# 2023-04-01 Spring Run Off - Toronto

## **8K Age Category Winners**



Place	Bib	Name	City	Age	Time ( GunTime)
8 km					
Male 1	5-19				
1.	1442	Silmer, Scott	Mississauga, ON	Male 15-19	00:32:39( 00:32:41 )
2.	895 🙌	Laskey, Ryan	Toronto, ON	Male 15-19	00:34:47( 00:34:49 )
3.	1382 🙌	Salmon, Timothy	Toronto, ON	Male 15-19	00:36:08( 00:36:25 )
Female	e 15-19				
1.	382	De Boer, Dianne	Guelph, ON	Female 15-19	00:34:54( 00:35:02 )
2.	310	Clinton, Reese	Toronto, ON	Female 15-19	00:37:45( 00:38:10 )
3.	1882 🙌	Mucci, Marianna	Toronto, ON	Female 15-19	00:41:01( 00:41:53 )
Male 2	20-24				
1.	9 🗼	Tyrrell, Ryan	Hamilton, ON	Male 20-24	00:24:45( 00:24:47 )
2.	1138 🙌	-	toronto, ON	Male 20-24	00:28:51( 00:28:57 )
3.	423	Domaratzki, Riley	Waterloo, ON	Male 20-24	00:33:24( 00:33:32 )
Female	e 20-24	•			
1.	1899 🙌	Consens, Micaela	Toronto, ON	Female 20-24	00:35:43( 00:35:51 )
2.	1498	Stachiw, Kayla	Whitby, ON	Female 20-24	00:37:25( 00:37:52 )
3.	1605	•	Toronto, ON	Female 20-24	00:37:53( 00:38:05 )
Male 2			,		,
1.	10013	Guiden, lan	Toronto, ON	Male 25-29	00:24:37( 00:24:38 )
2.	6 *	Avalos, Miles	Toronto, ON	Male 25-29	00:24:48( 00:24:49 )
3.	3 •		Mississauga, ON	Male 25-29	00:25:25( 00:25:27 )
	e 25-29	, 3	3 , -		,
1.	10006 🙌	Brennan, Becca	Toronto, ON	Female 25-29	00:29:16( 00:29:18 )
2.	10009 🙌	Ryall, Stephanie	London, ON	Female 25-29	00:29:21( 00:29:23 )
3.	10008 🙌	Ohrling, Heidi	Collingwood, ON	Female 25-29	00:29:30( 00:29:32 )
Male 3	0-34				
1.	2 🔸	Grieve, Kyle	Toronto, ON	Male 30-34	00:24:44( 00:24:46 )
2.	13	Carette, Romain	Toronto, ON	Male 30-34	00:26:04( 00:26:06 )
3.	307	Ciupka, Kenneth	Barrie, ON	Male 30-34	00:28:52( 00:28:56 )
Female	e 30-34				
1.	10004 🙌	Brohart, Courtney	Calgary, AB	Female 30-34	00:28:58( 00:28:59 )
2.	1296 🙌	Rammo, Morgan	Bracebridge, ON	Female 30-34	00:33:26( 00:33:36 )
3.	1092	Milne-Hines, Alathea	Toronto, ON	Female 30-34	00:33:52( 00:34:12 )
Male 3	5-39				
1.	11 🙌	McAneney, Lucas	Waterdown, ON	Male 35-39	00:25:54( 00:25:56 )
2.	89 🔸	-	Toronto, ON	Male 35-39	00:26:46( 00:26:48 )
3.	200	Bralha, Fernando	Aurora, ON	Male 35-39	00:27:37( 00:27:40 )
Female	e 35-39				
1.	10007	Lawrence, Kathleen	Toronto, ON	Female 35-39	00:31:00( 00:31:02 )
2.	1188		Toronto, ON	Female 35-39	00:32:44( 00:32:55 )
3.	177 🙌	_	Ajax, ON	Female 35-39	00:34:37( 00:34:47 )
Male 4			-		,
1.	20 🙌	Hogan, Bernie	Bancroft, ON	Male 40-44	00:28:10( 00:28:12 )
2.	1429 🙌	Sharratt, David	Guelph, ON	Male 40-44	00:28:24( 00:28:26 )
3.	1875 🙌	Peterson, Greg	Toronto, ON	Male 40-44	00:29:28( 00:29:31 )
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Place	Bib		Name	City	Age	Time ( GunTime)			
Female 40-44									
1.	331	*	Cormier, Andrea	Toronto, ON	Female 40-44	00:36:20( 00:36:32 )			
2.	1598	*	Tunley, Emma	Toronto, ON	Female 40-44	00:38:03( 00:38:30 )			
3.	1366	*	Rupp, Krista	Barrie, ON	Female 40-44	00:39:55( 00:40:38 )			
Male 4	Male 45-49								
1.	526	*	Free, Mitch	St. George, ON	Male 45-49	00:29:03( 00:29:06 )			
2.	1566	*	Thomas, Andrew	Toronto, ON	Male 45-49	00:30:24( 00:30:27 )			
3.	893	*	Larochelle, Rémy	Toronto, ON	Male 45-49	00:32:35( 00:32:43 )			
Female	Female 45-49								
1.	1410	*	Seaton, Jordie	Thornhill, ON	Female 45-49	00:37:53( 00:38:03 )			
2.	197	*	Boychuk, Alana	Toronto, ON	Female 45-49	00:38:34( 00:38:48 )			
3.	1767	*	Pitts, Jennifer	Toronto, ON	Female 45-49	00:39:21( 00:39:32 )			
Male 5	Male 50-54								
1.	1326	*	Riley, Jared	Brampton, ON	Male 50-54	00:31:16( 00:31:29 )			
2.	739	*	Isaac, David	Toronto, ON	Male 50-54	00:33:31( 00:33:38 )			
3.	1449	*	Sinclair, Ian	Toronto, ON	Male 50-54	00:34:07( 00:34:10 )			
Female	e 50-54								
1.	441	*	Downey, Karen	Toronto, ON	Female 50-54	00:36:56( 00:37:07 )			
2.	1137	*	Myers, Jenn	Toronto, ON	Female 50-54	00:40:01( 00:40:33 )			
3.	633	*	Hager, Lucie	Toronto, ON	Female 50-54	00:42:02( 00:42:36 )			
Male 5	55-59								
1.	1129	*	Munro, Alistair	Toronto, ON	Male 55-59	00:30:52( 00:30:58 )			
2.	456	*	Dyck, Jim	Richmond Hill, ON	Male 55-59	00:30:56( 00:31:00 )			
3.	1645	*	Walc, Les	Tiny, ON	Male 55-59	00:31:27( 00:31:34 )			
Female	e 55-59								
1.	984	*	Mahoney, Lucia	Toronto, ON	Female 55-59	00:40:34( 00:40:45 )			
2.	527	*	Freedman, Cory	Toronto, ON	Female 55-59	00:41:18( 00:41:40 )			
3.	726	*	Hurnik, Veronika	Toronto, ON	Female 55-59	00:44:23( 00:45:32 )			
Male 6	0-64								
1.	1072	*	Meijer, John	Toronto, ON	Male 60-64	00:35:25( 00:35:34 )			
2.	422	*	D'Oliveira, Armand	Toronto, ON	Male 60-64	00:35:55( 00:35:59 )			
3.		*	Gordon, Peter	Toronto, ON	Male 60-64	00:38:21( 00:38:39 )			
Female	e 60-64								
1.	543	*	Gagnon, France	Toronto, ON	Female 60-64	00:40:08( 00:40:18 )			
2.		*	Millson, Karen	Kingston, ON	Female 60-64	00:41:31( 00:41:40 )			
3.	522	*	Francis, Anne	Toronto, ON	Female 60-64	00:43:12( 00:43:36 )			
Male 6	55-69								
1.	258	*	Carter, lan	Toronto, ON	Male 65-69	00:38:42( 00:38:54 )			
2.	770	*	Jones, Stephen	Toronto, ON	Male 65-69	00:38:56( 00:39:07 )			
3.		*	Longo, Larry	Don Mills, ON	Male 65-69	00:40:06( 00:40:12 )			
Female	e 65-69								
1.	1328		Ringlein, Ann	Lincoln, NE	Female 65-69	00:40:49( 00:41:15 )			
2.	1335	*	Rochman, Paula	Toronto, ON	Female 65-69	00:51:26( 00:52:09 )			
3.		*	Mitchell, Joanne	East York, ON	Female 65-69	00:54:00( 00:55:15 )			
Male 7									
1.	1060	*	mclauchlan, doug	toronto, ON	Male 75-79	00:45:30( 00:46:10 )			
2.	775	*	Kain, Peter	Toronto, ON	Male 75-79	01:02:17( 01:03:39 )			

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Place	Bib	Name	City	Age	Time ( GunTime)
Male 7	0-74				
1.	711	Howes, David	Mississauga, ON	Male 70-74	00:36:15( 00:36:35 )
2.	1877	Goddard, Eric	Toronto, ON	Male 70-74	00:38:52( 00:38:59 )
3.	838	Kosny, Mitchell	Toronto, ON	Male 70-74	00:43:19( 00:43:36 )
Female	e 70-74				
1.	1443	Silverberg, Jackie	Toronto, ON	Female 70-74	00:45:56( 00:46:41 )
2.	1542	Szabat, Sandy	Portland, OR	Female 70-74	01:08:54( 01:10:50 )
3.	124	Barker, Linda	Toronto, ON	Female 70-74	01:14:15( 01:16:33 )
Male 1	4 & Under				
1.	273	Centritto, john	Etobicoke, ON	Male 14 & Under	00:32:51( 00:32:54 )
2.	873	Lally, Simon	Toronto, ON	Male 14 & Under	00:36:31( 00:36:45 )
3.	872	Lally, Ronan	Toronto, ON	Male 14 & Under	00:36:50( 00:37:03 )
Female	e 14 & Und	ler			
1.	79	Amato, Ashley	Toronto, ON	Female 14 & Under	00:38:30( 00:38:35 )
2.	1010	Marcelo-Tanner, Aubrey Claire	Oakville, ON	Female 14 & Under	00:44:00( 00:44:55 )
3.	1192	Osborne, Adelaide	Toronto, ON	Female 14 & Under	00:44:50( 00:45:37 )
Male 8	0+				
1.	1107	Montgomery, Jim	Toronto, ON	Male 80+	01:09:45( 01:11:33 )