

# NSCCL 2022 - Round 4 (Keele)

## Overall Results - Female U20, Senior & Veterans



Pos	Bib	Name	AG	Club	R1	R2	R3	Time
1.	126	Donna Sherwin	F40	City of Stoke AC	1		2	18:34
2.	1167	Nia Nokes	FSen	City of Stoke AC	5			19:15
3.	124	Lucy Matthews	FSen	City of Stoke AC	2	4		19:28
4.	1147	Rebecca Twardochleb	FSen	Newcastle (Staffs) AC	0	0	12	20:00
5.	1119	Rachel Lloyd	F35	Newcastle (Staffs) Tri Club	4	3	3	20:04
6.	611	Deborah Thomas	F40	Trentham RC	3	11	5	20:06
7.	127	Mandy Vernon	F50	City of Stoke AC	5		7	20:07
8.	119	Tracy Bloor	F45	City of Stoke AC	12	10	8	20:10
9.	606	Jayne Dickens	F50	Trentham RC	9	6	6	20:16
10.	315	Jade Watson	FSen	Newcastle (Staffs) AC	10	16	11	20:19
11.	1079	Holly Chipman	FSen	Silverdale RC				20:33
12.	1100	Natalie Griffiths	FSen	Cannock & Stafford AC				20:53
13.	1099	Sarah Gerry	FSen	Rugeley Runners	0	23	0	21:01
14.	350	Sam Morley	FSen	Rugeley Runners	22	22	17	21:13
15.	156	Emily Nott	F35	Congleton Harriers	20	27	67	21:16
16.	1138	Lucy Spencer	FSen	Newcastle (Staffs) Tri Club	0	15	19	21:38
17.	363	Joanne Moss	F50	Sandbach Striders	25	28	26	21:40
18.	1135	Isabella Shaw	FSen	Trentham RC				21:41
19.	306	Claire Capper	FSen	Newcastle (Staffs) AC	24	29	24	21:48
20.	1104	Stacey Hawkins	F40	Lawley RC	0	0	50	21:50
21.	1069	Emily Batkin	F35	City of Stoke AC				21:52
22.	1145	Claire Thompson	F40	Vale Royal AC				21:58
23.	385	Michelle Buckle	F45	Silverdale RC	15	18	16	22:01
24.	718	Cristina O'Brien	F40	Telford AC			49	22:04
25.	1144	Sarah Taylor	F55	Trentham RC	36	38	32	22:06
26.	274	Lizzie Slater	F40	Nantwich RC	19	19	21	22:11
27.	1095	Sarah Fleeman	FSen	Rugeley Runners	0	0	44	22:21
28.	272	Rebecca McCarthy	F40	Nantwich RC	26	32		22:24
29.	1097	Laura Gambrell	FSen	Rugeley Runners	34	28	51	22:27
30.	1123	Angela Mensing	F50	Stone MM	0	43	0	22:36
31.	51	Susan Kneill-Boxley	F55	Cannock & Stafford AC	32	37	38	22:39
32.	4	Shannon Moores	FSen	Boalloy RC		46	25	22:44
33.	564	Victoria Doran	F40	Telford Harriers	28	51	47	22:49
34.	269	Rachel Kesteven	F45	Nantwich RC	38	34	31	22:53
35.	570	Lisa Yeomans	F50	Telford Harriers	44	55	48	22:54
36.	396	Melissa Salmon	F40	Silverdale RC	43	58	73	22:56
37.	241	Sue Stockdale	F45	Macclesfield Harriers	40	41	61	22:59
38.	1120	Hannah Malpass	FSen	Cannock & Stafford AC	0	0	53	23:00
39.	830	Eva Martin	F40	Stone MM		36		23:04
40.	897	Charlotte Statham	F50	Staffordshire Moorlands AC	48	67		23:13
41.	1121	Michelle Marshall	F45	Newcastle (Staffs) Tri Club	0	59	55	23:15
42.	1086	Martha Davis	FSen	Newcastle (Staffs) AC	0	59	41	23:19
43.	273	Liz Morris	FSen	Nantwich RC	61	69	59	23:22
44.	1103	Adreen Hart-Rule	FSen	Stone MM				23:26
45.	313	Julie Parry	F40	Newcastle (Staffs) AC	46	48	63	23:36
46.	1142	Anne-Marie Taylor	F35	South Cheshire Harriers	57	57		23:40
47.	730	Jan Cassidy	F55	Newcastle (Staffs) AC	59	81	69	23:41
48.	515	Laura Hancock	F35	Stone MM	45	47	52	23:51
49.	1173	Jennifer Willott	FSen	Lawley RC		71	66	23:53
50.	1050	Milly Lever	F20	Keele University AC				23:56

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51.	682	Sarah Pallett	FSen	Sneyd Striders	47	56	58	24:02
52.	529	Hannah Buckley	FSen	Stone MM	68	76		24:08
53.	307	Micheala Cunningham	F55	Newcastle (Staffs) AC	55	72	60	24:26
54.	724	Natalie Boswell	F40	Cannock & Stafford AC	86	25	54	24:33
55.	153	Georgina Budd	FSen	Congleton Harriers	81	84	91	24:34
56.	501	Samantha Harrison	FSen	Staffordshire Moorlands AC		65		24:46
57.	233	Sally Ann Hales	F60	Macclesfield Harriers	69	86	72	24:47
58.	389	Alicia Gilbert	F35	Silverdale RC	54	49	64	24:48
59.	856	Anthea Kenyon	F45	Staffordshire Moorlands AC	0	85	77	24:50
60.	1172	Angela Luznyj	F40	Staffordshire Moorlands AC	74	71		24:59
61.	1146	Nikki Towle	F55	Stone MM				25:05
62.	1122	Sarah McDonald	F45	Trentham RC	0	106	0	25:09
63.	722	Amanda White	F45	Newcastle (Staffs) AC	74	95	97	25:11
64.	1132	Kerry Richardson	F50	Telford Harriers	79	78		25:17
65.	54	Sally Kenny	F45	Cheadle RC	50	71	70	25:18
66.	446	Chris Skellern	F60	Stafford Harriers	70	88	84	25:22
67.	411	Suzanne Dale	F40	South Cheshire Harriers	71	98	95	25:51
68.	1091	Ellen Evans	F35	Stone MM	0	98	101	25:58
69.	612	Rosemary Wilson	F60	Trentham RC	83	96	100	26:01
70.	1076	Lisa Chadwick	F40	Nantwich RC	0	83	98	26:02
71.	395	Rose Marshall	F35	Silverdale RC	87		103	26:04
72.	151	Bethan Ambler	F40	Congleton Harriers		89	87	26:05
73.	491	Suzanne Corden	F45	Staffordshire Moorlands AC	78	80	80	26:08
74.	1140	Hanny Stockman	F55	Macclesfield Harriers				26:12
75.	266	Kirsty Epps	FSen	Nantwich RC	94	102		26:16
76.	678	Helen Ward	F35	Sneyd Striders	95			26:18
77.	558	Alison Preece	F50	Telford AC	85	94	94	26:23
78.	1170	Sarah Thorne		Newcastle (Staffs) Tri Club	84	92		26:25
79.	1107	Vicky Henshaw	F35	Blythe Bridge RC	0	80	93	26:33
80.	1158	Chloe Chadwick	F35	Nantwich RC				26:39
81.	460	Melonie Deakin	F50	Stafford Harriers	0	99		27:00
82.	268	Krista Jones	FSen	Nantwich RC	66		112	27:09
83.	443	Caitlin Mills	FSen	Stafford Harriers				27:14
84.	1082	Clare Cotterill	F45	Telford Harriers	76	88	90	27:25
85.	530	Sara Buckley	F50	Stone MM	110	125		27:42
86.	1071	Helen Blake	F35	Telford Harriers	0	114	114	27:59
87.	1088	Julie Dudley	F60	Cheadle RC	88	106	107	28:02
88.	681	Margaret Thomas	F65	Sneyd Striders	116	123	117	28:12
89.	505	Samantha Millward	F35	Staffordshire Moorlands AC			128	28:19
90.	1134	Christine Roffe	F60	Newcastle (Staffs) Tri Club	0	115	108	28:22
91.	1066	Gill Alexander	F55	Rugeley Runners				28:27
92.	155	Christine Gilligan	F55	Congleton Harriers	108	121	130	28:32
93.	1151	Melissa Williams	F40	Telford Harriers	0	109	0	28:34
94.	398	Tonia Vernon	F45	Silverdale RC	120			28:37
95.	311	Stephanie Nagington	F45	Newcastle (Staffs) AC	93	113	123	28:50
96.	445	Joanne Oliver	F50	Stafford Harriers	103	120	120	29:03
97.	390	Tracy Haseldine	F35	Silverdale RC	117	131	136	29:04
98.	598	Tasmin Burley	F20	Trentham RC	132	117	145	29:05
99.	441	Ruth Edwards	F60	Stafford Harriers		109		29:06
100.	1149	Julie Wardle	F55	Rugeley Runners	0	0	132	29:12

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101.	399	Gemma Woodcock	F35	Silverdale RC	113	130	126	29:25
102.	669	Gillian Csizmadia	F60	Wrexham AC	126	143	134	29:32
103.	378	Paula Anderson	F50	Silverdale RC	102	115	121	29:39
104.	392	Sue Kirby	F55	Silverdale RC	114		125	29:40
105.	601	Laura Barker	FSen	Trentham RC	125	134	127	30:14
106.	310	Tracey Johnson Knowles	F55	Newcastle (Staffs) AC	105	122	142	30:27
107.	1125	Kerry Morgon-Shaw	F40	Rugeley Runners	0	0	116	30:35
108.	1153	Tania Willoughby	F60	Telford Harriers	0	141	146	30:38
109.	604	Emma Burley	F35	Trentham RC	134	151	147	31:21
110.	676	Eve Bates	F40	Sneyd Striders	131	147		31:42
111.	349	Holly Humphries	F35	Rugeley Runners	129	148	149	31:47
112.	379	Rebecca Bagguley	F35	Silverdale RC	139			32:47
113.	684	Yvette Dukanovic	F35	Sneyd Striders	145	155	150	32:53
114.	383	Diane Brassington	F50	Silverdale RC				32:53
115.	566	Samantha Hall-Davies	F35	Telford Harriers	141	152	152	33:14
116.	397	Nicola Stevens	F50	Silverdale RC	136			33:16
117.	1126	Julie Nokes	F60	Stafford Harriers	0	151	151	33:23
118.	366	Karen Wright	F40	Sandbach Striders	137			34:10
119.	362	Amy Mayell	F45	Sandbach Striders	138			34:12
120.	567	Karen Mann	F50	Telford Harriers	142	153	153	34:55
121.	442	Sarah Gray	F60	Stafford Harriers		157	154	35:13
122.	674	Claire Mills	F45	Sneyd Striders		158	159	35:17
123.	565	Sue Gibson	F55	Telford Harriers	144	160	158	37:49
124.	568	Ann-Marie Sheward	F50	Telford Harriers	143	159	157	37:49
125.	563	Teresa Beck	F45	Telford Harriers	148		162	39:24
126.	146	Maureen Singleton	F75+	Colwyn Bay AC	150	163	163	43:15
127.	394	Alli Lymer	F55	Silverdale RC	151			43:52
128.	766	Martha Davis	FSen	Newcastle (Staffs) AC	0	59	41	1:02:24
129.	50	Christine Kilkenny	F65	Cannock & Stafford AC				1:31:35
130.	734	Heather Fryer-Winder	F55	Buxton AC	0	0	109	2:03:36

Number of records: 130