Crewe 10K Supported By Avanti West Coast

Age Group Results

FSen

Pos	Bib	Name	Time
1.	170	Martha Davis	43:37
2.	277	Katie Gardner	44:34
3.	306	Georgia Barron	45:27
4.	270	Darcey Paskin	46:41
5.	251	Catherine Huxley	48:03
6.	301	Alice Thomas	49:00
7.	302	Aisling Redmond	49:01
8.	350	Hollie Lapworth	49:06
9.	75	Marlaina Cadwallader	49:25
10.	332	Lizzi Reynolds	51:44
11.	177	Imogen Brazier	54:36
12.	121	Amy Hamlett	54:39
13.	227	Alice Dudley	55:08
14.	144	Virginia Nouwen	55:36
15.	21	Gemma Pardy	55:40
16.	59	Laura Barker	56:20
17.	238	Charlotte Ollier	58:01
18.	345	Jo Case	58:25
19.	180	Sophie Barber	1:07:34
20.	289	Alice Kapp	1:08:40

F35

Pos	Bib	Name	Time
1.	68	Amanda Kelly	39:51
2.	342	Kelly Marshall	45:26
3.	343	Rebecca Lawrence	45:29
4.	182	Lisa Ho	47:10
5.	173	Eve Lakin	47:36
6.	10	Vaida Bartulyte	49:51
7.	149	Holly Zoka	50:48
8.	127	Rachel Tatlock	50:50
9.	294	Rachael Shankland	54:51
10.	160	Inese Maculska	56:11
11.	178	Karly Harris	1:01:20
12.	158	Selina Hook	1:03:59
13.	92	Laura Kirk-Bradshaw	1:06:42
14.	166	Charlotte Sloss	1:28:12

F40

Pos	Bib	Name	Time
1.	155	Natalie Boswell	40:01
2.	50	Cristina Obrien	43:30
3.	267	Claire Kivlin	45:29
4.	291	Catherine Farrington	46:47
5.	82	Ellie Dick	49:00
6.	90	Michelle Dalgarno	49:03
7.	37	Emily Sharp	50:31
8.	46	Suzanne Dale	50:51
9.	258	Clare Steele	51:31
10.	69	Michelle Shaw	53:28
11.	11	Rachel Beach	54:05
12.	174	Rebecca Oakes	55:24
13.	191	Jacqueline Bailey	59:29
14.	181	Sharon Gibbs	59:51
15.	52	Samantha Welch	1:00:34

F45

Pos	Bib	Name	Time
1.	327	Gwennan Henstock	44:10
2.	321	Kerry Widdowson	46:19
3.	222	Helen Somers	48:14
4.	335	Sally Jeavons	50:26
5.	314	Kerry Podmore	50:36
6.	348	Sue Jones	51:58
7.	280	Sherrie Brereton	52:30
8.	278	Jennifer Farrall	53:31
9.	119	Sally Haycock	53:34
10.	58	Sara Morris	55:41
11.	272	Helen Wassall	56:36
12.	51	Claire Ashmore	57:15
13.	157	Rachel Rathbone	58:17
14.	256	Karen Tomlinson	58:20
15.	253	Clare Irving	58:37
16.	196	Salli Hamilton	1:01:14
17.	152	Jo Espley	1:02:43
18.	5	Emmaline Scoular	1:02:53
19.	48	Sarah Symonds	1:10:59
20.	17	Andrea Corthorn	1:12:34
21.	43	Helen Meigh	1:38:35

F50

Pos	Bib	Name	Time
1.	49	Jayne Dickens	40:17
2.	176	Karen Seiles	44:04
3.	311	Michelle Clarke	44:40
4.	246	Joanne Moss	45:12
5.	179	Melonie Deakin	53:46
6.	139	Louise Gibbs	55:14
7.	283	Joanne Oliver	56:04
8.	77	Paula Anderson	58:00
9.	93	Jo Darlington	1:01:38
10.	209	Gina Benson	1:02:48
11.	36	Tracey Wadsworth	1:04:00

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Age Group Results

Pos	Bib	Name	Time
12.	126	Alison Omara	1:04:08
13.	193	Juliet Carter	1:06:08
14.	98	Teresa Marsh	1:15:24
15.	100	Tina Tooth	1:27:36
F55			
1.	312	Ruth Cannon	48:29
2.	151	Jane Holt	50:26
3.	16	Hough Maxine	50:58
4.	27	Julie Bradshaw	53:17
5.	40	Helen Moore	55:17
6.	239	Denise Sandford	57:21
7.	273	Diane Mason	59:13
8.	233	Jayne Hall	1:03:42
9.	9	Micheline Tremblay	1:05:10
10.	86	Helen Mansbridge	1:08:16
F60			
1.	65	Carol Higgs	44:05
2.	293	Carol Astbury	52:11
3.	190	Julie Dudley	52:25
4.	346	Ruth Edwards	56:04
5.	41	Mandy Lewis	1:02:22
6.	330	Julie Nokes	1:04:04
7.	64	Hazel Barlow	1:10:45
8.	74	Michele Bate	1:25:29
F65			
1.	184	Judith Ho	54:45
2.	70	Sharn Hully	1:09:19
F70			
1.	88	Pam Davies	52:47
2.	138	Pat Bentley	1:02:01
F75+			
1.	154	Rita Banks	1:22:15
MSen			
1.	263	Stuart Fisher	33:35
2.	299	Harry Bond	33:54
3.	13	Ross Connor	34:26
4.	304	Fynn Churton	34:45
5.	226	Alexander Mayne	34:48
6.	219	Christian Prince	35:02
7.	255	Pat Buckingham	35:25
8.	325	Sean Dyer	35:55
9.	130	Ryan Morris	36:15
10.	300	Jonathan Owen	37:12
11.	276	Tom Hendricken	37:20
12.	104	Ben Russell	37:25
13.	252	Kieran Gilbert	37:31
14.	164	Ross Le'Clere	37:48
15.	123	Mark Cresswell	38:08
16.	224	Chris Mosiuk	38:22
17.	137	Adam Steele	38:45
18.	210	Jamie Graham	38:49
19.	20	Lee Turner	39:15
20.	23	Saul Mellor	39:18
21.	168	Paul Mainwaring	39:26
22.	341	Nathan Williams	39:33
23.	28	Liam Clay	39:42
24.	281	Rich Keen	39:43
25.	54	Adam Marsland	39:54
26.	203	Matt Craig	40:15
27.	1	George Clarke	40:31
28.	33	Daniel Cawley	40:40
29.	215	Paul Marshall	40:41
30.	324	Luke Penketh	40:42
31.	279	Jack Farrall	41:32
32.	66	Dave Blundred	41:36
33.	171	Dean Richards	41:57
34.	315	Ian Stanway	42:15
35.	172	Daniel Mcardle	42:55
36.	275	Robert Minton	43:31
37.	94	Matthew Thomas	44:06
38.	250	James Huxley	44:14
39.	15	Andy Torbitt	44:17
40.	247	Daniel Evans	44:37
41.	150	Peter Harris	45:03
42.	248	Simon Huxley	45:39
43.	336	Terry Stafford	46:06
44.	96	Dom Rushton	47:20
45.	124	Matthew Kingston	47:20
46.	95	Barry Gidman	48:01
47.	344	Ashley Steadman	49:36
48.	161	Michael Pearsall	50:30
49.	192	Ben Grocott	50:38
50.	274	Rob Sillito	51:37
51.	317	Daniel Waite	51:47
52.	132	Daniel Berrisford	53:03

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Age Group Results

Pos	Bib	Name	Time
53.	339	Matt Holdcroft	53:03
54.	288	Nathan Kapp	53:10
55.	19	Rob Meadows	53:20
56.	337	Anthony Stanley	53:27
57.	269	Jon Hillman	54:32
58.	29	Lewis Edwards	54:39
59.	62	Dominic Butt	55:13
60.	162	Ilja Sternins	56:08
61.	103	Steve Beckett	57:06
62.	200	Adam Krajewski	58:51
63.	169	Tom Amos	1:07:35
64.	72	Andrew Bate	1:25:29

M40

1.	217	Matt Eardley	34:46
2.	199	Ben Bewley	35:58
3.	30	Colin McEvoy	36:17
4.	153	Adam Tyson	36:20
5.	310	Keith Spurrier	38:54
6.	349	Andrew Cooke	40:26
7.	244	Steven Jennings	40:56
8.	175	David Ford	41:06
9.	91	Eliot Powell	43:01
10.	105	Wil Chung	43:11
11.	211	Nick Watts	45:00
12.	295	Simon Oakes	45:16
13.	4	Christopher Swann	45:51
14.	129	Steven Jackson	46:08
15.	231	Adam Lightfoot	51:07
16.	297	James Warburton	54:51
17.	204	Dave Wain	56:23
18.	331	Greg Wood	56:50

M45

1.	133	Steve Jones	36:45
2.	228	Gareth Jones	37:14
3.	241	Matt Robinson	38:14
4.	143	Wayne Fenton	38:47
5.	156	Lee Edgington	39:51
6.	266	David Kivlin	44:25
7.	308	Andrew Thompson	46:45
8.	163	Dean Windsor	47:26
9.	195	Peter Gibbs	49:03
10.	268	Paul Buckley	50:48
11.	148	Andrew Greer	52:02
12.	85	Thomas Brereton	53:09
13.	39	Andrew Pointon	53:40
14.	8	Hemnath Soundarrajan	53:46
15.	118	Bernard Clarke	55:00
16.	326	Ian Tamburello	57:32
17.	249	Phil Reynolds	58:17
18.	309	Robert Kewish	1:02:49
19.	146	David Cope	1:27:36

M50

1.	254	Paul Hancock	37:16
2.	242	Michael Harrington	38:02
3.	57	Robin Williamson	38:29
4.	84	Chris Moss	38:34
5.	230	David Morrell	38:52
6.	32	Michael Hibbert	39:49
7.	290	James Simpson	40:01
8.	44	Lee Burton	40:18
9.	120	John Scott	40:24
10.	298	Wall Terry	41:34
11.	303	Rob Bond	41:53
12.	125	Paul Parkinson	42:34
13.	218	Pete Chell	43:04
14.	142	Peter Mallison	43:21
15.	67	Grahame Cope	44:07
16.	271	Daniel Jordan	46:42
17.	97	Karl Marsh	47:23
18.	80	Rob Moran	47:30
19.	221	Paul Bentham	48:19
20.	56	Stephen Plant	48:48
21.	134	Mark Churton	50:47
22.	101	Andrew Tooth	51:11
23.	284	Mark Oliver	51:21
24.	55	David Clamp	51:43
25.	110	Paul Glascodine	51:52
26.	87	Brad Ehlen	53:14
27.	322	Jolian Morris	54:32
28.	323	Daran Millward	55:18
29.	313	Craig Francis	57:54
30.	296	Martin Parkinson	59:26
31.	236	Richard Ollier	1:13:12

M55

1.	113	Darren Pyatt	40:55
2.	257	Chris Bailey	42:01

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Age Group Results

Pos	Bib	Name	Time
3.	14	Martyn Clare	42:04
4.	34	Andy Thomas	42:18
5.	216	Pab Maddox	42:30
6.	338	Michael Dobson	42:44
7.	232	Chris Ellerton	48:05
8.	167	Ian Sloss	48:17
9.	22	Chris Colebourn	49:02
10.	214	Peter Holdcroft	50:19
11.	109	Nick Dunning	51:28
12.	340	Colin Labron	52:38
13.	131	Ian Allen	55:02
14.	76	Christopher Wood	59:23
15.	334	John Dobson	59:49
16.	261	Robert Brown	1:00:15
17.	6	Andrew Rigby	1:02:53
18.	114	Steven Wall	1:03:49

M60

Pos	Bib	Name	Time
1.	305	Owen Barron	39:30
2.	206	Mick Haire	40:16
3.	60	David Pearsall	41:21
4.	318	Andrew Wadsworth	42:46
5.	194	John Guest	43:31
6.	259	David Roberts	44:11
7.	145	David Laxton	46:15
8.	212	David Colley	46:15
9.	320	Russell Williams	49:22
10.	347	Nigel Gardner	50:24
11.	307	Andy Cowden	50:58
12.	115	Gary Steadman	51:16
13.	183	Jimmy Ho	52:00
14.	185	Peter Davis	52:29
15.	7	Keith Hancock	54:45
16.	202	Michael Berry	56:25
17.	136	Bryan Hynes	58:35
18.	107	Alan Cragg	59:13
19.	187	David Hebb	1:02:38
20.	42	David Lewis	1:10:41
21.	264	David Niblock	1:16:48

M65

Pos	Bib	Name	Time
1.	31	Alan Brookes	46:26
2.	99	Clive Heathcock	50:24
3.	78	Ken Shenton	50:41
4.	243	Neil Regnauld	50:44
5.	197	Dennis Robinson	50:45
6.	223	Nigel Lee	53:32
7.	265	Phil Klein	56:59
8.	207	Richard Stewart	57:46
9.	117	Maurice Fitzgerald	58:12
10.	147	Neil Woodcock	1:16:10

M70

Pos	Bib	Name	Time
1.	329	Malcolm Rose	41:36
2.	188	Doug Alcock	43:48
3.	81	Alan Challinor	48:33
4.	116	Norman Hindle	48:54
5.	262	Andy Osgathorpe	1:01:50
6.	240	Malcolm Rushton	1:12:43

M75

Pos	Bib	Name	Time
1.	26	Alan Jenkinson	57:57
2.	112	Bob Sissons	1:03:18

M80+

Pos	Bib	Name	Time
1.	237	Alan Lewis	58:04
2.	213	Graham Bagnall	58:28

Number of records: 299