

# Werrington 10k 2022

## Overall Results



Pos	Bib	Name	M/F	AG	AG	NSRRA	Club	5K	Chip	Time
1.	118	Peter Nimmo	1st	M Sen	1st	A	City of Stoke AC	15:33	34:11	34:12
2.	33	James Condlyffe	2nd	M Sen	2nd		City of Stoke AC	15:10	34:15	34:16
3.	164	Harry Bond	3rd	M Sen	3rd		City of Stoke AC	15:35	35:14	35:16
4.	34	Ross Connor	4th	M Sen	4th	A	City of Stoke AC	15:28	35:32	35:33
5.	47	Carl Overall	5th	M Sen	5th		Nantwich RC	15:47	35:51	35:52
6.	49	Simon Fawcett	6th	M40-44	1st	A		16:20	36:36	36:38
7.	24	Pat Buckingham	7th	M Sen	6th	C	Trentham RC	16:27	37:49	37:50
8.	95	Steve Jones	8th	M45-49	1st	B	Lonely Goat RC	17:23	38:26	38:29
9.	10	Kieran Bedford	9th	M Sen	7th		Gator AC	17:32	38:40	38:43
10.	60	Tom Green	10th	M Sen	8th			17:22	38:48	38:50
11.	40	Gary Dale	11th	M40-44	2nd		Staffs Moorlands AC	17:33	38:50	38:52
12.	26	Ian Cawley	12th	M45-49	2nd	A	Lonely Goat RC	17:30	38:54	38:56
13.	19	Gareth Briggs	13th	M50-54	1st		Wolves & Bilston	17:46	39:27	39:29
14.	62	Martin Green	14th	M Sen	9th		Lonely Goat RC	17:35	39:51	39:55
15.	181	David Morrel	15th	M50-54	2nd			18:04	39:59	40:02
16.	179	Kelly Butler	1st	F Sen	1st	L	City of Stoke AC	18:04	40:11	40:14
17.	124	Darren Pyatt	16th	M55-59	1st	A	Stone MM	18:14	40:17	40:20
18.	94	Steven Jennings	17th	M40-44	3rd	B	Stoke FIT	18:01	40:19	40:24
19.	134	James Simpson	18th	M50-54	3rd	A	South Cheshire	18:28	40:54	40:56
20.	166	Kristy Gill	2nd	F45-49	1st		Macclesfield Harriers	18:30	41:01	41:04
21.	107	Simon Bryan	19th	M45-49	3rd		Trentham RC	18:34	41:08	41:12
22.	98	Amanda Kelly	3rd	F35-39	1st	L	Stoke FIT	18:46	41:26	41:31
23.	140	Thomas Steele	20th	M Sen	10th	E	Gator AC	18:45	41:32	41:36
24.	171	Joanne Stanfield	4th	F50-54	1st	L	Trentham RC	18:42	41:36	41:41
25.	23	Marcin Brzeski	21st	M Sen	11th			18:49	41:38	41:42
26.	141	Marcin Stepien	22nd	M40-44	4th			18:53	41:39	41:44
27.	68	Paul Hall	23rd	M Sen	12th	D	Stoke FIT	18:42	41:40	41:45
28.	109	Adam Marsland	24th	M Sen	13th	C	Welland Valley Tri	19:03	41:47	41:50
29.	144	Deborah Thomas	5th	F40-44	1st	L	Trentham RC	18:55	41:49	41:52
30.	44	Jayne Dickens	6th	F50-54	2nd	L	Trentham RC	18:48	41:57	42:02
31.	42	Lee Davies	25th	M Sen	14th	C	Silverdale RC	18:47	42:28	42:32
32.	38	Matt Craig	26th	M Sen	15th	D	Stoke FIT	18:38	42:41	42:45
33.	176	Harry Julian	27th	M Sen	16th		Trentham RC	19:38	43:02	43:07
34.	111	Steven McCann	28th	M45-49	4th	B	Stone MM	19:21	43:11	43:20
35.	119	Emily Nott	7th	F35-39	2nd	M	Congleton Harriers	19:32	43:21	43:30
36.	65	Andrew Growcott	29th	M40-44	5th		South Cheshire	19:37	43:33	43:37
37.	63	Chris Green	30th	M40-44	6th			19:31	43:37	43:40
38.	154	Tim West	31st	M50-54	4th	D	Stoke FIT	20:04	43:34	43:46
39.	86	Daz Hughes	32nd	M50-54	5th		Lonely Goat RC	19:28	43:46	43:49
40.	136	Lizzie Slater	8th	F40-44	2nd		Nantwich RC	19:45	43:45	43:53
41.	174	Martin Welsh	33rd	M55-59	2nd			19:51	43:50	43:54
42.	148	Andrew Wadsworth	34th	M60-64	1st	E		20:04	44:02	44:09
43.	87	Tom Hughes	35th	M Sen	17th			19:26	44:15	44:19
44.	9	Darren Beach	36th	M45-49	5th	D	South Cheshire	20:03	44:13	44:21
45.	97	Lee Jones	37th	M50-54	6th		Trentham RC	20:25	44:15	44:24
46.	73	Chris Hassall	38th	M Sen	18th	E	South Cheshire	19:59	44:22	44:29
47.	66	John Guest	39th	M60-64	2nd	D	Trentham RC	19:55	44:27	44:33
48.	142	Sarah Taylor	9th	F55-59	1st	L	Trentham RC	20:29	44:32	44:37
49.	167	David Nimmo	40th	M40-44	7th	C	South Cheshire	19:55	44:36	44:43
50.	162	Reis Wood	41st	M Sen	19th			20:40	44:42	44:47
51.	77	Carol Higgs	10th	F60-64	1st	L	Trentham RC	19:28	44:42	44:48

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Pos	Bib	Name	M/F	AG	AG	NSRRA	Club	5K	Chip	Time
52.	7	Ian Barker	42nd	M Sen	20th			21:04	45:00	45:04
53.	157	Lee Wild	43rd	M Sen	21st			20:19	45:02	45:07
54.	150	Nick Watts	44th	M40-44	8th		Newport & District RC	20:43	45:08	45:18
55.	1	Doug Alcock	45th	M70-74	1st	C	Trentham RC	20:18	45:12	45:19
56.	75	Jenna Heath	11th	F Sen	2nd		Staffs Moorlands AC	20:20	45:20	45:26
57.	160	Dean Windsor	46th	M45-49	6th	E	Congleton Harriers	20:22	45:19	45:27
58.	99	Ian Kinder	47th	M50-54	7th			20:11	45:29	45:32
59.	78	Oliver Hill	48th	M40-44	9th		Newcastle (Staffs) AC	20:37	45:34	45:40
60.	18	Lee Bowers	49th	M45-49	7th	F	Silverdale RC	20:48	45:38	45:45
61.	163	Greg Wood	50th	M40-44	10th			20:47	45:49	45:53
62.	55	Alexander Garnett	51st	M Sen	22nd		South Cheshire	20:34	45:49	45:57
63.	180	Darren Bloor	52nd	M40-44	11th	D	Blythe Bridge RC	20:01	45:54	46:00
64.	100	Claire Kivlin	12th	F40-44	3rd	M	South Cheshire	20:56	46:16	46:24
65.	59	Alicia Gilbert	13th	F35-39	3rd	M	Silverdale RC	21:10	46:32	46:41
66.	172	Andy Thorp	53rd	M55-59	3rd			21:13	46:41	46:44
67.	96	Helen Jones	14th	F Sen	3rd	X		21:07	46:35	46:44
68.	36	Grahame Cope	54th	M50-54	8th	D	Stone MM	21:17	46:44	46:50
69.	151	Neil Webb	55th	M Sen	23rd		Nantwich RC	21:12	46:58	47:06
70.	25	Paul Burslem	56th	M55-59	4th	D	Trentham RC	21:44	47:03	47:12
71.	83	Richard Howell	57th	M Sen	24th	D	Silverdale RC	21:02	47:13	47:22
72.	158	Russell Williams	58th	M60-64	3rd	D	Cheadle RC	22:09	48:07	48:13
73.	92	Steven Jackson	59th	M40-44	12th			21:55	48:09	48:17
74.	102	Eve Lakin	15th	F Sen	4th		Trentham RC	21:31	48:08	48:18
75.	113	Roland Meylan	60th	M50-54	9th		Staffs Moorlands AC	22:00	48:22	48:30
76.	146	Adam Tyson	61st	M40-44	13th		Newcastle (Staffs) AC	22:43	48:46	48:53
77.	22	Martin Brown	62nd	M40-44	14th		Nantwich RC	21:59	48:50	48:57
78.	165	Andrew Clinton	63rd	M50-54	10th	D	NSRRA	21:48	49:03	49:08
79.	53	Adrian Frost	64th	M60-64	4th	D	Trentham RC	22:12	48:59	49:10
80.	108	Karl Marsh	65th	M50-54	11th		Go! Team	21:51	49:22	49:26
81.	52	Christian Foulkes	66th	M45-49	8th			22:38	49:19	49:29
82.	161	Stephen Wood	67th	M50-54	12th		Newcastle (Staffs) AC	23:13	49:30	49:37
83.	54	Ruth Gamwell	16th	F45-49	2nd	W	Macclesfield Harriers	22:25	49:35	49:42
84.	90	Rob Irving	68th	M45-49	9th			22:43	49:57	50:03
85.	170	Joseph Sherman	69th	M Sen	25th			22:39	49:51	50:04
86.	139	Helen Somers	17th	F45-49	3rd	M	Stone MM	22:37	50:06	50:14
87.	46	Andrew Espley	70th	M40-44	15th			22:06	50:03	50:17
88.	149	Lisa Warbrook	18th	F45-49	4th		Nantwich RC	23:19	50:01	50:18
89.	81	Jane Holt	19th	F55-59	2nd	W		22:54	50:11	50:20
90.	143	Rebecca Taylor	20th	F35-39	4th		Stoke FIT	23:18	50:13	50:26
91.	28	Alan Challinor	71st	M65-69	1st	F		22:56	50:18	50:28
92.	57	Peter Gibbs	72nd	M45-49	10th	F	Stoke FIT	23:15	50:25	50:36
93.	29	Sam Chappell	73rd	M40-44	16th	G	Trentham RC	22:49	50:33	50:43
94.	21	Mike Brown	74th	M45-49	11th			22:40	50:30	50:44
95.	125	Jen Riley	21st	F35-39	5th		Trentham RC	22:49	51:08	51:17
96.	27	Lisa Chadwick	22nd	F40-44	4th		Nantwich RC		51:13	51:28
97.	88	Dean Hughes	75th	M45-49	12th			23:14	51:35	51:45
98.	126	Jason Robertson	76th	M50-54	13th			23:36	51:31	51:50
99.	84	Rebecca Howlett	23rd	F Sen	5th	X	South Cheshire	23:45	51:40	51:55
100.	89	Anthony Hulme	77th	M75-79	1st		Macclesfield Harriers	22:56	51:51	51:56
101.	103	David Lear	78th	M50-54	14th			24:38	51:51	52:08
102.	20	Alan Brookes	79th	M65-69	2nd	B	Trentham RC	23:09	52:08	52:14

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Pos	Bib	Name	M/F	AG	AG	NSRRA	Club	5K	Chip	Time
103.	43	Melonie Deakin	24th	F50-54	3rd	M	Stafford Harriers	23:48	52:09	52:20
104.	129	Marilla Rowlinson	25th	F45-49	5th			24:37	52:04	52:22
105.	15	Mick Birtles	80th	M55-59	5th	E	Stoke FIT	23:26	52:41	52:52
106.	30	Emma Churchill	26th	F35-39	6th			23:56	52:41	52:55
107.	132	Robert Sargeant	81st	M Sen	26th			23:47	52:58	53:05
108.	147	Kevin Uzzell	82nd	M75-79	2nd	E	Stone MM	23:54	52:59	53:05
109.	137	Ian Sloss	83rd	M55-59	6th		Stoke FIT	24:46	52:52	53:11
110.	114	Hayley Miller	27th	F50-54	4th			24:07	53:08	53:22
111.	4	Carol Astbury	28th	F55-59	3rd	M	Uttoxeter RR	23:40	53:31	53:41
112.	127	Dennis Robinson	84th	M65-69	3rd	F	South Cheshire	24:48	53:53	54:09
113.	177	Vicki Henshaw	29th	F35-39	7th	W	Blythe Bridge RC	24:27	54:19	54:32
114.	110	Stephen Maxfield	85th	M55-59	7th			25:09	54:58	55:11
115.	11	Donald Beech	86th	M65-69	4th		Staffs Moorlands AC	25:35	55:20	55:32
116.	93	Alison	30th	F45-49	6th	M	Trentham RC	25:37	55:24	55:35
117.	133	Rob Sillito	87th	M Sen	27th		Stoke FIT	26:11	55:31	55:45
118.	45	Julie Dudley	31st	F60-64	2nd	X	Cheadle RC	25:03	55:43	55:52
119.	115	Daran Millward	88th	M50-54	15th	F	Silverdale RC	25:31	55:37	55:54
120.	80	Matt Holdcroft	89th	M Sen	28th			25:30	55:34	55:54
121.	14	Daniel Berrisford	90th	M Sen	29th		Stoke FIT	25:30	55:35	55:55
122.	48	Thomas Exton	91st	M Sen	30th			25:54	55:43	56:02
123.	121	Ian Pettitt	92nd	M50-54	16th		Trentham RC	24:41	55:50	56:08
124.	104	Nigel Lee	93rd	M65-69	5th	F	Newcastle (Staffs) AC	25:50	55:58	56:14
125.	82	Maxine Hough	32nd	F55-59	4th	X	South Cheshire	26:20	56:23	56:43
126.	122	Kerry Podmore	33rd	F45-49	7th	M	South Cheshire	26:20	56:23	56:43
127.	79	Jon Hillman	94th	M Sen	31st	F	NSRRA	25:16	56:33	56:45
128.	131	Alex Ryles	95th	M40-44	17th			26:44	56:38	56:59
129.	178	Martin Boulton	96th	M40-44	18th		Stoke FIT	26:32	57:24	57:39
130.	175	Liam Browne	97th	M55-59	8th		Lonely Goat RC	26:10	57:29	57:45
131.	58	Louise Gibbs	34th	F50-54	5th	X	Stoke FIT	26:32	57:56	58:09
132.	71	Rachel Harper	35th	F Sen	6th			26:21	58:06	58:19
133.	41	Sophie Daragheh	36th	F Sen	7th			26:25	58:09	58:20
134.	51	John Finney	98th	M75-79	3rd	F	Stafford Harriers	26:33	58:10	58:21
135.	69	Ken Harper	99th	M65-69	6th			26:21	58:08	58:22
136.	32	Liz Clutton	37th	F65-69	1st	W	Cheadle RC	26:10	58:17	58:26
137.	70	Jenny Harper	38th	F40-44	5th			26:09	58:13	58:26
138.	12	Rich Benson	100th	M70-74	2nd		Congleton Harriers	26:09	58:26	58:41
139.	169	Denise Sandford	39th	F55-59	5th	W	Uttoxeter RR	26:19	58:57	59:06
140.	39	Andrew Crosby	101st	M50-54	17th	F	Blythe Bridge RC	27:02	59:00	59:19
141.	3	Ian Allen	102nd	M55-59	9th	F	NSRRA	26:30	59:39	59:51
142.	6	David Baker	103rd	M65-69	7th	F	Staffs Moorlands AC	27:00	59:37	59:52
143.	56	Neil Gerrard	104th	M50-54	18th		Stoke FIT	27:19	1:00:11	1:00:27
144.	76	David Hebb	105th	M60-64	5th	G	NSRRA	27:09	1:01:03	1:01:16
145.	152	Charli Weller	40th	F50-54	6th	X	Silverdale RC	28:27	1:01:09	1:01:26
146.	16	Barefoot Blade	106th	M40-44	19th			27:57	1:01:55	1:02:11
147.	37	Gavin Craddock	107th	M40-44	20th			27:03	1:01:50	1:02:11
148.	105	Alan Lewis	108th	M80+	1st	G	Trentham RC	28:19	1:02:11	1:02:24
149.	138	Phil Sloss	109th	M Sen	32nd		Stoke FIT	27:41	1:03:02	1:03:22
150.	117	Angela Morton	41st	F55-59	6th		Stoke FIT	29:18	1:03:14	1:03:32
151.	13	Gina Benson	42nd	F50-54	7th	Y	Stoke FIT	29:18	1:03:15	1:03:32
152.	91	Jane Irving	43rd	F50-54	8th	X	Silverdale RC	29:16	1:04:11	1:04:27
153.	155	Tracey Wheeldon	44th	F50-54	9th			29:38	1:05:26	1:05:42

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154.	123	Jane Pope	45th	F55-59	7th			29:37	1:05:31	1:05:45
155.	153	Lisa Wellings	46th	F45-49	8th			29:37	1:05:30	1:05:45
156.	159	Graham Williams	110th	M75-79	4th	G	Stafford Harriers	30:56	1:05:54	1:06:14
157.	31	Darren Clark	111th	M40-44	21st		Stoke FIT	29:12	1:06:22	1:06:34
158.	35	Robert Cookson	112th	M60-64	6th			29:33	1:06:55	1:07:16
159.	173	Kerry Welsh	47th	F55-59	8th			30:57	1:07:26	1:07:38
160.	2	Sally Aldridge	48th	F75-79	1st	W	Silverdale RC	31:19	1:08:00	1:08:19
161.	135	Alfred Slater	113th	M75-79	5th	G	NSRRA	32:03	1:10:50	1:11:12
162.	128	Kirsty Rollings	49th	F35-39	8th		South Cheshire	32:04	1:10:56	1:11:12
163.	8	Hazel Barlow	50th	F60-64	3rd	Y	Michelin AC	33:41	1:11:56	1:12:16
164.	5	Simone Baggaley	51st	F35-39	9th		Trentham RC	35:22	1:17:31	1:17:53
165.	85	Lesley Jane Hughes	52nd	F60-64	4th	Y	Blythe Bridge RC	37:47	1:21:57	1:22:16
166.	168	Malcolm Rushton	114th	M70-74	3rd	G	Trentham RC	37:04	1:23:52	1:24:06
167.	120	Derek Okseniuk	115th	M65-69	8th			44:28	1:35:54	1:36:05

Number of records: 167