South Cheshire 20

Overall Results

Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	Time
South Cheshire 20								
1.	187	Chris Pownell	*1st*	MSen	*1st*		Knowsley Harriers	**1:59:06**
2.	239	Sean Warburton	*2nd*	M40	*1st*		Salford Harriers & AC	**2:04:04**
3.	30	Gavin Browne	*3rd*	MSen	*2nd*			**2:05:38**
4.	169	Peter Nimmo	*4th*	MSen	*3rd*			**2:06:18**
5.	223	Chris Tighe	*5th*	M40	*2nd*		Sheffield RC	**2:06:31**
6.	217	Matthew Taylor	*6th*	M40	*3rd*	A	South Cheshire Harriers	**2:08:52**
7.	206	Paul Sidwells	*7th*	M45	*1st*	A	Run Free	**2:09:46**
8.	172	Michael Osinski-Gray	*8th*	MSen	*4th*		Cybele	**2:10:19**
9.	76	Sean Dyer	*9th*	MSen	*5th*		South Cheshire Harriers	**2:10:50**
10.	97	Paul Hancock	*10th*	M50	*1st*	A	South Cheshire Harriers	**2:12:58**
11.	78	Joseph Edwards	*11th*	MSen	*6th*			**2:13:18**
12.	20	Ben Bewley	*12th*	MSen	*7th*	A	Newcastle (Staffs) AC	**2:13:42**
13.	52	Steve Crowe	*13th*	MSen	*8th*	A	South Cheshire Harriers	**2:15:27**
14.	112	Jared Horn	*14th*	MSen	*9th*			**2:16:02**
15.	164	Matt Moran	*15th*	M40	*4th*		Bramhall Runners	**2:17:42**
16.	242	Iain Wedge	*16th*	M50	*2nd*		Chester Tri Club	**2:19:01**
17.	114	Claire Howard	*1st*	F50	*1st*			**2:20:20**
18.	71	Peter Dimbleby	*17th*	M45	*2nd*		Aldridge RC	**2:21:11**
19.	128	Gareth Jones	*18th*	M40	*5th*	B	Stone MM	**2:21:20**
20.	207	James Simpson	*19th*	M45	*3rd*	B	South Cheshire Harriers	**2:24:36**
21.	227	Julien Tour	*20th*	MSen	*10th*		Penny Lane Striders	**2:25:19**
22.	41	Alistair Chambers	*21st*	M55	*1st*		Ivanhoe Runners	**2:25:54**
23.	124	Steven Jennings	*22nd*	M40	*6th*	C	Stoke FIT	**2:26:13**
24.	21	A Birch	*23rd*	M50	*3rd*			**2:26:32**
25.	241	Liam Webb	*24th*	MSen	*11th*			**2:26:44**
26.	144	Simon Lewis	*25th*	M45	*4th*	C	Telford Harriers	**2:27:14**
27.	152	Peter Mallison	*26th*	M50	*4th*	A	South Cheshire Harriers	**2:27:14**
28.	43	Daniel Jordan	*27th*	M50	*5th*	A	Trentham RC	**2:28:02**
29.	58	Ian Dale	*28th*	M55	*2nd*		Royton Road Runners	**2:29:21**
30.	174	Laura Palmer	*2nd*	F40	*1st*	L	Chase Harriers	**2:29:42**
31.	25	Andrew Bowler	*29th*	MSen	*12th*		Manchester YMCA	**2:31:59**
32.	4	Daniel Ashcroft	*30th*	M45	*5th*			**2:32:08**
33.	250	Robin Zoka	*31st*	MSen	*13th*		South Cheshire Harriers	**2:32:38**
34.	16	Darren Beach	*32nd*	M45	*6th*	D	South Cheshire Harriers	**2:32:53**
35.	165	Ryan Morris	*33rd*	MSen	*14th*		South Cheshire Harriers	**2:33:10**
36.	125	Daria Jermakova	*3rd*	FSen	*1st*		Chorlton	**2:33:24**
37.	39	Matthew Chalmers	*34th*	M45	*7th*	C	Stone MM	**2:35:40**
38.	87	Michelle Fox	*4th*	F45	*1st*		Stone MM	**2:35:40**
39.	1	Doug Alcock	*35th*	M70	*1st*	C	Trentham RC	**2:36:29**
40.	210	Kirsty Stephenson	*5th*	F40	*2nd*		Stone MM	**2:36:29**
41.	19	Ryan Berrisford	*36th*	MSen	*15th*		UKRunChat	**2:36:35**
42.	28	Lucy Broom	*6th*	F45	*2nd*		Steel City Striders	**2:36:48**
43.	7	George Aylward	*37th*	MSen	*16th*		Penny Lane Striders	**2:37:00**

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Overall Results

Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	Time
44.	131	Amanda Kelly	*7th*	F35	*1st*	L	Stoke FIT	**2:37:31**
45.	68	Matthew Deschoolmeester	*38th*	M45	*8th*		Bramhall Runners	**2:37:43**
46.	84	Lee Jones	*39th*	M50	*6th*	C		**2:38:37**
47.	104	Steve Harrison	*40th*	M45	*9th*		South Cheshire Harriers	**2:40:03**
48.	238	Nathan Walton	*41st*	M50	*7th*	D	Newcastle (Staffs) AC	**2:40:59**
49.	158	Rob McBain	*42nd*	M40	*7th*		Vale Royal	**2:41:43**
50.	220	Warren Thomas	*43rd*	M45	*10th*	C	Trentham RC	**2:42:51**
51.	145	Lok Li	*44th*	M50	*8th*		Bramhall Runners	**2:43:19**
52.	133	Liam Kelly	*45th*	MSen	*17th*		Gator AC	**2:43:54**
53.	211	Adam Stirling	*46th*	MSen	*18th*		Royton Road Runners	**2:44:09**
54.	121	Victoria Ison	*8th*	F40	*3rd*			**2:44:27**
55.	95	Kieran Gilbert	*47th*	MSen	*19th*	F		**2:44:35**
56.	6	Charlotte Atkinson	*9th*	FSen	*2nd*		Blackburn Harriers	**2:45:10**
57.	175	Sarah Blunt	*10th*	F50	*2nd*			**2:45:41**
58.	57	Anthony Dagnall	*48th*	M65	*1st*		St Helens Striders	**2:47:04**
59.	94	Alicia Gilbert	*11th*	F35	*2nd*	M		**2:47:52**
60.	132	David Kelly	*49th*	M45	*11th*		Nantwich RC	**2:48:50**
61.	186	Aggi Pope	*12th*	F40	*4th*	L	Stone MM	**2:49:28**
62.	150	Terry Lynch	*50th*	M50	*9th*		Penny Lane Striders	**2:49:39**
63.	154	Paul Marshall	*51st*	MSen	*20th*		Trentham RC	**2:49:44**
64.	48	Charlie Cox	*52nd*	M40	*8th*		Cheadle RC	**2:49:48**
65.	103	Mark Harrison	*53rd*	M45	*12th*	C	Cheadle RC	**2:51:02**
66.	249	Carl Yu	*54th*	M45	*13th*		Liverpool RC	**2:51:25**
67.	171	Deb Oneill	*13th*	F45	*3rd*	M	Trentham RC	**2:51:34**
68.	139	James Lake	*55th*	MSen	*21st*		Chase Harriers	**2:52:46**
69.	66	Paul Davies	*56th*	M50	*10th*			**2:52:53**
70.	170	Marcus Nye	*57th*	M45	*14th*		Aldridge RC	**2:53:14**
71.	33	Lisa Warbrook	*14th*	F45	*4th*		Nantwich RC	**2:53:57**
72.	101	Claire Harrison	*15th*	F45	*5th*	M	South Cheshire Harriers	**2:53:59**
73.	176	Rachel Parker	*16th*	F45	*6th*		Nantwich RC	**2:53:59**
74.	181	James Phoenix	*58th*	M40	*9th*	B	Stone MM	**2:54:08**
75.	162	Robert Mills	*59th*	M40	*10th*	E	Stoke FIT	**2:54:16**
76.	40	Nikki Chamberlain	*17th*	F50	*3rd*		Knutsford Tri Club	**2:54:21**
77.	89	Alexander Garnett	*60th*	MSen	*22nd*		South Cheshire Harriers	**2:54:49**
78.	209	Jerry Smith	*61st*	M65	*2nd*		Chorlton	**2:55:41**
79.	136	David Kivlin	*62nd*	M40	*11th*	D	South Cheshire Harriers	**2:55:47**
80.	54	Matthew Crumpton	*63rd*	M45	*15th*		Nantwich RC	**2:56:02**
81.	221	Jason Littlewood	*64th*	MSen	*23rd*		Stafford Harriers	**2:56:48**
82.	230	David Turner	*65th*	MSen	*24th*			**2:57:12**
83.	243	William White	*66th*	M50	*11th*		South Cheshire Harriers	**2:57:15**
84.	47	Christopher Cowley	*67th*	MSen	*25th*			**2:58:37**
85.	51	Lisa Crosby	*18th*	F45	*7th*		Penny Lane Striders	**2:58:58**
86.	197	Mark Roberts	*68th*	MSen	*26th*			**2:59:21**
87.	11	Jennifer Barker	*19th*	F40	*5th*		Ellesmere Port RC	**2:59:35**
88.	180	Jill Phillips	*20th*	F60	*1st*	M	Trentham RC	**2:59:53**

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Overall Results

Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	Time
89.	85	John Fay	*69th*	M40	*12th*		Royton Road Runners	**3:00:23**
90.	69	Hugh Devereux	*70th*	M55	*3rd*			**3:00:45**
91.	111	Michael Hodson	*71st*	M50	*12th*		Bramhall Runners	**3:01:11**
92.	199	Mellissa Salmon	*21st*	F40	*6th*	M	Silverdale RC	**3:01:12**
93.	178	Trev Payne	*72nd*	M45	*16th*		Sneyd Striders	**3:01:25**
94.	232	Lenka Vidamour	*22nd*	F40	*7th*		Penny Lane Striders	**3:01:30**
95.	156	Diane Mason	*23rd*	F55	*1st*	W	Nantwich RC	**3:01:51**
96.	184	Christopher Pinson-Bradley	*73rd*	M45	*17th*		Sneyd Striders	**3:02:09**
97.	135	Claire Kivlin	*24th*	F40	*8th*	M	South Cheshire Harriers	**3:02:40**
98.	86	Fiona Finnegan	*25th*	F50	*4th*		Sinfin RC	**3:02:44**
99.	62	Alys Davies	*26th*	FSen	*3rd*		Chorlton	**3:03:28**
100.	189	Scott Priestley	*74th*	MSen	*27th*		Astley and Tyldesley RR	**3:03:29**
101.	115	Rebecca Howlett	*27th*	FSen	*4th*		South Cheshire Harriers	**3:03:50**
102.	44	Mark Clayton	*75th*	M50	*13th*		Sneyd Striders	**3:04:13**
103.	191	Fiona Ratic	*28th*	F40	*9th*	M	Trentham RC	**3:04:24**
104.	245	Robert Wilson	*76th*	M45	*18th*		South Cheshire Harriers	**3:04:27**
105.	190	Ben Ransome	*77th*	M50	*14th*		Lancaster & Morecambe AC	**3:05:53**
106.	153	Gary Marshall	*78th*	MSen	*28th*		Royton Road Runners	**3:06:02**
107.	99	Donna Harris	*29th*	F55	*2nd*	M	Chase Harriers	**3:06:04**
108.	65	Lee Davies	*79th*	MSen	*29th*	D	NSRRA	**3:07:00**
109.	157	Rachel Simms	*30th*	F40	*10th*		Wrekin Road Runners	**3:07:50**
110.	193	Timothy Rees	*80th*	M45	*19th*	E	Chase Harriers	**3:08:58**
111.	219	Nitesh Thakrar	*81st*	M60	*1st*	E	Stafford Harriers	**3:09:24**
112.	248	Lana Wright	*31st*	FSen	*5th*			**3:11:27**
113.	75	Carey Dyer	*32nd*	F45	*8th*	L	Silverdale RC	**3:11:50**
114.	83	Lucy Farrington	*33rd*	FSen	*6th*		Aldridge RC	**3:13:05**
115.	160	Richard McKenna	*82nd*	MSen	*30th*			**3:13:06**
116.	247	Mark Woodward	*83rd*	M65	*3rd*			**3:13:14**
117.	142	Walter Latham	*84th*	M60	*2nd*		Trentham RC	**3:13:57**
118.	204	Michelle Shaw	*34th*	F40	*11th*		South Cheshire Harriers	**3:14:41**
119.	110	Judith Ho	*35th*	F65	*1st*	W		**3:15:21**
120.	27	Alan Brookes	*85th*	M60	*3rd*	B	Trentham RC	**3:16:33**
121.	70	Lisa Dimbleby	*36th*	F45	*9th*		Aldridge RC	**3:16:58**
122.	147	Richard Lloyd	*86th*	M45	*20th*			**3:17:51**
123.	188	Elizabeth Preston	*37th*	F45	*10th*		South Cheshire Harriers	**3:18:02**
124.	18	Samantha Bentall	*38th*	F55	*3rd*		Penny Lane Striders	**3:18:33**
125.	59	Ruth Edwards	*39th*	FSen	*7th*		Stafford Harriers	**3:18:47**
126.	93	Mark Gibson	*87th*	M40	*13th*	E	Trentham RC	**3:19:19**
127.	203	Gail Shaw	*40th*	F55	*4th*		Royton Road Runners	**3:19:38**
128.	182	Cheryl Pickston	*41st*	F45	*11th*	Y	South Cheshire Harriers	**3:19:41**
129.	138	Chris Lake	*88th*	M45	*21st*	E	Chase Harriers	**3:19:56**
130.	23	Natalie Boswell	*42nd*	F35	*3rd*	M	Cannock & Stafford AC	**3:20:46**
131.	151	Jonathan Mackie	*89th*	M45	*22nd*		Knowsley Harriers	**3:21:29**
132.	126	Amy Jones	*43rd*	F35	*4th*			**3:22:45**
133.	205	Ken Shenton	*90th*	M60	*4th*	E	Trentham RC	**3:23:03**

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Overall Results

Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	Time
134.	222	Holly Thornton	44th	F35	5th		Chorlton	3:23:39
135.	118	Karl Hukins	91st	MSen	31st	F	Nantwich RC	3:23:53
136.	10	Clair Baldock	45th	F45	12th		Warrington RC	3:24:03
137.	233	Abhishek Vijayashanker	92nd	MSen	32nd		Nantwich RC	3:24:07
138.	155	Charlie Martin	46th	F35	6th		Nantwich RC	3:24:07
139.	2	Luke Alldritt	93rd	MSen	33rd			3:25:21
140.	107	Jillian Heywood	47th	F50	5th		Royton Road Runners	3:25:34
141.	50	Julie Crockett	48th	F50	6th		Penny Lane Striders	3:25:34
142.	67	Sian Davies	49th	F40	12th			3:26:32
143.	77	Charlotte Edwards	50th	F35	7th			3:26:32
144.	198	Ian Sadler	94th	M60	5th		Penny Lane Striders	3:26:54
145.	49	Gary Crockett	95th	M45	23rd		Penny Lane Striders	3:26:55
146.	148	Emma Lonczyk	51st	F40	13th	W	Blythe Bridge RC	3:28:19
147.	137	Julie Knall	52nd	F55	5th	X	Silverdale RC	3:28:35
148.	31	Andrew Buckley	96th	M50	15th		Stone MM	3:29:06
149.	231	James Tutton	97th	M40	14th	F	Stoke FIT	3:29:10
150.	92	Peter Gibbs	98th	M45	24th	G	Stoke FIT	3:29:13
151.	24	Martin Boulton	99th	MSen	34th	G	Stoke FIT	3:29:16
152.	74	Mark Duncan	100th	M40	15th			3:29:54
153.	237	Emma Walters	53rd	F40	14th	X	Blythe Bridge RC	3:29:59
154.	235	Jordan Wain	101st	MSen	35th			3:30:27
155.	166	Elaine Mountford	54th	F60	2nd			3:32:24
156.	26	Denise Brien	55th	F50	7th		Blackley walk2run	3:32:46
157.	123	Edwards Jamie	56th	FSen	8th	X	South Cheshire Harriers	3:32:53
158.	17	Rachel Beach	57th	F40	15th	M	South Cheshire Harriers	3:32:55
159.	168	Jane Nicholson	58th	F55	6th		Penny Lane Striders	3:33:16
160.	173	Anne Oxbrough	59th	F40	16th		Penny Lane Striders	3:33:17
161.	224	Robert Todd	102nd	M55	4th		Dragons RC	3:33:17
162.	161	David Mills	103rd	M45	25th			3:33:23
163.	15	Mark Baxter	104th	M50	16th		Sneyd Striders	3:33:25
164.	134	Anne Kelsall	60th	F60	3rd		Aldridge RC	3:33:27
165.	8	Jo Owen	61st	F40	17th	W	NSRRA	3:33:46
166.	122	Alison Jackson-Hedges	62nd	F40	18th	M	Trentham RC	3:33:47
167.	98	Ben Hardman	105th	MSen	36th			3:34:01
168.	108	Jill Hickson	63rd	F45	13th		Royton Road Runners	3:34:08
169.	208	Rachael Slater	64th	F45	14th			3:34:40
170.	119	Kevin Hutchings	106th	M55	5th		Royton Road Runners	3:35:17
171.	167	Martina Naismith	65th	F45	15th		Royton Road Runners	3:35:35
172.	163	Pauline Moorcroft	66th	F60	4th		Red Rose RR	3:40:54
173.	35	Zoe Cain	67th	F35	8th		Red Rose RR	3:41:37
174.	37	Rachel Cartwright	68th	F40	19th		Warrington RC	3:42:52
175.	72	Peter Divall	107th	M70	2nd	F	NSRRA	3:43:59
176.	129	Martin Jones	108th	MSen	37th		Lonely Goat RC	3:45:49
177.	5	Carol Astbury	69th	F55	7th	W	Uttoxeter RR	3:46:07
178.	73	Julie Dudley	70th	F60	5th	X	Cheadle RC	3:46:09

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Overall Results

Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	Time
179.	29	Suzanne Brotherhood	71st	F50	8th		Stafford Harriers	3:49:30
180.	36	Juliet Carter	72nd	F50	9th	Y	South Cheshire Harriers	3:51:41
181.	113	Jane Houghton	73rd	F45	16th		Warrington RC	3:53:35
182.	228	Nikki Towle	74th	F50	10th	L	Stone MM	3:55:04
183.	81	Ellie Evans	75th	F35	9th	M	Stone MM	3:55:04
184.	225	Sarah Tomassi	76th	F40	20th			3:55:26
185.	56	David Cutts	109th	MSen	38th			3:55:57
186.	192	Sara Rees	77th	F45	17th	Y	Chase Harriers	3:56:03
187.	244	Elaine Whitehead	78th	F45	18th		Royton Road Runners	3:56:34
188.	38	Debra Cash	79th	F55	8th		Royton Road Runners	3:56:46
189.	159	Gareth McCaffery	110th	MSen	39th		Royton Road Runners	4:00:33
190.	234	Emily Wade	80th	FSen	9th		Widnes Wasps Ladies RC	4:00:44
191.	120	Tanya Hutchinson	81st	F35	10th		Marple Runners	4:00:51
192.	60	Tom Davall	111th	MSen	40th	E	Stafford Harriers	4:02:34
193.	46	Lorraine Cowan	82nd	F60	6th			4:02:46
194.	183	Alia Pike	83rd	F40	21st		UKRunChat	4:04:39
195.	246	Louise Withnell	84th	F45	19th		Red Rose RR	4:05:53
196.	102	Gavin Harrison	112th	M45	26th		Sneyd Striders	4:07:04
197.	185	Wendy Plant	85th	F55	9th	Y	Mow Cop RR	4:08:19
198.	229	Micheline Tremblay	86th	F55	10th	Y	South Cheshire Harriers	4:10:11
199.	141	Sarah Latham	87th	F35	11th	W	Trentham RC	4:12:04
200.	143	Diane Law	88th	F55	11th		Chase Harriers	4:12:48
201.	90	Maria Gaye	89th	F50	11th	X	Blythe Bridge RC	4:22:01
202.	96	Sara Halliday	90th	FSen	10th			4:28:28
203.	179	Colin Pheasant	113th	M65	4th	G	Chase Harriers	4:32:37
204.	13	Hazel Barlow	91st	F60	7th	Y	Michelin AC	4:36:57
205.	116	Lesley Hughes	92nd	F60	8th	Y	Blythe Bridge RC	4:41:47
206.	236	Louise Waldron-Kelly	93rd	F45	20th	Y	Blythe Bridge RC	4:41:54
207.	14	Chrissy Barrow	94th	FSen	11th	Y		4:48:06
208.	214	Danielle Sutcliffe	95th	FSen	12th			4:55:27
209.	149	Lee Lymer	96th	F60	9th		Silverdale RC	4:55:32

Virtual South Cheshire 20

1.	507	Lee Kaufman	1st	M50	1st		Sale Harriers	2:36:15
2.	501	Peter Clarke	2nd	M40	1st		Lonely Goat RC	2:44:42
3.	508	Jim Kelleher	3rd	M60	1st		South Cheshire Harriers	2:58:57
4.	505	Sharna Gallagher	1st	FSen	1st		South Cheshire Harriers	2:59:48
5.	510	Sadie Prince	2nd	FSen	2nd		South Cheshire Harriers	3:03:17
6.	511	Roshan Shanbhogue	4th	MSen	1st		South Cheshire Harriers	3:16:50
7.	516	Sarah Morgan	3rd	F40	1st		Vegan Runners	3:17:00
8.	515	Kevin Uzzell	5th	M70	1st	E	Stone MM	3:17:19
9.	55	Isabel Cundy	4th	F45	1st		Nantwich RC	3:28:10
10.	504	Sian Fern	5th	FSen	3rd	W	South Cheshire Harriers	3:36:03
11.	503	Gael Earp	6th	F55	1st	X	NSRRA	4:06:54
12.	517	Ruth Gamwell	7th	F45	2nd	X	Macclesfield Harriers	4:09:43

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Overall Results

Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	Time
13.	512	Alfred Slater	*6th*	M75+	*1st*	G	NSRRA	**4:40:00**
14.	513	Helen Somers	*8th*	F45	*3rd*	M		**4:48:55**
15.	509	Sara Morris	*9th*	F45	*4th*	W	Stone MM	**6:45:58**
16.	500	Michelle Buckle	*10th*	F45	*5th*	L	Silverdale RC	**7:30:41**

Number of records: 225