

Age Group Results

Pos	Bib	Name	Time	Pos	Bib	Name	Time
F5en				F45			
1.	143	Nia Nokes	33:54	1.	12	Emma Bailey	38:29
2.	39	Kelly Butler	34:18	2.	99	Sarah Hetherington	38:58
3.	175	Rosie Silvester	38:20	3.	72	Ruth Gamwell	40:39
4.	113	Helen Jones	39:55	4.	183	Helen Somers	43:22
5.	181	Abbi Smith	42:35	5.	5	Jackie Allen	44:31
6.	119	Eve Lakin	43:37	6.	209	Amanda White	45:30
7.	79	Clorinda Graham	45:34	7.	94	Sally Haycock	45:58
8.	73	Gemma Garvin	46:17	8.	157	Kerry Podmore	49:14
9.	88	Chloe Hargrave	49:32	9.	208	Helen Wassall	51:06
10.	210	Lauren Whitehead	49:32	10.	259	Anne Molsom	54:55
11.	212	Bethany Wilding	49:47	11.	195	Andrea Thomson	55:37
12.	184	Rebecca Spencer	50:32	12.	78	Rachel Gould	58:14
13.	28	Lyndsey Bradbury	50:33	13.	108	Clare Irving	1:00:21
14.	8	Lucy Antcliffe	50:34	14.	63	Amy Doherty	1:01:33
15.	64	Katie Edwards	50:35	F50			
16.	90	Rachel Harper	50:36	1.	186	Joanne Stanfield	34:42
17.	149	Laura Pearson	52:41	2.	62	Jayne Dickens	36:43
18.	206	Leah Wakefield	54:21	3.	193	Sarah Taylor	38:14
19.	172	Beatrice Shepley	55:58	4.	153	Liz Phillips	44:28
20.	249	Aneta Jakubiec	59:22	5.	60	Melonie Deakin	46:12
F35				6.	37	Sara Buckley	49:46
1.	170	Faye Sharpley	33:47	7.	95	Tracy Haycock	49:52
2.	116	Amanda Kelly	35:56	8.	146	Joanne Oliver	49:56
3.	144	Emily Nott	37:44	9.	74	Louise Gibbs	50:39
4.	247	Isabelle De Vugt - Soljak	40:50	10.	239	Jo Darlington	54:16
5.	136	Charlotte Mitchell	43:20	11.	245	Helen Staniforth	56:06
6.	168	Rachael Shankland	48:14	12.	31	Diane Brassington	58:21
7.	179	Laura Slack	49:12	13.	82	Karen Griffiths	1:00:14
8.	223	Lyndsay Garland	52:43	14.	156	Wendy Plant	1:00:20
9.	173	Nikki Sherwin	55:58	15.	243	Dawn Watkins	1:00:24
10.	30	Sarah Brain	57:56	16.	21	Gina Benson	1:01:11
11.	128	Leanne Massey	1:05:30	F55			
F40				1.	100	Carol Higgs	37:28
1.	117	Claire Kivlin	39:24	2.	56	Micheala Cunningham	41:45
2.	59	Beth Dawid	40:23	3.	102	Jane Holt	43:03
3.	1	Emma Aberley-Barker	44:21	4.	226	Catriona Marshall	45:50
4.	112	Elin Jones	44:29	5.	169	Catherine Shanley	46:16
5.	219	Stacey Woodworth	46:15	6.	104	Maxine Hough	49:50
6.	105	Laura Hughes	46:35	7.	189	Nicola Stazaker	55:35
7.	190	Clare Steele	46:55	8.	248	Lorraine Lawrence	58:42
8.	92	Kim Harrison	52:29	9.	202	Micheline Tremblay	59:52
9.	148	Liz Pearce	53:58	10.	250	Dorothy Waddington	1:04:35
10.	187	Zoe Starke	54:20	11.	9	Carol Astbury	1:04:36
11.	198	Esther Toft	58:11	F60			
12.	240	Gemma Harris	59:22	1.	25	Carol Bird	38:09
13.	93	Vicki Hastilow	1:00:37	2.	134	Joanna Miles	41:38
14.	220	Karen Wright	1:01:47	3.	178	Chris Skellern	43:46
15.	163	Amy Roberts	1:05:32				

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Pos	Bib	Name	Time	Pos	Bib	Name	Time
4.	229	Debbie Hill	48:39	32.	171	Elwyn Sharps	55:24
5.	216	Rosemary Wilson	49:00	M40			
6.	122	Mandy Lewis	58:07	1.	65	Simon Fawcett	31:11
7.	241	Anne Griffiths	1:00:22	2.	24	Ben Bewley	32:49
8.	81	Sarah Gray	1:04:40	3.	57	Gary Dale	33:49
9.	16	Hazel Barlow	1:05:31	4.	196	Paul Thomson	34:02
10.	106	Lesley Hughes	1:06:46	5.	110	Steven Jennings	34:05
11.	151	Christine Pezzaioli	1:07:01	6.	135	David Millington	37:57
F65				7.	217	Dean Windsor	38:16
1.	185	Wendy Spreadbury	48:58	8.	231	David Nimmo	39:02
2.	47	Elizabeth Clutton	49:51	9.	132	Rob Metcalf	41:08
3.	167	Dawn Sedgwick	58:15	10.	137	Robert Mitchell	42:17
F70				11.	76	Mark Gibson	44:33
1.	22	Pat Bentley	55:48	12.	205	James Tutton	45:05
F75				13.	4	John Alcock	50:15
1.	15	Rita Banks	1:06:35	14.	42	David Carter	1:08:18
MSen				15.	221	Steve Wright	1:13:59
1.	182	Daniel Soltys	28:39	M45			
2.	162	Jonathan Read	29:59	1.	114	Steve Jones	33:33
3.	142	Peter Nimmo	30:40	2.	246	Gareth Jones	35:26
4.	160	Christian Prince	32:24	3.	19	Darren Beach	36:32
5.	34	Pat Buckingham	32:29	4.	141	Richard Nash	36:41
6.	174	Mark Silvester	33:16	5.	129	Steven Mccann	37:33
7.	46	Liam Clay	34:37	6.	188	Andrew Stazaker	38:04
8.	237	Ben Keen	34:42	7.	211	Gary Wilcox	39:13
9.	166	Christopher Seale	34:57	8.	27	Lee Bowers	40:36
10.	86	Paul Hall	35:36	9.	70	Christian Foulkes	41:50
11.	107	Marcus Hulme	36:33	10.	75	Peter Gibbs	42:52
12.	238	Lucas Darlington	36:37	11.	118	David Kivlin	42:56
13.	228	Rich Keen	36:41	12.	115	Mark Kay	44:57
14.	53	Matt Craig	36:48	13.	140	Andy Morris	46:50
15.	77	Martin Gibson	37:04	14.	10	Stephen Avann	48:21
16.	256	Tom Wise	37:19	15.	192	Darren Taylor	57:54
17.	6	Joseph Allen	38:34	M50			
18.	145	Jake Oliver	38:36	1.	124	Bryan Lomas	34:08
19.	213	Ash Wilks	39:04	2.	139	David Morrell	34:17
20.	33	Adam Brown	41:00	3.	123	Simon Lewis	34:52
21.	130	Rhys McDowell	41:32	4.	165	John Scott	35:18
22.	254	Philip Dawid	43:05	5.	91	Dave Harrison	38:46
23.	176	Andrew Simms	43:56	6.	44	Pete Chell	39:26
24.	150	Tim Perks	44:00	7.	218	Jason Wood	39:47
25.	58	Tom Davall	44:11	8.	49	Grahame Cope	40:27
26.	234	Robert Minton	44:42	9.	236	Ian Hodgkinson	41:33
27.	255	Neil Taylor	45:03	10.	230	Mark Stackhouse	41:56
28.	127	David Mason	47:19	11.	257	Delmont Betts	42:34
29.	14	Ellis Baker	50:18	12.	155	Steve Plant	42:38
30.	101	Jon Hillman	51:40	13.	45	Rob Clarke	43:22
31.	244	Charlie Capewell	51:51	14.	235	Jolian Morris	44:04
				15.	35	Andrew Buckley	45:09

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Pos	Bib	Name	Time	Pos	Bib	Name	Time
16.	98	David Hetherington	46:53	3.	11	Clive Baggaley	56:26
17.	227	Mark Oliver	47:01	4.	214	Graham Williams	57:00
18.	40	Alan Caldicott	47:52	5.	85	Les Hall	59:29
19.	242	David Brain	51:52	6.	180	Alfred Slater	1:01:34
20.	232	Daran Millward	52:41	M80+			
21.	258	Brian Wassall	53:27	1.	121	Alan Lewis	54:07
22.	55	Andrew Crosby	54:42	Number of records: 227			
23.	260	Jayson Burns	56:13				
24.	251	Mark Hastilow	1:00:40				

M55

1.	87	John Halliwell	36:29
2.	194	Andy Thomas	36:33
3.	68	Darren Fernyhough	38:32
4.	38	Paul Burslem	39:57
5.	111	Alan Jones	43:25
6.	125	Pab Maddox	43:34
7.	2	Dave Adams	43:42
8.	225	Ian Prime	45:55
9.	204	John Triner	49:35
10.	61	Chris Delves	50:35

M60

1.	83	Mick Haire	34:59
2.	224	Nitesh Thakrar	40:45
3.	215	Russell Williams	41:06
4.	71	Adrian Frost	41:43
5.	159	Francis Nigel Poole	43:40
6.	233	Graham Young	48:05
7.	23	M J Berry	51:44

M65

1.	32	Alan Brookes	40:35
2.	67	Roy Featherstone	41:57
3.	207	Peter Walters	42:56
4.	96	Clive Heathcock	45:27
5.	200	Brian Tonks	46:24
6.	161	Nigel Rawlings	46:59
7.	52	Philip Craddock	47:05
8.	120	Nigel Lee	48:16
9.	7	Gary Antcliffe	48:41
10.	89	Ken Harper	53:18
11.	13	David Baker	54:03
12.	152	Colin Pheasant	1:12:37

M70

1.	3	Doug Alcock	37:11
2.	222	Malcolm Rushton	1:01:20

M75

1.	109	Alan Jeavans	46:07
2.	69	John Finney	52:27