

Muddy Woody 6

Overall Results



Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
1.	263	Oliver Perratt	1st	MSEN	1st	Ludlow Runners	37:18	37:19
2.	167	Matt James	2nd	MSEN	2nd	Hereford Couriers	39:07	39:08
3.	175	Dean Jones	3rd	MSEN	3rd	Western Tempo	39:47	39:49
4.	366	Russell Williams	4th	M45-49	1st		40:14	40:16
5.	240	William Morris	5th	MSEN	4th	Hereford Couriers	40:35	40:37
6.	10	David Bannister	6th	M45-49	2nd	Ledbury & District Harriers	40:36	40:39
7.	336	Andrew Tyler	7th	M50-54	1st	hereford couriers	40:56	40:57
8.	346	David Watkins	8th	MSEN	5th		41:44	41:46
9.	291	Jasper Robinson	9th	MSEN	6th	Croft Ambrey RC	43:03	43:05
10.	350	Ian Whistance	10th	M50-54	2nd	Wye Valley Runners	43:47	43:48
11.	191	Peter Koval	11th	MSEN	7th	Hereford triathlon club	44:02	44:06
12.	364	Richard Williams	12th	MSEN	8th	Wye Valley Runners	44:04	44:09
13.	102	Matt Fairlamb	13th	M40-44	1st	Worcester AC	44:20	44:22
14.	45	Samuel Burnage	14th	M45-49	3rd	Malvern Buzzards Running Club	44:30	44:33
15.	133	Gemma Hargraves	1st	F35-39	1st		44:57	45:01
16.	122	Ben Grice	15th	MSEN	9th		45:27	45:33
17.	293	Steve Rooke	16th	M50-54	3rd	Ledbury Harriers	45:41	45:44
18.	127	Neil Grinnell	17th	M45-49	4th	Ledbury & District Harriers	45:51	45:54
19.	370	Lea Wood	18th	MSEN	10th	Wye Valley Runners	45:59	46:03
20.	265	Dan Phillips	19th	M40-44	2nd	Hereford Couriers	46:57	47:01
21.	183	Paul Kemp	20th	M45-49	5th	Wye Valley runners	48:20	48:24
22.	232	Adam Michniok	21st	M40-44	3rd	Hereford Triathlon Club	48:24	48:29
23.	137	Dai Harris	22nd	MSEN	11th	Builth and district	48:33	48:36
24.	188	David Klotz	23rd	M40-44	4th	Wye Valley Runners	48:54	48:59
25.	93	Aiveen Digby	2nd	FSEN	1st	Malvern Joggers	49:01	49:12
26.	332	Ben Toon	24th	M40-44	5th	Malvern Joggers	49:03	49:13
27.	314	Marc Soley	25th	MSEN	12th	Malvern Buzzards Running Club	49:09	49:18
28.	313	Robert Smith	26th	M55-59	1st		49:23	49:29
29.	286	Richie Richards	27th	M55-59	2nd	Hereford couriers	49:27	49:31
30.	79	Jonathan Davey	28th	M55-59	3rd	Hereford Couriers	49:46	49:49
31.	52	Martin Carter	29th	M55-59	4th	Hereford Couriers	49:48	49:50
32.	230	Andrew Merriman	30th	M45-49	6th	Hay Hotfooters	49:40	49:52
33.	179	Owain Jones	31st	MSEN	13th		49:56	50:02
34.	178	Greg Jones	32nd	M50-54	4th	Croft Ambrey RC	50:09	50:09
35.	260	Sam Pearce	33rd	MSEN	14th	Dorking & Mole Valley AC	50:09	50:09
36.	327	Gary Thompson	34th	M60-64	1st	ledbury harriers	50:08	50:11
37.	34	Andrew Boddy	35th	M50-54	5th		50:02	50:14
38.	113	Ricky George	36th	M55-59	5th	Hereford Couriers	50:11	50:19
39.	19	Laura Bellamy	3rd	FSEN	2nd		50:16	50:20
40.	239	Niki Morgan	4th	F55-59	1st	Chepstow Harriers	50:17	50:21
41.	237	Lee Monks	37th	MSEN	15th	CROFT AMBREY RC	50:23	50:29
42.	119	Tom Grant	38th	M60-64	2nd		50:19	50:38
43.	344	Andrew Wathen	39th	M45-49	7th	Hereford Tri Club	50:32	50:42
44.	231	Steven Mesham	40th	M50-54	6th	Presteigne Pacers	50:41	50:45
45.	274	Tom Price	41st	MSEN	16th		50:44	50:50
46.	283	Martin Reed-Darby	42nd	MSEN	17th	Malvern Buzzards	50:44	50:54
47.	223	Jen Mauchlen	5th	F35-39	2nd		51:02	51:08
48.	187	Steve King	43rd	M45-49	8th		51:13	51:17
49.	210	Amelia Louth	6th	FSEN	3rd	Wye Valley Runners	51:13	51:20
50.	311	Esmie Smith	7th	F35-39	3rd		51:21	51:25
51.	108	Peter Flynn	44th	M50-54	7th	Wye Valley Runners	51:23	51:28

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
52.	163	Cai Isfryn	45th	MSEN	18th		51:34	51:44
53.	241	Rob Moss	46th	M40-44	6th		51:47	51:56
54.	372	Matthew Woodyatt	47th	MSEN	19th		52:09	52:16
55.	352	James White	48th	MSEN	20th		52:10	52:19
56.	321	Peter Summers	49th	MSEN	21st	Hay Hotfooters	52:08	52:24
57.	128	Brad Gunn	50th	MSEN	22nd		52:22	52:25
58.	99	Clive Emerson	51st	M50-54	8th		52:15	52:25
59.	73	Andy Creber	52nd	M60-64	3rd	Chepstow Harriers	52:26	52:30
60.	88	Paul Davies	53rd	M50-54	9th	Wye Valley Runners	52:27	52:34
61.	358	Toby Whitehouse	54th	U18	1st		52:24	52:43
62.	333	Will Turnbull	55th	M45-49	9th	Malvern Joggers	52:36	52:46
63.	251	David O'Brien	56th	M50-54	10th	Worcester AC	52:56	52:58
64.	348	Stephen Webb	57th	MSEN	23rd		52:50	53:09
65.	158	Shaun Hoyes	58th	M60-64	4th		53:00	53:09
66.	343	Theo Victor-Trott	59th	MSEN	24th		52:45	53:11
67.	319	Toby Street	60th	MSEN	25th		53:18	53:26
68.	13	Adam Barrett	61st	M40-44	7th		53:40	53:54
69.	238	Charlie Morgan	62nd	MSEN	26th		54:00	54:04
70.	105	Catherine Finlay	8th	F45-49	1st	MonRoss Trailblazers	54:10	54:17
71.	338	Stephanie Upton	9th	F55-59	2nd	Malvern buzzards	54:14	54:23
72.	279	Shaun Pulling	63rd	MSEN	27th		54:20	54:33
73.	124	Barry Griffiths	64th	M55-59	6th	BRECON AC	54:24	54:39
74.	145	Luke Hedger	65th	MSEN	28th		54:40	54:42
75.	3	David Allen	66th	M60-64	5th		54:28	54:44
76.	15	Michael Bastow	67th	M50-54	11th		54:30	54:49
77.	176	Emma Jones	10th	F45-49	2nd	Croft Ambrey RC	54:46	54:57
78.	273	Joe Price	68th	MSEN	29th		54:55	54:58
79.	32	Stephanie Bissell	11th	FSEN	4th		54:52	55:01
80.	150	John Hetterley	69th	MSEN	30th		55:01	55:05
81.	357	Rob Whitehouse	70th	M50-54	12th		54:52	55:11
82.	189	Abi Knight	12th	FSEN	5th	Hereford Couriers	55:09	55:13
83.	115	Chris Giles	71st	MSEN	31st		55:30	55:37
84.	262	Laura Perratt	13th	FSEN	6th	Ludlow Runners	55:25	55:39
85.	317	Mike Starkey	72nd	MSEN	32nd		55:29	55:39
86.	64	Mick Collins	73rd	M55-59	7th	Hay Hotfooters	55:35	55:46
87.	12	Les Barker	74th	M40-44	8th		55:29	55:48
88.	235	Nathan Millikin	75th	M50-54	13th		55:46	55:56
89.	29	Marcus Billig	76th	M40-44	9th		55:49	56:00
90.	180	Rob Jones	77th	M40-44	10th	black pear joggers	55:54	56:09
91.	125	Eleanor Griffiths	14th	FSEN	7th	Hay Hotfooters	55:54	56:09
92.	301	Kelvin Sanger	78th	M45-49	10th		55:52	56:15
93.	85	Karl Davies	79th	M60-64	6th	Mercia Fell Runners	56:07	56:15
94.	6	Becki Ansfield	15th	F45-49	3rd	Wye Valley Running Club	56:12	56:18
95.	177	Gareth Jones	80th	MSEN	33rd		56:27	56:42
96.	68	Simon Cook	81st	M55-59	8th	Hereford Triathlon Club	56:58	57:07
97.	257	Stephen Owen	82nd	M70-74	1st	Chepstow Harriers	57:01	57:07
98.	111	Kristian Franklin	83rd	MSEN	34th		56:52	57:08
99.	334	Kevin Turner	84th	M45-49	11th		56:56	57:19
100.	171	Kirsty Jenkins	16th	FSEN	8th	Hereford Couriers	57:11	57:25
101.	277	Callum Probyn	85th	MSEN	35th		57:03	57:26
102.	90	Tony Davis	86th	M65-69	1st		57:23	57:40

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
103.	100	Ally Evans	17th	F35-39	4th		57:40	57:45
104.	312	Mark Smith	87th	MSEN	36th		57:38	57:46
105.	234	Harry Millikin	88th	MSEN	37th		57:44	57:52
106.	320	Mark Strzadala	89th	M40-44	11th		57:41	57:55
107.	296	Adam Rudd	90th	MSEN	38th		57:49	57:58
108.	170	Guy Jenkins	91st	M60-64	7th	Hereford Couriers	57:51	57:58
109.	30	Caitlin Bissell	18th	FSEN	9th		57:51	58:00
110.	126	Jamie Griffiths	92nd	M40-44	12th		57:45	58:06
111.	306	Ewelina Skolimowska	19th	F35-39	5th	Black Pear Joggrws	57:57	58:10
112.	55	Richard Cawley	93rd	M45-49	12th	Hereford triathlon club	58:07	58:16
113.	66	Lynne Compton	20th	F55-59	3rd	Wye Valley Runners	58:14	58:28
114.	63	Ed Collins	94th	M55-59	9th	Hereford Triathlon Club	58:24	58:33
115.	138	Harry Harris	95th	MSEN	39th		58:12	58:35
116.	21	Gareth Bennett	96th	M40-44	13th		58:29	58:42
117.	249	James North	97th	MSEN	40th		58:33	58:45
118.	31	Richard Bissell	98th	M60-64	8th		58:50	58:57
119.	246	Dawn Nicholls	21st	F55-59	4th	Hereford Couriers	58:36	59:02
120.	272	Jake Price	99th	MSEN	41st		58:59	59:05
121.	144	Jane Hayde	22nd	F35-39	6th	janehayde@gmail.com	59:02	59:08
122.	17	Mark Bayliss	100th	M55-59	10th	Worcester AC	59:05	59:09
123.	297	Jonathon Russon	101st	MSEN	42nd		59:15	59:22
124.	153	Edward Hogan	102nd	M45-49	13th	Ledbury & District Harriers	59:03	59:25
125.	139	Phill Harris	103rd	M40-44	14th	Builth and District Running Club	59:15	59:27
126.	213	Andrew Lowe	104th	M50-54	14th		59:06	59:29
127.	114	Catie Gilbert	23rd	F45-49	4th		59:19	59:33
128.	22	Helen Bennett	24th	F35-39	7th		59:27	59:36
129.	190	Julie Knill	25th	F55-59	5th	Rhayader	59:26	59:40
130.	43	Ian Bryars	105th	M40-44	15th		59:32	59:42
131.	282	Peter Ramsey	106th	M45-49	14th		59:18	59:42
132.	193	Sara Lake	26th	F50-54	1st	Hay Hotfooters	59:32	59:46
133.	80	Seb Newton	107th	MSEN	43rd		59:14	59:47
134.	40	Alexander Brown	108th	M55-59	11th	Builth and District	59:37	59:52
135.	339	Dilek Usta-Aarons	27th	F45-49	5th	Hay Hotfooters	59:44	59:58
136.	214	Rose Lawson	28th	F50-54	2nd		59:57	1:00:03
137.	18	Steve Bedford	109th	M65-69	2nd		59:44	1:00:04
138.	254	Siobhan Orr	29th	FSEN	10th		59:57	1:00:10
139.	268	Kate Platt	30th	F45-49	6th	Hay Hotfooters	1:00:09	1:00:23
140.	65	Sharon Collins	31st	F55-59	6th	Hay Hotfooters	1:00:10	1:00:23
141.	112	Jason Garrahan	110th	M50-54	15th		1:00:20	1:00:41
142.	14	Tanya Bassi	32nd	F45-49	7th	Hereford Triathlon Club	1:00:45	1:00:52
143.	110	Richard Ford	111th	M50-54	16th		1:00:40	1:00:52
144.	20	Steve Bellingham	112th	M50-54	17th		1:00:42	1:00:54
145.	201	Stephen Lester	113th	M60-64	9th	Cumberland Fell Runners	1:00:34	1:00:54
146.	121	Jaime Greenwood	114th	M45-49	15th		1:00:41	1:00:54
147.	134	Cecilia Harman	33rd	F40-44	1st	Rhayader AC	1:00:46	1:01:03
148.	148	Christina Featherstone	34th	F40-44	2nd	Hereford Couriers	1:00:59	1:01:06
149.	258	Gwyn Palfrey	115th	M60-64	10th	Crickhowell Running Club	1:01:26	1:01:30
150.	172	Adrian Jones	116th	M70-74	2nd		1:01:29	1:01:52
151.	337	Nikki Tyler	35th	F50-54	3rd	Couriers	1:01:57	1:01:59
152.	298	Philip Ryan	117th	M60-64	11th	Hereford Tri Club	1:01:40	1:02:05
153.	98	Jo Ellis	36th	F40-44	3rd	Wye Valley Runners	1:01:54	1:02:07

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
154.	309	Michael Smallwood	118th	M55-59	12th	Wye Valley Runners	1:01:56	1:02:08
155.	156	Sean House	119th	MSEN	44th	Wye Valley Runners	1:01:53	1:02:22
156.	169	John Jaspers	120th	M50-54	18th	Hereford Couriers	1:02:09	1:02:28
157.	373	Mike Woodyatt	121st	M60-64	12th		1:02:24	1:02:42
158.	328	Chris Thomson	122nd	M40-44	16th		1:02:38	1:02:46
159.	225	Tim McGill	123rd	M55-59	13th	Runners of Brockworth	1:02:21	1:02:56
160.	281	Marc Rambaud	124th	MSEN	45th		1:02:24	1:02:56
161.	53	Julie Caseley	37th	F60-64	1st	Malvern Buzzards Running Club	1:02:51	1:02:59
162.	349	Ben While	125th	M45-49	16th		1:02:45	1:03:01
163.	59	Natasha Charlwood	38th	F40-44	4th		1:02:45	1:03:01
164.	335	Bronwen Tyler-Jones	39th	F50-54	4th	hereford couriers	1:02:55	1:03:03
165.	140	Rebecca Harris	40th	F45-49	8th		1:02:30	1:03:05
166.	365	Roy Williams	126th	M60-64	13th	Rhayader Running Club	1:02:51	1:03:09
167.	166	Liam James	127th	MSEN	46th		1:02:35	1:03:13
168.	221	Paul Martin	128th	M40-44	17th		1:03:08	1:03:13
169.	28	John Bilbao	129th	M65-69	3rd	Hereford Triathlon club	1:03:10	1:03:17
170.	222	Ricardo Martins	130th	M40-44	18th	Wye Valley Runners	1:03:07	1:03:19
171.	103	Laura Faulkner	41st	FSEN	11th		1:02:58	1:03:31
172.	96	Jamie Dover	131st	M55-59	14th		1:03:37	1:03:44
173.	300	Gerald Sanders	132nd	M65-69	4th	Black Pear Joggers	1:03:38	1:03:54
174.	236	Helen Milner	42nd	F50-54	5th	Ledbury Harriers	1:03:43	1:04:02
175.	51	Ben Carter	133rd	MSEN	47th		1:04:04	1:04:24
176.	161	Iain Hutchinson	134th	MSEN	48th		1:04:11	1:04:40
177.	24	Kate Haigh	43rd	F40-44	5th	Rhayader Running Club	1:04:53	1:05:08
178.	95	Nikki Doherty	44th	F35-39	8th	CARC	1:04:45	1:05:17
179.	284	Mandy Rees	45th	F45-49	9th	Hereford Couriers	1:05:26	1:05:36
180.	82	Liz Davies-Ward	46th	F60-64	2nd	Hereford Triathlon	1:05:13	1:05:40
181.	285	Shelley Renwick	47th	F45-49	10th	Running Bear	1:05:10	1:05:42
182.	154	Ella Hogan	48th	F45-49	11th	Ledbury harriers	1:05:26	1:05:49
183.	253	Laurel Oliver	49th	F55-59	7th		1:05:35	1:05:59
184.	308	Billy Smallwood	50th	F55-59	8th	Wye Valley Runners	1:05:55	1:06:08
185.	162	Ade Hyett	135th	M55-59	15th		1:05:59	1:06:12
186.	71	Harry Boswell	136th	MSEN	49th		1:05:37	1:06:15
187.	11	Rachel Bannister	51st	F45-49	12th	Ledbury & District Harriers	1:05:53	1:06:16
188.	368	Rebecca Wilson	52nd	F45-49	13th		1:06:02	1:06:18
189.	9	Nicola Baker	53rd	F40-44	6th		1:06:00	1:06:18
190.	159	Colin Hughes	137th	M55-59	16th		1:06:15	1:06:37
191.	173	Alan Jones	138th	M55-59	17th		1:06:28	1:06:40
192.	220	Penny Makin	54th	F50-54	6th		1:06:03	1:06:40
193.	245	Craig Nicholas	139th	M40-44	19th		1:06:31	1:06:47
194.	375	Mark Wrathall	140th	M45-49	17th		1:06:48	1:06:52
195.	39	Simon Bremner	141st	M40-44	20th		1:06:48	1:06:53
196.	1	Desirre Abreu	55th	F40-44	7th		1:06:40	1:06:57
197.	269	Chris Powell	142nd	MSEN	50th		1:06:37	1:06:58
198.	342	Kim Victor-Trott	56th	FSEN	12th		1:06:40	1:07:06
199.	54	Melanie Cassells	57th	FSEN	13th		1:07:05	1:07:12
200.	323	Matt Taylor	143rd	M45-49	18th		1:06:57	1:07:14
201.	87	Nin Davies	58th	FSEN	14th		1:07:04	1:07:20
202.	130	Kim Handley	59th	F35-39	9th	Hereford Couriers	1:06:52	1:07:20
203.	360	Sahrah Wilding	60th	F55-59	9th	presteigne pacers	1:07:04	1:07:29
204.	186	Stephanie King	61st	F55-59	10th	Croft Ambrey RC	1:06:59	1:07:34

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Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
205.	84	Caragh Davies	62nd	FSEN	15th		1:07:32	1:07:52
206.	294	Lucy Roper	63rd	FSEN	16th	Hereford Couriers	1:07:32	1:07:52
207.	151	David Hibbitt	144th	M75-79	1st	Worcester Athletic Club	1:07:49	1:08:11
208.	280	Kay Rambaud	64th	F35-39	10th		1:08:02	1:08:36
209.	5	Richard Andrews	145th	M55-59	18th	Hereford Triathlon Club	1:08:31	1:08:42
210.	33	Sue Bissell	65th	F60-64	3rd		1:08:15	1:08:42
211.	345	Andrew Watkins	146th	M55-59	19th		1:08:34	1:08:50
212.	50	Claire Carden	66th	F45-49	14th		1:08:33	1:08:50
213.	57	Sian Champken	67th	F50-54	7th	Wye valley runners	1:08:50	1:09:16
214.	324	Stuart Taylor	147th	M40-44	21st	Hereford couriers	1:09:08	1:09:23
215.	289	Deborah Roberts	68th	F40-44	8th		1:08:53	1:09:26
216.	81	Sarah Davidson	69th	F35-39	11th		1:09:11	1:09:44
217.	205	Rebecca Lively	70th	F50-54	8th	Hereford triathlon club	1:09:49	1:10:14
218.	116	Katherine Gillett	71st	F50-54	9th		1:09:49	1:10:14
219.	303	Georgia Scanlon	72nd	FSEN	17th	Hereford Tri Club	1:09:45	1:10:14
220.	340	Bonnie Venter	73rd	FSEN	18th		1:09:43	1:10:14
221.	304	Neil Scanlon	148th	M55-59	20th		1:09:46	1:10:16
222.	184	Katie Kenward Gibbs	74th	FSEN	19th	Caerleon Running Club	1:10:00	1:10:19
223.	264	Steph Peters	75th	F50-54	10th		1:10:10	1:10:24
224.	107	Marie Flower	76th	F40-44	9th		1:09:54	1:10:30
225.	147	Sky Herington	77th	FSEN	20th	Hereford Couriers	1:10:32	1:10:45
226.	347	James Webb	149th	M40-44	22nd		1:10:12	1:10:49
227.	356	Julie Whitehouse	78th	F50-54	11th		1:10:19	1:10:56
228.	316	Bridie Sullivan	79th	F50-54	12th		1:10:30	1:10:58
229.	218	Rachel MacDonald	80th	FSEN	21st		1:10:42	1:11:05
230.	37	Dave Brand	150th	M60-64	14th		1:10:38	1:11:10
231.	75	Joe Crocombe	151st	U18	2nd		1:10:34	1:11:12
232.	198	Louise Lawrence	81st	F55-59	11th		1:11:13	1:11:40
233.	104	Nikki Ferguson	82nd	FSEN	22nd	Croft Ambrey RC	1:11:18	1:11:50
234.	228	Karen White	83rd	F45-49	15th		1:11:23	1:11:55
235.	123	Robert Grice	152nd	M55-59	21st		1:11:33	1:12:02
236.	195	Tina Lavelle	84th	F65-69	1st	Hay Hotfooters	1:11:43	1:12:08
237.	330	Clare Preece	85th	F50-54	13th	Croft Ambrey	1:11:39	1:12:09
238.	354	Nazia White	86th	F40-44	10th		1:11:35	1:12:14
239.	160	Andy Husband	153rd	M55-59	22nd		1:11:46	1:12:21
240.	181	Sarah Jones	87th	FSEN	23rd	Hereford Couriers	1:12:20	1:12:24
241.	219	Louise Phillips	88th	F50-54	14th	Croft Ambrey RC	1:12:04	1:12:36
242.	363	Lucy Williams	89th	F45-49	16th		1:12:08	1:12:42
243.	86	Liz Davies	90th	F45-49	17th		1:12:40	1:13:05
244.	136	Abigail Harris	91st	FSEN	24th	Hereford couriers	1:13:04	1:13:14
245.	200	Phoebe Leighton	92nd	FSEN	25th		1:12:36	1:13:15
246.	377	Becks White	93rd	F40-44	11th		1:13:14	1:13:24
247.	287	Carys Ricketts	94th	F40-44	12th		1:13:05	1:13:36
248.	141	George Harrison	154th	M50-54	19th		1:13:18	1:13:52
249.	94	Nathan Dimbylow	155th	MSEN	51st	Wye Valley Runners	1:13:36	1:13:55
250.	142	Jennifer Harrison	95th	F55-59	12th		1:13:24	1:13:58
251.	266	Philip Phoskins	156th	M60-64	15th		1:13:49	1:14:05
252.	288	David Roberts	157th	M40-44	23rd		1:13:37	1:14:12
253.	44	Gary Burley	158th	M60-64	16th	Forest of Dean AC	1:13:45	1:14:14
254.	120	Debbie Green	96th	F50-54	15th	Forest of Dean AC	1:13:45	1:14:14
255.	131	Avril Hardwick	97th	F35-39	12th	Builth and District Running Club	1:13:42	1:14:16

Muddy Woody 6

Overall Results



Pos	Bib	Name	M/F	AG	AG	Club	Chip	Gun
256.	252	Karen Oakley	98th	F55-59	13th	Builth & District Running Club	1:14:19	1:14:38
257.	318	Hollie Stone	99th	F35-39	13th	Almost athletes	1:14:08	1:14:45
258.	25	Lisa Best	100th	F45-49	18th	Charlton Kings Running Club	1:14:08	1:14:47
259.	157	Kate Hovers	101st	F60-64	4th	Clwb Run Wales	1:14:39	1:15:10
260.	270	Jack Powell	159th	MSEN	52nd		1:15:02	1:15:10
261.	35	Caroline Roele	102nd	F35-39	14th		1:16:26	1:16:45
262.	355	Suzie White	103rd	F35-39	15th		1:16:27	1:16:46
263.	209	Jo Lord	104th	F60-64	5th	Hay Hotfooters	1:16:41	1:17:07
264.	61	Matt Clark	160th	M40-44	24th	Hereford Tri Club	1:17:31	1:17:58
265.	353	Katie White	105th	F35-39	16th		1:17:59	1:17:59
266.	271	Clarissa Price	106th	F40-44	13th		1:17:58	1:18:28
267.	329	Michael Thurgood	161st	M55-59	23rd	monross trailblazers	1:18:12	1:18:31
268.	278	Rachelle Prothero	107th	FSEN	26th	Hereford Couriers	1:18:28	1:18:48
269.	155	Emily Hogan	108th	F45-49	19th		1:19:17	1:19:46
270.	56	Alex Champ	109th	F45-49	20th		1:19:24	1:20:04
271.	322	Brian Symonds	162nd	M80+	1st	Wye Valley Runners	1:20:04	1:20:28
272.	92	Ian Dennis	163rd	M60-64	17th		1:20:07	1:20:38
273.	250	Joanne Norton	110th	F45-49	21st	Caerphilly	1:20:44	1:21:07
274.	91	Rachel Demellweek	111th	F45-49	22nd	Caerphilly Runners	1:20:44	1:21:07
275.	259	Ruth Partridge	112th	F45-49	23rd	Caerphilly Runners	1:20:46	1:21:09
276.	206	Bianca Llewellyn	113th	F45-49	24th	Caerphilly Runners	1:20:46	1:21:09
277.	351	Jenni Whistance	114th	F55-59	14th	Wye Valley Runners	1:20:54	1:21:22
278.	202	Hazel Lewis	115th	F45-49	25th		1:21:34	1:21:53
279.	49	Tim Caple	164th	M60-64	18th		1:21:14	1:21:55
280.	69	Suzy Cook	116th	F50-54	16th		1:23:11	1:23:26
281.	135	Alan HARRY	165th	M75-79	2nd		1:23:37	1:24:01
282.	212	Megan Lovatt	117th	FSEN	27th		1:23:39	1:24:14
283.	211	Hayley Lovatt	118th	F45-49	26th	Hereford Couriers	1:23:39	1:24:14
284.	165	Anny James	119th	F50-54	17th	Pershore Plum Plodders	1:24:56	1:25:35
285.	248	John Noonan	166th	M60-64	19th	Hereford Couriers	1:25:22	1:25:42
286.	76	Richard Crook	167th	M55-59	24th		1:29:43	1:30:02
287.	207	Jane Llewellyn	120th	F65-69	2nd		1:29:44	1:30:02
288.	276	Tina Pritchard	121st	F45-49	27th		1:30:03	1:30:36
289.	208	Lauri Lloyd	122nd	F35-39	17th		1:30:10	1:30:40
290.	299	Clare Sage	123rd	F40-44	14th		1:30:11	1:30:40
291.	331	Vivien Tolley	124th	F60-64	6th	Malvern joggers	1:32:44	1:33:21
292.	292	Stephen Roode	168th	M55-59	25th	Lonely Goat	1:32:53	1:33:30
293.	78	Liam Curtis-Moore	169th	MSEN	53rd	Hereford couriers	1:35:32	1:35:54
294.	4	Graham Andrews	170th	M50-54	20th		1:38:58	1:39:25
295.	243	Chris Murch	171st	M65-69	5th		1:40:57	1:41:37
296.	242	Andrew Murch	172nd	M60-64	20th		1:40:57	1:41:38
297.	97	Danielle Dunn Dunn	125th	FSEN	28th		1:46:00	1:46:37
298.	194	Mark Lathwell	173rd	M45-49	19th		1:45:58	1:46:37
299.	362	Lucy Williams	126th	F50-54	18th		1:48:51	1:49:22
300.	361	Christine Williams	127th	F45-49	28th		1:48:52	1:49:22
301.	174	Claire Jones	128th	F55-59	15th		1:48:49	1:49:22
302.	58	Tony Champken	174th	M65-69	6th	Wye valley runners	1:48:42	1:49:23

Number of records: 302