

Crewe 10K Supported By Avanti West Coast



Overall Results

Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	Chip	Time
1.	35	Arun Dight	1st	M Sen			Vale Royal	0	31:54
2.	319	Robert Weston	2nd	M Sen			Whitchurch Wippets	0	33:00
3.	245	Samuel Crozier	3rd	M Sen		A	Newcastle (Staffs) AC	0	33:19
4.	263	Stuart Fisher	4th	M Sen	1st		City of Stoke AC	0	33:35
5.	299	Harry Bond	5th	M Sen	2nd		City of Stoke AC	0	33:54
6.	13	Ross Connor	6th	M Sen	3rd	A	City of Stoke AC	0	34:26
7.	304	Fynn Churton	7th	M Sen	4th		City of Stoke AC	0	34:45
8.	217	Matt Eardley	8th	M40	1st	A	City of Stoke AC	0	34:46
9.	226	Alexander Mayne	9th	M Sen	5th		City of Stoke AC	0	34:48
10.	219	Christian Prince	10th	M Sen	6th	A	Gator AC	0	35:02
11.	255	Pat Buckingham	11th	M Sen	7th	A	Trentham RC	0	35:25
12.	325	Sean Dyer	12th	M Sen	8th		Nantwich RC	0	35:55
13.	199	Ben Bewley	13th	M40	2nd	A	Newcastle (Staffs) AC	0	35:58
14.	130	Ryan Morris	14th	M Sen	9th		South Cheshire Harriers	0	36:15
15.	30	Colin McEvoy	15th	M40	3rd	A	Trentham RC	0	36:17
16.	153	Adam Tyson	16th	M40	4th		Newcastle (Staffs) AC	0	36:20
17.	133	Steve Jones	17th	M45	1st	A	Lonely Goat RC	0	36:45
18.	282	Donna Sherwin	1st	F40			City of Stoke AC	0	37:07
19.	300	Jonathan Owen	18th	M Sen	10th			0	37:12
20.	228	Gareth Jones	19th	M45	2nd	A	Stone MM	0	37:14
21.	254	Paul Hancock	20th	M50	1st	A	South Cheshire Harriers	0	37:16
22.	276	Tom Hendricken	21st	M Sen	11th		City of Stoke AC	0	37:20
23.	104	Ben Russell	22nd	M Sen	12th	B	Stoke FIT	0	37:25
24.	252	Kieran Gilbert	23rd	M Sen	13th	B	Silverdale RC	0	37:31
25.	164	Ross Le'Clere	24th	M Sen	14th			0	37:48
26.	242	Michael Harrington	25th	M50	2nd			0	38:02
27.	123	Mark Cresswell	26th	M Sen	15th	B	Newcastle (Staffs) AC	0	38:08
28.	333	Hayley Gill	2nd	F45				0	38:12
29.	241	Matt Robinson	27th	M45	3rd		Newcastle (Staffs) AC	0	38:14
30.	224	Chris Mosiuk	28th	M Sen	16th	C	Trentham RC	0	38:22
31.	57	Robin Williamson	29th	M50	3rd	B	Stone MM	0	38:29
32.	84	Chris Moss	30th	M50	4th	B	Congleton Harriers	0	38:34
33.	137	Adam Steele	31st	M Sen	17th			0	38:45
34.	143	Wayne Fenton	32nd	M45	4th		Stone MM	0	38:47
35.	210	Jamie Graham	33rd	M Sen	18th	B	Vegan Runners	0	38:49
36.	230	David Morrell	34th	M50	5th	A	City of Stoke AC	0	38:52
37.	310	Keith Spurrier	35th	M40	5th		South Cheshire Harriers	0	38:54
38.	20	Lee Turner	36th	M Sen	19th	C		0	39:15
39.	23	Saul Mellor	37th	M Sen	20th		Whitchurch Wippets	0	39:18
40.	89	Isabella Shaw	3rd	F Sen		M	Trentham RC	0	39:20
41.	168	Paul Mainwaring	38th	M Sen	21st			0	39:26
42.	305	Owen Barron	39th	M60	1st		Derby Tri Club	0	39:30
43.	341	Nathan Williams	40th	M Sen	22nd			0	39:33
44.	28	Liam Clay	41st	M Sen	23rd	C	Gator AC	0	39:42
45.	281	Rich Keen	42nd	M Sen	24th	C	Gator AC	0	39:43
46.	32	Michael Hibbert	43rd	M50	6th			0	39:49
47.	68	Amanda Kelly	4th	F35	1st	L	Stoke FIT	0	39:51
48.	156	Lee Edgington	44th	M45	5th		Rising Brook Runners	0	39:51
49.	54	Adam Marsland	45th	M Sen	25th	C	Welland Valley Tri Club	0	39:54
50.	290	James Simpson	46th	M50	7th		South Cheshire Harriers	0	40:01

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Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	Chip	Time
51.	155	Natalie Boswell	5th	F40	1st	M	Cannock & Stafford AC	0	40:01
52.	203	Matt Craig	47th	M Sen	26th	D	Stoke FIT	0	40:15
53.	206	Mick Haire	48th	M60	2nd	B	Boalloy RC	0	40:16
54.	49	Jayne Dickens	6th	F50	1st	L	Trentham RC	0	40:17
55.	44	Lee Burton	49th	M50	8th		City of Stoke AC	0	40:18
56.	120	John Scott	50th	M50	9th	C	Stafford Harriers	0	40:24
57.	349	Andrew Cooke	51st	M40	6th		Silverdale RC	0	40:26
58.	1	George Clarke	52nd	M Sen	27th		South Cheshire Harriers	0	40:31
59.	33	Daniel Cawley	53rd	M Sen	28th	B	Boalloy RC	0	40:40
60.	215	Paul Marshall	54th	M Sen	29th	D	Trentham RC	0	40:41
61.	324	Luke Penketh	55th	M Sen	30th			0	40:42
62.	113	Darren Pyatt	56th	M55	1st	B	Stone MM	0	40:55
63.	244	Steven Jennings	57th	M40	7th	A	Stoke FIT	0	40:56
64.	175	David Ford	58th	M40	8th			0	41:06
65.	60	David Pearsall	59th	M60	3rd	C	Newcastle Tri Club	0	41:21
66.	279	Jack Farrall	60th	M Sen	31st		Macclesfield Harriers	0	41:32
67.	298	Wall Terry	61st	M50	10th	C	Boalloy RC	0	41:34
68.	329	Malcolm Rose	62nd	M70	1st			0	41:36
69.	66	Dave Blundred	63rd	M Sen	32nd	C	Go! Team	0	41:36
70.	303	Rob Bond	64th	M50	11th	D	Staffs Moorlands AC	0	41:53
71.	171	Dean Richards	65th	M Sen	33rd		Whitchurch Wippets	0	41:57
72.	257	Chris Bailey	66th	M55	2nd	C		0	42:01
73.	14	Martyn Clare	67th	M55	3rd	C	Cannock & Stafford AC	0	42:04
74.	315	Ian Stanway	68th	M Sen	34th		Congleton Harriers	0	42:15
75.	34	Andy Thomas	69th	M55	4th	C	Sandbach Striders	0	42:18
76.	216	Pab Maddox	70th	M55	5th	D	Newcastle (Staffs) AC	0	42:30
77.	125	Paul Parkinson	71st	M50	12th		Whitchurch Wippets	0	42:34
78.	338	Michael Dobson	72nd	M55	6th		Stafford Harriers	0	42:44
79.	318	Andrew Wadsworth	73rd	M60	4th	E		0	42:46
80.	172	Daniel Mcardle	74th	M Sen	35th	C	Lonely Goat RC	0	42:55
81.	91	Eliot Powell	75th	M40	9th	C	Stoke FIT	0	43:01
82.	218	Pete Chell	76th	M50	13th		Stafford Harriers	0	43:04
83.	105	Wil Chung	77th	M40	10th		Newcastle (Staffs) AC	0	43:11
84.	142	Peter Mallison	78th	M50	14th		South Cheshire Harriers	0	43:21
85.	50	Cristina Obrien	7th	F40	2nd		Telford AC	0	43:30
86.	194	John Guest	79th	M60	5th	C	Trentham RC	0	43:31
87.	275	Robert Minton	80th	M Sen	36th	C	South Cheshire Harriers	0	43:31
88.	170	Martha Davis	8th	F Sen	1st		Newcastle (Staffs) AC	0	43:37
89.	188	Doug Alcock	81st	M70	2nd	C	Trentham RC	0	43:48
90.	176	Karen Seiles	9th	F50	2nd	X	Stone MM	0	44:04
91.	65	Carol Higgs	10th	F60	1st	L	Trentham RC	0	44:05
92.	94	Matthew Thomas	82nd	M Sen	37th	E	Stoke FIT	0	44:06
93.	67	Grahame Cope	83rd	M50	15th	D	Stone MM	0	44:07
94.	327	Gwennan Henstock	11th	F45	1st		Buckley RC	0	44:10
95.	259	David Roberts	84th	M60	6th	D	Newcastle (Staffs) AC	0	44:11
96.	250	James Huxley	85th	M Sen	38th			0	44:14
97.	15	Andy Torbitt	86th	M Sen	39th	E	Silverdale RC	0	44:17
98.	266	David Kivlin	87th	M45	6th	D	South Cheshire Harriers	0	44:25
99.	277	Katie Gardner	12th	F Sen	2nd		City of Stoke AC	0	44:34
100.	247	Daniel Evans	88th	M Sen	40th	D		0	44:37

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Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	Chip	Time
101.	311	Michelle Clarke	13th	F50	3rd		Telford AC	0	44:40
102.	211	Nick Watts	89th	M40	11th		South Cheshire Harriers	0	45:00
103.	150	Peter Harris	90th	M Sen	41st	E	South Cheshire Harriers	0	45:03
104.	246	Joanne Moss	14th	F50	4th		Sandbach Striders	0	45:12
105.	295	Simon Oakes	91st	M40	12th		Newcastle Tri Club	0	45:16
106.	342	Kelly Marshall	15th	F35	2nd		Congleton Harriers	0	45:26
107.	306	Georgia Barron	16th	F Sen	3rd			0	45:27
108.	267	Claire Kivlin	17th	F40	3rd	L	South Cheshire Harriers	0	45:29
109.	343	Rebecca Lawrence	18th	F35	3rd		Boalloy RC	0	45:29
110.	248	Simon Huxley	92nd	M Sen	42nd			0	45:39
111.	4	Christopher Swann	93rd	M40	13th	E	South Cheshire Harriers	0	45:51
112.	336	Terry Stafford	94th	M Sen	43rd			0	46:06
113.	129	Steven Jackson	95th	M40	14th		South Cheshire Harriers	0	46:08
114.	145	David Laxton	96th	M60	7th	D		0	46:15
115.	212	David Colley	97th	M60	8th			0	46:15
116.	321	Kerry Widdowson	19th	F45	2nd	L	Trentham RC	0	46:19
117.	31	Alan Brookes	98th	M65	1st	D	Trentham RC	0	46:26
118.	270	Darcey Paskin	20th	F Sen	4th	M	Trentham RC	0	46:41
119.	271	Daniel Jordan	99th	M50	16th	B	Trentham RC	0	46:42
120.	308	Andrew Thompson	100th	M45	7th	G	Stone MM	0	46:45
121.	291	Catherine Farrington	21st	F40	4th		Sandbach Striders	0	46:47
122.	182	Lisa Ho	22nd	F35	4th		Newcastle Tri Club	0	47:10
123.	96	Dom Rushton	101st	M Sen	44th			0	47:20
124.	124	Matthew Kingston	102nd	M Sen	45th	E		0	47:20
125.	97	Karl Marsh	103rd	M50	17th	D	Go! Team	0	47:23
126.	163	Dean Windsor	104th	M45	8th	E	Congleton Harriers	0	47:26
127.	80	Rob Moran	105th	M50	18th	F	Silverdale RC	0	47:30
128.	173	Eve Lakin	23rd	F35	5th	M	Trentham RC	0	47:36
129.	95	Barry Gidman	106th	M Sen	46th			0	48:01
130.	251	Catherine Huxley	24th	F Sen	5th			0	48:03
131.	232	Chris Ellerton	107th	M55	7th	E	Stone MM	0	48:05
132.	222	Helen Somers	25th	F45	3rd	M	Stone MM	0	48:14
133.	167	Ian Sloss	108th	M55	8th		Stoke FIT	0	48:17
134.	221	Paul Bentham	109th	M50	19th		Stafford Harriers	0	48:19
135.	312	Ruth Cannon	26th	F55	1st			0	48:29
136.	81	Alan Challinor	110th	M70	3rd	F	NSRRA	0	48:33
137.	56	Stephen Plant	111th	M50	20th	F	Stone MM	0	48:48
138.	116	Norman Hindle	112th	M70	4th	F	South Cheshire Harriers	0	48:54
139.	301	Alice Thomas	27th	F Sen	6th			0	49:00
140.	82	Ellie Dick	28th	F40	5th		Congleton Harriers	0	49:00
141.	302	Aisling Redmond	29th	F Sen	7th			0	49:01
142.	22	Chris Colebourn	113th	M55	9th	F	NSRRA	0	49:02
143.	90	Michelle Dalgarno	30th	F40	6th	W	Stoke FIT	0	49:03
144.	195	Peter Gibbs	114th	M45	9th	F	Stoke FIT	0	49:03
145.	350	Hollie Lapworth	31st	F Sen	8th			0	49:06
146.	320	Russell Williams	115th	M60	9th	D	Cheadle RC	0	49:22
147.	75	Marlaina Cadwallader	32nd	F Sen	9th		Nantwich RC	0	49:25
148.	344	Ashley Steadman	116th	M Sen	47th		Stoke FIT	0	49:36
149.	10	Vaida Bartulyte	33rd	F35	6th	X	South Cheshire Harriers	0	49:51
150.	214	Peter Holdcroft	117th	M55	10th			0	50:19

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Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	Chip	Time
151.	347	Nigel Gardner	118th	M60	10th		City of Stoke AC	0	50:24
152.	99	Clive Heathcock	119th	M65	2nd	E	South Cheshire Harriers	0	50:24
153.	151	Jane Holt	34th	F55	2nd			0	50:26
154.	335	Sally Jeavons	35th	F45	4th		Stone MM	0	50:26
155.	161	Michael Pearsall	120th	M Sen	48th			0	50:30
156.	37	Emily Sharp	36th	F40	7th		Nantwich RC	0	50:31
157.	314	Kerry Podmore	37th	F45	5th	W	South Cheshire Harriers	0	50:36
158.	192	Ben Grocott	121st	M Sen	49th			0	50:38
159.	78	Ken Shenton	122nd	M65	3rd	E	Lonely Goat RC	0	50:41
160.	243	Neil Regnauld	123rd	M65	4th	F	Newcastle (Staffs) AC	0	50:44
161.	197	Dennis Robinson	124th	M65	5th	E	South Cheshire Harriers	0	50:45
162.	134	Mark Churton	125th	M50	21st	D	Stone MM	0	50:47
163.	268	Paul Buckley	126th	M45	10th			0	50:48
164.	149	Holly Zoka	38th	F35	7th		South Cheshire Harriers	0	50:48
165.	127	Rachel Tatlock	39th	F35	8th	W	South Cheshire Harriers	0	50:50
166.	46	Suzanne Dale	40th	F40	8th	M	South Cheshire Harriers	0	50:51
167.	307	Andy Cowden	127th	M60	11th		Alsager Runners	0	50:58
168.	16	Hough Maxine	41st	F55	3rd	X	South Cheshire Harriers	0	50:58
169.	231	Adam Lightfoot	128th	M40	15th	D	Stafford Harriers	0	51:07
170.	101	Andrew Tooth	129th	M50	22nd		Stone MM	0	51:11
171.	115	Gary Steadman	130th	M60	12th	E	Stoke FIT	0	51:16
172.	284	Mark Oliver	131st	M50	23rd		Stafford Harriers	0	51:21
173.	109	Nick Dunning	132nd	M55	11th	F	South Cheshire Harriers	0	51:28
174.	258	Clare Steele	42nd	F40	9th	X	Stoke FIT	0	51:31
175.	274	Rob Sillito	133rd	M Sen	50th	F	Stoke FIT	0	51:37
176.	55	David Clamp	134th	M50	24th		Silverdale RC	0	51:43
177.	332	Lizzi Reynolds	43rd	F Sen	10th		Sandbach Striders	0	51:44
178.	317	Daniel Waite	135th	M Sen	51st			0	51:47
179.	110	Paul Glascodine	136th	M50	25th		South Cheshire Harriers	0	51:52
180.	348	Sue Jones	44th	F45	6th		Stafford Harriers	0	51:58
181.	183	Jimmy Ho	137th	M60	13th			0	52:00
182.	148	Andrew Greer	138th	M45	11th		South Cheshire Harriers	0	52:02
183.	293	Carol Astbury	45th	F60	2nd	M	Uttoxeter RR	0	52:11
184.	190	Julie Dudley	46th	F60	3rd	X	Cheadle RC	0	52:25
185.	185	Peter Davis	139th	M60	14th			0	52:29
186.	280	Sherrie Brereton	47th	F45	7th		Nantwich RC	0	52:30
187.	340	Colin Labron	140th	M55	12th		Stone MM	0	52:38
188.	88	Pam Davies	48th	F70	1st	M	Stone MM	0	52:47
189.	132	Daniel Berrisford	141st	M Sen	52nd		Stoke FIT	0	53:03
190.	339	Matt Holdcroft	142nd	M Sen	53rd			0	53:03
191.	85	Thomas Brereton	143rd	M45	12th		South Cheshire Harriers	0	53:09
192.	288	Nathan Kapp	144th	M Sen	54th	F	South Cheshire Harriers	0	53:10
193.	87	Brad Ehlen	145th	M50	26th		Northwich RC	0	53:14
194.	27	Julie Bradshaw	49th	F55	4th	W	Biddulph RC	0	53:17
195.	19	Rob Meadows	146th	M Sen	55th		Alsager Runners	0	53:20
196.	337	Anthony Stanley	147th	M Sen	56th			0	53:27
197.	69	Michelle Shaw	50th	F40	10th	W	South Cheshire Harriers	0	53:28
198.	278	Jennifer Farrall	51st	F45	8th		Boalloy RC	0	53:31
199.	223	Nigel Lee	148th	M65	6th	F	Newcastle (Staffs) AC	0	53:32
200.	119	Sally Haycock	52nd	F45	9th	X	Stafford Harriers	0	53:34

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Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	Chip	Time
201.	39	Andrew Pointon	149th	M45	13th	F	Audley Striders	0	53:40
202.	179	Melonie Deakin	53rd	F50	5th		Stafford Harriers	0	53:46
203.	8	Hemnath Soundarrajan	150th	M45	14th		South Cheshire Harriers	0	53:46
204.	11	Rachel Beach	54th	F40	11th	M	South Cheshire Harriers	0	54:05
205.	269	Jon Hillman	151st	M Sen	57th	F	NSRRA	0	54:32
206.	322	Jolian Morris	152nd	M50	27th	F	Trentham RC	0	54:32
207.	177	Imogen Brazier	55th	F Sen	11th		Go! Team	0	54:36
208.	29	Lewis Edwards	153rd	M Sen	58th		South Cheshire Harriers	0	54:39
209.	121	Amy Hamlett	56th	F Sen	12th		South Cheshire Harriers	0	54:39
210.	7	Keith Hancock	154th	M60	15th			0	54:45
211.	184	Judith Ho	57th	F65	1st	W		0	54:45
212.	294	Rachael Shankland	58th	F35	9th	W	Stoke FIT	0	54:51
213.	297	James Warburton	155th	M40	16th			0	54:51
214.	118	Bernard Clarke	156th	M45	15th	E	Mow Cop RR	0	55:00
215.	131	Ian Allen	157th	M55	13th	F	NSRRA	0	55:02
216.	227	Alice Dudley	59th	F Sen	13th			0	55:08
217.	62	Dominic Butt	158th	M Sen	59th			0	55:13
218.	139	Louise Gibbs	60th	F50	6th	X	Stoke FIT	0	55:14
219.	40	Helen Moore	61st	F55	5th			0	55:17
220.	323	Daran Millward	159th	M50	28th		Silverdale RC	0	55:18
221.	174	Rebecca Oakes	62nd	F40	12th	W	Newcastle Tri Club	0	55:24
222.	144	Virginia Nouwen	63rd	F Sen	14th			0	55:36
223.	21	Gemma Pardy	64th	F Sen	15th		Alsager Runners	0	55:40
224.	58	Sara Morris	65th	F45	10th	W	Stone MM	0	55:41
225.	283	Joanne Oliver	66th	F50	7th		Stafford Harriers	0	56:04
226.	346	Ruth Edwards	67th	F60	4th	W	Stafford Harriers	0	56:04
227.	162	Ilja Sternins	160th	M Sen	60th			0	56:08
228.	160	Inese Maculska	68th	F35	10th			0	56:11
229.	59	Laura Barker	69th	F Sen	16th	Y	Trentham RC	0	56:20
230.	204	Dave Wain	161st	M40	17th	G		0	56:23
231.	202	Michael Berry	162nd	M60	16th	F	Stone MM	0	56:25
232.	272	Helen Wassall	70th	F45	11th	W	Boalloy RC	0	56:36
233.	331	Greg Wood	163rd	M40	18th		Alsager Runners	0	56:50
234.	265	Phil Klein	164th	M65	7th			0	56:59
235.	103	Steve Beckett	165th	M Sen	61st			0	57:06
236.	51	Claire Ashmore	71st	F45	12th		Newcastle (Staffs) AC	0	57:15
237.	239	Denise Sandford	72nd	F55	6th	M	Uttoxeter RR	0	57:21
238.	326	Ian Tamburello	166th	M45	16th		Stoke FIT	0	57:32
239.	207	Richard Stewart	167th	M65	8th		Whitchurch Wippets	0	57:46
240.	313	Craig Francis	168th	M50	29th	G	Stone MM	0	57:54
241.	26	Alan Jenkinson	169th	M75	1st		Styal RC	0	57:57
242.	77	Paula Anderson	73rd	F50	8th	Y	Silverdale RC	0	58:00
243.	238	Charlotte Ollier	74th	F Sen	17th		South Cheshire Harriers	0	58:01
244.	237	Alan Lewis	170th	M80	1st	F	Trentham RC	0	58:04
245.	117	Maurice Fitzgerald	171st	M65	9th		South Cheshire Harriers	0	58:12
246.	249	Phil Reynolds	172nd	M45	17th			0	58:17
247.	157	Rachel Rathbone	75th	F45	13th	W	Stone MM	0	58:17
248.	256	Karen Tomlinson	76th	F45	14th		South Cheshire Harriers	0	58:20
249.	345	Jo Case	77th	F Sen	18th			0	58:25
250.	213	Graham Bagnall	173rd	M80	2nd	G		0	58:28

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Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	Chip	Time
251.	136	Bryan Hynes	174th	M60	17th		Stafford Harriers	0	58:35
252.	253	Clare Irving	78th	F45	15th	Y	Stone MM	0	58:37
253.	200	Adam Krajewski	175th	M Sen	62nd			0	58:51
254.	273	Diane Mason	79th	F55	7th	W	Nantwich RC	0	59:13
255.	107	Alan Cragg	176th	M60	18th		Nantwich RC	0	59:13
256.	76	Christopher Wood	177th	M55	14th	G	Stone MM	0	59:23
257.	296	Martin Parkinson	178th	M50	30th			0	59:26
258.	191	Jacqueline Bailey	80th	F40	13th	Y	Stone MM	0	59:29
259.	334	John Dobson	179th	M55	15th	G	Silverdale RC	0	59:49
260.	181	Sharon Gibbs	81st	F40	14th			0	59:51
261.	261	Robert Brown	180th	M55	16th	G	South Cheshire Harriers	0	1:00:15
262.	52	Samantha Welch	82nd	F40	15th			0	1:00:34
263.	196	Salli Hamilton	83rd	F45	16th	Y	Stone MM	0	1:01:14
264.	178	Karly Harris	84th	F35	11th		South Cheshire Harriers	0	1:01:20
265.	93	Jo Darlington	85th	F50	9th	Y	South Cheshire Harriers	0	1:01:38
266.	262	Andy Osgathorpe	181st	M70	5th		Cannock & Stafford AC	0	1:01:50
267.	138	Pat Bentley	86th	F70	2nd	W	Trentham RC	0	1:02:01
268.	41	Mandy Lewis	87th	F60	5th	Y	Nantwich RC	0	1:02:22
269.	187	David Hebb	182nd	M60	19th	F	NSRRA	0	1:02:38
270.	152	Jo Espley	88th	F45	17th		Stafford Harriers	0	1:02:43
271.	209	Gina Benson	89th	F50	10th	X	Stoke FIT	0	1:02:48
272.	309	Robert Kewish	183rd	M45	18th		Silverdale RC	0	1:02:49
273.	5	Emmaline Scoular	90th	F45	18th		Alsager Runners	0	1:02:53
274.	6	Andrew Rigby	184th	M55	17th		Alsager Runners	0	1:02:53
275.	112	Bob Sissons	185th	M75	2nd	G	Silverdale RC	0	1:03:18
276.	233	Jayne Hall	91st	F55	8th	X	Blythe Bridge RC	0	1:03:42
277.	114	Steven Wall	186th	M55	18th			0	1:03:49
278.	158	Selina Hook	92nd	F35	12th		South Cheshire Harriers	0	1:03:59
279.	36	Tracey Wadsworth	93rd	F50	11th	Y	Stone MM	0	1:04:00
280.	330	Julie Nokes	94th	F60	6th	W	Stafford Harriers	0	1:04:04
281.	126	Alison Omara	95th	F50	12th	Y	Stone MM	0	1:04:08
282.	9	Micheline Tremblay	96th	F55	9th	X	South Cheshire Harriers	0	1:05:10
283.	193	Juliet Carter	97th	F50	13th	Y	South Cheshire Harriers	0	1:06:08
284.	92	Laura Kirk-Bradshaw	98th	F35	13th		South Cheshire Harriers	0	1:06:42
285.	180	Sophie Barber	99th	F Sen	19th			0	1:07:34
286.	169	Tom Amos	187th	M Sen	63rd			0	1:07:35
287.	86	Helen Mansbridge	100th	F55	10th		Lawley RC	0	1:08:16
288.	289	Alice Kapp	101st	F Sen	20th	X	South Cheshire Harriers	0	1:08:40
289.	70	Sharn Hully	102nd	F65	2nd	Y	Stoke FIT	0	1:09:19
290.	42	David Lewis	188th	M60	20th	G	Nantwich RC	0	1:10:41
291.	64	Hazel Barlow	103rd	F60	7th	X	Silverdale RC	0	1:10:45
292.	48	Sarah Symonds	104th	F45	19th			0	1:10:59
293.	17	Andrea Corthorn	105th	F45	20th	Y	Stoke FIT	0	1:12:34
294.	240	Malcolm Rushton	189th	M70	6th	G	Trentham RC	0	1:12:43
295.	236	Richard Ollier	190th	M50	31st		South Cheshire Harriers	0	1:13:12
296.	98	Teresa Marsh	106th	F50	14th		Go! Team	0	1:15:24
297.	147	Neil Woodcock	191st	M65	10th			0	1:16:10
298.	264	David Niblock	192nd	M60	21st		Fylde Coast Runners	0	1:16:48
299.	154	Rita Banks	107th	F75	1st	Y	Stone MM	0	1:22:15
300.	74	Michele Bate	108th	F60	8th			0	1:25:29

Crewe 10K Supported By Avanti West Coast



Overall Results

Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	Chip	Time
301.	72	Andrew Bate	193rd	M Sen	64th			0	1:25:29
302.	146	David Cope	194th	M45	19th		Stone MM	0	1:27:36
303.	100	Tina Tooth	109th	F50	15th		Stone MM	0	1:27:36
304.	166	Charlotte Sloss	110th	F35	14th			0	1:28:12
305.	43	Helen Meigh	111th	F45	21st	Y	Stoke FIT	0	1:38:35

Number of records: 305