Jon Ward Hereford 5k

Age Group Results

FSen

Pos	Bib	Name	Wave	Time
1.	29	Darcy Clarke	2	20:52
2.	401	Jemma Radmore	2	22:51
3.	54	Milly Foster	2	23:20
4.	161	Shana Stewardson	2	23:23
5.	139	Bronwyn Preece	2	24:44
6.	57	Hollie Francis	2	25:25
7.	114	Pamela Moody	2	25:26
8.	141	Lauren Price	2	27:35
9.	78	Laura Jenkins	2	27:38
10.	182	Sophie Wilcocks	2	27:56
11.	105	Helene Loh	2	28:11
12.	142	Rachelle Prothero	2	28:24
13.	92	Dominika Kusmierz	2	29:16
14.	181	Tammy Whittle	2	32:48
15.	122	Joanne Neary	2	36:26
16.	86	Ellen Jones	2	36:54
17.	423	Jaime Everett	2	40:36

F35

Pos	Bib	Name	Wave	Time
1.	118	Donna Morris	1	17:50
2.	14	Kelly Bowen	2	20:23
3.	406	Faye Lewis	2	22:25
4.	120	Kelly Murray	2	23:19
5.	180	Laura Webb	2	27:16
6.	158	Samantha Stacey	2	31:27
7.	34	Kayleigh Cresswell	2	40:44

F40

Pos	Bib	Name	Wave	Time
1.	179	Victoria Watkins	2	21:22
2.	404	Jennifer Wright	2	24:32
3.	421	Emma Phillips	2	28:14
4.	123	Julie Neave	2	30:53

F45

Pos	Bib	Name	Wave	Time
1.	419	Clare Sims	2	22:25
2.	55	Jo Foster	2	22:57
3.	187	Victoria Woodhall	2	24:35
4.	145	Tamasin Reardon	2	24:51
5.	41	Bryony Dean	2	25:00
6.	50	Chelle Farmer	2	35:24

F50

Pos	Bib	Name	Wave	Time
1.	56	Cherry Fowler	1	18:53
2.	116	Niki Morgan	1	19:08
3.	146	Catherine Roberts	2	20:55
4.	49	Sheryl Evans	2	21:43
5.	75	Maria Hunter	2	22:47
6.	172	Nicola Tyler	2	23:26
7.	138	Clare Preece	2	30:55
8.	15	Sarah Bowring	2	31:34

F55

Pos	Bib	Name	Wave	Time
1.	25	Nikki Childs	2	25:16
2.	48	Anthea Elston	2	37:20

F60

Pos	Bib	Name	Wave	Time
1.	107	Iris Mayo	2	32:47

F65

Pos	Bib	Name	Wave	Time
1.	113	Kate Montgomery	2	26:01
2.	121	Annette Neary	2	56:32

MSen

Pos	Bib	Name	Wave	Time
1.	85	Charlie Jones	1	15:03
2.	131	Rhys Park	1	15:11
3.	19	Alastair CAMBELL	1	15:45
4.	91	Dan King	1	15:53
5.	164	Eliot Taylor	1	16:02
6.	76	Tim Iveson	1	16:06
7.	153	Cory Sherwin	1	16:29
8.	155	Alex Smith	1	16:49
9.	28	Malachy Clarke	1	17:15
10.	2	Brandon Adams	1	17:43
11.	405	Adam Jones	1	17:47
12.	188	Harry Woodhouse	1	18:19
13.	45	Henry Eastman	1	18:20
14.	154	Ben Skinner	2	18:48
15.	95	ryan lawrence	2	18:56
16.	157	Daniel Spear	2	19:11
17.	117	Christian Morgan	2	19:43
18.	402	Daniel Matthews	1	19:50
19.	30	Christopher Cleary	2	19:54
20.	63	Andrew Gooding	1	19:56
21.	109	Kieran Merrick	2	20:04
22.	32	Will Connell	2	20:11
23.	420	greg nicholls	2	21:34
24.	408	Steve Herrington	2	22:38
25.	135	Jacob Porter	2	22:59
26.	89	Matthew Kenward	2	23:05
27.	4	Richard Atkinson	2	23:05
28.	13	Richard Bloomer	2	24:28

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Age Group Results

Pos	Bib	Name	Wave	Time
29.	418	Nathan Prout	2	27:18
30.	36	Jake Cullum-Hollins	2	29:09
31.	35	Lee Cresswell	2	29:32
32.	415	Joshua Rimell	2	30:23
33.	411	Luke Lawrence	2	30:26
34.	58	Martin Francis	2	32:33
35.	84	Scott Jones	2	35:32
36.	422	Jay Foster	2	40:34
M40				
1.	168	William Trew	1	16:07
2.	412	Simon Hall	1	16:29
3.	77	Mark James	1	16:38
4.	119	Phil Morris	1	16:51
5.	413	Dan Phillips	1	18:19
6.	185	Martin Williams	1	19:06
7.	403	Alec Wright	1	19:14
8.	47	Jonathan Edwards	2	20:06
9.	100	Matthew Leyshon	2	22:05
10.	66	Gary Griffiths	2	22:16
11.	44	Kevin Duggan	2	23:12
12.	163	Stuart Taylor	2	27:32
13.	98	Ian Lewis	2	42:21
M45				
1.	94	Kevin Lane	1	16:59
2.	53	Martin Foster	1	17:38
3.	24	Damian Cartland	1	17:46
4.	10	Jason Barry	1	18:36
5.	160	Robert Stephens	2	19:54
6.	173	Andy Tyler	1	20:11
7.	67	Neil Grinnell	2	20:23
8.	159	Marek Stanovsky	2	27:13
M50				
1.	149	Steve Rooke	1	17:32
2.	156	Stephen Snead	1	18:16
3.	409	David Adam	1	19:34
4.	152	Lee Shackleton	1	20:11
5.	106	Paul Mammatt	2	21:13
6.	136	Michael Powell	2	21:19
7.	61	Jason Garrahan	2	21:58
8.	162	Lloyd Sussex	2	22:06
9.	9	David Barrett	2	22:11
10.	64	DAVID GREEN	2	22:37

Pos	Bib	Name	Wave	Time
M55				
1.	65	David Gresswell	1	18:12
2.	12	Clifford Berry	1	18:14
3.	74	Richard Hughes	1	18:43
4.	110	Andy Millard	2	20:22
5.	22	Martin Carter	2	20:39
6.	137	Roland Preece	2	21:45
7.	97	Mark Lawrence	2	21:50
8.	407	Jonathan Davey	2	22:10
9.	169	Jeremy Trumper	2	23:35
10.	127	Simon Oliver	2	25:24
11.	125	Steve Nicoll	2	27:11
12.	416	Dave Mayo	2	28:17
M60				
1.	414	Paul Dodd	1	18:32
2.	87	Andrew Kaye	2	20:03
3.	112	Eric Montgomery	2	21:32
4.	31	Robert Connell	2	23:25
5.	104	Bryan Lloyd	2	24:29
6.	17	Michael Bryant	2	24:43
7.	21	Chris Campbell	2	27:43
8.	126	John Noonan	2	31:18
9.	410	Martin Lawrence	2	32:36
10.	73	Simon Hickmott	2	34:53
11.	178	Chris Ward	2	38:53
M65				
1.	128	Stephen Owen	2	20:28
2.	82	Peter Johnson	2	21:56
3.	147	Alan Robertson	2	22:35
4.	62	Gerald Gobey	2	24:48
5.	424	John Young	2	30:26
6.	166	Ronald Temperley	2	34:39
M70				
1.	37	Arthur Daley	2	21:26
2.	26	Mike Chipping	2	21:45
3.	204	Gregory Leyshon	2	23:31
4.	417	Trevor Ward	2	38:55
M75				
1.	70	christopher harrison	2	29:24

Number of records: 148