Age Group Results

Female Senior

Pos	Bib	Name	Time
1.	140	Nia Nokes	20:44
2.	87	Eve Lakin	23:57
3.	35	Katarzyna Piontas	24:48
4.	96	Amy Butters	26:33
5.	141	Laura Morris	31:53
6.	81	Lindsay McDonald	33:37
7.	115	Ffion Brannan	33:37

Female 35-39

Pos	Bib	Name	Time
1.	15	Amanda Kelly	21:18
2.	122	Natalie Boswell	24:21
3.	88	Jen Riley	27:02
4.	66	Katy Bull	29:21
5.	137	Jenni Alcock	29:34
6.	4	Anne-Marie Mothershaw	48:31

Female 40-44

Pos	Bib	Name	Time
1.	101	Fiona Ratic	23:17
2.	50	Emma Lonczyk	26:31
3.	86	Alison Jackson-Hedges	29:02
4.	17	Kate Sobczak	31:14
5.	69	Joanne Morris	31:30
6.	108	Cleo Acraman	32:08
7.	21	Jo Mackie	39:14

Female 45-49

Pos	Bib	Name	Time
1.	136	Clare Dundas	23:35
2.	40	Ruth Gamwell	23:54
3.	63	Helen Somers	24:12
4.	74	Vanessa Milward	27:36
5.	36	Cheryl Pickston	28:06
6.	27	Kay Fearn	28:10
8.	52	Sara Morris	31:37
9.	125	Sarah Jackson-Hedges	33:01
10.	22	Beverley Parry	34:59

Female 50-54

Pos	Bib	Name	Time
3.	105	Helen Cann	29:56
4.	14	Victoria Goodwin	31:13
5.	54	Maria Gaye	32:05
6.	103	Natalie Kilgariff	32:45
7.	110	Dawn Watkins	33:13

Female 55-59

Pos	Bib	Name	Time
1.	45	Carol Higgs	23:24
2.	65	Chris Skellern	25:34
3.	70	Carol Astbury	26:05
4.	102	Julie Knall	27:34
5.	75	Angela Morton	27:47
6.	6	Micheline Tremblay	30:21
8.	13	Alli Lymer	40:32

Female 60-64

Pos	Bib	Name	Time
1.	68	Julie Dudley	26:56
2.	135	Julie Nokes	32:31
3.	112	Anne Griffiths	33:13
4.	61	Susan Cornes	34:10
5.	33	Hazel Barlow	34:57
7.	12	Lee Lymer	36:45
8.	53	Lynne Gilbert	37:45

Female 65-69

Pos	Bib	Name	Time
1.	57	Judith Ho	28:06

Male Senior

Pos	Bib	Name	Time
1.	138	Simon Powner	17:41
2.	97	Christopher Morgan	18:12
3.	59	Ben Bewley	18:20
4.	127	Tom Wilson	18:45
5.	133	Kieran Bedford	19:33
6.	95	Pat Buckingham	20:21
7.	84	Rich Keen	21:32
8.	114	Alex McDonald	21:33
9.	77	Paul Marshall	21:48
10.	49	Sammy Blake	22:19
11.	104	Daniel Barnett	22:23
13.	83	Benjamin Keen	22:32
14.	42	Harry Julian	22:57
15.	134	Thomas Perry	23:28
16.	78	Thomas Steele	23:31
17.	131	Chris Hall	23:59
18.	56	Mark Beech	24:41
19.	11	Matthew Wheeler	25:31
20.	3	Jon Hillman	25:56
21.	130	Benjamin Lack	26:44
22.	123	Jon Bowman	27:07
23.	142	James Thomas	29:03
24.	47	Matthew Shakespeare	29:09

Male 40-44

Pos	Bib	Name	Time
1.	82	Simon Fawcett	19:09

Age Group Results

Pos	Bib	Name	Time
2.	58	Steven Jennings	19:32
3.	150	Andrew Vickerman	21:33
4.	51	Peter Richardson	23:30
5.	5	Mark Gibson	25:06
6.	73	James Tutton	25:29
7.	62	Matthew Brayford	25:37
8.	18	Sam Chappell	25:37
10.	92	Dean Windsor	26:06
11.	121	Ashwin Rajhan	29:16
12.	20	Ryan Mackie	39:13
Male 45-49			
1.	91	Martin McGuigan	19:39
2.	26	Robin Fearn	23:08
3.	139	Ryan Procter	23:15
4.	129	Stuart Ellis	26:30
5.	118	Tim Slater	26:40
6.	80	Rob Guest	28:00
7.	23	Graham Mclachlan	31:21
Male 50-54			
1.	76	Robin Williamson	19:52
2.	107	Mark Churton	20:37
3.	94	Grahame Cope	22:58
4.	111	David Brain	23:21
5.	85	Peter Coombs	23:28
6.	99	Nathan Walton	23:51
7.	30	Dave Adams	24:12
8.	100	Jolian Morris	25:19
9.	79	Chris Delves	28:00
10.	1	Simon Clarke	29:49
Male 55-59			
1.	109	Owen Barron	20:29
2.	132	Andy Thomas	20:32
3.	93	David Maydew	20:41
4.	126	Neil Flavell	22:53
5.	43	Greg Julian	27:21
6.	116	Simon Holland	28:32
Male 60-64			
1.	7	Chris Thorley	22:35
2.	113	David Griffiths	26:28
3.	19	Ken Shenton	26:41
4.	89	Ken Bloor	28:47
5.	41	Les Tams	29:19
6.	9	David Hebb	29:38
Male 65-69			
1.	106	Dave Marsden	25:19
2.	24	Jonathan Howell	25:41
3.	98	Nigel Lee	27:08
4.	64	Colin Pheasant	37:59
Male 70-74			
1.	117	Doug Alcock	23:54
2.	31	Kevin Uzzell	25:45
3.	8	Peter Divall	26:08
4.	2	Michael Horton	30:03
Male 75-79			
1.	119	Alfred Slater	30:01
2.	32	Graham Williams	31:31
Male 80+			
1.	120	Alan Lewis	31:32
Female 45-49			
7.	124	Carey Dyer	29:26
Female 50-54			
1.	60	Nikki Towle	24:03
2.	39	Siobhan Root	27:05
8.	16	Wendy Plant	35:54
9.	71	Elizabeth Spanswick	51:00
Female 55-59			
7.	28	Gael Earp	34:16
9.	67	Anita Sproston	54:10
Female 60-64			
6.	25	Lesley Hughes	35:22
Male Senior			
12.	72	Lee Davies	22:30
25.	46	Matthew Shakespeare	32:00
Male 40-44			
9.	128	Gareth Jones	26:03

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