Pos	Name	M/F	AG	AG Pos	NSRRA	Club	Time
5km							
1.	Powner, Simon	1st	M Sen	1st	А		17:41
2.	Morgan, Christopher	2nd	M Sen	2nd		City of Stoke AC	18:12
3.	Bewley, Ben	3rd	M Sen	3rd	А	Newcastle (Staffs) AC	18:20
4.	Wilson, Tom	4th	M Sen	4th		Stone MM	18:45
5.	Fawcett, Simon	5th	M40-44	1st	В		19:09
6.	Jennings, Steven	6th	M40-44	2nd	С	Stoke FIT	19:32
7.	Bedford, Kieran	7th	M Sen	5th		Gator AC	19:33
8.	McGuigan, Martin	8th	M45-49	1st		Trentham RC	19:39
9.	Williamson, Robin	9th	M50-54	1st	В	Stone MM	19:52
10.	Buckingham, Pat	10th	M Sen	6th			20:21
11.	Barron, Owen	11th	M55-59	1st		Uttoxeter RR	20:29
12.	Thomas, Andy	12th	M55-59	2nd	С	Sandbach Striders	20:32
13.	Churton, Mark	13th	M50-54	2nd		Stone MM	20:37
14.	Maydew, David	14th	M55-59	3rd	В	Trentham RC	20:41
15.	Nokes, Nia	1st	F Sen	1st	L	City of Stoke AC	20:44
16.	Kelly, Amanda	2nd	F35-39	1st	L		21:18
17.	Keen, Rich	15th	M Sen	7th	D	Gator AC	21:32
18.	McDonald, Alex	16th	M Sen	8th	D	Gator AC	21:33
19.	Vickerman, Andrew	17th	M40-44	3rd	С	Newcastle (Staffs) AC	21:33
20.	Marshall, Paul	18th	M Sen	9th		Trentham RC	21:48
21.	Blake, Sammy	19th	M Sen	10th			22:19
22.	Barnett, Daniel	20th	M Sen	11th			22:23
24.	Keen, Benjamin	22nd	M Sen	13th	F	Gator AC	22:32
25.	Thorley, Chris	23rd	M60-64	1st		Staffs Moorlands AC	22:35
26.	Flavell, Neil	24th	M55-59	4th	E		22:53
27.	Julian, Harry	25th	M Sen	14th		Trentham RC	22:57
28.	Cope, Grahame	26th	M50-54	3rd	D	Stone MM	22:58
29.	Fearn, Robin	27th	M45-49	2nd		Kidderminster & Stourpourt AC	23:08
30.	Procter, Ryan	28th	M45-49	3rd		Trentham RC	23:15
31.	Ratic, Fiona	3rd	F40-44	1st	М	Trentham RC	23:17
32.	Brain, David	29th	M50-54	4th		Stone MM	23:21
33.	Higgs, Carol	4th	F55-59	1st	L	Trentham RC	23:24
34.	Perry, Thomas	30th	M Sen	15th		Trentham RC	23:28
35.	Coombs, Peter	31st	M50-54	5th			23:28
36.	Richardson, Peter	32nd	M40-44	4th	E	Cheadle RC	23:30
37.	Steele, Thomas	33rd	M Sen	16th	F	Gator AC	23:31
38.	Dundas, Clare	5th	F45-49	1st	М	Gator AC	23:35
39.	Walton, Nathan	34th	M50-54	6th	D	Newcastle (Staffs) AC	23:51
40.	Alcock, Doug	35th	M70-74	1st	С	Trentham RC	23:54
41.	Gamwell, Ruth	6th	F45-49	2nd	Х	Macclesfield Harriers	23:54
42.	Lakin, Eve	7th	F Sen	2nd		Trentham RC	23:57
43.	Hall, Chris	36th	M Sen	17th		Audley Striders	23:59
45.	Adams, Dave	37th	M50-54	7th			24:12

TÌMING



Pos	Name	M/F	AG	AG Pos	NSRRA	Club	Time
46.	Somers, Helen	9th	F45-49	3rd	М		24:12
47.	Boswell, Natalie	10th	F35-39	2nd	М	Cannock & Stafford AC	24:21
48.	Beech, Mark	38th	M Sen	18th	F	Fetch Everyone	24:41
49.	Piontas, Katarzyna	11th	F Sen	3rd	М		24:48
50.	Gibson, Mark	39th	M40-44	5th	Е	Trentham RC	25:06
51.	Morris, Jolian	40th	M50-54	8th	G		25:19
52.	Marsden, Dave	41st	M65-69	1st		Stafford Harriers	25:19
53.	Tutton, James	42nd	M40-44	6th	F	Stoke FIT	25:29
54.	Wheeler, Matthew	43rd	M Sen	19th			25:31
55.	Skellern, Chris	12th	F55-59	2nd	L	Stafford Harriers	25:34
56.	Brayford, Matthew	44th	M40-44	7th		Stoke FIT	25:37
57.	Chappell, Sam	45th	M40-44	8th	G	Trentham RC	25:37
58.	Howell, Jonathan	46th	M65-69	2nd		Stone MM	25:41
59.	Uzzell, Kevin	47th	M70-74	2nd	Е	Stone MM	25:45
60.	Hillman, Jon	48th	M Sen	20th	F	NSRRA	25:56
<b>62</b> .	Astbury, Carol	13th	F55-59	3rd	W	Uttoxeter RR	26:05
63.	Windsor, Dean	50th	M40-44	10th			26:06
64.	Divall, Peter	51st	M70-74	3rd	F		26:08
65.	Griffiths, David	52nd	M60-64	2nd		Stone MM	26:28
66.	Ellis, Stuart	53rd	M45-49	4th			26:30
67.	Lonczyk, Emma	14th	F40-44	2nd	W	Blythe Bridge RC	26:31
<b>68.</b>	Butters, Amy	15th	F Sen	4th	В	Stone MM	26:33
69.	Slater, Tim	54th	M45-49	5th	G	NSRRA	26:40
70.	Shenton, Ken	55th	M60-64	3rd	E	Trentham RC	26:41
71.	Lack, Benjamin	56th	M Sen	21st		Trentham RC	26:44
72.	Dudley, Julie	16th	F60-64	1st	Х	Cheadle RC	26:56
73.	Riley, Jen	17th	F35-39	3rd		Trentham RC	27:02
75.	Bowman, Jon	57th	M Sen	22nd			27:07
76.	Lee, Nigel	58th	M65-69	3rd	F	Newcastle (Staffs) AC	27:08
77.	Julian, Greg	59th	M55-59	5th		Trentham RC	27:21
<b>78</b> .	Knall, Julie	19th	F55-59	4th	Х	Silverdale RC	27:34
<b>79</b> .	Milward, Vanessa	20th	F45-49	4th		Go! Team	27:36
80.	Morton, Angela	21st	F55-59	5th	W	Stoke FIT	27:47
81.	Guest, Rob	60th	M45-49	6th			28:00
82.	Delves, Chris	61st	M50-54	9th		Stoke FIT	28:00
83.	Pickston, Cheryl	22nd	F45-49	5th	Y	South Cheshire Harriers	28:06
84.	Ho, Judith	23rd	F65-69	1st	W		28:06
85.	Fearn, Kay	24th	F45-49	6th		Kidderminster & Stourpourt AC	28:10
86.	Holland, Simon	62nd	M55-59	6th	G	Blythe Bridge RC	28:32
87.	Bloor, Ken	63rd	M60-64	4th		Trentham RC	28:47
88.	Jackson-Hedges, Alison	25th	F40-44	3rd	М	Trentham RC	29:02
89.	Thomas, James	64th	M Sen	23rd			29:03
90.	Shakespeare, Matthew	65th	M Sen	24th			29:09
91.	Rajhan, Ashwin	66th	M40-44	11th		Trentham RC	29:16
92.	Tams, Les	67th	M60-64	5th	E	NSRRA	29:19



		M/F	AG	AG Pos	NSRRA	Club	Time
93.	Bull, Katy	26th	F35-39	4th			29:21
95.	Alcock, Jenni	28th	F35-39	5th	М	Silverdale RC	29:34
96.	Hebb, David	68th	M60-64	6th	G	NSRRA	29:38
97.	Clarke, Simon	69th	M50-54	10th	F	Fetch Everyone	29:49
<b>98</b> .	Cann, Helen	29th	F50-54	3rd		Stone MM	29:56
99.	Slater, Alfred	70th	M75-79	1st	G	NSRRA	30:01
100.	Horton, Michael	71st	M70-74	4th	F	NSRRA	30:03
101.	Tremblay, Micheline	30th	F55-59	6th	Y	South Cheshire Harriers	30:21
102.	Goodwin, Victoria	31st	F50-54	4th	X		31:13
103.	Sobczak, Kate	32nd	F40-44	4th		Trentham RC	31:14
104.	Mclachlan, Graham	72nd	M45-49	7th		Gator AC	31:21
105.	Morris, Joanne	33rd	F40-44	5th			31:30
106.	Williams, Graham	73rd	M75-79	2nd	F	Stafford Harriers	31:31
107.	Lewis, Alan	74th	M80+	1st	G	Trentham RC	31:32
108.	Morris, Sara	34th	F45-49	8th	W	Stone MM	31:37
109.	Morris, Laura	35th	F Sen	5th		Trentham RC	31:53
111.	Gaye, Maria	36th	F50-54	5th	X	Blythe Bridge RC	32:05
112.	Acraman, Cleo	37th	F40-44	6th		Stone MM	32:08
113.	Nokes, Julie	38th	F60-64	2nd	W	Stafford Harriers	32:31
114.	Kilgariff, Natalie	39th	F50-54	6th	Y	Blythe Bridge RC	32:45
115.	Jackson-Hedges, Sarah	40th	F45-49	9th		Trentham RC	33:01
116.	Griffiths, Anne	41st	F60-64	3rd		Stone MM	33:13
117.	Watkins, Dawn	42nd	F50-54	7th		Stone MM	33:13
118.	McDonald, Lindsay	43rd	F Sen	6th		Gator AC	33:37
119.	Brannan, Ffion	44th	F Sen	7th			33:37
120.	Cornes, Susan	45th	F60-64	4th		Stoke FIT	34:10
122.	Barlow, Hazel	47th	F60-64	5th	Y	Michelin AC	34:57
123.	Parry, Beverley	48th	F45-49	10th		Trentham RC	34:59
126.	Lymer, Lee	51st	F60-64	7th	Y	Silverdale RC	36:45
127.	Gilbert, Lynne	52nd	F60-64	8th		Silverdale RC	37:45
128.	Pheasant, Colin	76th	M65-69	4th	G	Chase Harriers	37:59
129.	Mackie, Ryan	77th	M40-44	12th		Trentham RC	39:13
130.	Mackie, Jo	53rd	F40-44	7th		Trentham RC	39:14
131.	Lymer, Alli	54th	F55-59	8th		Silverdale RC	40:32
132.	Mothershaw, Anne-Marie	55th	F35-39	6th		Trentham RC	48:31
Virtu	ial 5km						
23.	Davies, Lee	21st	M Sen	12th	D	NSRRA	22:30
44.	Towle, Nikki	8th	F50-54	1st		Stone MM	24:03
61.	Jones, Gareth	49th	M40-44	9th		Stone MM	26:03
74.	Root, Siobhan	18th	F50-54	2nd		Michelin AC	27:05
94.	Dyer, Carey	27th	F45-49	7th		Silverdale RC	29:26
110.	Shakespeare, Matthew	75th	M Sen	25th			32:00
121.	Earp, Gael	46th	F55-59	7th		NSRRA	34:16
124.	Hughes, Lesley	49th	F60-64	6th		Blythe Bridge RC	35:22



Pos	Name	M/F	AG	AG Pos	NSRRA	Club	Time
125.	Plant, Wendy	50th	F50-54	8th		Mow Cop RR	35:54
133.	Spanswick, Elizabeth	56th	F50-54	9th		Blythe Bridge RC	51:00
134.	Sproston, Anita	57th	F55-59	9th		Blythe Bridge RC	54:10

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