

# 38th Congleton Half Marathon

## Overall Results



Pos	Bib	Name	M/F	AG	NSRRA	Club	CP1	CP2	Chip	Gun
1.	467	Andrew Miles	1st	-		Vale Royal	21:00	46:44	1:11:36	1:11:36
2.	236	Carl Moulton	2nd	-	A	Boalloy RC	21:43	47:51	1:13:18	1:13:18
3.	75	Peter Nimmo	3rd	-	A	City of Stoke AC	21:44	47:59	1:13:58	1:13:58
4.	525	Samuel Lucking	4th	-		City of Stoke AC	21:50	48:37	1:14:49	1:14:49
5.	378	Simon O'Meara	5th	-		Trafford Athletic Club	21:48	49:48	1:16:31	1:16:31
6.	396	Carl Everall	6th	1st		NANTWICH RUNNING CLUB	22:10	50:27	1:17:42	1:17:42
7.	412	Robert Whitby	7th	2nd		Macclesfield Harriers	22:44	50:28	1:17:50	1:17:51
8.	79	Simon Fawcett	8th	1st	A		22:46	50:31	1:17:57	1:17:58
9.	441	William Owen	9th	3rd			22:57	51:31	1:19:30	1:19:30
10.	416	James Taylor	10th	4th		Newcastle (Staffs) AC	23:05	51:55	1:20:10	1:20:10
11.	153	Richard Walsh	11th	5th		Malvern Buzzards	24:06	53:46	1:22:43	1:22:43
12.	43	Barry Archbold	12th	1st		Wilmslow RC	24:13	54:07	1:23:09	1:23:09
13.	76	Mark Fox	13th	2nd		Sale Harriers Manchester	24:25	54:28	1:23:47	1:23:48
14.	237	Toby Miller	14th	6th			24:32	54:56	1:24:49	1:24:50
15.	154	Jon Terry	15th	1st		Sale Harriers	25:32	55:55	1:24:52	1:24:53
16.	380	Andrew Mayers	16th	2nd		South Cheshire Harriers	25:32	55:48	1:24:57	1:25:00
17.	170	Simon Davies	17th	7th		Mow Cop Runners	25:23	55:49	1:25:21	1:25:24
18.	345	Caroline Brock	1st	-		Steel City Striders	25:23	55:48	1:25:30	1:25:30
19.	411	Diane McVey	2nd	-		Wilmslow RC	25:25	55:55	1:25:29	1:25:30
20.	431	Ian Cawley	18th	2nd	A	Lonely Goat RC	25:46	56:46	1:26:04	1:26:04
21.	230	Leigh Matthews	19th	3rd			25:35	55:56	1:26:13	1:26:15
22.	407	Kieran Gilbert	20th	8th	C	Silverdale RC	25:33	55:54	1:26:31	1:26:32
23.	215	Pete Springett	21st	9th				56:26	1:26:58	1:27:00
24.	375	Peter Williams	22nd	10th		Wilmslow Striders	25:26	56:26	1:27:26	1:27:29
25.	336	Arran McCloskey	23rd	11th			25:34	56:53	1:28:12	1:28:13
26.	473	Daniel Cawley	24th	12th		Boalloy RC	26:02	58:08	1:28:35	1:28:36
27.	390	Steven Jennings	25th	3rd	B	Stoke FIT	25:47	57:05	1:28:35	1:28:39

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28.	488	Philip Marsden	26th	3rd		Preston Harriers	25:49	57:17	1:29:09	1:29:12
29.	474	Ciaran Holland	27th	1st			26:44	58:24	1:29:10	1:29:12
30.	447	Malcolm Fowler	28th	1st		Macclesfield Harriers	26:51	58:43	1:29:23	1:29:25
31.	382	Liam Hibberd	29th	13th		Mow Cop Runners	26:04	59:13	1:29:20	1:29:26
32.	316	Benjamin Brereton	30th	14th		Newcastle (Staffs) AC	27:08	59:23	1:29:37	1:29:44
33.	526	Faye Sharpley	3rd	-		Macclesfield Harriers	26:53	59:01	1:29:44	1:29:46
34.	171	Harry Hammon	31st	15th			26:07	58:24	1:29:55	1:29:58
35.	144	Tom Dale	32nd	16th			26:46	58:49	1:30:30	1:30:37
36.	177	Ben Dooley	33rd	17th			27:04	59:41	1:30:43	1:30:48
37.	342	Mick Haire	34th	1st	B	Boalloy RC	27:12	59:23	1:30:50	1:30:53
38.	454	Matthew Rushton	35th	18th			27:08	59:24	1:30:59	1:31:04
39.	432	Sofia Tavini	4th	-		Stockport Harriers	28:16	1:01:19	1:32:34	1:32:40
40.	457	James Simpson	36th	4th	A	South Cheshire Harriers	27:09	59:57	1:32:48	1:32:49
41.	209	Mark Drew	37th	19th			27:23	1:00:47	1:32:49	1:32:52
42.	452	Ross Hemmings	38th	4th			28:15	1:01:24	1:32:40	1:32:53
43.	459	Sara Barron	5th	-		Bramhall Runners	28:43	1:01:53	1:32:52	1:32:57
44.	482	Lee Davies	39th	20th	D	Silverdale RC	27:10	59:42	1:33:02	1:33:03
45.	273	Mike Bloor	40th	21st			27:10	1:01:01	1:33:06	1:33:07
46.	328	Ryan Berrisford	41st	22nd		UKRunChat	28:19	1:01:54	1:33:04	1:33:12
47.	462	Chris Gorman	42nd	5th		Mow Cop Runners	27:31	1:01:16	1:33:06	1:33:30
48.	433	Richard Hall	43rd	5th		Newcastle Tri Club	27:16	1:00:50	1:33:48	1:33:51
49.	370	Steve Lomas	44th	6th		Macclesfield Harriers	27:06	1:00:13	1:33:54	1:33:58
50.	6	Duncan Sadler	45th	7th		Ashbourne RC	28:10	1:01:46	1:34:01	1:34:09
51.	448	Michelle Fox	6th	1st		Stone MM	28:06	1:01:20	1:34:07	1:34:14
52.	498	Jack Breed	46th	23rd			26:38	59:24	1:34:25	1:34:26
53.	326	Rob Bond	47th	8th	D	Staffs Moorlands AC	28:09	1:01:50	1:34:29	1:34:32
54.	283	Bill Green	48th	24th			27:05	1:00:37	1:34:31	1:34:36

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Pos	Bib	Name	M/F	AG	NSRRA	Club	CP1	CP2	Chip	Gun
55.	78	Paul Hall	49th	25th	D	Stoke FIT	27:11	1:01:07	1:34:47	1:34:54
56.	479	Rob Kennard	50th	2nd		Sedgley Striders	27:27	1:01:29	1:34:56	1:35:01
57.	508	Simon Lang	51st	6th			28:17	1:02:23	1:35:03	1:35:12
58.	259	Andrew Growcott	52nd	7th		South Cheshire Harriers	28:11	1:02:18	1:35:09	1:35:16
59.	512	Travis Nicholson	53rd	26th			26:20	1:00:11	1:35:26	1:35:28
60.	82	Ian Raisbeck	54th	27th		Running Bear RC	27:59	1:01:13	1:35:24	1:35:38
61.	379	Adie Stevens	55th	9th		Stamford Striders	28:44	1:02:04	1:35:34	1:35:43
62.	496	Mark Summerville	56th	10th			26:10	59:02	1:35:44	1:35:46
63.	413	Scott Mckeever	57th	4th			28:18	1:02:07	1:35:45	1:35:51
64.	424	Steven Fallows	58th	5th			29:14	1:03:24	1:35:41	1:35:52
65.	197	Rob Mccue	59th	8th			26:59	1:01:01	1:36:04	1:36:07
66.	495	Matthew Cotton	60th	28th			27:15	1:01:20	1:36:04	1:36:15
67.	181	David Pollard	61st	29th			28:14	1:02:29	1:36:07	1:36:18
68.	443	Sean Lindsay	62nd	30th		Newcastle Tri Club	27:22	1:02:01	1:36:39	1:36:42
69.	109	Carol Higgs	7th	1st	L	Trentham RC	28:12	1:02:01	1:36:27	1:36:50
70.	383	David Maydew	63rd	3rd		Trentham RC	28:13	1:02:13	1:36:57	1:37:01
71.	49	Tim West	64th	11th	D	Stoke FIT	28:23	1:02:46	1:36:52	1:37:05
72.	486	Sarah Taylor	8th	2nd	L	Trentham RC	28:50	1:03:34	1:36:58	1:37:20
73.	385	Ray Okeefe	65th	4th		Macclesfield Harriers	28:27	1:02:31	1:37:29	1:37:34
74.	2	Emily Nott	9th	1st	M	Congleton Harriers	27:13	1:00:54	1:37:34	1:37:37
75.	352	Matthew Joseph Coyne	66th	31st		Belle Vue Racers	28:25	1:03:04	1:37:33	1:37:41
76.	222	Graeme Eddie	67th	6th		Macclesfield Harriers	28:42	1:03:25	1:37:52	1:37:57
77.	458	Kelly Morley	10th	1st			29:27	1:03:52	1:37:57	1:38:01
78.	261	Natalie Boswell	11th	2nd	M	Cannock & Stafford AC	27:48	1:03:43	1:38:08	1:38:09
79.	425	Julie Parry	12th	3rd		Newcastle (Staffs) AC	29:02	1:04:17	1:38:18	1:38:25
80.	286	Daniel Peak	68th	7th			29:12	1:03:38	1:38:07	1:38:31
81.	257	Michael Casey	69th	32nd		Nantwich RC	27:23	1:01:54	1:38:28	1:38:35

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82.	456	Gareth Maher	70th	33rd		Bramhall Runners	29:49	1:05:16	1:38:36	1:38:40
83.	115	David Nimmo	71st	9th	C	South Cheshire Harriers	29:03	1:04:41	1:38:36	1:38:45
84.	208	Dominic Ward	72nd	34th		Mow Cop Runners	29:22	1:04:47	1:38:43	1:38:49
85.	131	Henry Stevens	73rd	35th			29:48	1:05:44	1:38:51	1:39:01
86.	389	Andrew Wadsworth	74th	2nd	E	Sparkhill Harriers	29:40	1:04:56	1:38:59	1:39:13
87.	455	Stephen Greaves	75th	12th		Wilmslow RC	28:42	1:04:09	1:39:28	1:39:35
88.	86	Rachel Maskell	13th	4th		Wilmslow RC	29:46	1:05:45	1:39:22	1:39:35
89.	250	Paul Marshall	76th	36th	D	Trentham RC	29:38	1:05:33	1:39:16	1:39:35
90.	408	Alicia Gilbert	14th	2nd	M	Silverdale RC	29:17	1:05:04	1:39:35	1:39:49
91.	9	Eliana Hall	15th	1st			29:42	1:05:17	1:39:48	1:39:55
92.	485	Craig Carpenter	77th	37th	D	Stone MM	29:05	1:04:32	1:39:43	1:39:57
93.	173	Gareth Stockdale	78th	8th		Macclesfield Harriers	29:36	1:05:49	1:40:17	1:40:23
94.	176	Zac Hampton	79th	38th			29:04	1:04:51	1:40:30	1:40:34
95.	80	Wendy Terry	16th	2nd		Sale Harriers	29:38	1:05:51	1:40:47	1:40:54
96.	397	Kevin Price	80th	5th		The Stragglers	29:30	1:05:52	1:41:14	1:41:20
97.	524	Dominic Caddy	81st	9th			31:03	1:07:41	1:40:47	1:41:29
98.	368	Emma Deakin	17th	5th			29:39	1:05:27	1:40:55	1:41:32
99.	276	Andrew Schofield	82nd	13th			30:08	1:06:26	1:41:23	1:41:36
100.	180	David Bowers	83rd	6th			29:51	1:05:58	1:41:26	1:41:39
101.	8	Caroline Smith	18th	6th		Mow Cop Runners	29:47	1:05:54	1:41:36	1:41:43
102.	186	Christopher Moulton	84th	10th			30:50	1:06:51	1:41:19	1:41:46
103.	172	Sue Stockdale	19th	3rd		Macclesfield Harriers	29:44	1:05:55	1:41:42	1:41:48
104.	450	Parton Stu	85th	11th		Stoke FIT	30:07	1:06:22	1:41:40	1:41:56
105.	518	Simon Robinson	86th	39th			30:07	1:06:25	1:41:44	1:42:00
106.	451	Adam Mealing	87th	40th			30:16	1:06:58	1:41:54	1:42:03
107.	420	Daniel Evans	88th	41st		Maryhill Harriers	30:09	1:06:37	1:41:46	1:42:14
108.	404	Grahame Cope	89th	14th	D	Stone MM	29:26	1:06:11	1:42:20	1:42:28

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Pos	Bib	Name	M/F	AG	NSRRA	Club	CP1	CP2	Chip	Gun
109.	296	Matthew Morris	90th	42nd			29:15	1:05:15	1:42:10	1:42:30
110.	449	Andy Critchlow	91st	12th			31:17	1:07:45	1:42:03	1:42:33
111.	323	Simon Peacock	92nd	13th		Belle Vue Racers	30:15	1:06:52	1:41:59	1:42:35
112.	26	Rob Gorton	93rd	43rd		Macclesfield Harriers	30:20	1:07:45	1:42:34	1:42:43
113.	428	Shaun Conway	94th	44th			29:59	1:05:57	1:42:29	1:42:45
114.	21	Edward Swann	95th	14th			29:01	1:06:49	1:42:43	1:42:48
115.	493	Wayne Stephens	96th	15th			30:21	1:07:30	1:42:45	1:42:59
116.	304	Charlotte Emery	20th	2nd			30:19	1:07:09	1:42:54	1:42:59
117.	10	Paul Dixon	97th	15th			30:07	1:06:43	1:42:48	1:43:03
118.	437	Paul Minton	98th	45th		Belle Vue Racers	32:36	1:09:34	1:42:35	1:43:16
119.	240	John Guest	99th	3rd	D	Trentham RC	28:50	1:05:21	1:43:07	1:43:29
120.	241	Lindsay Belderson	21st	4th			30:17	1:07:44	1:43:22	1:43:34
121.	125	Edward Oranson	100th	46th			30:16	1:07:25	1:43:26	1:43:36
122.	265	Martin Coleman	101st	16th			28:53	1:05:19	1:43:28	1:43:38
123.	90	Logan Vinters	102nd	47th			29:11	1:05:57	1:43:24	1:43:48
124.	429	Sophie Mullins	22nd	3rd			30:02	1:07:17	1:43:53	1:44:03
125.	221	Martin Packham	103rd	10th			28:36	1:05:33	1:44:05	1:44:07
126.	94	Adam Bird	104th	11th		Bramhall Runners	29:46	1:06:06	1:44:08	1:44:16
127.	224	Simon Gallimore	105th	48th		London City Athletics Club	31:32	1:09:28	1:43:57	1:44:17
128.	24	Rebecca Lawrence	23rd	3rd		Boalloy RC	30:15	1:07:08	1:44:08	1:44:19
129.	84	Darren Fernyhough	106th	7th			30:27	1:07:43	1:44:07	1:44:20
130.	288	Chris Nixon	107th	8th		Newcastle (Staffs) AC	30:17	1:07:42	1:44:12	1:44:21
131.	445	James Phillips-Betts	108th	49th			31:02	1:08:51	1:44:38	1:44:53
132.	333	Paul Burslem	109th	9th	D	Trentham RC	31:29	1:09:43	1:44:46	1:44:56
133.	464	James Yates	110th	12th		Thunder Runners	29:34	1:06:12	1:44:57	1:45:05
134.	343	Zach Nizich	111th	50th			31:02	1:07:46	1:44:43	1:45:06
135.	444	John Braithwaite	112th	51st		Newcastle Tri Club	29:25	1:06:13	1:45:03	1:45:11

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136.	332	James Hughes	113th	52nd			31:21	1:08:58	1:44:58	1:45:20
137.	346	Ste Wild	114th	13th			31:40	1:08:49	1:44:47	1:45:22
138.	477	Des Ryan	115th	10th		Steel City Striders	31:24	1:09:03	1:45:17	1:45:23
139.	219	Mark Bernier	116th	1st			30:11	1:06:34	1:45:30	1:45:35
140.	135	Amy Carr	24th	4th		Macclesfield Harriers	30:05	1:07:58	1:45:28	1:45:37
141.	355	Craig Cornes	117th	17th		Mow Cop Runners	30:26	1:08:24	1:45:26	1:45:38
142.	247	Lisa Grantham	25th	5th		Pensby	32:17	1:10:41	1:45:44	1:45:48
143.	299	James Baker	118th	16th			29:58	1:07:58	1:45:30	1:45:50
144.	527	Gareth Woods	119th	53rd			32:25	1:09:49	1:45:14	1:45:56
145.	150	Jay Dale	120th	17th		Mow Cop Runners	31:07	1:09:10	1:45:55	1:46:19
146.	274	Laura Towers	26th	4th			31:06	1:08:54	1:46:13	1:46:24
147.	481	Lee Jones	121st	18th		Trentham RC	31:13	1:08:52	1:45:50	1:46:24
148.	440	Helen Anayiotos	27th	5th		Silverdale RC	31:12	1:09:08	1:46:15	1:46:27
149.	96	Joanne Morgan	28th	5th			31:32	1:10:23	1:46:17	1:46:36
150.	466	Joe Warren	122nd	54th			30:18	1:07:58	1:46:44	1:46:47
151.	89	Darren Woods	123rd	19th			30:27	1:08:25	1:46:56	1:47:12
152.	93	Ben Peace	124th	55th			28:57	1:06:47	1:47:19	1:47:24
153.	245	Andy Megarrell	125th	18th			29:50	1:08:05	1:47:27	1:47:30
154.	478	Christian Foulkes	126th	14th			31:36	1:09:41	1:47:32	1:47:43
155.	377	Nigel Lindop	127th	20th			28:16	1:04:27	1:47:51	1:47:54
156.	453	David Card	128th	19th		Oswestry Olympians	31:15	1:10:33	1:47:50	1:47:59
157.	124	Tom Mayell	129th	15th		Sandbach Striders	31:34	1:10:48	1:47:20	1:48:00
158.	134	Matthew Geagea	130th	56th			29:39	1:07:36	1:47:39	1:48:03
159.	264	Sarah Jane Oakes	29th	6th				1:11:17	1:47:45	1:48:04
160.	263	Tom Brown	131st	16th			31:33	1:11:16	1:47:44	1:48:04
161.	350	Tracy Welch	30th	7th		Congleton Harriers	31:15	1:10:34	1:48:07	1:48:19
162.	511	Paul Bowers	132nd	21st		Uttoxeter RR	29:46	1:08:18	1:48:19	1:48:26

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163.	503	Andrew Pemberton	133rd	22nd		Stoke FIT	32:18	1:10:24	1:47:46	1:48:30
164.	489	Paul Lockett	134th	23rd		Staffs Moorlands AC	29:53	1:07:49	1:48:30	1:48:34
165.	471	Philip Buck	135th	57th			31:31	1:10:28	1:48:40	1:48:47
166.	499	George Blinkhorn	136th	58th			32:40	1:11:26	1:48:19	1:48:48
167.	87	Nichola Tomkow	31st	6th			32:23	1:11:13	1:49:07	1:49:30
168.	182	Robert Sigley	137th	59th			31:25	1:09:39	1:48:57	1:49:33
169.	113	Philip Rawson Howarth	138th	2nd		Wrekin Road Runners	32:16	1:11:21	1:49:31	1:49:39
170.	388	Danielle Scarlett	32nd	6th			29:47	1:08:06	1:49:30	1:49:41
171.	521	Samuel Cross	139th	60th			29:45	1:07:28	1:49:27	1:49:43
172.	361	Rachel Sharifi	33rd	7th		Alsager Runners	31:20	1:10:23	1:49:30	1:49:51
173.	14	Martin Bailey	140th	24th		Mow Cop Runners		1:09:45	1:49:56	1:50:06
174.	244	Michael Hall	141st	11th		Holmfirth Harriers AC	32:19	1:11:39	1:49:56	1:50:10
175.	1	Richard Gregory	142nd	12th		Skelmersdale Boundary Harriers	34:28	1:14:29	1:50:01	1:50:25
176.	360	Derek Clarke	143rd	25th			31:01	1:09:17	1:50:21	1:50:29
177.	475	Helen Jones	34th	8th	X		30:25	1:09:37	1:50:27	1:50:35
178.	166	Jamie Bloor	144th	61st			33:23	1:13:30	1:50:08	1:50:35
179.	427	Sam Evans	145th	62nd		Bramhall Runners	32:43	1:12:36	1:50:24	1:50:35
180.	201	Christian Garner	146th	63rd			33:40	1:13:27	1:50:26	1:50:42
181.	39	Damian Carter	147th	26th		Macclesfield Harriers	31:47	1:11:22	1:50:49	1:50:55
182.	133	Iain Thacker	148th	27th		Congleton Harriers	33:19	1:13:29	1:50:43	1:50:57
183.	320	Adam Cope	149th	64th			30:23	1:10:04	1:50:54	1:51:05
184.	321	Christopheher Crane	150th	65th			30:23	1:10:00	1:50:56	1:51:07
185.	37	Mark Parker	151st	28th	F	Biddulph RC	33:50	1:13:28	1:50:33	1:51:10
186.	472	Nick Pinnington	152nd	66th			32:07	1:12:21	1:51:05	1:51:31
187.	374	Anne-Marie Taylor	35th	7th		South Cheshire Harriers	33:19	1:13:23	1:51:23	1:51:37
188.	294	Jonathan Heath	153rd	29th		Stoke FIT	33:36	1:13:16	1:51:07	1:51:40
189.	322	Sarah Nasse	36th	8th		South Cheshire Harriers	32:43	1:12:57	1:51:25	1:51:41

# 38th Congleton Half Marathon

## Overall Results



Pos	Bib	Name	M/F	AG	NSRRA	Club	CP1	CP2	Chip	Gun
190.	140	Richard Cropper	154th	30th			33:23	1:13:36	1:51:40	1:51:47
191.	242	Matt Burns	155th	31st			33:22	1:12:57	1:51:20	1:51:48
192.	308	Jan Peake	156th	17th		Sandbach Striders	32:46	1:12:21	1:51:10	1:51:51
193.	243	Andy Hooper	157th	18th			34:57	1:14:22	1:51:15	1:51:54
194.	189	N.N. 189	1st	-			34:13	1:14:31	1:51:26	1:52:00
195.	103	Beccy Elliott	37th	9th			33:51	1:13:51	1:51:58	1:52:34
196.	417	Gillian Fallows	38th	8th		Sandbach Striders	33:42	1:13:22	1:52:26	1:52:46
197.	198	Helen Somers	39th	7th	M	Stone MM	32:40	1:13:11	1:52:40	1:52:49
198.	491	Richie Jennings	158th	67th			33:54	1:13:39	1:52:39	1:52:57
199.	98	Craig McGuire	159th	68th			33:42	1:13:56	1:52:46	1:53:11
200.	71	Alex Garber	160th	69th			34:13	1:14:31	1:52:45	1:53:19
201.	157	Emilio Davola	161st	20th			31:50	1:11:08	1:53:11	1:53:31
202.	207	Lucas Worthington	162nd	70th			34:30	1:14:18	1:53:27	1:53:42
203.	275	Chris Harrison	163rd	71st			28:39	1:06:20	1:53:36	1:53:42
204.	146	Mark Godden	164th	3rd		Macclesfield Harriers	32:22	1:12:22	1:53:37	1:53:47
205.	423	Lee Turner	165th	19th		Stafford Tri Club	30:07	1:09:31	1:53:34	1:53:50
206.	120	Steve Fairclough	166th	13th		Bramhall Runners	32:22	1:12:28	1:53:43	1:54:01
207.	291	Matt Harnett	167th	21st		Congleton Harriers	31:28	1:10:43	1:54:02	1:54:04
208.	44	Matt Knowles	168th	72nd		Macclesfield Harriers	31:31	1:10:25	1:53:54	1:54:09
209.	505	Lee Bowers	169th	20th	F	Silverdale RC	33:09	1:13:39	1:53:54	1:54:13
210.	384	Abi Kinman	40th	10th		Macclesfield Harriers	34:16	1:14:34	1:53:47	1:54:16
211.	506	Matthew Burley	170th	22nd	D	Trentham RC	33:37	1:13:26	1:53:46	1:54:20
212.	214	Tim Lee	171st	23rd			31:11	1:11:10	1:54:11	1:54:24
213.	387	David Larkin	172nd	21st		Macclesfield Harriers	34:09	1:14:30	1:54:16	1:54:30
214.	300	Martyn Weber	173rd	14th			34:24	1:15:37	1:54:16	1:54:31
215.	132	Jack Purdham	174th	73rd		Congleton Grizzlies Basketball Club	34:31	1:15:59	1:54:04	1:54:33
216.	152	Adam Poolford	175th	74th		Running Bear RC	33:54	1:13:38	1:54:19	1:54:37



# 38th Congleton Half Marathon

## Overall Results



Pos	Bib	Name	M/F	AG	NSRRA	Club	CP1	CP2	Chip	Gun
217.	72	Angus Fyfe	176th	15th				1:15:39	1:54:18	<b>1:54:42</b>
218.	203	Angus Coutts	177th	75th			34:44	1:14:20	1:54:26	<b>1:54:42</b>
219.	62	Laura Frost	41st	9th			34:21	1:15:26	1:54:26	<b>1:54:44</b>
220.	293	Amanda Weston	42nd	1st			33:42	1:14:48	1:54:30	<b>1:54:47</b>
221.	33	Julie Virgin	43rd	2nd		Manchester Fronrunners	34:29	1:15:46	1:54:52	<b>1:55:03</b>
222.	409	Darren Hodgkinson	178th	76th			33:38	1:14:45	1:54:50	<b>1:55:04</b>
223.	50	Ian Smythe	179th	77th			32:18	1:12:25	1:54:58	<b>1:55:07</b>
224.	348	Peter Gibbs	180th	22nd	F	Stoke FIT		1:15:47	1:54:35	<b>1:55:07</b>
225.	463	Andrew Stazaker	181st	23rd			34:27	1:15:46	1:54:54	<b>1:55:07</b>
226.	468	Frank Manning	182nd	16th			32:14	1:13:15	1:55:03	<b>1:55:13</b>
227.	16	Sarah Lake	44th	3rd			33:08	1:14:06	1:54:49	<b>1:55:21</b>
228.	476	Matt Brown	183rd	78th		Lonely Goat RC	31:48	1:11:33	1:55:11	<b>1:55:22</b>
229.	91	Matthew Gray	184th	79th			34:27	1:15:47	1:55:00	<b>1:55:25</b>
230.	313	Susan Hughes	45th	8th		Widnes wasps ladies running club	34:26	1:15:30	1:54:51	<b>1:55:31</b>
231.	372	Zac Rogers	185th	80th			34:07	1:17:37	1:54:58	<b>1:55:44</b>
232.	415	Benjamin Murphy	186th	81st				1:17:06	1:55:14	<b>1:55:53</b>
233.	195	Chris Greenwood	187th	24th			34:29	1:15:29	1:55:37	<b>1:55:56</b>
234.	156	Paul Harding	188th	24th			34:15	1:15:35	1:55:47	<b>1:55:58</b>
235.	143	Michael Curran	189th	82nd		Glossopdale Harriers	33:25	1:13:04	1:55:21	<b>1:56:02</b>
236.	513	Rebecca Peck	46th	11th			33:57	1:15:00	1:55:48	<b>1:56:13</b>
237.	51	Frank Rogers	190th	32nd		Levenshulme Runners	34:38	1:16:22	1:56:16	<b>1:56:21</b>
238.	487	Tony Mayer	191st	25th		Alsager Runners	33:31	1:14:26	1:56:07	<b>1:56:29</b>
239.	406	Keith Davies	192nd	25th			33:39	1:14:44	1:56:31	<b>1:56:45</b>
240.	351	Andy Wood	193rd	17th		Belle Vue Racers	34:39	1:16:20	1:56:20	<b>1:56:56</b>
241.	509	Ross Giles	194th	83rd			33:21	1:15:23	1:56:42	<b>1:57:12</b>
242.	483	John Houghton	195th	4th		Run Sandymoor	33:53	1:15:34	1:57:13	<b>1:57:22</b>
243.	184	Joshua Fieldhouse	196th	84th			34:28	1:15:49	1:57:21	<b>1:57:34</b>

# 38th Congleton Half Marathon

## Overall Results



Pos	Bib	Name	M/F	AG	NSRRA	Club	CP1	CP2	Chip	Gun
244.	490	Emily Bunn	47th	9th			34:28	1:15:49	1:57:21	1:57:34
245.	438	James Owen	197th	85th			34:22	1:15:48	1:57:27	1:57:42
246.	419	Adrian Frost	198th	5th	D	Trentham RC	33:40	1:14:25	1:57:29	1:57:56
247.	395	Jasmine Green	48th	10th		Vegan Runners	34:18	1:17:07	1:57:55	1:58:24
248.	175	Lynda Rowlinson	49th	1st		Sale Harriers	33:36	1:15:24	1:58:21	1:58:32
249.	318	Luke Gathercole	199th	86th			36:06	1:18:52	1:58:17	1:58:37
250.	311	Jamie Roberts	200th	87th			32:45	1:13:38	1:58:30	1:58:43
251.	105	John Woolliscroft	201st	26th			34:07	1:15:57	1:58:08	1:58:45
252.	422	Clair Turner	50th	9th		Cannock chase trail runners	33:40	1:15:12	1:58:31	1:58:48
253.	362	Ruth Shepherd-Cole	51st	11th		Biddulph RC	35:44	1:17:14	1:58:11	1:58:49
254.	174	Rob Matthews	202nd	26th			35:43	1:18:18	1:58:40	1:59:02
255.	312	Karen Murphy	52nd	4th		Biddulph RC	35:45	1:17:14	1:58:32	1:59:11
256.	114	Harry Holland	203rd	88th		Congleton Grizzlies Basketball Club	34:54	1:17:15	1:58:46	1:59:12
257.	88	Ed Simms	204th	89th			34:40	1:17:05	1:58:46	1:59:15
258.	309	Steven Pickering	205th	18th			36:48	1:19:23	1:58:54	1:59:30
259.	217	Kevin Jones	206th	6th		Sandbach Striders	35:08	1:18:00	1:59:17	1:59:38
260.	353	Jon Paramor	207th	1st		Manchester YMCA Harriers	34:38	1:16:16	1:59:40	1:59:56
261.	484	Ben Guildford	208th	90th			34:53	1:17:16	1:59:36	2:00:02
262.	497	Mark Scarlett	209th	91st			35:36	1:19:06	1:59:32	2:00:05
263.	504	Dennis Robinson	210th	4th	F	South Cheshire Harriers	35:36	1:19:05	1:59:47	2:00:09
264.	315	Sam Gathercole	211th	92nd		Congleton Harriers	36:07	1:19:10	1:59:52	2:00:11
265.	60	Phillip Prohett	212th	27th		Fareham Running Club	34:57	1:18:09	1:59:44	2:00:12
266.	366	San Buckley	53rd	3rd			35:33	1:19:04	1:59:55	2:00:13
267.	142	Andy Gathercole	213th	7th			36:08	1:19:09	1:59:59	2:00:17
268.	15	Rebecca Rowe	54th	12th			36:39	1:20:14	1:59:56	2:00:27
269.	13	Jo Evans	55th	10th		Bramhall Runners	35:57	1:19:38	2:01:07	2:01:21
270.	111	Jolian Morris	214th	33rd	F	Trentham RC	35:29	1:17:57	2:01:01	2:01:39

# 38th Congleton Half Marathon

## Overall Results



Pos	Bib	Name	M/F	AG	NSRRA	Club	CP1	CP2	Chip	Gun
271.	123	Jennifer Ranson	56th	13th			35:27	1:19:10	2:01:30	2:01:47
272.	42	Kathryn Dewick	57th	10th		Bollington Harriers	35:27	1:18:11	2:01:49	2:02:07
273.	365	Helen Colclough	58th	11th			35:19	1:17:56	2:02:29	2:02:46
274.	439	Patrick Stiefel	215th	27th		Nantwich Running Club	35:38	1:19:34	2:02:39	2:03:03
275.	319	Julia Foy	59th	4th		Belle Vue racers	35:51	1:19:59	2:02:32	2:03:08
276.	334	Louise Dawson	60th	12th		Sandbach Striders	36:54	1:19:56	2:02:47	2:03:18
277.	469	Karen Beckett	61st	11th		Alsager Runners	36:15	1:20:42	2:04:36	2:05:07
278.	295	Chris Holden	216th	28th		Sandbach Striders	33:57	1:18:35	2:04:39	2:05:20
279.	277	Wendy Henshall	62nd	5th			35:57	1:20:31	2:05:52	2:05:54
280.	211	Michael Hatton	217th	8th			37:25	1:22:14	2:05:42	2:06:09
281.	101	Esther Whalley	63rd	12th			37:25	1:22:14	2:05:45	2:06:18
282.	239	Rafal Reszotanski	218th	93rd			35:53	1:19:50	2:06:07	2:06:20
283.	480	Julie Dudley	64th	2nd	X	Cheadle RC	35:27	1:20:06	2:06:18	2:06:29
284.	25	Jade Darlington	65th	14th			36:39	1:21:44	2:06:01	2:06:33
285.	517	James Warburton	219th	29th			36:49	1:21:29	2:05:53	2:06:38
286.	307	Mark Sadler	220th	19th			35:58	1:21:24	2:05:58	2:06:39
287.	256	Jennie Aincham	66th	15th		Bollington Harriers	38:05	1:24:17	2:06:23	2:06:42
288.	210	Andy Cowden	221st	9th		Alsager Runners	36:58	1:21:21	2:06:16	2:06:46
289.	310	Karen Dale	67th	16th			36:58	1:21:21	2:06:15	2:06:46
290.	418	Lance Brookes	222nd	20th		Lonely Goat RC	35:35	1:19:45	2:06:51	2:07:13
291.	40	Dave Long	223rd	94th			35:49	1:19:11	2:07:00	2:07:13
292.	520	Rebecca Cross	68th	12th		Macclesfield Harriers	35:35	1:19:12	2:07:02	2:07:20
293.	522	Joe Clarke	224th	95th			34:33	1:19:31	2:06:42	2:07:26
294.	392	Caroline Riley	69th	13th			37:01	1:21:44	2:07:24	2:07:45
295.	23	Alex Maciver	225th	30th		Knutsford Tri Club	37:12	1:22:57	2:07:18	2:07:55
296.	501	Nigel Lee	226th	5th	F	Newcastle (Staffs) AC	36:27	1:22:01	2:07:41	2:08:07
297.	492	Sid Denwood	227th	34th			35:33	1:19:07	2:08:18	2:08:50

# 38th Congleton Half Marathon

## Overall Results



Pos	Bib	Name	M/F	AG	NSRRA	Club	CP1	CP2	Chip	Gun
298.	158	Brian Johnston	228th	31st		Macclesfield Harriers	37:07	1:22:19	2:08:43	<b>2:08:58</b>
299.	231	Maxine Hough	70th	6th	X	South Cheshire Harriers	38:12	1:23:45	2:08:37	<b>2:08:59</b>
300.	367	Andrea Beaton	71st	17th		Nantwich Running Club	37:14	1:23:14	2:08:30	<b>2:09:01</b>
301.	68	Ian Nash	229th	35th			36:10	1:22:50	2:08:50	<b>2:09:14</b>
302.	83	Catherine Cheetham	72nd	3rd			38:30	1:24:16	2:08:58	<b>2:09:28</b>
303.	460	Alan Flood	230th	2nd			36:15	1:22:57	2:08:54	<b>2:09:36</b>
304.	514	Alison Latham	73rd	14th			35:34	1:22:12	2:09:44	<b>2:10:05</b>
305.	325	John Finney	231st	1st	F	Stafford Harriers	36:27	1:22:20	2:10:05	<b>2:10:24</b>
306.	340	Soria Alejandro	232nd	32nd			40:34	1:27:51	2:10:04	<b>2:10:36</b>
307.	523	Izzy Burnham	74th	13th			35:37	1:22:06	2:10:11	<b>2:10:37</b>
308.	435	Malcolm Henderson	233rd	96th			35:41	1:21:06	2:10:18	<b>2:11:03</b>
309.	515	Mandy Brown	75th	13th			36:21	1:22:56	2:10:38	<b>2:11:04</b>
310.	324	Claire Walker	76th	15th			35:27	1:20:24	2:10:48	<b>2:11:06</b>
311.	341	Andrea Magro	234th	36th			40:28	1:27:51	2:10:40	<b>2:11:12</b>
312.	280	Nigel Moulton	235th	28th		Mow Cop Runners	34:01	1:18:31	2:11:13	<b>2:11:40</b>
313.	347	Thomas Wild	236th	97th			36:18	1:23:06	2:11:19	<b>2:11:55</b>
314.	5	Jade Longmuir	77th	18th		Congleton Harriers	39:42	1:26:40	2:11:49	<b>2:12:06</b>
315.	218	Claire Henderson	78th	16th			39:43	1:26:40	2:11:50	<b>2:12:06</b>
316.	27	Karen Mackintosh	79th	4th		Biddulph RC	37:59	1:23:47	2:11:55	<b>2:12:33</b>
317.	305	Mark Winnington	237th	98th			32:51	1:19:34	2:13:23	<b>2:13:24</b>
318.	399	Katrina Barnes	80th	19th		Macclesfield Harriers	36:46	1:24:02	2:13:42	<b>2:13:53</b>
319.	252	Lynne Graves	81st	5th		Macclesfield Harriers	36:49	1:24:06	2:13:38	<b>2:13:54</b>
320.	272	Rachel Platt	82nd	14th		Biddulph RC	38:40	1:25:13	2:13:32	<b>2:14:10</b>
321.	126	Kevin Threlfall	238th	29th		Mow Cop Runners			2:14:06	<b>2:14:32</b>
322.	168	Jody Mottram	239th	99th			38:20	1:25:15	2:14:45	<b>2:15:02</b>
323.	364	Alex Shingler	240th	100th	F	Newcastle (Staffs) AC	40:30	1:29:18	2:15:22	<b>2:15:44</b>
324.	169	Daniel Lambert	241st	101st			38:21	1:25:15	2:15:28	<b>2:15:45</b>

# 38th Congleton Half Marathon

## Overall Results



Pos	Bib	Name	M/F	AG	NSRRA	Club	CP1	CP2	Chip	Gun
325.	461	Denise Sandford	83rd	7th	W	Uttoxeter RR	38:16	1:24:46	2:15:35	2:15:48
326.	232	Karen Wynn	84th	15th		Biddulph RC	38:40	1:26:13	2:15:35	2:16:14
327.	262	Joe Bickley	242nd	102nd			36:28	1:27:19	2:16:09	2:16:28
328.	163	Daniel Jones	243rd	103rd			37:08	1:27:26	2:16:01	2:16:30
329.	229	Weronika Wasielak	85th	14th			38:12	1:28:30	2:16:31	2:16:48
330.	338	Geoffrey Mander	244th	104th			38:39	1:26:59	2:16:34	2:16:57
331.	339	Jenna Mander	86th	15th			38:38	1:27:00	2:16:34	2:16:57
332.	63	Jordan Musker	245th	105th			38:41	1:26:10	2:16:53	2:17:21
333.	136	Rachel Clarke	87th	17th			39:44	1:27:09	2:16:56	2:17:30
334.	519	Jon Hillman	246th	106th	F	NSRRA	36:52	1:25:42	2:17:25	2:17:39
335.	278	Stuart Brown	247th	10th			38:17	1:27:01	2:17:38	2:18:15
336.	282	William Beckett	248th	2nd			40:32	1:28:32	2:17:53	2:18:21
337.	317	Michelle Birdsall	88th	20th		Macclesfield Harriers	41:41	1:31:55	2:17:59	2:18:22
338.	52	Stephen Hough	249th	30th			37:02	1:24:07	2:19:11	2:19:31
339.	502	Hollie Hoinville	89th	18th			38:48	1:28:43	2:19:04	2:19:36
340.	196	Lorraine Snape	90th	5th			38:48	1:28:43	2:19:24	2:19:37
341.	55	Beth Hardy	91st	16th			41:41	1:31:56	2:19:30	2:20:06
342.	289	Chris Moreton	250th	31st	E	Stoke FIT	40:16	1:28:06	2:19:40	2:20:17
343.	226	Julia Teagle	92nd	17th			42:27	1:32:20	2:20:27	2:21:08
344.	494	Barbara Dale	93rd	19th		Silverdale RC	42:08	1:32:36	2:21:11	2:21:45
345.	465	Julie Roberts	94th	6th			40:29	1:32:43	2:24:07	2:24:29
346.	112	Chris Johnson	251st	3rd			41:30	1:32:32	2:24:22	2:24:54
347.	298	Gina Benson	95th	7th	Y	Stoke FIT	43:07	1:35:34	2:24:22	2:24:55
348.	405	Andrew Bowyer	252nd	33rd			38:23	1:28:59	2:26:02	2:26:22
349.	254	Amy Towers	96th	18th			40:27	1:32:42	2:26:11	2:26:32
350.	122	Anna Ranson	97th	20th			41:34	1:33:04	2:26:16	2:26:45
351.	442	Jane Irving	98th	8th	X	Silverdale RC	42:41	1:33:57	2:26:38	2:27:12

# 38th Congleton Half Marathon

## Overall Results



Pos	Bib	Name	M/F	AG	NSRRA	Club	CP1	CP2	Chip	Gun
352.	510	Wallis Ison	99th	19th			42:11	1:33:26	2:28:03	2:28:35
353.	434	Wendy Snelson	100th	9th			42:53	1:36:19	2:29:07	2:29:38
354.	183	Ann Mottram	101st	8th			42:12	1:34:09	2:29:48	2:30:27
355.	354	Hazel Douce	102nd	10th		Running Bear RC	43:19	1:35:23	2:29:58	2:30:39
356.	344	Sophie Till	103rd	20th			42:58	1:38:01	2:30:57	2:31:22
357.	253	Olivia Taylor	104th	21st			41:32	1:35:55	2:31:20	2:31:41
358.	59	David Hebb	253rd	11th	G	NSRRA	45:55	1:40:01	2:31:18	2:31:47
359.	58	Robert Kewish	254th	32nd	G	Silverdale RC	43:06	1:35:35	2:32:05	2:32:38
360.	446	Barbara Russ-Weightman	105th	9th			42:54	1:36:19	2:32:34	2:33:05
361.	97	Clive Baggaley	255th	4th	G	Uttoxeter RR	44:20	1:39:49	2:33:19	2:33:57
362.	402	Kiara Hamis	106th	22nd		Norwich Road Runners	40:26	1:34:52	2:34:17	2:34:43
363.	507	Alicia Young	107th	23rd			40:26	1:34:54	2:34:17	2:34:43
364.	178	Ross Oldroyd	256th	107th			45:21	1:38:11	2:34:54	2:35:17
365.	258	Laura Bailey	108th	24th			42:03	1:37:59	2:35:08	2:35:33
366.	69	Jack Dougan	257th	108th			41:58	1:35:48	2:36:00	2:36:36
367.	32	Simon Clarke	258th	37th	F	Fetch Everyone	42:03	1:35:26	2:36:06	2:36:43
368.	398	Michael McCann	259th	21st			42:15	1:38:15	2:39:31	2:40:10
369.	516	Hazel Barlow	109th	6th	Y	Michelin AC	47:33	1:45:50	2:41:02	2:41:37
370.	373	Jacob Rogers	260th	109th			43:51	1:40:05	2:40:54	2:41:41
371.	303	Bethany Anderson	110th	25th			43:08	1:40:47	2:42:25	2:42:31
372.	107	Richard Hough	261st	6th			41:50	1:37:32	2:43:21	2:43:59
373.	331	Suzanne Dyne	111th	21st			43:03	1:42:23	2:43:43	2:44:06
374.	330	Kathryn Platt	112th	22nd		South Cheshire Harriers	43:07	1:42:47	2:43:42	2:44:06
375.	327	Vicky Monaghan	113th	26th			43:24	1:42:03	2:44:02	2:44:37
376.	421	Malcolm Rushton	262nd	3rd	G	Trentham RC	46:02	1:45:42	2:46:20	2:46:58
377.	500	Lesley Jane Hughes	114th	7th	Y	Blythe Bridge RC	50:29	1:50:28	2:47:45	2:48:20
378.	151	Isha Edwards-Joshi	115th	27th		Congleton Harriers	47:21	1:48:14	2:47:49	2:48:32

# 38th Congleton Half Marathon

## Overall Results



Pos	Bib	Name	M/F	AG	NSRRA	Club	CP1	CP2	Chip	Gun
379.	301	Tracey Hale	116th	8th		Sandbach Striders	48:24	1:48:01	2:48:38	2:49:05
380.	470	Megan Rathbone	117th	28th			46:56	1:50:00	2:52:02	2:52:42

Number of records: 380