

Pos	Name	M/F	AG	AG	Club	Time
SOTFOR 10km						
1.	Ben Bewley	1st	1st	M Sen	Newcastle (Staffs) AC	37:07
2.	Simon Fawcett	2nd	1st	M40		38:09
3.	Bryan Newlands	3rd	2nd	M40		38:19
4.	Steven Mccann	4th	3rd	M40	Stone MM	41:40
5.	Adam Whitham	5th	1st	M50		45:21
6.	Beth Corden	1st	1st	F Sen		46:32
7.	Paul Marshall	6th	2nd	M Sen	Trentham RC	46:46
8.	Liberty Sproson	2nd	2nd	F Sen	Newcastle (Staffs) AC	48:31
9.	Andy Sproson	7th	1st	M45	Newcastle (Staffs) AC	48:31
10.	Robert Copeland	8th	2nd	M50	Macclesfield Harriers	49:06
11.	Michael Oakley	9th	4th	M40	Trentham RC	50:10
12.	Michael Sigley	10th	1st	M55	Lonely Goat RC	51:08
13.	Tim Chapman	11th	2nd	M45		51:25
14.	Steven Farmer	12th	1st	M60		51:53
15.	Andrew Looms	13th	3rd	M50	Newcastle Tri Club	52:38
16.	Jon Hillman	14th	3rd	M Sen	NSRRA	52:45
17.	Wendy Sears	3rd	1st	F55	Stafford Harriers	54:16
18.	Ramzi King	4th	3rd	F Sen	Stone MM	55:48
19.	Daljeet Patel	5th	1st	F40		55:50
20.	Lisa Goodwin	6th	1st	F50	Vegan Runners	57:40
21.	Karl Marsden	15th	3rd	M45		58:57
22.	Dave Allembly	16th	1st	M65	Barnsley AC	59:02
23.	Julie Knall	7th	2nd	F55	Silverdale RC	59:09
24.	Amy Rudnicki	8th	4th	F Sen	Stoke FIT	59:15
25.	Anne Coghlan	9th	2nd	F50	Stone MM	1:00:18
26.	Christopher Delves	17th	4th	M50	Stoke FIT	1:00:31
27.	Dave Street	18th	2nd	M55	Lonely Goat RC	1:01:13
28.	Cheryl Pickston	10th	1st	F45	South Cheshire Harriers	1:02:00
29.	Charles Cope	19th	3rd	M55	Gospport RR	1:02:09
30.	Micheline Tremblay	11th	3rd	F55	South Cheshire Harriers	1:03:37
31.	Oscar Scholes-Furness	20th	4th	M Sen		1:06:08
32.	Charlotte Talbot	12th	1st	F35		1:07:05
33.	Karen Beckett	13th	2nd	F45		1:07:23
34.	Hollie Birkinshaw	14th	5th	F Sen		1:07:23
35.	Clare Hamilton	15th	3rd	F45		1:07:38
36.	Emma Mycock	16th	2nd	F40		1:07:38
37.	Sue Kirby	17th	3rd	F50	Silverdale RC	1:08:00
38.	Katie Taylor	18th	6th	F Sen		1:08:00
39.	Joanna McCoy	19th	4th	F50		1:08:41
40.	Jane Irving	20th	5th	F50	Silverdale RC	1:08:50
41.	Nadene Burgess	21st	1st			1:09:02
42.	Helen Nicholls	22nd	3rd	F40	Trentham RC	1:09:24
43.	Mathew Levett	21st	4th	M45		1:10:23
44.	Carol Bryant	23rd	1st	F70	Stoke FIT	1:11:31
45.	Sharon Rowley	24th	6th	F50	Potters Trotters	1:11:32
46.	Joanne Corden	25th	4th	F55	Stoke FIT	1:13:01
47.	Claire Johnson	26th	7th	F50	Newcastle (Staffs) AC	1:15:35
48.	Carole Wilshaw	27th	1st	F60	Potters Trotters	1:18:38
49.	Ian Parton	22nd	2nd	M60	Lonely Goat RC	1:21:09
50.	Matthew Hodgson	23rd	5th	M50	Stoke FIT	1:23:31

Pos	Name	M/F	AG	AG	Club	Time
51.	Jackie Mcgowan	28th	5th	F55	Potters Trotters	1:24:01
52.	Nicola Jayne Hunt	29th	4th	F40	Stoke FIT	1:25:55
53.	Victoria Byatt	30th	8th	F50	Stoke FIT	1:26:28
54.	Caroline Davies	31st	4th	F45	Stoke FIT	1:26:47
55.	Kirsten Owen	32nd	5th	F45		1:26:58
56.	Sean Lewis	24th	6th	M50		1:28:45
57.	Caroline Davies	33rd	6th	F45	Stoke FIT	1:47:39
58.	Ashleigh Houghton Mcguiness	34th	7th	F Sen		1:52:14

SOTFOR 5km

1.	Lee Hulme	1st	1st	M Sen		20:15
2.	Carey Dyer	1st	1st	F45	Silverdale RC	22:00
3.	Louise Gibbs	2nd	2nd	F45	Stoke FIT	25:34
4.	Sara Crick	3rd	1st	F55	Newcastle (Staffs) AC	26:46
5.	Aaron Poyser	2nd	2nd	M Sen		27:01
6.	Rachel Killeen	4th	3rd	F45	Newcastle (Staffs) AC	27:09
7.	Michael Beasley	3rd	1st	M55	Stone MM	27:37
8.	John Heath	4th	1st	M50	Stoke FIT	27:47
9.	Phil Spencer	5th	2nd	M50		28:23
10.	Ian Allen	6th	2nd	M55	NSRRA	29:43
11.	Natalie Carter	5th	1st	F35		31:16
12.	Andrew Graham	7th	1st	M45		31:27
13.	Chris Fovargue	8th	3rd	M55	Newcastle (Staffs) AC	31:42
14.	Louise Simpson	6th	2nd	F35	Southend AC	31:46
15.	James Nouwen	9th	3rd	M Sen		32:29
16.	Angela Lewis	7th	4th	F45	Audley Striders	37:06
17.	Cynthia Walker	8th	1st	F70	Cheadle RC	37:08
18.	Lynne Gilbert	9th	1st	F60	Silverdale RC	37:56
19.	Anna Drinkwater	10th	5th	F45	Newcastle (Staffs) AC	38:55
20.	Lucy Cartlidge	11th	3rd	F35	Audley Striders	40:12
21.	Angelika Bickerton	12th	1st	F65	Newcastle (Staffs) AC	40:36
22.	Angela Mcaree	13th	1st	F50	Stoke FIT	41:24
23.	Rose Yeardley	14th	1st			41:41
24.	Tracey Payne	15th	2nd	F55	Stoke FIT	42:00
25.	Wendy Plant	16th	2nd	F50	Mow Cop RR	44:04
26.	Steve Wright	10th	1st	M40	Stoke FIT	48:08
27.	Jessica Wright	17th	1st	F40	Stoke FIT	48:15

Number of records: 85