39th Congleton Half Marathon

Overall Results

Pos	Bib	Name	M/F	AG	AG	NSRRA	Club	CP1	CP2	Chip	Gun
1.	435	Samuel Crozier	*1st*	M Sen	-	A 121	Newcastle (Staffs) AC	21:52	52:09	1:14:16	**1:14:16**
2.	369	Carl Moulton	*2nd*	M40	-	A 156	Boalloy RC	21:53	52:18	1:14:50	**1:14:50**
3.	165	Dan Hibberd	*3rd*	M40	-		Boalloy RC	22:42	53:55	1:17:10	**1:17:11**
4.	454	Robert Whitby	*4th*	M Sen	*1st*		Macclesfield Harriers	22:56	54:48	1:17:26	**1:17:27**
5.	301	Shaun Ashworth	*5th*	M Sen	*2nd*		Velo Runner	23:04	55:15	1:18:18	**1:18:19**
6.	16	Martin Pratt	*6th*	M40	*1st*	B 262	Trentham RC	23:28	55:43	1:18:19	**1:18:20**
7.	420	Christian Prince	*7th*	M Sen	*3rd*	A 481	Gator AC	23:25	56:07	1:19:31	**1:19:32**
8.	177	Alex Hall	*8th*	M Sen	*4th*		Helsby RC	22:37	55:23	1:20:03	**1:20:04**
9.	513	Mark Kirkby	*9th*	M40	*2nd*		Wilmslow RC	23:24	56:25	1:20:38	**1:20:42**
10.	4	Justin Johnson	*10th*	M40	*3rd*		Hyde Village Striders	24:26	58:45	1:22:44	**1:22:48**
11.	421	Kieran Bedford	*11th*	M Sen	*5th*	B 483	Gator AC	24:25	58:04	1:22:59	**1:23:00**
12.	271	Paul Brooks	*12th*	M45	*1st*		Stockport Harriers	23:52	58:38	1:23:14	**1:23:15**
13.	468	Andrew Mayers	*13th*	M50	*1st*		South Cheshire Harriers	24:43	59:04	1:23:20	**1:23:21**
14.	133	David Chambers	*14th*	M40	*4th*		Macclesfield Harriers	24:14	58:33	1:23:21	**1:23:24**
15.	372	Ben Bewley	*15th*	M40	*5th*	A 189	Newcastle (Staffs) AC	24:27	58:39	1:23:27	**1:23:28**
16.	502	Andy Christley	*16th*	M45	*2nd*			24:27	58:17	1:22:48	**1:23:33**
17.	503	Robert Jackson	*17th*	M Sen	*6th*		Wilmslow RC	24:22	59:06	1:23:38	**1:23:41**
18.	288	Hamish Woodhead	*18th*	M40	*6th*			23:43	58:17	1:23:42	**1:23:46**
19.	225	Lee Wilkinson	*19th*	M50	*2nd*		Stockport Harriers	24:34	59:26	1:24:31	**1:24:36**
20.	305	Simon Powner	*20th*	M40	*7th*			24:31	59:37	1:24:46	**1:24:48**
21.	278	Oscar Bartlett	*21st*	M Sen	*7th*			24:43	59:52	1:24:48	**1:24:50**
22.	216	Simon Lumsden	*22nd*	M40	*8th*		Vale Royal	24:12	58:57	1:24:51	**1:24:54**
23.	373	Harry Hammon	*23rd*	M Sen	*8th*			24:38	1:00:15	1:25:50	**1:25:54**
24.	195	Lee Farrington	*24th*	M40	*9th*	B 5	South Cheshire Harriers	25:05	1:00:07	1:25:48	**1:25:58**
25.	247	Jason Edwards	*25th*	M Sen	*9th*			26:02	1:01:46	1:26:41	**1:26:45**

Overall Results

Pos	Bib	Name	M/F	AG	AG	NSRRA	Club	CP1	CP2	Chip	Gun
26.	429	Isabella Shaw	*1st*	F Sen	-	L 119	Trentham RC	26:04	1:02:07	1:26:44	**1:26:49**
27.	341	Liam Clay	*26th*	M Sen	*10th*	C 478	Gator AC	26:10	1:02:07	1:26:53	**1:26:59**
28.	400	Ashley Somerfield	*27th*	M Sen	*11th*			25:57	1:01:49	1:27:32	**1:27:37**
29.	67	Ian Barker	*28th*	M Sen	*12th*			25:46	1:02:15	1:27:51	**1:27:55**
30.	501	Dominique Searle	*2nd*	F45	-		Cheshire Dragons	25:17	1:01:39	1:27:54	**1:27:57**
31.	415	Lee Davies	*29th*	M Sen	*13th*	B 153	Silverdale RC	26:03	1:01:47	1:28:13	**1:28:27**
32.	544	Paul Marshall	*30th*	M Sen	*14th*	D 445	Trentham RC	26:25	1:03:06	1:28:28	**1:28:34**
33.	84	Didier Nuttall	*31st*	M Sen	*15th*		Newcastle (Staffs) Tri Club	25:16	1:02:08	1:28:54	**1:28:57**
34.	314	Jack Drage	*32nd*	M Sen	*16th*			24:02	1:00:07	1:29:16	**1:29:21**
35.	255	Daniel Everett	*33rd*	M Sen	*17th*			26:35	1:02:54	1:29:05	**1:29:33**
36.	482	Kieran Gilbert	*34th*	M Sen	*18th*	B 31	Silverdale RC	25:57	1:02:54	1:29:32	**1:29:35**
37.	71	Michael Cattermole	*35th*	M Sen	*19th*		Sutton-in-Ashfield Harriers	25:09	1:01:40	1:29:36	**1:29:39**
38.	361	Gareth Jones	*36th*	M45	*3rd*	A 143	Stone MM	25:42	1:02:36	1:29:38	**1:29:40**
39.	532	Amanda Kelly	*3rd*	F35	-	L 196	City of Stoke AC	26:06	1:02:45	1:29:46	**1:29:50**
40.	168	Daniel Cawley	*37th*	M Sen	*20th*	B 122	Boalloy RC	26:19	1:03:32	1:30:01	**1:30:05**
41.	308	James Simpson	*38th*	M50	*3rd*	A 109	South Cheshire Harriers	26:07	1:03:02	1:30:08	**1:30:10**
42.	3	Ali Coutts	*39th*	M Sen	*21st*			26:03	1:03:14	1:30:41	**1:30:43**
43.	497	David Smith	*40th*	M45	*4th*		South Cheshire Harriers	26:50	1:04:48	1:31:05	**1:31:18**
44.	404	Paul Glover	*41st*	M45	*5th*	C 831	Stone MM	26:28	1:03:44	1:31:22	**1:31:32**
45.	110	Rob Mccue	*42nd*	M45	*6th*			27:05	1:04:51	1:31:42	**1:32:00**
46.	191	Sean Lindsay	*43rd*	M Sen	*22nd*		Newcastle Tri Club	26:27	1:04:54	1:31:54	**1:32:01**
47.	196	James Burrows	*44th*	M Sen	*23rd*			27:10	1:05:22	1:31:58	**1:32:01**
48.	424	Ryan Berrisford	*45th*	M Sen	*24th*		UKRunChat	27:02	1:04:53	1:32:03	**1:32:14**
49.	192	James Phillips-Betts	*46th*	M Sen	*25th*			27:15	1:04:54	1:32:06	**1:32:19**
50.	172	Christopher Moult	*47th*	M40	*10th*		Danum Harriers	26:14	1:04:53	1:32:25	**1:32:26**

Overall Results

Pos	Bib	Name	M/F	AG	AG	NSRRA	Club	CP1	CP2	Chip	Gun
51.	407	Joanne Stanfield	*4th*	F50	*1st*	L 744	Trentham RC	27:28	1:05:36	1:32:57	**1:33:05**
52.	418	Tim West	*48th*	M50	*4th*	C 104	Stoke FIT	27:38	1:06:27	1:32:56	**1:33:07**
53.	395	Dave Blundred	*49th*	M Sen	*26th*	C 270	Go! Team	27:49	1:06:38	1:33:40	**1:33:50**
54.	478	Christopher Malbon	*50th*	M Sen	*27th*			27:22	1:05:49	1:33:50	**1:33:53**
55.	477	Bill Green	*51st*	M Sen	*28th*			27:57	1:06:32	1:34:16	**1:34:27**
56.	533	Alan Lea	*52nd*	M55	*1st*		Helsby RC	27:10	1:05:34	1:34:23	**1:34:28**
57.	210	Tom Watson	*53rd*	M Sen	*29th*		Boalloy RC	26:41	1:05:19	1:34:30	**1:34:33**
58.	371	Darren Beach	*54th*	M45	*7th*	D 173	South Cheshire Harriers	27:33	1:06:33	1:34:37	**1:34:51**
59.	436	Robin Williamson	*55th*	M50	*5th*	B 817	Stone MM	27:09	1:06:14	1:34:49	**1:34:56**
60.	148	Kozak Norbert Lajos	*56th*	M Sen	*30th*		Audley Striders	27:14	1:07:10	1:34:57	**1:35:00**
61.	221	James Dean	*57th*	M50	*6th*			28:05	1:06:35	1:34:41	**1:35:01**
62.	108	Eliot Powell	*58th*	M45	*8th*	C 61	Stoke FIT	27:08	1:05:47	1:34:56	**1:35:04**
63.	85	Steve Lomas	*59th*	M55	*2nd*		Macclesfield Harriers	27:21	1:06:18	1:35:03	**1:35:06**
64.	287	Rob Dale	*60th*	M50	*7th*			28:42	1:07:51	1:35:28	**1:35:35**
65.	536	Darren Pyatt	*61st*	M55	*3rd*	B 835	Stone MM	27:30	1:07:01	1:35:51	**1:35:58**
66.	284	Glen Gandy	*62nd*	M55	*4th*		Manchester harriers AC	27:58	1:06:43	1:35:50	**1:36:02**
67.	384	Harry Warwick	*63rd*	M Sen	*31st*		Tattenhall Runners	28:35	1:07:47	1:36:22	**1:36:32**
68.	57	Julia Hartley	*5th*	F50	*2nd*		Vale Royal	28:52	1:08:08	1:36:37	**1:36:42**
69.	474	Matt Craig	*64th*	M40	*11th*	D 177	Stoke FIT	27:01	1:07:54	1:36:54	**1:37:02**
70.	367	Andrew Cawthorne	*65th*	M55	*5th*	D 152	Stone MM	27:58	1:07:41	1:37:06	**1:37:14**
71.	242	Chris Gilbert	*66th*	M Sen	*32nd*			28:29	1:08:51	1:37:13	**1:37:20**
72.	471	Julian Brown	*67th*	M55	*6th*		Macclesfield Harriers	28:29	1:08:33	1:37:24	**1:37:27**
73.	452	Andy Thomas	*68th*	M60	*1st*	C 9	Sandbach Striders	27:51	1:07:52	1:37:37	**1:37:44**
74.	440	Sarah Taylor	*6th*	F55	*1st*	L 691	Trentham RC	28:22	1:08:21	1:37:35	**1:37:47**
75.	410	Matthew Deschoolmeester	*69th*	M50	*8th*		Bramhall Runners	29:58	1:09:13	1:37:28	**1:37:48**

Overall Results

Pos	Bib	Name	M/F	AG	AG	NSRRA	Club	CP1	CP2	Chip	Gun
76.	459	Edward Kerr	*70th*	M Sen	*33rd*		Mow Cop Runners	27:26	1:07:36	1:38:07	**1:38:13**
77.	514	Chris Gorman	*71st*	M40	*12th*		Mow Cop Runners	27:25	1:07:35	1:38:07	**1:38:13**
78.	176	Richard Winnington	*72nd*	M Sen	*34th*			26:35	1:06:35	1:38:13	**1:38:16**
79.	516	Simon Robinson	*73rd*	M Sen	*35th*			27:57	1:08:33	1:38:10	**1:38:24**
80.	406	Simon Huxley	*74th*	M Sen	*36th*			28:22	1:08:21	1:38:33	**1:38:41**
81.	397	James Huxley	*75th*	M Sen	*37th*			28:26	1:08:52	1:38:36	**1:38:46**
82.	74	Stephen Kershaw	*76th*	M40	*13th*			29:07	1:09:23	1:38:39	**1:38:47**
83.	290	Stephen Wright	*77th*	M Sen	*38th*			27:22	1:06:56	1:38:45	**1:38:47**
84.	37	Neil Stockley	*78th*	M60	*2nd*		Styal RC	27:22	1:06:56	1:38:48	**1:38:50**
85.	466	Angela Mensing	*7th*	F50	*3rd*	B 513	Stone MM	29:16	1:10:07	1:38:41	**1:38:53**
86.	219	Sophie Gardner	*8th*	F Sen	*1st*			28:26	1:09:01	1:38:55	**1:39:06**
87.	433	Martyn Clare	*79th*	M55	*7th*	C 489	Cannock & Stafford AC	27:59	1:07:31	1:39:08	**1:39:14**
88.	393	Steven Mccann	*80th*	M45	*9th*	A 840	Stone MM	28:33	1:09:03	1:38:54	**1:39:22**
89.	358	Lok Li	*81st*	M50	*9th*		Bramhall Runners	29:59	1:09:27	1:39:06	**1:39:26**
90.	330	Chris Trask	*82nd*	M50	*10th*		Bramhall Runners	29:59	1:09:26	1:39:07	**1:39:26**
91.	481	Chris Hassall	*83rd*	M40	*14th*	D 776	South Cheshire Harriers	28:35	1:09:08	1:39:34	**1:39:48**
92.	417	Andrew Cooke	*84th*	M40	*15th*		Silverdale RC	28:40	1:09:04	1:39:13	**1:39:52**
93.	248	Claire Capper	*9th*	F Sen	*2nd*		Newcastle (Staffs) AC	30:33	1:11:01	1:39:30	**1:39:54**
94.	235	Mark Barnes	*85th*	M40	*16th*		Nantwich running	28:28	1:09:04	1:39:55	**1:40:06**
95.	282	Andrew Golder	*86th*	M40	*17th*			28:49	1:09:50	1:40:16	**1:40:25**
96.	152	Christopher Chambers	*87th*	M50	*11th*		Mynydd du	30:04	1:11:09	1:40:46	**1:40:59**
97.	460	Robert Minton	*88th*	M Sen	*39th*	C	South Cheshire Harriers	29:57	1:12:02	1:40:44	**1:41:06**
98.	111	David Poole	*89th*	M50	*12th*	C 4036511	Newcastle (Staffs) AC	29:53	1:10:48	1:40:50	**1:41:15**
99.	132	Owain Morris	*90th*	M Sen	*40th*		Macclesfield Harriers	29:28	1:11:12	1:41:16	**1:41:20**
100.	64	David Weldon	*91st*	M45	*10th*			29:02	1:10:52	1:41:18	**1:41:29**

Overall Results

Pos	Bib	Name	M/F	AG	AG	NSRRA	Club	CP1	CP2	Chip	Gun
101.	512	Helena Bradwell	*10th*	F Sen	*3rd*			29:19	1:10:28	1:41:22	**1:41:31**
102.	175	Mark Winnington	*92nd*	M Sen	*41st*			28:02	1:10:19	1:41:40	**1:41:43**
103.	13	David Maydew	*93rd*	M55	*8th*		Biddulph RC	29:13	1:11:10	1:41:48	**1:41:56**
104.	449	James Irving	*94th*	M Sen	*42nd*			30:59	1:12:37	1:42:08	**1:42:19**
105.	507	Tom Godfrey	*95th*	M Sen	*43rd*			30:43	1:12:21	1:41:46	**1:42:25**
106.	274	Graeme Eddie	*96th*	M45	*11th*		Macclesfield Harriers	28:59	1:10:17	1:42:24	**1:42:28**
107.	146	Andy Torbitt	*97th*	M Sen	*44th*	E 303	Silverdale RC	29:58	1:11:20	1:42:16	**1:42:29**
108.	375	Claire Kivlin	*11th*	F45	*1st*	L 11	South Cheshire Harriers	30:05	1:12:18	1:42:16	**1:42:32**
109.	443	Chris Brown	*98th*	M55	*9th*	C 389	Stone MM	27:55	1:11:22	1:42:29	**1:42:36**
110.	350	Liam Cronin	*99th*	M Sen	*45th*			30:18	1:12:03	1:42:34	**1:42:57**
111.	145	Gareth Harries	*100th*	M50	*13th*		Biddulph RC	30:28	1:12:18	1:42:38	**1:43:09**
112.	342	James Dowley	*101st*	M50	*14th*			29:15	1:11:13	1:43:06	**1:43:16**
113.	123	Logan Vinters	*102nd*	M Sen	*46th*			29:15	1:11:36	1:43:06	**1:43:18**
114.	250	Sue Stockdale	*12th*	F45	*2nd*		Macclesfield Harriers	29:11	1:11:36	1:43:32	**1:43:38**
115.	121	John Myatt	*103rd*	M50	*15th*		Michelin AC	29:52	1:12:51	1:43:31	**1:43:53**
116.	12	Laura Venables	*13th*	F Sen	*4th*		Biddulph RC	30:02	1:12:24	1:43:35	**1:43:58**
117.	217	Dan Phillips	*104th*	M40	*18th*			30:30	1:13:17	1:43:46	**1:44:04**
118.	51	Victoria Estcourt	*14th*	F40	*1st*		Sandbach Striders	30:21	1:13:18	1:43:54	**1:44:07**
119.	540	Elaine Collins	*15th*	F40	*2nd*		Northwich RC	29:49	1:12:21	1:43:59	**1:44:10**
120.	89	Paul Dixon	*105th*	M45	*12th*			30:33	1:12:48	1:43:37	**1:44:11**
121.	310	David Hartley	*106th*	M40	*19th*			29:51	1:12:19	1:44:19	**1:44:45**
122.	428	Sam Chappell	*107th*	M40	*20th*	G 355	Trentham RC	30:44	1:13:23	1:44:33	**1:44:47**
123.	534	David Hemmings	*108th*	M55	*10th*		Southport &Waterloo	30:06	1:12:32	1:44:43	**1:44:49**
124.	52	Edward Oranson	*109th*	M Sen	*47th*			29:04	1:11:23	1:44:40	**1:44:51**
125.	434	Clorinda Graham	*16th*	F Sen	*5th*	M 821	Stone MM	29:14	1:12:37	1:44:51	**1:45:02**

Overall Results

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126.	266	Matthew Sherman	*110th*	M Sen	*48th*			30:46	1:14:37	1:44:44	**1:45:12**
127.	426	Morgan Frost	*111th*	M Sen	*49th*			30:24	1:13:30	1:45:09	**1:45:16**
128.	260	Andrew Kirkby	*112th*	M Sen	*50th*			30:56	1:15:02	1:45:23	**1:45:25**
129.	374	David Kivlin	*113th*	M45	*13th*	D 14	South Cheshire Harriers	30:21	1:13:51	1:45:09	**1:45:26**
130.	465	Jane Finnemore	*17th*	F50	*4th*			30:36	1:13:37	1:45:16	**1:45:30**
131.	156	Jasmine Sudworth	*18th*	F Sen	*6th*			32:07	1:15:42	1:45:16	**1:45:42**
132.	447	David Laxton	*114th*	M60	*3rd*	D 493		30:47	1:14:01	1:45:32	**1:45:43**
133.	511	Natalie Duncombe	*19th*	F Sen	*7th*		Knutsford Tri Club	29:44	1:14:30	1:45:45	**1:45:54**
134.	227	Carol Higgs	*20th*	F60	*1st*	L 183	Trentham RC	30:05	1:12:36	1:45:45	**1:45:56**
135.	80	Ian Jones	*115th*	M Sen	*51st*		Boalloy RC	31:50	1:14:56	1:45:50	**1:46:05**
136.	446	Matthew Stevenson	*116th*	M Sen	*52nd*			30:42	1:13:53	1:46:07	**1:46:10**
137.	251	Gareth Stockdale	*117th*	M45	*14th*		Macclesfield Harriers	29:32	1:11:48	1:46:14	**1:46:20**
138.	379	Jake Foster	*118th*	M Sen	*53rd*			31:27	1:15:30	1:45:37	**1:46:25**
139.	448	Matthew Kingston	*119th*	M Sen	*54th*	E 872	Essington Harriers running club	30:15	1:14:45	1:46:14	**1:46:25**
140.	233	Dean Windsor	*120th*	M45	*15th*	E 437	Congleton Harriers	30:33	1:15:11	1:46:13	**1:46:27**
141.	50	Kerry Widdowson	*21st*	F50	*5th*	M 381	Trentham RC	30:40	1:14:13	1:46:24	**1:46:35**
142.	32	Adam Millington	*121st*	M Sen	*55th*			30:20	1:15:16	1:46:40	**1:46:48**
143.	28	Clare Holdcroft	*22nd*	F50	*6th*		Mow Cop Runners	30:41	1:14:45	1:46:42	**1:46:48**
144.	276	Mark Dix	*122nd*	M45	*16th*			33:10	1:16:28	1:46:34	**1:47:11**
145.	422	Keith Mulholland	*123rd*	M55	*11th*		Macclesfield Harriers	29:57	1:13:59	1:47:09	**1:47:13**
146.	82	Pete Lilley	*124th*	M Sen	*56th*			30:08	1:14:13	1:47:04	**1:47:16**
147.	430	Richard Cooke	*125th*	M45	*17th*	E 225	Stone MM	31:28	1:15:45	1:47:25	**1:47:36**
148.	403	Laura Hancock	*23rd*	F35	*1st*		Stone MM	31:20	1:15:20	1:47:51	**1:48:02**
149.	5	Jean-Philippe Duvillard	*126th*	M50	*16th*			28:48	1:14:19	1:48:00	**1:48:09**
150.	500	Rebecca Lawrence	*24th*	F35	*2nd*		Boalloy RC	31:57	1:15:58	1:48:02	**1:48:17**

Overall Results

Pos	Bib	Name	M/F	AG	AG	NSRRA	Club	CP1	CP2	Chip	Gun
151.	496	Martha Davis	*25th*	F Sen	*8th*		Newcastle (Staffs) AC	30:28	1:14:11	1:47:56	**1:48:20**
152.	38	James Best	*127th*	M40	*21st*			31:41	1:15:25	1:48:19	**1:48:34**
153.	203	Nicholas Dwyer	*128th*	M Sen	*57th*			30:57	1:16:29	1:48:28	**1:48:36**
154.	506	Andrew Pemberton	*129th*	M50	*17th*		Go! Team	31:51	1:15:34	1:48:01	**1:48:38**
155.	24	Laura Birch	*26th*	F Sen	*9th*			31:58	1:16:18	1:48:26	**1:48:40**
156.	425	Mark Bernier	*130th*	M65	*1st*			31:11	1:15:34	1:48:34	**1:48:43**
157.	197	Deanne Tomkins	*27th*	F35	*3rd*		Macclesfield Harriers	30:53	1:15:41	1:48:38	**1:48:44**
158.	257	Martin Packham	*131st*	M45	*18th*			30:05	1:13:33	1:49:03	**1:49:11**
159.	267	Daniel Jones	*132nd*	M Sen	*58th*			30:51	1:14:38	1:49:07	**1:49:35**
160.	338	Paul Morley-Smith	*133rd*	M45	*19th*			35:08	1:20:38	1:49:17	**1:49:53**
161.	48	Tom Blease	*134th*	M Sen	*59th*			32:31	1:16:47	1:49:21	**1:49:53**
162.	245	Amanda Bradbury	*28th*	F45	*3rd*		Wilmslow RC	30:19	1:15:29	1:49:48	**1:49:58**
163.	268	Stuart Butler-Smith	*135th*	M55	*12th*			32:04	1:16:04	1:49:25	**1:49:59**
164.	303	Adam Mealing	*136th*	M Sen	*60th*			30:29	1:15:37	1:49:45	**1:50:04**
165.	143	John Sleightholm	*137th*	M Sen	*61st*			33:19	1:16:50	1:49:42	**1:50:17**
166.	517	Douglas Alcock	*138th*	M70	*1st*	C 623	Trentham RC	30:15	1:15:34	1:50:10	**1:50:19**
167.	46	Alan Jones	*139th*	M Sen	*62nd*		Hyde Village Striders	31:50	1:15:49	1:50:18	**1:50:33**
168.	309	Christopher Swann	*140th*	M40	*22nd*	E 247	South Cheshire Harriers	33:26	1:19:27	1:50:18	**1:50:40**
169.	315	Chloe Philp	*29th*	F Sen	*10th*			32:59	1:18:12	1:50:32	**1:50:44**
170.	105	Richard Hey	*141st*	M55	*13th*			33:08	1:18:16	1:50:42	**1:50:54**
171.	7	James Buckingham	*142nd*	M Sen	*63rd*			33:01	1:18:12	1:50:43	**1:51:08**
172.	365	Tony Whittingham	*143rd*	M45	*20th*			30:55	1:16:27	1:50:58	**1:51:12**
173.	134	Tim Jones	*144th*	M45	*21st*			33:18	1:19:07	1:50:57	**1:51:18**
174.	480	Rebecca Howlett	*30th*	F Sen	*11th*	M 441	South Cheshire Harriers	33:17	1:18:46	1:50:35	**1:51:20**
175.	431	Andrew Thompson	*145th*	M45	*22nd*	G 414	Stone MM	33:06	1:18:28	1:50:52	**1:51:25**

Overall Results

Pos	Bib	Name	M/F	AG	AG	NSRRA	Club	CP1	CP2	Chip	Gun
176.	204	Ethan Thomas	*146th*	M Sen	*64th*			34:12	1:20:35	1:50:58	**1:51:30**
177.	475	Daniel Evans	*147th*	M Sen	*65th*	D 112	Maryhill Harriers	31:04	1:13:52	1:50:58	**1:51:33**
178.	272	Emyr Thomas	*148th*	M Sen	*66th*			30:43	1:15:48	1:51:18	**1:51:35**
179.	184	Phil Whitehall	*149th*	M40	*23rd*			31:03	1:16:03	1:51:47	**1:51:58**
180.	205	Dominic Ward	*150th*	M Sen	*67th*			34:12	1:20:32	1:51:30	**1:52:02**
181.	494	Gary A Lovell	*151st*	M40	*24th*		Newcastle (Staffs) AC	32:16	1:18:44	1:51:38	**1:52:02**
182.	346	Archie Hocknell	*152nd*	M Sen	*68th*			33:26	1:19:32	1:51:52	**1:52:07**
183.	438	Marc Willett	*153rd*	M Sen	*69th*	F 890	Stoke FIT	31:43	1:18:01	1:52:09	**1:52:24**
184.	116	Jason Lovatt	*154th*	M40	*25th*			33:33	1:19:00	1:51:48	**1:52:26**
185.	107	Michelle Dalgarno	*31st*	F40	*3rd*	W 77	Stoke FIT	32:46	1:18:58	1:52:12	**1:52:29**
186.	441	Sue Hall	*32nd*	F55	*2nd*		Alsager Runners	33:20	1:19:26	1:52:06	**1:52:40**
187.	49	Melanie Power	*33rd*	F50	*7th*		Macclesfield Harriers	32:17	1:19:04	1:52:32	**1:52:41**
188.	444	James Deacon	*155th*	M40	*26th*			32:49	1:19:24	1:52:26	**1:52:44**
189.	543	Catherine Huxley	*34th*	F Sen	*12th*			31:46	1:17:27	1:52:29	**1:52:45**
190.	445	Robert Watson	*156th*	M40	*27th*			32:48	1:19:25	1:52:26	**1:52:45**
191.	296	Kevin Sturge	*157th*	M60	*4th*			33:08	1:19:16	1:52:39	**1:52:48**
192.	232	Daniel Barber	*158th*	M Sen	*70th*			33:52	1:19:26	1:52:19	**1:52:54**
193.	455	Robert J Ward	*159th*	M45	*23rd*			32:52	1:20:05	1:52:36	**1:52:57**
194.	520	Andrew Espley	*160th*	M40	*28th*			31:22	1:18:08	1:52:54	**1:53:00**
195.	401	Anthony Harding	*161st*	M45	*24th*			31:01	1:16:44	1:52:49	**1:53:02**
196.	279	Andy Large	*162nd*	M45	*25th*			33:27	1:19:52	1:52:34	**1:53:05**
197.	366	Ken Shenton	*163rd*	M65	*2nd*	E 846	Lonely Goat RC	33:18	1:19:32	1:52:51	**1:53:08**
198.	291	Martyn Chevalier-Godber	*164th*	M Sen	*71st*			31:02	1:18:03	1:53:02	**1:53:15**
199.	479	Nathan Kapp	*165th*	M Sen	*72nd*	F 379	South Cheshire Harriers	34:03	1:20:22	1:52:56	**1:53:18**
200.	470	Joanna Miles	*35th*	F60	*2nd*		Macclesfield Harriers	32:04	1:18:50	1:53:25	**1:53:34**

Overall Results

Pos	Bib	Name	M/F	AG	AG	NSRRA	Club	CP1	CP2	Chip	Gun
201.	334	Helen Somers	*36th*	F45	*4th*	M 90	Stone MM	33:12	1:20:32	1:53:20	**1:53:49**
202.	63	Donna Charlesworth Simpson	*37th*	F55	*3rd*			32:52	1:19:29	1:53:32	**1:53:52**
203.	292	David Hastie	*166th*	M40	*29th*			34:32	1:22:35	1:53:41	**1:53:56**
204.	231	Ed Simms	*167th*	M Sen	*73rd*			33:10	1:20:36	1:53:43	**1:53:58**
205.	180	Laura Frost	*38th*	F35	*4th*			32:58	1:19:48	1:53:54	**1:54:02**
206.	488	Richie Jennings	*168th*	M Sen	*74th*			31:25	1:18:42	1:54:05	**1:54:09**
207.	462	Carly Chawner	*39th*	F35	*5th*		Stoke FIT	33:48	1:20:29	1:53:49	**1:54:10**
208.	461	Daniel Mellor	*169th*	M Sen	*75th*			33:49	1:20:32	1:53:48	**1:54:11**
209.	11	Kevin Uzzell	*170th*	M75	*1st*	E 354	Stone MM	33:20	1:19:44	1:54:08	**1:54:12**
210.	246	Iain Hughes	*171st*	M Sen	*76th*			32:28	1:19:21	1:54:20	**1:54:25**
211.	531	James Tutton	*172nd*	M40	*30th*	F 195	Stoke FIT	33:07	1:20:38	1:54:11	**1:54:26**
212.	535	Lynda Rowlinson	*40th*	F60	*3rd*		Sale Harriers Manchester	32:05	1:19:12	1:54:26	**1:54:31**
213.	295	Joe Liddle	*173rd*	M Sen	*77th*			34:28	1:20:51	1:54:08	**1:54:35**
214.	405	Tony Mayer	*174th*	M45	*26th*		Alsager Runners	33:20	1:19:01	1:54:02	**1:54:35**
215.	96	Chelsea Burnard-Channon	*41st*	F Sen	*13th*			33:42	1:20:39	1:54:09	**1:54:36**
216.	483	Ian Hancock	*175th*	M55	*14th*			33:26	1:20:02	1:54:09	**1:54:42**
217.	354	Jayne Lomax	*42nd*	F55	*4th*		Vale Royal	33:08	1:20:40	1:54:29	**1:54:48**
218.	343	Jolian Morris	*176th*	M50	*18th*	259	Trentham RC	33:37	1:21:12	1:54:38	**1:54:50**
219.	348	Eddie Smith	*177th*	M Sen	*78th*			34:19	1:20:51	1:54:09	**1:54:59**
220.	484	Emily Bunn	*43rd*	F Sen	*14th*		Gator AC	33:31	1:20:29	1:54:50	**1:55:11**
221.	486	Joshua Fieldhouse	*178th*	M Sen	*79th*		Gator AC	33:30	1:20:30	1:54:51	**1:55:11**
222.	14	Angus Fyfe	*179th*	M60	*5th*			34:01	1:21:22	1:54:53	**1:55:19**
223.	150	Michael Fairley	*180th*	M45	*27th*			32:27	1:19:35	1:54:50	**1:55:19**
224.	353	Nick Pinnington	*181st*	M Sen	*80th*			33:36	1:21:05	1:54:51	**1:55:29**
225.	427	Rachael Shankland	*44th*	F35	*6th*	W 130	Stoke FIT	33:00	1:20:33	1:55:19	**1:55:36**

Overall Results

Pos	Bib	Name	M/F	AG	AG	NSRRA	Club	CP1	CP2	Chip	Gun
226.	149	Rebecca King	*45th*	F35	*7th*			33:22	1:20:35	1:55:27	**1:55:46**
227.	151	Josh Hughes	*182nd*	M Sen	*81st*			33:22	1:20:36	1:55:28	**1:55:46**
228.	370	Rachel Beach	*46th*	F40	*4th*	M 174	South Cheshire Harriers	33:51	1:21:36	1:55:02	**1:55:48**
229.	321	Liam Nicholls	*183rd*	M Sen	*82nd*			35:25	1:23:34	1:55:22	**1:55:49**
230.	118	Martin Boulton	*184th*	M40	*31st*		Stoke FIT	34:29	1:22:42	1:55:38	**1:55:56**
231.	340	Peter Robinson	*185th*	M40	*32nd*			34:24	1:22:39	1:55:50	**1:56:05**
232.	183	Alan Chapman	*186th*	M45	*28th*		Hillsborough and Rivelin RC	32:59	1:21:02	1:55:46	**1:56:08**
233.	355	Michael Phipps	*187th*	M Sen	*83rd*			34:54	1:22:28	1:55:34	**1:56:17**
234.	95	Nichola Tomkow	*47th*	F50	*8th*			34:19	1:21:37	1:55:54	**1:56:19**
235.	515	Catriona Marshall	*48th*	F55	*5th*		Wilmslow RC	33:59	1:21:56	1:56:03	**1:56:20**
236.	311	John Booth	*188th*	M70	*2nd*		South Cheshire Harriers	33:01	1:20:24	1:56:21	**1:56:31**
237.	537	Joe Lee	*189th*	M Sen	*84th*			33:06	1:20:37	1:56:49	**1:56:52**
238.	157	James Sarsfield	*190th*	M Sen	*85th*			29:13	1:16:23	1:56:59	**1:57:06**
239.	214	Phoebe Willis	*49th*	F35	*8th*		Stockport Harriers	32:58	1:20:27	1:56:48	**1:57:10**
240.	22	Paul Harris	*191st*	M45	*29th*		Sandbach Striders	34:52	1:23:01	1:57:01	**1:57:19**
241.	39	Paul Adey	*192nd*	M50	*19th*		Redditch STARS	33:04	1:20:45	1:57:10	**1:57:20**
242.	199	Helen Miller	*50th*	F40	*5th*			34:38	1:22:40	1:56:52	**1:57:21**
243.	198	Tim Miller	*193rd*	M40	*33rd*			34:30	1:22:40	1:56:53	**1:57:21**
244.	328	Alexander Simpson	*194th*	M Sen	*86th*			33:08	1:20:46	1:57:10	**1:57:28**
245.	523	Andrew Newton	*195th*	M Sen	*87th*		Macclesfield Harriers	34:20	1:22:45	1:57:03	**1:57:37**
246.	336	Nikki Pattinson	*51st*	F35	*9th*			34:11	1:22:30	1:57:02	**1:57:45**
247.	325	Alexander Garner	*196th*	M Sen	*88th*			33:32	1:22:59	1:57:39	**1:57:54**
248.	18	Dave Bailey	*197th*	M55	*15th*		Biddulph RC	32:31	1:20:37	1:57:27	**1:57:58**
249.	21	Benjamin Murphy	*198th*	M Sen	*89th*			35:26	1:23:34	1:57:36	**1:58:03**
250.	241	Richard Davies	*199th*	M45	*30th*			35:28	1:23:17	1:57:39	**1:58:06**

Overall Results

Pos	Bib	Name	M/F	AG	AG	NSRRA	Club	CP1	CP2	Chip	Gun
251.	139	Andrew Eaton	*200th*	M Sen	*90th*		Lonely Goat RC	32:01	1:25:10	1:57:45	**1:58:06**
252.	253	Frank Manning	*201st*	M55	*16th*			33:43	1:22:18	1:57:55	**1:58:12**
253.	173	Jason McNeice	*202nd*	M Sen	*91st*			36:04	1:24:40	1:57:47	**1:58:19**
254.	286	Matthew Lewis	*203rd*	M40	*34th*			35:12	1:22:50	1:57:40	**1:58:20**
255.	380	Dan Kirkham	*204th*	M Sen	*92nd*			35:14	1:23:49	1:57:57	**1:58:31**
256.	442	James Green	*205th*	M45	*31st*			30:48	1:19:32	1:58:34	**1:58:41**
257.	178	Chris Wood	*206th*	M50	*20th*		Silverdale RC	34:07	1:23:16	1:58:13	**1:58:55**
258.	485	Tom Brown	*207th*	M45	*32nd*			33:33	1:23:27	1:58:26	**1:59:15**
259.	487	Sarah Poole	*52nd*	F35	*10th*			33:40	1:23:28	1:58:26	**1:59:15**
260.	399	Jordan Stonier	*208th*	M Sen	*93rd*			31:44	1:18:48	1:59:05	**1:59:31**
261.	307	Mark Gibson	*209th*	M40	*35th*	E 624	Trentham RC	35:21	1:24:52	1:59:21	**1:59:36**
262.	389	Jacqueline Bailey	*53rd*	F40	*6th*	Y 843	Stone MM	35:16	1:24:29	1:59:04	**1:59:37**
263.	289	Philip Buck	*210th*	M Sen	*94th*			32:05	1:21:34	1:59:37	**1:59:45**
264.	81	Dominic Maclean	*211th*	M40	*36th*			33:55	1:23:02	1:59:32	**1:59:53**
265.	229	Peter Black	*212th*	M50	*21st*			35:28	1:24:33	1:59:55	**2:00:08**
266.	230	Paula Mitchard	*54th*	F55	*6th*			35:36	1:24:36	1:59:56	**2:00:09**
267.	277	Lola Barlow	*55th*	F Sen	*15th*			34:30	1:24:01	2:00:00	**2:00:14**
268.	20	Lisa Cox	*56th*	F40	*7th*		Biddulph RC	36:49	1:25:59	1:59:45	**2:00:22**
269.	504	Steve Scally	*213th*	M40	*37th*			36:45	1:26:59	1:59:56	**2:00:28**
270.	313	Maxine Hough	*57th*	F55	*7th*	X 472	South Cheshire Harriers	36:41	1:25:53	2:00:11	**2:00:58**
271.	93	Andy Hooper	*214th*	M50	*22nd*			36:04	1:24:24	2:00:23	**2:01:04**
272.	53	Gunther Martin	*215th*	M40	*38th*		Sandbach Striders	32:19	1:21:43	2:00:51	**2:01:07**
273.	409	Ryan Sproat	*216th*	M Sen	*95th*			34:29	1:24:04	2:01:03	**2:01:16**
274.	99	Matt Brown	*217th*	M40	*39th*		Lonely Goat RC	33:09	1:22:38	2:01:00	**2:01:16**
275.	256	Keith Cotton	*218th*	M60	*6th*		Whitchurch Wippets	35:43	1:25:19	2:00:59	**2:01:18**

Overall Results

Pos	Bib	Name	M/F	AG	AG	NSRRA	Club	CP1	CP2	Chip	Gun
276.	228	Jack Wright	*219th*	M Sen	*96th*			35:26	1:24:07	2:00:51	**2:01:23**
277.	141	Dave Knowles	*220th*	M45	*33rd*			34:20	1:23:48	2:01:08	**2:01:27**
278.	316	Sam McGibbon	*221st*	M Sen	*97th*			35:14	1:24:41	2:01:05	**2:01:27**
279.	215	Lewis Chappell	*222nd*	M Sen	*98th*			34:30	1:23:53	2:00:59	**2:01:32**
280.	383	Joshua Moore	*223rd*	M Sen	*99th*			38:47	1:28:21	2:00:55	**2:01:32**
281.	190	Dan Pickford	*224th*	M Sen	*100th*			33:23	1:22:50	2:01:36	**2:01:52**
282.	122	Alasdair Sparrow	*225th*	M Sen	*101st*	E 511	Alsager Runners	34:03	1:22:36	2:01:28	**2:01:56**
283.	293	Abby Wilson	*58th*	F Sen	*16th*			34:07	1:23:33	2:01:15	**2:01:57**
284.	62	Asima Crewe	*59th*	F35	*11th*			34:42	1:23:40	2:01:17	**2:02:00**
285.	9	Darren Ball	*226th*	M45	*34th*			36:03	1:26:10	2:01:47	**2:02:08**
286.	244	Kenny Johnson	*227th*	M65	*3rd*		Michelin AC	34:53	1:24:48	2:02:22	**2:02:43**
287.	472	Rob Sillito	*228th*	M Sen	*102nd*	F 473	Stoke FIT	34:08	1:24:32	2:02:42	**2:02:59**
288.	360	Samantha Mayer	*60th*	F40	*8th*			34:10	1:23:55	2:02:36	**2:03:21**
289.	345	Michael Hall	*229th*	M60	*7th*		Holmfirth Harriers AC	34:53	1:24:50	2:03:01	**2:03:24**
290.	34	Louise Birch	*61st*	F Sen	*17th*			37:30	1:27:12	2:03:35	**2:03:48**
291.	458	Victoria Kerr	*62nd*	F45	*5th*		Mow Cop Runners	35:50	1:25:57	2:03:37	**2:04:01**
292.	193	Alex Kirk	*230th*	M Sen	*103rd*			35:29	1:26:50	2:03:54	**2:04:21**
293.	60	Andy Pointon	*231st*	M50	*23rd*	F 250	Silverdale RC	34:06	1:26:09	2:04:26	**2:05:05**
294.	538	Robson Buckley	*232nd*	M Sen	*104th*			33:09	1:23:04	2:05:02	**2:05:06**
295.	539	Jonathan Lawton	*233rd*	M Sen	*105th*		Wilmslow Striders	35:56	1:26:26	2:05:04	**2:05:08**
296.	23	Julie Bradshaw	*63rd*	F55	*8th*	W 678	Biddulph RC	35:22	1:27:12	2:05:01	**2:05:17**
297.	45	Mark Payne	*234th*	M50	*24th*		Biddulph RC	36:09	1:26:56	2:05:00	**2:05:35**
298.	140	Paul Rachubka	*235th*	M40	*40th*			35:04	1:25:53	2:05:27	**2:05:45**
299.	69	Robert Burns	*236th*	M Sen	*106th*			35:34	1:27:10	2:05:29	**2:06:03**
300.	542	Andy Wilson	*237th*	M50	*25th*		Chorlton	23:40	1:31:28	2:05:32	**2:06:13**

Overall Results

Pos	Bib	Name	M/F	AG	AG	NSRRA	Club	CP1	CP2	Chip	Gun
301.	201	Bernard Clarke	*238th*	M45	*35th*	E 141	Mow Cop Runners	37:05	1:28:11	2:05:58	**2:06:27**
302.	396	Rebecca Rowe	*64th*	F40	*9th*			35:52	1:27:00	2:06:23	**2:06:38**
303.	432	Lynda Clare	*65th*	F55	*9th*	W 488	Cannock & Stafford AC	33:56	1:25:18	2:06:35	**2:06:41**
304.	439	Andy Cowden	*239th*	M60	*8th*		Alsager Runners	36:49	1:26:01	2:06:04	**2:06:41**
305.	280	John Porteous	*240th*	M70	*3rd*		Wilmslow RC	37:45	1:29:58	2:06:43	**2:06:53**
306.	243	Alison Latham	*66th*	F35	*12th*			36:16	1:28:16	2:06:36	**2:07:04**
307.	347	Steve Parton	*241st*	M45	*36th*		Stoke FIT	35:27	1:27:04	2:06:51	**2:07:11**
308.	224	Louise Toach	*67th*	F40	*10th*		Nantwich Running Club	36:25	1:28:49	2:06:45	**2:07:14**
309.	522	Clive Heathcock	*242nd*	M65	*4th*	E 45	South Cheshire Harriers	35:57	1:26:22	2:06:50	**2:07:38**
310.	188	Amanda Singleton	*68th*	F35	*13th*			39:40	1:30:34	2:07:13	**2:07:44**
311.	419	Edward Johnson	*243rd*	M Sen	*107th*			37:42	1:30:56	2:07:37	**2:07:52**
312.	349	Patrick Gibson	*244th*	M Sen	*108th*			38:40	1:30:25	2:07:18	**2:08:08**
313.	200	Matt Bloor	*245th*	M45	*37th*		Go! Team	39:27	1:33:38	2:08:27	**2:09:04**
314.	174	Andrew Hunt	*246th*	M Sen	*109th*			36:15	1:28:54	2:08:50	**2:09:16**
315.	261	Aaron Boon	*247th*	M Sen	*110th*			36:53	1:28:36	2:09:18	**2:09:21**
316.	94	Richard Heath	*248th*	M45	*38th*			34:19	1:27:16	2:09:03	**2:09:26**
317.	385	Szilard Csiha	*249th*	M40	*41st*			35:24	1:29:08	2:09:23	**2:09:27**
318.	505	Simon Herriman	*250th*	M45	*39th*			34:20	1:27:16	2:09:04	**2:09:27**
319.	40	Amy Carney	*69th*	F40	*11th*		Biddulph RC	36:21	1:30:14	2:09:14	**2:09:48**
320.	170	Alison Williams	*70th*	F50	*9th*		Helsby RC	36:43	1:32:22	2:10:38	**2:10:46**
321.	320	Rosie Rowles	*71st*	F Sen	*18th*			37:19	1:30:02	2:10:12	**2:10:53**
322.	319	Sarah Bailey	*72nd*	F45	*6th*			37:20	1:30:02	2:10:21	**2:11:01**
323.	237	Pamela Kay	*73rd*	F45	*7th*			38:43	1:33:24	2:10:57	**2:11:26**
324.	387	Stephen Plant	*251st*	M55	*17th*	F 442	Stone MM	39:57	1:35:54	2:11:00	**2:11:35**
325.	33	Victoria Goodwin	*74th*	F50	*10th*			39:32	1:34:19	2:11:12	**2:11:53**

Overall Results

Pos	Bib	Name	M/F	AG	AG	NSRRA	Club	CP1	CP2	Chip	Gun
326.	495	David Hebb	*252nd*	M65	*5th*	F 769	Stone MM	37:00	1:31:33	2:11:32	**2:11:58**
327.	222	Claire Watson	*75th*	F45	*8th*		Nantwich Running Club	38:22	1:32:46	2:11:36	**2:12:06**
328.	437	Steven Cunliffe	*253rd*	M55	*18th*		Run Sandymoor	36:25	1:30:09	2:12:19	**2:12:37**
329.	117	James Briscoe	*254th*	M Sen	*111th*			39:59	1:35:11	2:12:32	**2:13:09**
330.	29	Keira Burns	*76th*	F35	*14th*		Congleton Harriers	38:14	1:33:01	2:13:05	**2:13:21**
331.	179	Adrian Topham	*255th*	M45	*40th*			35:53	1:29:07	2:12:56	**2:13:26**
332.	324	Richard Diskin	*256th*	M Sen	*112th*			39:24	1:33:07	2:12:39	**2:13:31**
333.	281	Nicholas Thorley	*257th*	M Sen	*113th*			39:27	1:33:06	2:12:40	**2:13:31**
334.	72	Poppy Prentice	*77th*	F Sen	*19th*		Congleton Harriers	37:36	1:31:26	2:13:21	**2:13:41**
335.	2	Laura Slack	*78th*	F35	*15th*		Lonely Goat RC	39:19	1:33:39	2:13:15	**2:13:53**
336.	510	Natasha Van	*79th*	F Sen	*20th*			38:27	1:33:33	2:13:48	**2:13:57**
337.	326	Thomas Stubbs	*258th*	M Sen	*114th*			34:32	1:30:20	2:14:03	**2:14:19**
338.	509	James Chapman	*259th*	M Sen	*115th*			36:29	1:31:36	2:14:00	**2:14:43**
339.	124	Jo Cordall	*80th*	F50	*11th*		Stoke FIT	38:47	1:34:20	2:14:27	**2:14:47**
340.	73	Ste Cooper	*260th*	M Sen	*116th*			35:55	1:32:10	2:14:45	**2:15:19**
341.	378	Jasmine Green	*81st*	F Sen	*21st*		Vegan Runners	33:59	1:26:20	2:15:15	**2:15:36**
342.	35	Lisa Byrne	*82nd*	F45	*9th*			39:19	1:34:24	2:15:08	**2:15:42**
343.	129	Paul Esling	*261st*	M45	*41st*			39:46	1:35:55	2:15:53	**2:16:22**
344.	356	Christine Roffe	*83rd*	F60	*4th*		Newcastle Tri Club	39:32	1:35:22	2:16:33	**2:16:39**
345.	412	Michael Berry	*262nd*	M60	*9th*	F 155	Stone MM	38:13	1:32:48	2:16:08	**2:16:45**
346.	337	Jade Darlington	*84th*	F40	*12th*		Boalloy RC	38:02	1:34:12	2:16:37	**2:16:53**
347.	298	Dave MacFall	*263rd*	M Sen	*117th*			37:31	1:35:05	2:16:32	**2:16:54**
348.	223	Lisa Davenport	*85th*	F45	*10th*		Nantwich running club	38:31	1:34:23	2:16:40	**2:17:09**
349.	327	Charli Weller	*86th*	F55	*10th*	X 338	Silverdale RC	41:15	1:37:20	2:16:32	**2:17:13**
350.	189	Claire Henderson	*87th*	F35	*16th*			40:07	1:36:03	2:16:57	**2:17:27**

Overall Results

Pos	Bib	Name	M/F	AG	AG	NSRRA	Club	CP1	CP2	Chip	Gun
351.	283	Toby Robinson	*264th*	M Sen	*118th*			40:04	1:36:37	2:16:52	**2:17:41**
352.	302	Weronika Wasielak	*88th*	F Sen	*22nd*			39:28	1:35:51	2:17:17	**2:17:44**
353.	211	Russell Cartlidge	*265th*	M40	*42nd*			39:38	1:35:00	2:17:17	**2:17:45**
354.	386	Sara Morris	*89th*	F45	*11th*	W 106	Stone MM	39:51	1:35:54	2:17:35	**2:18:11**
355.	388	Salli Hamilton	*90th*	F45	*12th*	Y 198	Stone MM	39:49	1:35:54	2:17:35	**2:18:11**
356.	155	Beks Mackin	*91st*	F Sen	*23rd*		Vegan Runners	41:18	1:38:38	2:17:30	**2:18:17**
357.	254	Adam Klemencic	*266th*	M Sen	*119th*			35:00	1:28:35	2:17:34	**2:18:17**
358.	541	John Mackey	*267th*	M55	*19th*		Lonely Goat RC	36:01	1:32:06	2:18:00	**2:18:21**
359.	275	Grace Gudgeon	*92nd*	F Sen	*24th*			39:50	1:35:47	2:18:02	**2:18:35**
360.	545	Darren Bloor	*268th*	M40	*43rd*	D 626	Blythe Bridge RC	30:29	1:37:34	2:18:13	**2:18:41**
361.	262	Antonia Masters	*93rd*	F Sen	*25th*			40:57	1:40:11	2:18:30	**2:19:11**
362.	98	Karen Heath	*94th*	F50	*12th*			38:19	1:35:26	2:19:29	**2:19:55**
363.	185	Sarah Higgins	*95th*	F50	*13th*			39:50	1:37:08	2:19:38	**2:20:04**
364.	499	Neil Fletcher	*269th*	M55	*20th*		Blackburn Road Runners	41:52	1:39:20	2:19:45	**2:20:32**
365.	493	Adrian Molyneux	*270th*	M50	*26th*		Newcastle (Staffs) AC	42:20	1:41:16	2:20:12	**2:20:43**
366.	142	Alan Gormley	*271st*	M40	*44th*			39:54	1:38:22	2:20:25	**2:20:49**
367.	186	Chris Johnson	*272nd*	M75	*2nd*		Glossopdale Harriers	40:26	1:39:28	2:20:30	**2:20:55**
368.	212	Paul Roberts	*273rd*	M45	*42nd*			39:40	1:36:31	2:20:45	**2:21:21**
369.	162	Amy Goodwin	*96th*	F35	*17th*			38:45	1:36:42	2:21:24	**2:21:33**
370.	6	Hayley Lewis	*97th*	F35	*18th*			37:46	1:35:45	2:20:44	**2:21:33**
371.	58	Nicola Middleton	*98th*	F45	*13th*			43:17	1:41:21	2:20:51	**2:21:37**
372.	285	Helen Barlow	*99th*	F50	*14th*			43:18	1:41:20	2:20:53	**2:21:38**
373.	207	Lee Lycett	*274th*	M50	*27th*		Audley Striders	39:03	1:36:24	2:21:29	**2:22:11**
374.	1	Andrea Platt	*100th*	F Sen	*26th*			39:07	1:37:46	2:21:49	**2:22:21**
375.	402	Mich Oreilly	*275th*	M Sen	*120th*			39:09	1:36:39	2:21:44	**2:22:34**

Overall Results

Pos	Bib	Name	M/F	AG	AG	NSRRA	Club	CP1	CP2	Chip	Gun
376.	258	Mike Bloor	*276th*	M Sen	*121st*		Best Athletics	39:08	1:36:40	2:21:47	**2:22:37**
377.	19	Joanne Bailey	*101st*	F55	*11th*		Biddulph RC	39:10	1:37:51	2:22:09	**2:22:44**
378.	226	John Dobson	*277th*	M55	*21st*	G 53	Silverdale RC	41:04	1:40:02	2:22:39	**2:23:17**
379.	364	Kimberley Harrison	*102nd*	F40	*13th*			40:27	1:39:26	2:23:01	**2:23:45**
380.	363	Andrew Duckworth	*278th*	M50	*28th*		Running Bear RC	40:28	1:39:23	2:23:19	**2:24:03**
381.	362	Samuel Manifold	*279th*	M Sen	*122nd*			39:40	1:35:42	2:24:08	**2:24:53**
382.	297	Sonia Bowler	*103rd*	F40	*14th*			40:48	1:41:11	2:24:38	**2:25:19**
383.	206	Lisa Robinson	*104th*	F50	*15th*			41:22	1:40:51	2:24:35	**2:25:25**
384.	234	Ken Gough	*280th*	M55	*22nd*	G 81	NSRRA	41:49	1:41:41	2:24:49	**2:25:29**
385.	382	Jane Birks	*105th*	F50	*16th*			43:05	1:42:32	2:25:08	**2:25:51**
386.	508	Dan Godfrey	*281st*	M Sen	*123rd*			39:14	1:38:10	2:25:13	**2:25:52**
387.	114	Anthony Maddock	*282nd*	M Sen	*124th*			35:18	1:34:53	2:26:19	**2:26:23**
388.	392	Hester James	*106th*	F45	*14th*			41:10	1:41:33	2:26:09	**2:26:33**
389.	194	Barbara Russ-Weightman	*107th*	F60	*5th*			41:13	1:41:58	2:26:06	**2:26:34**
390.	144	Andy Davies	*283rd*	M40	*45th*			40:04	1:38:24	2:27:55	**2:28:15**
391.	518	Ritchie Berrie	*284th*	M Sen	*125th*			42:27	1:38:11	2:25:31	**2:30:05**
392.	220	Sarah Moore	*108th*	F40	*15th*			40:47	1:42:28	2:30:01	**2:30:42**
393.	135	Georgina Main	*109th*	F45	*15th*			42:26	1:44:44	2:30:42	**2:31:12**
394.	68	Jon Gallagher	*285th*	M Sen	*126th*			42:15	1:45:17	2:30:39	**2:31:19**
395.	238	Philip Harrison	*286th*	M Sen	*127th*			42:13	1:45:14	2:30:41	**2:31:19**
396.	56	Jack Ormiston	*287th*	M Sen	*128th*			42:19	1:45:49	2:30:39	**2:31:19**
397.	239	Paul Slater	*288th*	M Sen	*129th*			42:22	1:45:14	2:30:40	**2:31:19**
398.	450	Ann Pedersen	*110th*	F50	*17th*			45:03	1:46:35	2:32:41	**2:33:27**
399.	61	Jo Gough	*111th*	F40	*16th*			46:56	1:50:41	2:32:53	**2:33:42**
400.	126	Darren Turley	*289th*	M60	*10th*			44:11	1:48:00	2:33:10	**2:33:54**

Overall Results

Pos	Bib	Name	M/F	AG	AG	NSRRA	Club	CP1	CP2	Chip	Gun
401.	368	Beth Hardy	*112th*	F Sen	*27th*			43:16	1:48:10	2:33:21	**2:33:54**
402.	265	Juliet Carter	*113th*	F50	*18th*	Y 885	South Cheshire Harriers	45:01	1:48:02	2:35:21	**2:35:46**
403.	160	Helen Sant	*114th*	F40	*17th*		Lonely Goat RC	43:35	1:47:15	2:35:27	**2:36:13**
404.	59	Sarah Armstrong	*115th*	F40	*18th*			43:26	1:47:12	2:35:27	**2:36:13**
405.	264	Lorraine Cowan	*116th*	F60	*6th*		South Cheshire Harriers	46:00	1:49:53	2:35:59	**2:36:24**
406.	65	Laura Roche	*117th*	F35	*19th*			42:41	1:47:08	2:36:16	**2:36:30**
407.	66	Hannah Timpson	*118th*	F40	*19th*			42:51	1:47:08	2:36:15	**2:36:31**
408.	521	Jacob Rogers	*290th*	M Sen	*130th*			45:42	1:49:33	2:36:10	**2:37:06**
409.	252	Simon Geary	*291st*	M55	*23rd*			42:12	1:48:19	2:36:37	**2:37:09**
410.	137	Chris Davies	*292nd*	M45	*43rd*			42:45	1:49:44	2:37:14	**2:37:44**
411.	136	Liz Hodgett-Davies	*119th*	F40	*20th*			42:49	1:49:42	2:37:13	**2:37:44**
412.	294	Daniel Mccue	*293rd*	M Sen	*131st*			43:29	1:48:18	2:39:03	**2:39:24**
413.	158	Hazel Barlow	*120th*	F60	*7th*	X 397	Silverdale RC	47:25	1:53:19	2:39:21	**2:40:02**
414.	41	Ian Fothergill	*294th*	M60	*11th*		Biddulph RC	45:50	1:50:23	2:40:22	**2:41:08**
415.	153	Kevin Bell	*295th*	M Sen	*132nd*			41:40	1:48:11	2:41:17	**2:41:40**
416.	208	Stuart Bell	*296th*	M Sen	*133rd*			41:36	1:48:09	2:41:15	**2:41:40**
417.	317	Micheline Tremblay	*121st*	F55	*12th*	X 37	South Cheshire Harriers	43:24	1:48:15	2:41:24	**2:42:11**
418.	55	Lucy Warburton	*122nd*	F Sen	*28th*			43:45	1:50:43	2:42:23	**2:42:59**
419.	304	Andie Dale	*123rd*	F35	*20th*			44:31	1:50:43	2:42:37	**2:43:20**
420.	42	David Guy	*297th*	M50	*29th*			44:13	1:53:15	2:43:27	**2:43:54**
421.	125	Kathryn Nuttall	*124th*	F40	*21st*			45:59	1:58:16	2:44:05	**2:44:36**
422.	181	Katie Deem	*125th*	F40	*22nd*			45:59	1:58:15	2:44:30	**2:45:00**
423.	273	Kathryn Oldham	*126th*	F40	*23rd*			46:49	1:52:15	2:44:23	**2:45:12**
424.	17	Wallis Ison	*127th*	F Sen	*29th*			46:05	1:52:37	2:44:45	**2:45:24**
425.	240	Ellie Davies	*128th*	F Sen	*30th*			43:57	1:53:44	2:48:00	**2:48:26**

Overall Results

Pos	Bib	Name	M/F	AG	AG	NSRRA	Club	CP1	CP2	Chip	Gun
426.	463	Charlotte Ward	*129th*	F Sen	*31st*			47:08	1:56:27	2:49:27	**2:50:18**
427.	464	Joanne Ward	*130th*	F40	*24th*			47:03	1:56:25	2:49:26	**2:50:19**
428.	469	Sharn Hully	*131st*	F65	*1st*	Y 494	Stoke FIT	48:23	1:57:29	2:50:58	**2:51:17**
429.	323	Josh Foster	*298th*	M Sen	*134th*			43:47	1:54:21	2:50:52	**2:51:19**
430.	103	Emma Hudson	*132nd*	F35	*21st*			49:15	2:01:38	2:56:46	**2:57:36**
431.	104	Matthew Hudson	*299th*	M Sen	*135th*			49:15	2:01:38	2:56:48	**2:57:37**
432.	413	Jessica Conway	*133rd*	F Sen	*32nd*			47:43	2:01:20	2:58:06	**2:58:53**
433.	414	Sharon Longson	*134th*	F Sen	*33rd*			47:43	2:01:15	2:58:08	**2:58:55**
434.	91	Louise Lander	*135th*	F40	*25th*		Go! Team	47:52	2:00:55	3:02:27	**3:02:57**
435.	159	Gareth Burndred	*300th*	M40	*46th*		Go! Team	48:02	2:00:52	3:02:28	**3:02:58**
436.	344	Dave Reid	*301st*	M60	*12th*			45:30	1:58:30	3:02:25	**3:03:10**

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