland	59:50
35.	90	Hayley Goodhew	1:22:40	11.	237	Kate Halsall	1:01:05
36.	106	Amy Davies	1:26:19	12.	198	Emma Wright	1:01:17
Female 35-39				13.	262	Laura Jones	1:03:17
1.	192	Rachael Fairclough	43:48	14.	61	Shelley Vaughan	1:03:38
2.	131	Jennifer Harper	47:07	15.	130	Vicky McKay	1:03:39
3.	118	Lorna Harper	50:22	16.	274	Claire Plunkett	1:04:21
4.	295	Hannah Morrow	51:21	17.	129	Vicky Mullen	1:12:09
5.	280	Kelly Alford	52:10	18.	356	Lindsay Beecham	1:38:16

Pos	Bib	Name	Time	Pos	Bib	Name	Time
Female 50-54				2.	133	Jamie Rutherford	35:00
1.	91	Caroline Brown	46:29	3.	304	Joshua Makin	35:10
2.	246	Joanne Moyers	49:54	4.	333	Ben Lewington	35:26
3.	7	Bhavna Mistry	50:09	5.	362	Bradley Williams	35:44
4.	185	Sharon Galvin	52:18	6.	212	Paul Martin	36:13
5.	245	Rachel Kettle	52:46	7.	124	Lee Moore	37:22
6.	139	Catherine Kearney	54:40	8.	268	James Muscart	37:23
7.	172	Marie Court	58:01	9.	156	Jack Butterworth	37:52
8.	69	Dianne Sorensen	1:00:44	10.	348	Mark Singer	38:58
9.	291	Sarah Arnett-Samson	1:03:34	11.	230	Danny Murphy	39:55
10.	159	Diane Taktak	1:11:50	12.	137	David Rea	40:00
Female 55-59				13.	53	Philip Taylor	40:05
1.	146	Michelle Murphy	48:34	14.	220	Gerard McLeigh	40:17
2.	55	Mim Eaton	49:30	15.	361	Ben Sweeney	40:49
3.	344	Elaine Laycock	51:25	16.	297	James Manger	41:17
4.	199	Ann-Marie McCarthy	53:01	17.	157	Karl Corrick	41:18
5.	234	Alison Cardwell	54:37	18.	210	Andrew Walls	41:55
6.	105	Jane Hogan	56:11	19.	271	Connor Hannaway	42:03
7.	121	Sharon Swift	56:50	20.	269	Joseph Brooks	42:10
8.	256	Samantha Bentall	58:59	21.	127	Dimitri Votskis	42:16
9.	240	Linda Bannister	59:01	22.	258	Luke Hart	42:34
10.	207	Ann Carberry	1:01:18	23.	287	Eamonn Cullen	42:35
11.	45	Jayne Hamilton	1:07:16	24.	113	David Cartwright	42:54
12.	173	Anwara Chambers	1:10:02	25.	52	Robbie Collins	42:59
13.	132	Deb Menzies	1:14:26	26.	221	Ashley Stillwell	43:04
14.	82	Gillian Long	1:15:24	27.	309	Lewis Hinton	43:12
15.	87	Jane Woodward	1:15:24	28.	264	Daniel Bannell	43:27
16.	134	Lea Cunliffe	1:17:48	29.	164	Joshua Hughes	43:45
Female 60-64				30.	218	James Lee	43:54
1.	162	Sue Spiers	48:18	31.	253	Bartosz Borawski	44:08
2.	171	Annie McCaffrey	53:53	32.	342	Alan Hero	44:17
3.	347	Marie Motley	57:32	33.	354	Kieran Hopkins	44:20
4.	6	Jayne Mclvor	59:59	34.	205	Adam Jones	44:50
Female 70-74				35.	227	Owen Quirk	44:51
1.	265	Angela Joyce	1:05:32	36.	327	Lee Tommy	45:14
2.	74	Linda Chapman	1:29:08	37.	329	Arran Roberts	46:12
Female 75+				38.	148	Ben Freeman	46:33
1.	72	Sue Stewart	58:57	39.	250	Andre Shmygol	46:34
2.	115	Elizabeth Simpson	1:12:30	40.	312	James Devine	46:50
Male Senior				41.	346	Matthew Whalley	47:02
1.	359	Matthew Skaife	34:33	42.	238	Dean Thackray	47:23
				43.	299	Neil Kelly	48:24
				44.	355	Joshua Rawlins-Williams	48:25
				45.	59	Michael Baker	49:09
				46.	143	Dean Connolly	49:22

Pos	Bib	Name	Time	Pos	Bib	Name	Time
47.	260	Diego Correa Delgado	50:28	17.	296	John Herriott	51:21
48.	279	Cai Roberts	51:20	18.	360	Paul Roberts	51:59
49.	77	Roy Caine	51:21	19.	335	Michael Rimmer	53:43
50.	319	Owen Hinds	51:25	20.	345	Steven Bray	54:22
51.	300	Krystian Kaminski	52:13	21.	235	Gary Ward	1:00:35
52.	298	Alex Rae	52:22	22.	239	Richard James	1:05:07
53.	310	Daniel Henry	52:30	Male 45-49			
54.	97	Lewys Herman	52:50	1.	9	Kevin Harrison	37:56
55.	236	Paul Roskell	52:51	2.	195	Phil Riding	38:28
56.	292	Chris Owen	53:25	3.	352	Michael Jonathan Riley	38:52
57.	254	Ben Marsh	53:27	4.	311	Anthony Cassidy	41:00
58.	325	Darren Linnell	54:01	5.	136	Carl Yu	42:25
59.	58	Mike Hindley	54:06	6.	229	Graham Cushion	42:32
60.	288	Alasdair Roxburgh	54:18	7.	81	Billy Dean	42:51
61.	96	Shiva Namdeo	55:10	8.	102	Keith Swift	43:08
62.	214	Daniel Byrne	55:32	9.	294	Allan McDonough	44:27
63.	142	Lee Bray	56:16	10.	211	David Matthews	45:06
64.	187	Alex Garner	56:43	11.	242	Chris Wills	48:38
65.	71	Ben Cross	57:00	12.	36	Robert Saile	51:28
66.	340	Jonathan Carter	57:47	13.	248	Kevin Doyle	51:51
67.	337	Peter Seymour	58:04	14.	163	Matthew Harvey	52:58
68.	302	Joel Kearney	58:21	15.	54	Tony Hunter	54:30
69.	284	Tyler McCabe	1:01:31	16.	358	Paul Reay	55:46
70.	167	Jakub Mendecki	1:02:10	17.	322	Stephen Park	56:06
71.	272	Scott Riley	1:02:35	18.	83	James Tunstead	56:52
72.	275	James Plunkett	1:03:15	19.	330	Mark Strevens	56:52
73.	161	Luca Kennedy	1:22:34	20.	108	Colin Clarke	56:59
Male 40-44				21.	228	Lee Poole	57:52
1.	226	Carlos Wilson	38:12	22.	320	Greg Stephens	1:02:31
2.	8	John McLaren	38:48	23.	5	Allan Gibbs-Monaghan	1:04:48
3.	305	Mike Robson	39:05	Male 50-54			
4.	158	Stuart Atherton	39:29	1.	203	John Monaghan	40:41
5.	193	Scott Hambleton	40:33	2.	308	Joe Harrison	43:36
6.	219	Miras Eskander	42:20	3.	11	Jonathan Mackie	43:42
7.	244	James Ingram	42:34	4.	209	Simon Rafferty	44:29
8.	177	Paul Doran	42:43	5.	111	Paul Dowdle	46:37
9.	281	Terry Daly	43:06	6.	225	Neil Field	46:54
10.	165	Dominic Cooper	43:16	7.	40	James De Turberville	47:12
11.	249	Gary Ellis	43:38	8.	201	John Bosward	48:45
12.	338	Daniel Garner	43:56	9.	2	Bruce Martin	52:03
13.	285	Michael Connolly	44:59	10.	224	Anthony Deacy	52:22
14.	208	Simon Turton	47:40	11.	116	Jon Bradford Ehlen	53:13
15.	149	Robert Harper	48:36	12.	94	Paul Wainwright	54:08
16.	179	Dan Skinner	49:44				

Pos	Bib	Name	Time	Pos	Bib	Name	Time
13.	88	Paul Owen	54:10	19.	290	Craig Samson	1:03:35
14.	216	Mike Jones	56:39	20.	47	Steve Doble	1:03:43
15.	223	Mark Povey	1:04:09	21.	41	John Bailey	1:07:48
Male 55-59				Male 65-69			
1.	56	Marc Jacques	41:06	1.	30	Alan Joyce	43:57
2.	138	Paul Demore	41:53	2.	233	Chris Pedder	44:05
3.	170	David Hemmings	47:17	3.	261	Anthony Metcalfe	44:15
4.	50	David Craddock	47:58	4.	78	Tony Green	52:39
5.	85	Shaun Geoghan	48:11	5.	26	Barry Bright	55:19
6.	196	Michael Buckland	48:18	6.	39	Keith Rigby	55:27
7.	32	Simon Clarke	49:51	7.	257	Andy McDougall	57:09
8.	92	Chris Brown	50:03	8.	350	Mo Gharooni	1:03:13
9.	104	Paul McDonald	50:10	9.	44	David Barrow	1:03:20
10.	321	Patrick Walters	51:17	Male 70-74			
11.	183	Gary Williams	52:17	1.	12	Mike Walker	46:01
12.	317	James Lambe	55:07	2.	119	John Barr	50:22
13.	17	Dave Foulkes	55:49	3.	147	Mark Tracey	55:47
14.	189	Nick Taylor	55:51	4.	79	Ken Stocker	1:08:22
15.	86	Nigel Jones	56:41	Male 75+			
16.	100	Simon Emery	58:15	1.	263	Alan Jenkinson	1:00:05
17.	215	Michael Byrne	58:33	Number of records: 304			
18.	307	David Chisholm	1:04:40				
19.	25	Neil Tabor	1:19:38				
20.	336	Kieran McGrane	1:38:19				
Male 60-64							
1.	150	Greg Callaghan	39:35				
2.	349	Dave Edwards	42:02				
3.	200	Ian McCarthy	48:13				
4.	277	Simon Booth	48:57				
5.	324	Sean Loughran	49:14				
6.	314	Peter Moville	49:48				
7.	175	Alan Spencer	51:03				
8.	13	Tim Raynor	52:19				
9.	103	Arthur John Wilson	52:34				
10.	107	Peter Jones	53:38				
11.	10	Tony Holmes	55:23				
12.	289	Mark Waldron	55:45				
13.	351	Alan Cardwell	57:03				
14.	75	Leslie Edwards	58:08				
15.	23	Peter Jones	1:00:24				
16.	273	Richard Plunkett	1:00:56				
17.	73	John Robson	1:02:02				
18.	276	David Limbrick	1:02:48				