Cheadle 4

Overall Results

Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	1/2	Time
Cheadle 4									
1.	41	Matthew Costello	*1st*	M Sen	*1st*		Shrewsbury AC	11:24	**21:19**
2.	140	Carl Moulton	*2nd*	M40-44	*1st*	A	Boalloy RC	11:32	**22:01**
3.	128	Ashley Maughan	*3rd*	M Sen	*2nd*	A	Boalloy RC	11:32	**22:16**
4.	172	Jack Tetley	*4th*	M Sen	*3rd*		City of Stoke AC	11:47	**22:38**
5.	228	Simon Powner	*5th*	M Sen	*4th*	A		11:39	**22:41**
6.	109	Andrew Lamont	*6th*	M45-49	*1st*	A		11:54	**23:12**
7.	74	Louise Hackett	*1st*	F Sen	*1st*		Wolves & Bilston	12:04	**23:18**
8.	146	Craig Pearson	*7th*	M40-44	*2nd*	A	Cannock & Stafford AC	12:14	**23:55**
9.	110	Joe Langham	*8th*	M Sen	*5th*			12:15	**24:17**
10.	36	Eammon Clowes	*9th*	M Sen	*6th*		Newcastle Tri Club	12:14	**24:27**
11.	26	Gareth Briggs	*10th*	M45-49	*2nd*		Wolves & Bilston	12:51	**24:28**
12.	59	Simon Fawcett	*11th*	M40-44	*3rd*	B		12:53	**24:30**
13.	101	Gareth Jones	*12th*	M40-44	*4th*	B	Stone MM	12:51	**24:35**
14.	103	Daniel Jordan	*13th*	M50-54	*1st*	A	Trentham RC	13:09	**24:58**
15.	98	Steven Jennings	*14th*	M40-44	*5th*	C	Stoke FIT	13:07	**25:06**
16.	207	Joe Berrisford	*15th*	M Sen	*7th*			12:52	**25:15**
17.	83	Ian Heath	*16th*	M55-59	*1st*	C	Trentham RC	13:06	**25:21**
18.	93	Bryn Holmes	*17th*	M50-54	*2nd*	A	Stone MM	12:57	**25:29**
19.	131	Martin McGuigan	*18th*	M45-49	*3rd*	C	Trentham RC	13:16	**25:31**
20.	222	Marc Webster	*19th*	M Sen	*8th*			13:13	**25:34**
21.	116	Jack Lomas	*20th*	M Sen	*9th*			13:11	**25:42**
22.	161	James Simpson	*21st*	M45-49	*4th*	B	South Cheshire Harriers	13:31	**25:52**
23.	134	Paul Millward	*22nd*	M55-59	*2nd*	C	Trentham RC	13:21	**25:53**
24.	9	Dave Allen	*23rd*	M55-59	*3rd*		Cheadle RC	13:23	**25:59**
25.	64	Kevin Francis	*24th*	M55-59	*4th*	B	Shrewsbury AC	13:57	**26:17**
26.	139	Chris Mosiuk	*25th*	M Sen	*10th*	C	Trentham RC	13:57	**26:18**
27.	38	Gareth Copley-Jones	*26th*	M40-44	*6th*	B	Silverdale RC	13:35	**26:27**
28.	217	Nasar Rafiq	*27th*	M Sen	*11th*		Trentham RC	13:41	**26:28**
29.	127	Adam Marsland	*28th*	M Sen	*12th*	D	Welland Valley Tri Club	13:50	**26:30**
30.	105	Amanda Kelly	*2nd*	F35-39	*1st*	L	Stoke FIT	13:58	**26:32**
31.	29	Michelle Buckle	*3rd*	F45-49	*1st*	L	Silverdale RC	14:02	**26:33**
32.	132	Mick Haire	*29th*	M55-59	*5th*	C	Boalloy RC	14:09	**26:33**
33.	173	Deborah Thomas	*4th*	F40-44	*1st*	L	Trentham RC	13:58	**26:45**
34.	104	Rich Keen	*30th*	M Sen	*13th*	D	Gator AC	13:50	**26:48**
35.	198	Mark Jones	*31st*	M50-54	*3rd*		Chase Harriers	13:59	**26:57**
36.	3	Gary Aberley - Barker	*32nd*	M40-44	*7th*			13:46	**27:23**
37.	1	Aria Aberley - Barker	*5th*	F Sen	*2nd*			13:42	**27:23**
38.	152	Harry Porter	*33rd*	M45-49	*5th*		Boalloy RC	14:05	**27:30**
39.	72	Kieran Gilbert	*34th*	M Sen	*14th*	F		14:33	**27:35**
40.	204	Annabel Bradshaw	*6th*	F Sen	*3rd*		Stone MM	14:45	**28:01**
41.	4	Doug Alcock	*35th*	M65-69	*1st*	C	Trentham RC	14:34	**28:08**
42.	194	Colin Mee	*36th*	M60-64	*1st*		South Derbyshire RR	14:48	**28:10**
43.	141	Simon Nevitt	*37th*	M45-49	*6th*	C	Stone MM	14:50	**28:13**

Cheadle 4

Overall Results

Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	1/2	Time
44.	92	Lisa Ho	*7th*	F35-39	*2nd*		Newcastle Tri Club	14:40	**28:13**
45.	197	Ruth Watchorn-Rice	*8th*	F50-54	*1st*	L	Cheadle RC	14:42	**28:17**
46.	24	Darren Bloor	*38th*	M40-44	*8th*	D	Blythe Bridge RC	14:11	**28:20**
47.	129	Michael Maughan	*39th*	M50-54	*4th*	D	Boalloy RC	14:49	**28:22**
48.	142	David Nimmo	*40th*	M40-44	*9th*	C	South Cheshire Harriers	15:05	**28:28**
49.	144	Maurice Oldham	*41st*	M65-69	*2nd*			15:02	**28:31**
50.	196	Paul Marshall	*42nd*	M Sen	*15th*		Trentham RC	15:17	**28:33**
51.	48	Martyn Davies	*43rd*	M40-44	*10th*		Silverdale RC	15:19	**28:37**
52.	211	Ben Mills	*44th*	M Sen	*16th*			14:54	**28:37**
53.	65	Daniel Frewer	*45th*	M Sen	*17th*		Buxton AC	15:22	**28:38**
54.	155	Timothy Rees	*46th*	M45-49	*7th*	E	Chase Harriers	15:07	**28:49**
55.	118	Annie Lowe	*9th*	F Sen	*4th*		South Cheshire Harriers	15:30	**28:52**
56.	229	Tim West	*47th*	M50-54	*5th*	E	Stoke FIT	15:16	**29:07**
57.	216	Jason Riley	*48th*	M45-49	*8th*		Newcastle Tri Club	15:13	**29:23**
58.	71	Alicia Gilbert	*10th*	F35-39	*3rd*	M		15:20	**29:24**
59.	27	Alan Brookes	*49th*	M60-64	*2nd*	B	Trentham RC	15:09	**29:25**
60.	133	Robert Mills	*50th*	M40-44	*11th*	E	Stoke FIT	15:16	**29:25**
61.	102	Nicholas Jones	*51st*	M Sen	*18th*		Silverdale RC	15:20	**29:28**
62.	225	Fiona Ratic	*11th*	F40-44	*2nd*	M	Trentham RC	15:27	**29:29**
63.	184	Kerry Widdowson	*12th*	F45-49	*2nd*	L	Trentham RC	15:37	**29:31**
64.	63	Neil Flavell	*52nd*	M55-59	*6th*	E		15:16	**29:32**
65.	156	Mark Roberts	*53rd*	M Sen	*19th*			15:49	**29:33**
66.	15	Rosamund Barker	*13th*	F55-59	*1st*	L	Stone MM	15:39	**29:38**
67.	35	Andrew Clinton	*54th*	M50-54	*6th*	D	NSRRA	15:26	**29:39**
68.	181	Chris Wakeman	*55th*	M60-64	*3rd*	D	Shrewsbury AC	15:23	**29:42**
69.	81	Peter Harris	*56th*	M Sen	*20th*	F	South Cheshire Harriers	15:49	**29:55**
70.	86	Carol Higgs	*14th*	F55-59	*2nd*	L	Trentham RC	15:28	**30:14**
71.	45	Lana Davidson	*15th*	F35-39	*4th*		South Cheshire Harriers	16:16	**30:19**
72.	79	Christopher Halliday	*57th*	M45-49	*9th*		Derwent Runners	14:56	**30:29**
73.	165	Helen Somers	*16th*	F45-49	*3rd*	M		15:40	**30:33**
74.	82	Claire Harrison	*17th*	F45-49	*4th*	M	South Cheshire Harriers	16:16	**30:37**
75.	108	Chris Lake	*58th*	M45-49	*10th*	E	Chase Harriers	15:51	**30:53**
76.	112	Rebecca Lawrence	*18th*	F Sen	*5th*		Boalloy RC	15:47	**30:55**
77.	221	Darcey Paskin	*19th*	F Sen	*6th*	M	Trentham RC	15:59	**31:00**
78.	201	Amanda Millward	*20th*	F35-39	*5th*	M	Newcastle (Staffs) AC	16:12	**31:01**
79.	186	Russell Williams	*59th*	M60-64	*4th*	D	Cheadle RC	16:31	**31:01**
80.	23	Mick Birtles	*60th*	M55-59	*7th*	E	Stoke FIT	16:22	**31:16**
81.	25	Natalie Boswell	*21st*	F35-39	*6th*	M	Cannock & Stafford AC	16:05	**31:16**
82.	135	Peter Morgan	*61st*	M Sen	*21st*	E	Silverdale RC	16:47	**31:21**
83.	227	Kasia Piontas	*22nd*	F Sen	*7th*	M		16:15	**31:26**
84.	20	Kate Beard	*23rd*	F35-39	*7th*		Boalloy RC	16:23	**31:27**
85.	176	Nikki Towle	*24th*	F50-54	*2nd*	L	Stone MM	16:28	**31:30**
86.	188	Mark Wood	*62nd*	M55-59	*8th*	E		16:25	**31:33**
87.	31	Dominic Butt	*63rd*	M Sen	*22nd*			16:18	**31:33**
88.	21	Mark Beech	*64th*	M Sen	*23rd*	F	Fetch Everyone	16:26	**31:42**

Cheadle 4

Overall Results

Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	1/2	Time
89.	80	Donna Harris	*25th*	F55-59	*3rd*	M	Chase Harriers	16:19	**31:56**
90.	183	Emma Walters	*26th*	F40-44	*3rd*	X	Blythe Bridge RC	16:56	**32:01**
91.	90	Norman Hindle	*65th*	M70-74	*1st*	F	South Cheshire Harriers	16:39	**32:05**
92.	55	Anthony Dunn	*66th*	M50-54	*7th*			16:56	**32:16**
93.	51	Christopher Degg	*67th*	M45-49	*11th*			16:43	**32:21**
94.	11	Carol Astbury	*27th*	F55-59	*4th*	W	Uttoxeter RR	17:06	**32:33**
95.	180	Kevin Uzzell	*68th*	M70-74	*2nd*	E	Stone MM	17:04	**32:37**
96.	151	Andrew Podmore	*69th*	M Sen	*24th*	D	NSRRA	17:01	**32:37**
97.	78	Martin Haines	*70th*	M50-54	*8th*			17:05	**32:37**
98.	163	Chris Skellern	*28th*	F55-59	*5th*	L	Stafford Harriers	17:03	**32:39**
99.	213	Gillian Tinsley	*29th*	F50-54	*3rd*	M	Trentham RC	17:12	**32:41**
100.	171	Mary Tavener	*30th*	F55-59	*6th*			17:15	**32:42**
101.	60	Andrew Ferneyhough	*71st*	M40-44	*12th*	G	Blythe Bridge RC	17:06	**32:52**
102.	202	Richard Booth	*72nd*	M45-49	*12th*		Stafford Harriers	17:24	**32:53**
103.	2	Emma Aberley - Barker	*31st*	F40-44	*4th*			17:12	**32:54**
104.	30	Paul Burslem	*73rd*	M55-59	*9th*	D	Trentham RC	17:41	**32:57**
105.	13	Megan Baker	*32nd*	F Sen	*8th*			17:12	**33:02**
106.	148	Jill Phillips	*33rd*	F60-64	*1st*	M	Trentham RC	17:21	**33:02**
107.	76	Alison Haines	*34th*	F45-49	*5th*			17:37	**33:16**
108.	75	Benn Hailes	*74th*	M Sen	*25th*			17:34	**33:23**
109.	136	Jolian Morris	*75th*	M50-54	*9th*	G		17:28	**33:24**
110.	70	Mark Gibson	*76th*	M40-44	*13th*	E	Trentham RC	16:56	**33:25**
111.	68	Peter Gibbs	*77th*	M45-49	*13th*	G	Stoke FIT	17:57	**33:27**
112.	89	Jon Hillman	*78th*	M Sen	*26th*	F	NSRRA	17:14	**33:28**
113.	73	John Green	*79th*	M55-59	*10th*	D		16:53	**33:39**
114.	159	Ken Shenton	*80th*	M60-64	*5th*	E	Trentham RC	17:45	**33:40**
115.	52	Peter Divall	*81st*	M70-74	*3rd*	F		17:44	**33:43**
116.	230	Nicholas Hackett	*82nd*	M40-44	*14th*		South Cheshire Harriers	18:42	**33:49**
117.	107	Julie Knall	*35th*	F55-59	*7th*	X	Silverdale RC	17:51	**33:53**
118.	164	Ian Smythe	*83rd*	M Sen	*27th*			18:12	**33:55**
119.	113	Nigel Lee	*84th*	M65-69	*3rd*	F	Newcastle (Staffs) AC	17:44	**33:58**
120.	231	Jeremy Brookes	*85th*	M45-49	*14th*		Biddulph RC	17:57	**33:59**
121.	178	James Tutton	*86th*	M40-44	*15th*	F	Stoke FIT	18:04	**34:00**
122.	77	Lauren Haines	*36th*	F Sen	*9th*			18:15	**34:00**
123.	219	Thomas Brookes	*87th*	M Sen	*28th*		Silverdale RC	18:25	**34:04**
124.	117	Emma Lonczyk	*37th*	F40-44	*5th*	W	Blythe Bridge RC	17:40	**34:09**
125.	66	Lisa Funge	*38th*	F45-49	*6th*	W	Silverdale RC	17:49	**34:19**
126.	85	Vicki Henshaw	*39th*	F35-39	*8th*	W	Blythe Bridge RC	18:06	**34:31**
127.	53	Julie Dudley	*40th*	F60-64	*2nd*	X	Cheadle RC	18:12	**34:45**
128.	54	Karl Dudley	*88th*	M Sen	*29th*			17:28	**34:59**
129.	138	Angela Morton	*41st*	F55-59	*8th*	W	Stoke FIT	18:25	**35:03**
130.	8	Luke Alldritt	*89th*	M Sen	*30th*			18:12	**35:03**
131.	34	Phil Cliff	*90th*	M55-59	*11th*	E	South Cheshire Harriers	18:38	**35:08**
132.	149	Cheryl Pickston	*42nd*	F45-49	*7th*	Y	South Cheshire Harriers	18:23	**35:08**
133.	67	Louise Gibbs	*43rd*	F45-49	*8th*	X	Stoke FIT	19:02	**35:16**

Cheadle 4

Overall Results

Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	1/2	Time
134.	226	Ruth Farrell	44th	F45-49	9th	W	Stoke FIT	19:06	35:22
135.	12	Natalie Bailey	45th	F40-44	6th	W	South Cheshire Harriers	18:38	35:43
136.	169	Les Tams	91st	M60-64	6th	E	NSRRA	19:19	35:50
137.	10	Ian Allen	92nd	M55-59	12th	F	NSRRA	18:44	35:57
138.	122	Debra Mackie	46th	F50-54	4th	W	Stone MM	18:45	35:57
139.	192	Kerri Delaney	47th	F Sen	10th	W	Stafford Harriers	18:45	36:07
140.	125	Daniel Maddock	93rd	M40-44	16th	G	Trentham RC	18:58	36:18
141.	91	Judith Ho	48th	F65-69	1st	W		19:12	36:23
142.	17	Hayley Barlow	49th	F40-44	7th	W	Silverdale RC	19:14	36:33
143.	187	Darren Wood	94th	M60-64	7th			18:35	36:34
144.	195	Stuart Ellis	95th	M45-49	15th			19:33	36:36
145.	145	Jane Osbourne	50th	F50-54	5th			19:07	36:47
146.	210	Tim Slater	96th	M45-49	16th	G	NSRRA	19:21	36:55
147.	44	Tom Davall	97th	M Sen	31st	E	Stafford Harriers	19:21	36:57
148.	33	Simon Clarke	98th	M50-54	10th	F	Fetch Everyone	19:12	37:00
149.	193	Karly Harris	51st	F Sen	11th	X	South Cheshire Harriers	19:20	37:07
150.	232	Richard Bailey-Jones	99th	M Sen	32nd	E	Steel City Striders	18:39	37:11
151.	42	David Cross	100th	M50-54	11th	F	Staffs Moorlands AC	19:21	37:16
152.	218	Ben Keen	101st	M Sen	33rd	F	Gator AC	19:44	37:16
153.	189	Molly Woodfield	52nd	F Sen	12th		Gator AC	19:34	37:18
154.	39	Melissa Corkery	53rd	F Sen	13th		Cheadle RC	19:53	37:21
155.	62	John Finney	102nd	M75-79	1st	F	Stafford Harriers	19:47	37:22
156.	97	Kathy Jackson	54th	F Sen	14th		Silverdale RC	19:22	37:26
157.	58	Jessica Fallon	55th	F Sen	15th		Gator AC	19:45	37:32
158.	199	Pamela Davies	56th	F50-54	6th		Chase Harriers	19:33	37:38
159.	5	Jennifer Alcock	57th	F35-39	9th	M	Silverdale RC	19:56	37:38
160.	111	Sarah Latham	58th	F35-39	10th	W	Trentham RC	19:55	37:40
161.	43	Sophie Daragheh	59th	F Sen	16th	X		19:54	37:54
162.	99	Ivor Johnson	103rd	M40-44	17th			18:46	38:07
163.	205	Donna Jillings	60th	F50-54	7th	X	Chase Harriers	20:26	38:16
164.	46	Holly Davies	61st	F Sen	17th			19:47	38:38
165.	114	Alan Lewis	104th	M80+	1st	G	Trentham RC	20:36	38:38
166.	84	David Hebb	105th	M60-64	8th	G	NSRRA	20:53	38:43
167.	174	Charlotte Tideswell	62nd	F Sen	18th	Y	Blythe Bridge RC	19:49	38:48
168.	61	Linda Fernyhough	63rd	F55-59	9th	W	NSRRA	20:40	38:50
169.	177	Micheline Tremblay	64th	F55-59	10th	Y	South Cheshire Harriers	20:24	38:53
170.	208	Alfred Slater	106th	M75-79	2nd	G	NSRRA	20:40	38:57
171.	32	Juliet Carter	65th	F50-54	8th	Y	South Cheshire Harriers	21:04	39:39
172.	57	Amie Edge	66th	F Sen	19th	Y	Trentham RC	20:50	39:49
173.	69	Ian Gibson	107th	M45-49	17th			21:07	40:07
174.	200	Joanne Knapper	67th	F50-54	9th	Y	Mow Cop RR	20:51	40:13
175.	37	Toni Collier	68th	F40-44	8th	Y	Chase Harriers	21:34	40:30
176.	220	Hollie Birkinshaw	69th	F Sen	20th	X	Silverdale RC	21:51	40:57
177.	162	Robert Sissons	108th	M75-79	3rd	G		21:28	41:10
178.	7	Sally Aldridge	70th	F70-74	1st	W	Silverdale RC	21:33	41:14

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Overall Results

Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	1/2	Time
179.	130	Brian McGrath	*109th*	M50-54	*12th*			20:54	**41:17**
180.	179	Hannah Twigg	*71st*	F35-39	*11th*		Silverdale RC	21:41	**41:19**
181.	150	Wendy Plant	*72nd*	F50-54	*10th*	Y	Mow Cop RR	21:58	**41:22**
182.	143	Julie Nokes	*73rd*	F60-64	*3rd*	W	Stafford Harriers	22:06	**41:39**
183.	191	Megan Hickman	*74th*	F Sen	*21st*			21:42	**42:15**
184.	137	Sara Morris	*75th*	F45-49	*10th*	W	Stone MM	21:35	**42:28**
185.	126	Kerryann Maddock	*76th*	F40-44	*9th*	X	Trentham RC	21:59	**42:37**
186.	190	Bobbie Worswick	*77th*	F50-54	*11th*		Trentham RC	23:07	**42:43**
187.	223	Clare Allcock	*78th*	F40-44	*10th*		Blythe Bridge RC	23:06	**42:54**
188.	19	Chrissy Barrow	*79th*	F Sen	*22nd*	X	South Cheshire Harriers	21:48	**42:58**
189.	206	Carol Bryant	*80th*	F70-74	*2nd*	X	Stoke FIT	23:07	**43:28**
190.	212	Jane Irving	*81st*	F50-54	*12th*	X	Silverdale RC	23:05	**43:30**
191.	224	Jo Taylor	*82nd*	F45-49	*11th*		Blythe Bridge RC	23:06	**43:51**
192.	154	Sara Rees	*83rd*	F45-49	*12th*	Y	Chase Harriers	23:05	**44:35**
193.	18	Hazel Barlow	*84th*	F60-64	*4th*	Y	Michelin AC	23:54	**44:54**
194.	203	Kresia Jones	*85th*	F Sen	*23rd*	Y	Chase Harriers	23:28	**45:19**
195.	14	Rita Banks	*86th*	F75-79	*1st*	Y	Stone MM	23:47	**45:23**
196.	87	Heather Higgs	*87th*	F35-39	*12th*	X	Rising Brook Runners	23:59	**45:30**
197.	157	Malcolm Rushton	*110th*	M70-74	*4th*	G	Trentham RC	23:01	**45:54**
198.	120	Lee Lymer	*88th*	F60-64	*5th*	Y	Silverdale RC	25:44	**46:10**
199.	123	Jacquie Macphail	*89th*	F55-59	*11th*	Y	Trentham RC	24:16	**46:32**
200.	182	Louise Waldron-Kelly	*90th*	F45-49	*13th*	Y	Blythe Bridge RC	24:39	**46:51**
201.	121	Rob Mace	*111th*	M55-59	*13th*			16:28	**46:52**
202.	214	Lynne Gilbert	*91st*	F60-64	*6th*		Silverdale RC	24:58	**46:55**
203.	6	Natasha Taylor	*92nd*	F Sen	*24th*	D	Silverdale RC	25:45	**50:22**
204.	147	Colin Pheasant	*112th*	M65-69	*4th*	G	Chase Harriers	26:37	**50:23**
205.	119	Alli Lymer	*93rd*	F55-59	*12th*		Silverdale RC	26:05	**50:27**
206.	95	Lesley Hughes	*94th*	F60-64	*7th*	Y	Blythe Bridge RC	27:16	**50:40**
207.	124	Celia Maddock	*95th*	F65-69	*2nd*	Y	Trentham RC	26:08	**50:58**
208.	209	Gillian Cacia	*96th*	F Sen	*25th*		Blythe Bridge RC	27:16	**52:20**
209.	106	Christine Kilkenny	*97th*	F65-69	*3rd*	L	Cannock & Stafford AC	15:28	**53:46**

Cheadle 4: Virtual

1.	314	Suzanne Dale	*1st*	F35-39	*1st*	W	South Cheshire Harriers		**32:42**
2.	308	Bryan Newlands	*1st*	M40-44	*1st*				**33:20**
3.	313	Rachel Beach	*2nd*	F40-44	*1st*	M	South Cheshire Harriers		**36:06**
4.	302	Liz Clutton	*3rd*	F65-69	*1st*	W	Cheadle RC		**36:42**
5.	301	Amanda Cheadle	*4th*	F40-44	*2nd*		Cheadle RC		**37:28**
6.	56	Carey Dyer	*5th*	F45-49	*1st*	L	Silverdale RC		**37:50**
7.	315	Jan Percival	*6th*	F55-59	*1st*		Brough Park RC		**38:08**
8.	307	Lisa Goodwin	*7th*	F50-54	*1st*		Vegan Runners		**39:10**
9.	304	Ellie Evans	*8th*	F35-39	*2nd*	M	Stone MM		**39:21**
10.	306	Maria Gaye	*9th*	F50-54	*2nd*	X	Blythe Bridge RC		**43:04**
11.	303	Gael Earp	*10th*	F55-59	*2nd*	X	NSRRA		**43:24**
12.	311	Louise Simpson	*11th*	F35-39	*3rd*		Southend AC		**44:00**

Cheadle 4

Overall Results

Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	1/2	Time
13.	305	Ruth Gamwell	*12th*	F45-49	*2nd*	X	Macclesfield Harriers		**44:53**
14.	310	Ian Parton	*2nd*	M60-64	*1st*		Lonely Goat RC		**48:14**
15.	312	Charles Cope	*3rd*	M55-59	*1st*		Gosport RR		**55:59**

Number of records: 224