

Age Group Results

Pos	Bib	Name	Time	Pos	Bib	Name	Time
Female Senior				Female 60-64			
1.	140	Nia Nokes	20:44	1.	68	Julie Dudley	26:56
2.	87	Eve Lakin	23:57	2.	135	Julie Nokes	32:31
3.	35	Katarzyna Piontas	24:48	3.	112	Anne Griffiths	33:13
4.	96	Amy Butters	26:33	4.	61	Susan Cornes	34:10
5.	141	Laura Morris	31:53	5.	33	Hazel Barlow	34:57
6.	81	Lindsay McDonald	33:37	7.	12	Lee Lymer	36:45
7.	115	Ffion Brannan	33:37	8.	53	Lynne Gilbert	37:45
Female 35-39				Female 65-69			
1.	15	Amanda Kelly	21:18	1.	57	Judith Ho	28:06
2.	122	Natalie Boswell	24:21	Male Senior			
3.	88	Jen Riley	27:02	1.	138	Simon Powner	17:41
4.	66	Katy Bull	29:21	2.	97	Christopher Morgan	18:12
5.	137	Jenni Alcock	29:34	3.	59	Ben Bewley	18:20
6.	4	Anne-Marie Mothershaw	48:31	4.	127	Tom Wilson	18:45
Female 40-44				5.	133	Kieran Bedford	19:33
1.	101	Fiona Ratic	23:17	6.	95	Pat Buckingham	20:21
2.	50	Emma Lonczyk	26:31	7.	84	Rich Keen	21:32
3.	86	Alison Jackson-Hedges	29:02	8.	114	Alex McDonald	21:33
4.	17	Kate Sobczak	31:14	9.	77	Paul Marshall	21:48
5.	69	Joanne Morris	31:30	10.	49	Sammy Blake	22:19
6.	108	Cleo Acraman	32:08	11.	104	Daniel Barnett	22:23
7.	21	Jo Mackie	39:14	13.	83	Benjamin Keen	22:32
Female 45-49				14.	42	Harry Julian	22:57
1.	136	Clare Dundas	23:35	15.	134	Thomas Perry	23:28
2.	40	Ruth Gamwell	23:54	16.	78	Thomas Steele	23:31
3.	63	Helen Somers	24:12	17.	131	Chris Hall	23:59
4.	74	Vanessa Milward	27:36	18.	56	Mark Beech	24:41
5.	36	Cheryl Pickston	28:06	19.	11	Matthew Wheeler	25:31
6.	27	Kay Fearn	28:10	20.	3	Jon Hillman	25:56
8.	52	Sara Morris	31:37	21.	130	Benjamin Lack	26:44
9.	125	Sarah Jackson-Hedges	33:01	22.	123	Jon Bowman	27:07
10.	22	Beverley Parry	34:59	23.	142	James Thomas	29:03
Female 50-54				24.	47	Matthew Shakespeare	29:09
3.	105	Helen Cann	29:56	Male 40-44			
4.	14	Victoria Goodwin	31:13	1.	82	Simon Fawcett	19:09
5.	54	Maria Gaye	32:05	2.	58	Steven Jennings	19:32
6.	103	Natalie Kilgariff	32:45	3.	150	Andrew Vickerman	21:33
7.	110	Dawn Watkins	33:13	4.	51	Peter Richardson	23:30
Female 55-59				5.	5	Mark Gibson	25:06
1.	45	Carol Higgs	23:24	6.	73	James Tutton	25:29
2.	65	Chris Skellern	25:34	7.	62	Matthew Brayford	25:37
3.	70	Carol Astbury	26:05	8.	18	Sam Chappell	25:37
4.	102	Julie Knall	27:34	10.	92	Dean Windsor	26:06
5.	75	Angela Morton	27:47	11.	121	Ashwin Rajhan	29:16
6.	6	Micheline Tremblay	30:21	12.	20	Ryan Mackie	39:13
8.	13	Alli Lymer	40:32	Male 45-49			

Age Group Results

Pos	Bib	Name	Time	Pos	Bib	Name	Time
1.	91	Martin McGuigan	19:39	Male 80+			
2.	26	Robin Fearn	23:08	1.	120	Alan Lewis	31:32
3.	139	Ryan Procter	23:15	Female 45-49			
4.	129	Stuart Ellis	26:30	7.	124	Carey Dyer	29:26
5.	118	Tim Slater	26:40	Female 50-54			
6.	80	Rob Guest	28:00	1.	60	Nikki Towle	24:03
7.	23	Graham Mclachlan	31:21	2.	39	Siobhan Root	27:05
Male 50-54				8.	16	Wendy Plant	35:54
1.	76	Robin Williamson	19:52	9.	71	Elizabeth Spanswick	51:00
2.	107	Mark Churton	20:37	Female 55-59			
3.	94	Grahame Cope	22:58	7.	28	Gael Earp	34:16
4.	111	David Brain	23:21	9.	67	Anita Sproston	54:10
5.	85	Peter Coombs	23:28	Female 60-64			
6.	99	Nathan Walton	23:51	6.	25	Lesley Hughes	35:22
7.	30	Dave Adams	24:12	Male Senior			
8.	100	Jolian Morris	25:19	12.	72	Lee Davies	22:30
9.	79	Chris Delves	28:00	25.	46	Matthew Shakespeare	32:00
10.	1	Simon Clarke	29:49	Male 40-44			
Male 55-59				9.	128	Gareth Jones	26:03
1.	109	Owen Barron	20:29	Number of records: 134			
2.	132	Andy Thomas	20:32				
3.	93	David Maydew	20:41				
4.	126	Neil Flavell	22:53				
5.	43	Greg Julian	27:21				
6.	116	Simon Holland	28:32				
Male 60-64							
1.	7	Chris Thorley	22:35				
2.	113	David Griffiths	26:28				
3.	19	Ken Shenton	26:41				
4.	89	Ken Bloor	28:47				
5.	41	Les Tams	29:19				
6.	9	David Hebb	29:38				
Male 65-69							
1.	106	Dave Marsden	25:19				
2.	24	Jonathan Howell	25:41				
3.	98	Nigel Lee	27:08				
4.	64	Colin Pheasant	37:59				
Male 70-74							
1.	117	Doug Alcock	23:54				
2.	31	Kevin Uzzell	25:45				
3.	8	Peter Divall	26:08				
4.	2	Michael Horton	30:03				
Male 75-79							
1.	119	Alfred Slater	30:01				
2.	32	Graham Williams	31:31				