Muddy Woody 6

Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
1.	263	Oliver Perratt	*1st*	MSEN	*1st*	Ludlow Runners	**37:18**	37:19
2.	167	Matt James	*2nd*	MSEN	*2nd*	Hereford Couriers	**39:07**	39:08
3.	175	Dean Jones	*3rd*	MSEN	*3rd*	Western Tempo	**39:47**	39:49
4.	366	Russell Williams	*4th*	M45-49	*1st*		**40:14**	40:16
5.	240	William Morris	*5th*	MSEN	*4th*	Hereford Couriers	**40:35**	40:37
6.	10	David Bannister	*6th*	M45-49	*2nd*	Ledbury & District Harriers	**40:36**	40:39
7.	336	Andrew Tyler	*7th*	M50-54	*1st*	hereford couriers	**40:56**	40:57
8.	346	David Watkins	*8th*	MSEN	*5th*		**41:44**	41:46
9.	291	Jasper Robinson	*9th*	MSEN	*6th*	Croft Ambrey RC	**43:03**	43:05
10.	350	Ian Whistance	*10th*	M50-54	*2nd*	Wye Valley Runners	**43:47**	43:48
11.	191	Peter Koval	*11th*	MSEN	*7th*	Hereford triathlon club	**44:02**	44:06
12.	364	Richard Williams	*12th*	MSEN	*8th*	Wye Valley Runners	**44:04**	44:09
13.	102	Matt Fairlamb	*13th*	M40-44	*1st*	Worcester AC	**44:20**	44:22
14.	45	Samuel Burnage	*14th*	M45-49	*3rd*	Malvern Buzzards Running Club	**44:30**	44:33
15.	133	Gemma Hargraves	*1st*	F35-39	*1st*		**44:57**	45:01
16.	122	Ben Grice	*15th*	MSEN	*9th*		**45:27**	45:33
17.	293	Steve Rooke	*16th*	M50-54	*3rd*	Ledbury Harriers	**45:41**	45:44
18.	127	Neil Grinnell	*17th*	M45-49	*4th*	Ledbury & District Harriers	**45:51**	45:54
19.	370	Lea Wood	*18th*	MSEN	*10th*	Wye Valley Runners	**45:59**	46:03
20.	265	Dan Phillips	*19th*	M40-44	*2nd*	Hereford Couriers	**46:57**	47:01
21.	183	Paul Kemp	*20th*	M45-49	*5th*	Wye Valley runners	**48:20**	48:24
22.	232	Adam Michniok	*21st*	M40-44	*3rd*	Hereford Triathlon Club	**48:24**	48:29
23.	137	Dai Harris	*22nd*	MSEN	*11th*	Builth and district	**48:33**	48:36
24.	188	David Klotz	*23rd*	M40-44	*4th*	Wye Valley Runners	**48:54**	48:59
25.	93	Aiveen Digby	*2nd*	FSEN	*1st*	Malvern Joggers	**49:01**	49:12
26.	332	Ben Toon	*24th*	M40-44	*5th*	Malvern Joggers	**49:03**	49:13
27.	314	Marc Soley	*25th*	MSEN	*12th*	Malvern Buzzards Running Club	**49:09**	49:18
28.	313	Robert Smith	*26th*	M55-59	*1st*		**49:23**	49:29
29.	286	Richie Richards	*27th*	M55-59	*2nd*	Hereford couriers	**49:27**	49:31
30.	79	Jonathan Davey	*28th*	M55-59	*3rd*	Hereford Couriers	**49:46**	49:49
31.	52	Martin Carter	*29th*	M55-59	*4th*	Hereford Couriers	**49:48**	49:50
32.	230	Andrew Merriman	*30th*	M45-49	*6th*	Hay Hotfooters	**49:40**	49:52
33.	179	Owain Jones	*31st*	MSEN	*13th*		**49:56**	50:02
34.	178	Greg Jones	*32nd*	M50-54	*4th*	Croft Ambrey RC	**50:09**	50:09
35.	260	Sam Pearce	*33rd*	MSEN	*14th*	Dorking & Mole Valley AC	**50:09**	50:09
36.	327	Gary Thompson	*34th*	M60-64	*1st*	ledbury harriers	**50:08**	50:11
37.	34	Andrew Boddy	*35th*	M50-54	*5th*		**50:02**	50:14
38.	113	Ricky George	*36th*	M55-59	*5th*	Hereford Couriers	**50:11**	50:19
39.	19	Laura Bellamy	*3rd*	FSEN	*2nd*		**50:16**	50:20
40.	239	Niki Morgan	*4th*	F55-59	*1st*	Chepstow Harriers	**50:17**	50:21
41.	237	Lee Monks	*37th*	MSEN	*15th*	CROFT AMBREY RC	**50:23**	50:29
42.	119	Tom Grant	*38th*	M60-64	*2nd*		**50:19**	50:38
43.	344	Andrew Wathen	*39th*	M45-49	*7th*	Hereford Tri Club	**50:32**	50:42
44.	231	Steven Mesham	*40th*	M50-54	*6th*	Presteigne Pacers	**50:41**	50:45
45.	274	Tom Price	*41st*	MSEN	*16th*		**50:44**	50:50

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Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
46.	283	Martin Reed-Darby	*42nd*	MSEN	*17th*	Malvern Buzzards	**50:44**	50:54
47.	223	Jen Mauchlen	*5th*	F35-39	*2nd*		**51:02**	51:08
48.	187	Steve King	*43rd*	M45-49	*8th*		**51:13**	51:17
49.	210	Amelia Louth	*6th*	FSEN	*3rd*	Wye Valley Runners	**51:13**	51:20
50.	311	Esmie Smith	*7th*	F35-39	*3rd*		**51:21**	51:25
51.	108	Peter Flynn	*44th*	M50-54	*7th*	Wye Valley Runners	**51:23**	51:28
52.	163	Cai Isfryn	*45th*	MSEN	*18th*		**51:34**	51:44
53.	241	Rob Moss	*46th*	M40-44	*6th*		**51:47**	51:56
54.	372	Matthew Woodyatt	*47th*	MSEN	*19th*		**52:09**	52:16
55.	352	James White	*48th*	MSEN	*20th*		**52:10**	52:19
56.	321	Peter Summers	*49th*	MSEN	*21st*	Hay Hotfooters	**52:08**	52:24
57.	128	Brad Gunn	*50th*	MSEN	*22nd*		**52:22**	52:25
58.	99	Clive Emerson	*51st*	M50-54	*8th*		**52:15**	52:25
59.	73	Andy Creber	*52nd*	M60-64	*3rd*	Chepstow Harriers	**52:26**	52:30
60.	88	Paul Davies	*53rd*	M50-54	*9th*	Wye Valley Runners	**52:27**	52:34
61.	358	Toby Whitehouse	*54th*	U18	*1st*		**52:24**	52:43
62.	333	Will Turnbull	*55th*	M45-49	*9th*	Malvern Joggers	**52:36**	52:46
63.	251	David O'Brien	*56th*	M50-54	*10th*	Worcester AC	**52:56**	52:58
64.	348	Stephen Webb	*57th*	MSEN	*23rd*		**52:50**	53:09
65.	158	Shaun Hoyes	*58th*	M60-64	*4th*		**53:00**	53:09
66.	343	Theo Victor-Trott	*59th*	MSEN	*24th*		**52:45**	53:11
67.	319	Toby Street	*60th*	MSEN	*25th*		**53:18**	53:26
68.	13	Adam Barrett	*61st*	M40-44	*7th*		**53:40**	53:54
69.	238	Charlie Morgan	*62nd*	MSEN	*26th*		**54:00**	54:04
70.	105	Catherine Finlay	*8th*	F45-49	*1st*	MonRoss Trailblazers	**54:10**	54:17
71.	338	Stephanie Upton	*9th*	F55-59	*2nd*	Malvern buzzards	**54:14**	54:23
72.	279	Shaun Pulling	*63rd*	MSEN	*27th*		**54:20**	54:33
73.	124	Barry Griffiths	*64th*	M55-59	*6th*	BRECON AC	**54:24**	54:39
74.	145	Luke Hedger	*65th*	MSEN	*28th*		**54:40**	54:42
75.	3	David Allen	*66th*	M60-64	*5th*		**54:28**	54:44
76.	15	Michael Bastow	*67th*	M50-54	*11th*		**54:30**	54:49
77.	176	Emma Jones	*10th*	F45-49	*2nd*	Croft Ambrey RC	**54:46**	54:57
78.	273	Joe Price	*68th*	MSEN	*29th*		**54:55**	54:58
79.	32	Stephanie Bissell	*11th*	FSEN	*4th*		**54:52**	55:01
80.	150	John Hetterley	*69th*	MSEN	*30th*		**55:01**	55:05
81.	357	Rob Whitehouse	*70th*	M50-54	*12th*		**54:52**	55:11
82.	189	Abi Knight	*12th*	FSEN	*5th*	Hereford Couriers	**55:09**	55:13
83.	115	Chris Giles	*71st*	MSEN	*31st*		**55:30**	55:37
84.	262	Laura Perratt	*13th*	FSEN	*6th*	Ludlow Runners	**55:25**	55:39
85.	317	Mike Starkey	*72nd*	MSEN	*32nd*		**55:29**	55:39
86.	64	Mick Collins	*73rd*	M55-59	*7th*	Hay Hotfooters	**55:35**	55:46
87.	12	Les Barker	*74th*	M40-44	*8th*		**55:29**	55:48
88.	235	Nathan Millikin	*75th*	M50-54	*13th*		**55:46**	55:56
89.	29	Marcus Billig	*76th*	M40-44	*9th*		**55:49**	56:00
90.	180	Rob Jones	*77th*	M40-44	*10th*	black pear joggers	**55:54**	56:09

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Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
91.	125	Eleanor Griffiths	*14th*	FSEN	*7th*	Hay Hotfooters	**55:54**	56:09
92.	301	Kelvin Sanger	*78th*	M45-49	*10th*		**55:52**	56:15
93.	85	Karl Davies	*79th*	M60-64	*6th*	Mercia Fell Runners	**56:07**	56:15
94.	6	Becki Ansfield	*15th*	F45-49	*3rd*	Wye Valley Running Club	**56:12**	56:18
95.	177	Gareth Jones	*80th*	MSEN	*33rd*		**56:27**	56:42
96.	68	Simon Cook	*81st*	M55-59	*8th*	Hereford Triathlon Club	**56:58**	57:07
97.	257	Stephen Owen	*82nd*	M70-74	*1st*	Chepstow Harriers	**57:01**	57:07
98.	111	Kristian Franklin	*83rd*	MSEN	*34th*		**56:52**	57:08
99.	334	Kevin Turner	*84th*	M45-49	*11th*		**56:56**	57:19
100.	171	Kirsty Jenkins	*16th*	FSEN	*8th*	Hereford Couriers	**57:11**	57:25
101.	277	Callum Probyn	*85th*	MSEN	*35th*		**57:03**	57:26
102.	90	Tony Davis	*86th*	M65-69	*1st*		**57:23**	57:40
103.	100	Ally Evans	*17th*	F35-39	*4th*		**57:40**	57:45
104.	312	Mark Smith	*87th*	MSEN	*36th*		**57:38**	57:46
105.	234	Harry Millikin	*88th*	MSEN	*37th*		**57:44**	57:52
106.	320	Mark Strzadala	*89th*	M40-44	*11th*		**57:41**	57:55
107.	296	Adam Rudd	*90th*	MSEN	*38th*		**57:49**	57:58
108.	170	Guy Jenkins	*91st*	M60-64	*7th*	Hereford Couriers	**57:51**	57:58
109.	30	Caitlin Bissell	*18th*	FSEN	*9th*		**57:51**	58:00
110.	126	Jamie Griffiths	*92nd*	M40-44	*12th*		**57:45**	58:06
111.	306	Ewelina Skolimowska	*19th*	F35-39	*5th*	Black Pear Joggwrs	**57:57**	58:10
112.	55	Richard Cawley	*93rd*	M45-49	*12th*	Hereford triathlon club	**58:07**	58:16
113.	66	Lynne Compton	*20th*	F55-59	*3rd*	Wye Valley Runners	**58:14**	58:28
114.	63	Ed Collins	*94th*	M55-59	*9th*	Hereford Triathlon Club	**58:24**	58:33
115.	138	Harry Harris	*95th*	MSEN	*39th*		**58:12**	58:35
116.	21	Gareth Bennett	*96th*	M40-44	*13th*		**58:29**	58:42
117.	249	James North	*97th*	MSEN	*40th*		**58:33**	58:45
118.	31	Richard Bissell	*98th*	M60-64	*8th*		**58:50**	58:57
119.	246	Dawn Nicholls	*21st*	F55-59	*4th*	Hereford Couriers	**58:36**	59:02
120.	272	Jake Price	*99th*	MSEN	*41st*		**58:59**	59:05
121.	144	Jane Hayde	*22nd*	F35-39	*6th*	janehayde@gmail.com	**59:02**	59:08
122.	17	Mark Bayliss	*100th*	M55-59	*10th*	Worcester AC	**59:05**	59:09
123.	297	Jonathon Russon	*101st*	MSEN	*42nd*		**59:15**	59:22
124.	153	Edward Hogan	*102nd*	M45-49	*13th*	Ledbury & District Harriers	**59:03**	59:25
125.	139	Phill Harris	*103rd*	M40-44	*14th*	Builth and District Running Club	**59:15**	59:27
126.	213	Andrew Lowe	*104th*	M50-54	*14th*		**59:06**	59:29
127.	114	Catie Gilbert	*23rd*	F45-49	*4th*		**59:19**	59:33
128.	22	Helen Bennett	*24th*	F35-39	*7th*		**59:27**	59:36
129.	190	Julie Knill	*25th*	F55-59	*5th*	Rhayader	**59:26**	59:40
130.	43	Ian Bryars	*105th*	M40-44	*15th*		**59:32**	59:42
131.	282	Peter Ramsey	*106th*	M45-49	*14th*		**59:18**	59:42
132.	193	Sara Lake	*26th*	F50-54	*1st*	Hay Hotfooters	**59:32**	59:46
133.	80	Seb Newton	*107th*	MSEN	*43rd*		**59:14**	59:47
134.	40	Alexander Brown	*108th*	M55-59	*11th*	Builth and District	**59:37**	59:52
135.	339	Dilek Usta-Aarons	*27th*	F45-49	*5th*	Hay Hotfooters	**59:44**	59:58

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Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
136.	214	Rose Lowson	28th	F50-54	2nd		59:57	1:00:03
137.	18	Steve Bedford	109th	M65-69	2nd		59:44	1:00:04
138.	254	Siobhan Orr	29th	FSEN	10th		59:57	1:00:10
139.	268	Kate Platt	30th	F45-49	6th	Hay Hotfooters	1:00:09	1:00:23
140.	65	Sharon Collins	31st	F55-59	6th	Hay Hotfooters	1:00:10	1:00:23
141.	112	Jason Garrahan	110th	M50-54	15th		1:00:20	1:00:41
142.	14	Tanya Bassi	32nd	F45-49	7th	Hereford Triathlon Club	1:00:45	1:00:52
143.	110	Richard Ford	111th	M50-54	16th		1:00:40	1:00:52
144.	20	Steve Bellingham	112th	M50-54	17th		1:00:42	1:00:54
145.	201	Stephen Lester	113th	M60-64	9th	Cumberland Fell Runners	1:00:34	1:00:54
146.	121	Jaime Greenwood	114th	M45-49	15th		1:00:41	1:00:54
147.	134	Cecilia Harman	33rd	F40-44	1st	Rhayader AC	1:00:46	1:01:03
148.	148	Christina Featherstone	34th	F40-44	2nd	Hereford Couriers	1:00:59	1:01:06
149.	258	Gwyn Palfrey	115th	M60-64	10th	Crickhowell Running Club	1:01:26	1:01:30
150.	172	Adrian Jones	116th	M70-74	2nd		1:01:29	1:01:52
151.	337	Nikki Tyler	35th	F50-54	3rd	Couriers	1:01:57	1:01:59
152.	298	Philip Ryan	117th	M60-64	11th	Hereford Tri Club	1:01:40	1:02:05
153.	98	Jo Ellis	36th	F40-44	3rd	Wye Valley Runners	1:01:54	1:02:07
154.	309	Michael Smallwood	118th	M55-59	12th	Wye Valley Runners	1:01:56	1:02:08
155.	156	Sean House	119th	MSEN	44th	Wye Valley Runners	1:01:53	1:02:22
156.	169	John Jaspers	120th	M50-54	18th	Hereford Couriers	1:02:09	1:02:28
157.	373	Mike Woodyatt	121st	M60-64	12th		1:02:24	1:02:42
158.	328	Chris Thomson	122nd	M40-44	16th		1:02:38	1:02:46
159.	225	Tim McGill	123rd	M55-59	13th	Runners of Brockworth	1:02:21	1:02:56
160.	281	Marc Rambaud	124th	MSEN	45th		1:02:24	1:02:56
161.	53	Julie Caseley	37th	F60-64	1st	Malvern Buzzards Running Club	1:02:51	1:02:59
162.	349	Ben While	125th	M45-49	16th		1:02:45	1:03:01
163.	59	Natasha Charlwood	38th	F40-44	4th		1:02:45	1:03:01
164.	335	Bronwen Tyler-Jones	39th	F50-54	4th	hereford couriers	1:02:55	1:03:03
165.	140	Rebecca Harris	40th	F45-49	8th		1:02:30	1:03:05
166.	365	Roy Williams	126th	M60-64	13th	Rhayader Running Club	1:02:51	1:03:09
167.	166	Liam James	127th	MSEN	46th		1:02:35	1:03:13
168.	221	Paul Martin	128th	M40-44	17th		1:03:08	1:03:13
169.	28	John Bilbao	129th	M65-69	3rd	Hereford Triathlon club	1:03:10	1:03:17
170.	222	Ricardo Martins	130th	M40-44	18th	Wye Valley Runners	1:03:07	1:03:19
171.	103	Laura Faulkner	41st	FSEN	11th		1:02:58	1:03:31
172.	96	Jamie Dover	131st	M55-59	14th		1:03:37	1:03:44
173.	300	Gerald Sanders	132nd	M65-69	4th	Black Pear Joggers	1:03:38	1:03:54
174.	236	Helen Milner	42nd	F50-54	5th	Ledbury Harriers	1:03:43	1:04:02
175.	51	Ben Carter	133rd	MSEN	47th		1:04:04	1:04:24
176.	161	Iain Hutchinson	134th	MSEN	48th		1:04:11	1:04:40
177.	24	Kate Haigh	43rd	F40-44	5th	Rhayader Running Club	1:04:53	1:05:08
178.	95	Nikki Doherty	44th	F35-39	8th	CARC	1:04:45	1:05:17
179.	284	Mandy Rees	45th	F45-49	9th	Hereford Couriers	1:05:26	1:05:36
180.	82	Liz Davies-Ward	46th	F60-64	2nd	Hereford Triathlon	1:05:13	1:05:40

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Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
181.	285	Shelley Renwick	*47th*	F45-49	*10th*	Running Bear	**1:05:10**	1:05:42
182.	154	Ella Hogan	*48th*	F45-49	*11th*	Ledbury harriers	**1:05:26**	1:05:49
183.	253	Laurel Oliver	*49th*	F55-59	*7th*		**1:05:35**	1:05:59
184.	308	Billy Smallwood	*50th*	F55-59	*8th*	Wye Valley Runners	**1:05:55**	1:06:08
185.	162	Ade Hyett	*135th*	M55-59	*15th*		**1:05:59**	1:06:12
186.	71	Harry Boswell	*136th*	MSEN	*49th*		**1:05:37**	1:06:15
187.	11	Rachel Bannister	*51st*	F45-49	*12th*	Ledbury & District Harriers	**1:05:53**	1:06:16
188.	368	Rebecca Wilson	*52nd*	F45-49	*13th*		**1:06:02**	1:06:18
189.	9	Nicola Baker	*53rd*	F40-44	*6th*		**1:06:00**	1:06:18
190.	159	Colin Hughes	*137th*	M55-59	*16th*		**1:06:15**	1:06:37
191.	173	Alan Jones	*138th*	M55-59	*17th*		**1:06:28**	1:06:40
192.	220	Penny Makin	*54th*	F50-54	*6th*		**1:06:03**	1:06:40
193.	245	Craig Nicholas	*139th*	M40-44	*19th*		**1:06:31**	1:06:47
194.	375	Mark Wrathall	*140th*	M45-49	*17th*		**1:06:48**	1:06:52
195.	39	Simon Bremner	*141st*	M40-44	*20th*		**1:06:48**	1:06:53
196.	1	Desirre Abreu	*55th*	F40-44	*7th*		**1:06:40**	1:06:57
197.	269	Chris Powell	*142nd*	MSEN	*50th*		**1:06:37**	1:06:58
198.	342	Kim Victor-Trott	*56th*	FSEN	*12th*		**1:06:40**	1:07:06
199.	54	Melanie Cassells	*57th*	FSEN	*13th*		**1:07:05**	1:07:12
200.	323	Matt Taylor	*143rd*	M45-49	*18th*		**1:06:57**	1:07:14
201.	87	Nin Davies	*58th*	FSEN	*14th*		**1:07:04**	1:07:20
202.	130	Kim Handley	*59th*	F35-39	*9th*	Hereford Couriers	**1:06:52**	1:07:20
203.	360	Sahrah Wilding	*60th*	F55-59	*9th*	presteigne pacers	**1:07:04**	1:07:29
204.	186	Stephanie King	*61st*	F55-59	*10th*	Croft Ambrey RC	**1:06:59**	1:07:34
205.	84	Caragh Davies	*62nd*	FSEN	*15th*		**1:07:32**	1:07:52
206.	294	Lucy Roper	*63rd*	FSEN	*16th*	Hereford Couriers	**1:07:32**	1:07:52
207.	151	David Hibbitt	*144th*	M75-79	*1st*	Worcester Athletic Club	**1:07:49**	1:08:11
208.	280	Kay Rambaud	*64th*	F35-39	*10th*		**1:08:02**	1:08:36
209.	5	Richard Andrews	*145th*	M55-59	*18th*	Hereford Triathlon Club	**1:08:31**	1:08:42
210.	33	Sue Bissell	*65th*	F60-64	*3rd*		**1:08:15**	1:08:42
211.	345	Andrew Watkins	*146th*	M55-59	*19th*		**1:08:34**	1:08:50
212.	50	Claire Carden	*66th*	F45-49	*14th*		**1:08:33**	1:08:50
213.	57	Sian Champken	*67th*	F50-54	*7th*	Wye valley runners	**1:08:50**	1:09:16
214.	324	Stuart Taylor	*147th*	M40-44	*21st*	Hereford couriers	**1:09:08**	1:09:23
215.	289	Deborah Roberts	*68th*	F40-44	*8th*		**1:08:53**	1:09:26
216.	81	Sarah Davidson	*69th*	F35-39	*11th*		**1:09:11**	1:09:44
217.	205	Rebecca Lively	*70th*	F50-54	*8th*	Hereford triathlon club	**1:09:49**	1:10:14
218.	116	Katherine Gillett	*71st*	F50-54	*9th*		**1:09:49**	1:10:14
219.	303	Georgia Scanlon	*72nd*	FSEN	*17th*	Hereford Tri Club	**1:09:45**	1:10:14
220.	340	Bonnie Venter	*73rd*	FSEN	*18th*		**1:09:43**	1:10:14
221.	304	Neil Scanlon	*148th*	M55-59	*20th*		**1:09:46**	1:10:16
222.	184	Katie Kenward Gibbs	*74th*	FSEN	*19th*	Caerleon Running Club	**1:10:00**	1:10:19
223.	264	Steph Peters	*75th*	F50-54	*10th*		**1:10:10**	1:10:24
224.	107	Marie Flower	*76th*	F40-44	*9th*		**1:09:54**	1:10:30
225.	147	Sky Herington	*77th*	FSEN	*20th*	Hereford Couriers	**1:10:32**	1:10:45

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Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
226.	347	James Webb	*149th*	M40-44	*22nd*		**1:10:12**	1:10:49
227.	356	Julie Whitehouse	*78th*	F50-54	*11th*		**1:10:19**	1:10:56
228.	316	Bridie Sullivan	*79th*	F50-54	*12th*		**1:10:30**	1:10:58
229.	218	Rachel MacDonald	*80th*	FSEN	*21st*		**1:10:42**	1:11:05
230.	37	Dave Brand	*150th*	M60-64	*14th*		**1:10:38**	1:11:10
231.	75	Joe Crocombe	*151st*	U18	*2nd*		**1:10:34**	1:11:12
232.	198	Louise Lawrence	*81st*	F55-59	*11th*		**1:11:13**	1:11:40
233.	104	Nikki Ferguson	*82nd*	FSEN	*22nd*	Croft Ambrey RC	**1:11:18**	1:11:50
234.	228	Karen White	*83rd*	F45-49	*15th*		**1:11:23**	1:11:55
235.	123	Robert Grice	*152nd*	M55-59	*21st*		**1:11:33**	1:12:02
236.	195	Tina Lavelle	*84th*	F65-69	*1st*	Hay Hotfooters	**1:11:43**	1:12:08
237.	330	Clare Preece	*85th*	F50-54	*13th*	Croft Ambrey	**1:11:39**	1:12:09
238.	354	Nazia White	*86th*	F40-44	*10th*		**1:11:35**	1:12:14
239.	160	Andy Husband	*153rd*	M55-59	*22nd*		**1:11:46**	1:12:21
240.	181	Sarah Jones	*87th*	FSEN	*23rd*	Hereford Couriers	**1:12:20**	1:12:24
241.	219	Louise Phillips	*88th*	F50-54	*14th*	Croft Ambrey RC	**1:12:04**	1:12:36
242.	363	Lucy Williams	*89th*	F45-49	*16th*		**1:12:08**	1:12:42
243.	86	Liz Davies	*90th*	F45-49	*17th*		**1:12:40**	1:13:05
244.	136	Abigail Harris	*91st*	FSEN	*24th*	Hereford couriers	**1:13:04**	1:13:14
245.	200	Phoebe Leighton	*92nd*	FSEN	*25th*		**1:12:36**	1:13:15
246.	377	Becks White	*93rd*	F40-44	*11th*		**1:13:14**	1:13:24
247.	287	Carys Ricketts	*94th*	F40-44	*12th*		**1:13:05**	1:13:36
248.	141	George Harrison	*154th*	M50-54	*19th*		**1:13:18**	1:13:52
249.	94	Nathan Dimbylow	*155th*	MSEN	*51st*	Wye Valley Runners	**1:13:36**	1:13:55
250.	142	Jennifer Harrison	*95th*	F55-59	*12th*		**1:13:24**	1:13:58
251.	266	Philip Phoskins	*156th*	M60-64	*15th*		**1:13:49**	1:14:05
252.	288	David Roberts	*157th*	M40-44	*23rd*		**1:13:37**	1:14:12
253.	44	Gary Burley	*158th*	M60-64	*16th*	Forest of Dean AC	**1:13:45**	1:14:14
254.	120	Debbie Green	*96th*	F50-54	*15th*	Forest of Dean AC	**1:13:45**	1:14:14
255.	131	Avril Hardwick	*97th*	F35-39	*12th*	Builth and District Running Club	**1:13:42**	1:14:16
256.	252	Karen Oakley	*98th*	F55-59	*13th*	Builth & District Running Club	**1:14:19**	1:14:38
257.	318	Hollie Stone	*99th*	F35-39	*13th*	Almost athletes	**1:14:08**	1:14:45
258.	25	Lisa Best	*100th*	F45-49	*18th*	Charlton Kings Running Club	**1:14:08**	1:14:47
259.	157	Kate Hovers	*101st*	F60-64	*4th*	Clwb Run Wales	**1:14:39**	1:15:10
260.	270	Jack Powell	*159th*	MSEN	*52nd*		**1:15:02**	1:15:10
261.	35	Caroline Roele	*102nd*	F35-39	*14th*		**1:16:26**	1:16:45
262.	355	Suzie White	*103rd*	F35-39	*15th*		**1:16:27**	1:16:46
263.	209	Jo Lord	*104th*	F60-64	*5th*	Hay Hotfooters	**1:16:41**	1:17:07
264.	61	Matt Clark	*160th*	M40-44	*24th*	Hereford Tri Club	**1:17:31**	1:17:58
265.	353	Katie White	*105th*	F35-39	*16th*		**1:17:59**	1:17:59
266.	271	Clarissa Price	*106th*	F40-44	*13th*		**1:17:58**	1:18:28
267.	329	Michael Thurgood	*161st*	M55-59	*23rd*	monross trailblazers	**1:18:12**	1:18:31
268.	278	Rachelle Prothero	*107th*	FSEN	*26th*	Hereford Couriers	**1:18:28**	1:18:48
269.	155	Emily Hogan	*108th*	F45-49	*19th*		**1:19:17**	1:19:46
270.	56	Alex Champ	*109th*	F45-49	*20th*		**1:19:24**	1:20:04

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Overall Results

Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
271.	322	Brian Symonds	*162nd*	M80+	*1st*	Wye Valley Runners	**1:20:04**	1:20:28
272.	92	Ian Dennis	*163rd*	M60-64	*17th*		**1:20:07**	1:20:38
273.	250	Joanne Norton	*110th*	F45-49	*21st*	Caerphilly	**1:20:44**	1:21:07
274.	91	Rachel Demellweek	*111th*	F45-49	*22nd*	Caerphilly Runners	**1:20:44**	1:21:07
275.	259	Ruth Partridge	*112th*	F45-49	*23rd*	Caerphilly Runners	**1:20:46**	1:21:09
276.	206	Bianca Llewellyn	*113th*	F45-49	*24th*	Caerphilly Runners	**1:20:46**	1:21:09
277.	351	Jenni Whistance	*114th*	F55-59	*14th*	Wye Valley Runners	**1:20:54**	1:21:22
278.	202	Hazel Lewis	*115th*	F45-49	*25th*		**1:21:34**	1:21:53
279.	49	Tim Caple	*164th*	M60-64	*18th*		**1:21:14**	1:21:55
280.	69	Suzy Cook	*116th*	F50-54	*16th*		**1:23:11**	1:23:26
281.	135	Alan Harrhy	*165th*	M75-79	*2nd*		**1:23:37**	1:24:01
282.	212	Megan Lovatt	*117th*	FSEN	*27th*		**1:23:39**	1:24:14
283.	211	Hayley Lovatt	*118th*	F45-49	*26th*	Hereford Couriers	**1:23:39**	1:24:14
284.	165	Anny James	*119th*	F50-54	*17th*	Pershore Plum Plodders	**1:24:56**	1:25:35
285.	248	John Noonan	*166th*	M60-64	*19th*	Hereford Couriers	**1:25:22**	1:25:42
286.	76	Richard Crook	*167th*	M55-59	*24th*		**1:29:43**	1:30:02
287.	207	Jane Llewellyn	*120th*	F65-69	*2nd*		**1:29:44**	1:30:02
288.	276	Tina Pritchard	*121st*	F45-49	*27th*		**1:30:03**	1:30:36
289.	208	Lauri Lloyd	*122nd*	F35-39	*17th*		**1:30:10**	1:30:40
290.	299	Clare Sage	*123rd*	F40-44	*14th*		**1:30:11**	1:30:40
291.	331	Vivien Tolley	*124th*	F60-64	*6th*	Malvern joggers	**1:32:44**	1:33:21
292.	292	Stephen Roode	*168th*	M55-59	*25th*	Lonely Goat	**1:32:53**	1:33:30
293.	78	Liam Curtis-Moore	*169th*	MSEN	*53rd*	Hereford couriers	**1:35:32**	1:35:54
294.	4	Graham Andrews	*170th*	M50-54	*20th*		**1:38:58**	1:39:25
295.	243	Chris Murch	*171st*	M65-69	*5th*		**1:40:57**	1:41:37
296.	242	Andrew Murch	*172nd*	M60-64	*20th*		**1:40:57**	1:41:38
297.	97	Danielle Dunn Dunn	*125th*	FSEN	*28th*		**1:46:00**	1:46:37
298.	194	Mark Lathwell	*173rd*	M45-49	*19th*		**1:45:58**	1:46:37
299.	362	Lucy Williams	*126th*	F50-54	*18th*		**1:48:51**	1:49:22
300.	361	Christine Williams	*127th*	F45-49	*28th*		**1:48:52**	1:49:22
301.	174	Claire Jones	*128th*	F55-59	*15th*		**1:48:49**	1:49:22
302.	58	Tony Champken	*174th*	M65-69	*6th*	Wye valley runners	**1:48:42**	1:49:23

Number of records: 302