

Knighton 10k & 5k

Age Group Results

Pos	Bib	Name	Time	Pos	Bib	Name	Time
F Sen				12.	151	Gemma Batchelor	53:08
1.	155	Emma Wood	38:20	13.	435	Suzanne Dale	53:25
2.	47	Amanda Kelly	42:25	14.	159	Michelle Harrop	53:35
3.	363	Clare Caci	42:27	15.	357	Louise Simpson	54:43
4.	276	Kelly Hurlstone	45:37	16.	94	Vicki Henshaw	54:50
5.	388	Martha Davis	47:16	17.	302	Vicki Kirkham	55:19
6.	336	Vanessa Welham	47:27	18.	403	Kirsty Rollings	58:30
7.	471	Darcey Paskin	48:13	19.	300	Tracy Haseldine	59:44
8.	207	Alice Smith	50:38	20.	213	Kirsty Cooper	1:02:39
9.	106	Nicola Ticehurst	51:15	21.	4	Kerry Higton	1:03:44
10.	26	Sarah Latham	51:26	22.	349	Heather Higgs	1:06:00
11.	353	Kerri Delaney	52:46	23.	20	Emma Carr	1:06:55
12.	413	Karly Harris	53:21	24.	454	Jennifer Hill	1:09:59
13.	432	Alice Burdon	53:24	25.	195	Emma Burley	1:12:17
14.	352	Sian Fern	53:59	26.	415	Rebecca Hopkin	1:12:32
15.	474	Jamie Edwards	56:14	27.	338	Nadia Reiter	1:12:39
16.	134	Lizzi Reynolds	56:28	28.	16	Kelly Myatt	1:12:54
17.	101	Emily Andrews	58:36	29.	399	Sarah Stubbs	1:14:47
18.	431	Amy Oliver	59:20	F40			
19.	216	Caroline Strauch	59:41	1.	218	Laura Palmer	43:32
20.	90	Paige Jepson	1:00:00	2.	116	Carey Dyer	44:47
21.	262	Emma Stevenson	1:00:33	3.	430	Sarah Wilson	45:03
22.	402	Claire Allman	1:01:36	4.	315	Mellissa Salmon	45:09
23.	224	Sophie Daragheh	1:03:36	5.	72	Fiona Ratic	45:22
24.	263	Hollie Birkinshaw	1:03:45	6.	146	Clare Dundas	46:43
25.	447	Charlotte Tideswell	1:04:03	7.	204	Claire Kivlin	47:45
26.	33	Olivia Larsson	1:06:34	8.	51	Rachel Beach	49:22
27.	412	Lindsey Riley	1:06:37	9.	182	Rachel Hollins	51:03
28.	440	Rosalind Wright	1:08:36	10.	153	Hayley Barlow	52:57
29.	43	Chrissy Barrow	1:10:38	11.	326	Hannah Bawdon	52:59
30.	408	Heather Swift	1:13:13	12.	284	Emma Walters	53:08
31.	125	Anna Rydon	1:13:20	13.	83	Daljeet Patel	53:20
32.	37	Amie Edge	1:13:45	14.	337	Jo Wilson	53:53
33.	335	Catherine Cooper	1:16:28	15.	361	Andrea Woodhead	54:55
34.	187	Kresia Jones	1:17:50	16.	53	Kat Arnold	55:31
35.	67	Simone Baggaley	1:20:46	17.	15	Jennie Martin	56:08
36.	339	Philippa McCulloch	1:32:53	18.	189	Natalie Bailey	56:40
F35				19.	6	Emma Lonczyk	58:12
1.	382	Katie Latham	39:48	20.	178	Toni Collier	59:20
2.	237	Deborah Thomas	40:31	21.	266	Emma Collins	1:02:07
3.	341	Amy Grace	41:20	22.	70	Emma Mycock	1:02:18
4.	342	Anne-Marie Taylor	45:42	23.	203	Claire Collins	1:02:23
5.	157	Gemma Korff	46:10	24.	200	Kate Hopkinson	1:06:06
6.	358	Amanda Millward	46:49	25.	401	Kerryann Maddock	1:08:29
7.	292	Catherine Farrington	47:55	26.	139	Nelima Moran	1:09:28
8.	132	Alicia Gilbert	48:07	27.	40	Jennifer Smith	1:10:46
9.	3	Natalie Boswell	49:19	28.	360	Natalie Whiston	1:15:00
10.	201	Jo Owen	49:24	29.	332	Nina Savage	1:16:15
11.	197	Ellie Evans	53:05	30.	198	Kerry Hopkinson	1:19:36
				31.	161	Jen Shorter	1:25:00

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Pos	Bib	Name	Time	Pos	Bib	Name	Time
32.	476	Kaye Morrissey	1:28:40	8.	472	Catherine Smithson	51:24
F45				9.	473	Gillian Tinsley	51:47
1.	277	Michelle Buckle	40:01	10.	318	Vikki Smith	52:20
2.	395	Emma Weston	43:13	11.	230	Debra Mackie	52:59
3.	312	Lynne Callaghan	43:19	12.	79	Di Fox	53:49
4.	375	Deb O'Neill	45:15	13.	77	Jane Holt	55:09
5.	469	Kerry Widdowson	46:10	14.	176	Karen Wright	55:10
6.	444	Ruth Pryce	46:11	15.	427	Joanne Oliver	58:12
7.	281	Claire Harrison	46:27	16.	103	Donna Jillings	58:44
8.	299	Helen Somers	47:25	17.	95	Lisa Goodwin	59:24
9.	236	Emma Wentworth	47:47	18.	96	Clare Brookes	59:33
10.	475	Juliatt Richardson	49:22	19.	162	Katherine Broad Wood	1:00:16
11.	305	Lisa Funge	51:17	20.	320	Diane Robinson	1:00:57
12.	93	Kerry Podmore	53:28	21.	226	Paula Anderson	1:02:35
13.	11	Louise Gibbs	53:42	22.	170	Maria Gaye	1:03:01
14.	424	Rachel Killeen	54:05	23.	108	Victoria Goodwin	1:03:52
15.	421	Ruth Gamwell	54:41	24.	343	Andrea Connell	1:03:53
16.	235	Babitah Hibbert	56:14	25.	370	Sue Kirby	1:04:32
17.	308	Helen Wassall	56:52	26.	8	Joanne Knapper	1:04:33
18.	138	Ruth Farrell	57:12	27.	295	Bobbie Worswick	1:04:50
19.	364	Tracey Bagguley	58:38	28.	74	Shaz Whitfield	1:05:09
20.	78	Joanne Share	59:11	29.	9	Wendy Plant	1:06:03
21.	76	Genevieve Barnett	1:02:17	30.	268	Juliet Carter	1:06:30
22.	69	Clare Hamilton	1:02:18	31.	166	Jane Butler	1:07:43
23.	171	Dawn Plant	1:02:24	32.	436	Alison Arnold	1:09:35
24.	445	Tracy Burrows	1:02:59	33.	22	Dorota Abratanska	1:09:44
25.	183	Sara Morris	1:03:32	34.	392	Jane Irving	1:13:17
26.	110	Cheryl Pickston	1:04:19	35.	173	Joanne Beattie	1:14:24
27.	184	Sara Rees	1:05:41	36.	102	Beth Cave	1:16:00
28.	301	Rachel Marsden	1:06:19	37.	2	Claire Johnson	1:22:11
29.	84	Helen El Mkhattat	1:06:30	38.	181	Jackie Mcgowan	1:22:57
30.	193	Sarah Bromley	1:07:38	39.	73	Victoria Byatt	1:25:10
31.	114	Melody Morris	1:10:16	40.	297	Michelle Puttick	1:26:49
32.	274	Lindsey Pooley	1:10:46	F55			
33.	164	Donna Caldwell	1:10:55	1.	192	Carol Higgs	44:39
34.	285	Kerry Corcoran	1:11:27	2.	126	Ros Barker	48:05
35.	241	Nicola Brown	1:16:18	3.	29	Chris Skellern	50:07
36.	376	Louise Waldron-Kelly	1:17:47	4.	158	Julie Knall	52:15
37.	389	Lorna Housley-Tatton	1:19:36	5.	58	Carol Astbury	53:37
38.	28	Caroline Davies	1:30:16	6.	62	Wendy Sears	53:45
39.	99	Archana Rao	1:53:07	7.	414	Angela Morton	54:31
F50				8.	120	Diane Mason	54:39
1.	467	Joanne Stanfield	40:46	9.	313	Sue Kneill-Boxley	55:30
2.	311	Sarah Taylor	42:58	10.	105	Karen Murray	55:57
3.	269	Ruth Watchorn-Rice	44:06	11.	391	Lindsey Foster	58:12
4.	456	Angela Mensing	45:42	12.	418	Denise Sandford	58:43
5.	41	Nikki Towle	46:22	13.	140	Louise Baldwin	59:06
6.	346	Donna Harris	48:51	14.	191	Helen Nightingale	59:09
7.	409	Susan Poole	49:02	15.	25	Gael Earp	1:03:43
				16.	91	Cherry Jepson	1:05:01

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Pos	Bib	Name	Time	Pos	Bib	Name	Time
17.	61	Micheline Tremblay	1:05:07	M Sen			
18.	38	Lorna Fewtrell	1:10:39	1.	239	Craig Taylor	34:01
19.	232	Linda Fernyhough	1:12:46	2.	317	Matthew Taylor	34:14
20.	290	Angela Coates	1:14:07	3.	85	Warren Renkel	35:23
21.	154	Lee Lymer	1:16:18	4.	282	Simon Powner	35:38
22.	245	Louise Webber	1:16:22	5.	344	Craig Pearson	35:50
23.	333	Rose Joseph	1:16:23	6.	340	Steve Crowe	36:09
24.	32	Jacquie Macphail	1:17:07	7.	249	Tom Perry	37:00
25.	147	Marion Evans	1:18:02	8.	278	Oliver Stone	37:59
26.	259	Alli Lymer	1:18:33	9.	374	Chris Pattinson	38:30
27.	44	Anita Sproston	1:34:48	10.	68	Richard Crump	39:20
F60				11.	160	Michael Bosworth	39:49
1.	206	Julie Dudley	53:01	12.	244	Rich Keen	40:08
2.	165	Anne Saxon	58:30	13.	143	Oliver Clarke	41:33
3.	405	Ruth Edwards	58:50	14.	280	Liam Duggan	41:37
4.	87	Julie Nokes	59:59	15.	380	Alex McDonald	41:58
5.	247	Belinda Riley	1:02:58	16.	351	Chris Mosiuk	42:59
6.	210	Jane Lee	1:05:35	17.	448	Christopher Seale	43:13
7.	260	Liz Stevenson	1:05:45	18.	246	Paul Marshall	43:29
8.	233	Linda Shefford	1:05:49	19.	128	Lee Hulme	43:48
9.	172	Carole Wilshaw	1:12:35	20.	298	Jason Littlewood	44:00
10.	56	Christine Pezzaioli	1:12:36	21.	100	Liam Baister	44:46
11.	275	Hazel Barlow	1:13:18	22.	429	Jake Oliver	45:23
12.	34	Janet Skelton	1:20:00	23.	384	David Nimmo	45:29
13.	49	Lesley Jane Hughes	1:25:28	24.	334	Sam Thompson	45:34
14.	112	Michelle Bourne	1:27:53	25.	251	Thomas Steele	45:37
15.	385	Marie Burt	1:30:06	26.	293	Alex Shingler	45:52
F65				27.	466	Dan Findlay-Robinson	45:55
1.	304	Christine Kilkenny	50:01	28.	368	Lee Davies	46:06
2.	420	Judith Ho	56:46	29.	411	Peter Harris	46:12
3.	42	Dianne Lapworth	1:04:50	30.	450	Nicholas Watts	46:58
4.	264	Margaret Taylor	1:10:19	31.	243	Oliver Lymer	47:18
5.	180	Joan Brailsford	1:11:58	32.	131	Kieran Gilbert	48:06
6.	167	Paula Smith	1:19:50	33.	149	John Alcock	48:38
7.	227	Janet Brindley	1:23:43	34.	208	Nathan Kapp	48:53
8.	86	Celia Maddock	1:26:19	35.	174	Karl Hukins	49:27
F70				36.	350	Carl Thomas	51:10
1.	296	Patricia Bentley	57:00	37.	36	Phil Kirkham	51:25
2.	256	Shelagh Swinnerton	59:56	38.	460	Pete Nicholson	52:12
3.	31	Carol Bryant	1:10:03	39.	80	Jon Hillman	52:15
4.	148	Joyce Edwards	1:13:37	40.	452	Jack Hodgkinson	52:51
5.	92	Gina Downing	1:16:22	41.	89	Ashley Wilks	53:20
F75				42.	369	Mark Unwin	53:43
1.	214	Elaine Statham	1:00:20	43.	372	Benjamin Keen	54:19
2.	359	Rita Banks	1:06:57	44.	65	Andy Torbitt	54:25
3.	169	Rose Yeardley	1:26:36	45.	19	Mark Beech	54:57
4.	461	Valerie Stuart	1:58:54	46.	390	Alex Young	55:00
				47.	478	George Hodgkinson	55:21
				48.	188	David Wain	55:41
				49.	455	Andrew Podmore	57:29

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Pos	Bib	Name	Time	Pos	Bib	Name	Time
50.	407	Lee Armitage	58:55	17.	457	Craig Buggins	47:16
51.	328	Peter Salt	59:43	18.	371	Jonathan Brend	48:09
52.	121	Martin Boulton	1:01:12	19.	383	Richard Williams	48:45
53.	136	Robert Pierpoint	1:01:49	20.	459	Andy Worsley	48:55
M40				21.	199	Sam Tidy	48:56
1.	234	Simon Fawcett	38:18	22.	451	Ian Hodkinson	50:27
2.	10	Colin McEvoy	38:24	23.	289	Richard Booth	51:29
3.	122	Bryan Newlands	38:39	24.	258	Andrew Greer	52:45
4.	75	Gareth Jones	38:44	25.	14	Peter Gibbs	53:48
5.	386	Pat Hudson	38:54	26.	270	Stuart Ellis	54:46
6.	322	Matthew Chalmers	39:06	27.	288	Simon Thaw	55:35
7.	137	Steven Jennings	39:51	28.	57	Graham McLachlan	55:39
8.	387	Gareth Knapper	40:02	29.	142	Rob Parkin	57:29
9.	117	Gareth Copley-Jones	41:17	30.	303	Robert Kewish	58:25
10.	347	Steven Mccann	42:13	31.	446	Mark Burrows	1:02:48
11.	425	Adam Cotterill	43:20	32.	398	Tim Slater	1:03:14
12.	462	Darren Bloor	44:04	33.	39	Lee Greatrex	1:09:56
13.	257	Antonio Treglia	44:42	34.	286	Paul Corcoran	1:12:47
14.	377	Robert Mills	45:20	35.	324	Paul Cotterill	1:19:54
15.	291	Lee Farrington	45:34	M50			
16.	205	David Kivlin	45:35	1.	141	Paul Hancock	37:25
17.	354	Ross Dillon	47:19	2.	453	Peter Mallison	38:30
18.	98	Raghu Vedapanakal	49:11	3.	470	Daniel Jordan	38:33
19.	23	Mark Gibson	51:14	4.	219	Glyn Pattinson	39:02
20.	252	Andy Ferneyhough	51:19	5.	307	Justin Green	41:35
21.	13	Jamie Robinson	52:34	6.	416	Grahame Cope	43:57
22.	434	James Tutton	55:33	7.	196	Nathan Walton	44:12
23.	130	Peter Richardson	56:42	8.	133	Steve Reynolds	47:00
24.	177	Sam Chappell	58:38	9.	404	Spencer Holland	47:09
25.	356	Marc Embury	59:13	10.	35	Barry Smith	49:25
26.	367	Mark Dixon	59:28	11.	468	Jolian Morris	51:28
27.	381	Daniel Maddock	1:03:03	12.	212	Andrew Thompson	51:33
M45				13.	321	Neil Yates	52:41
1.	211	Andrew Lamont	36:35	14.	428	Mark Oliver	53:03
2.	433	James Simpson	39:33	15.	327	Michael Hibbert	53:35
3.	373	Mark Williamson	40:16	16.	107	Andrew Looms	55:38
4.	406	Bryn Holmes	40:40	17.	1	Simon Clarke	56:06
5.	410	Steve Harrison	42:16	18.	123	David Statham	1:01:40
6.	379	Simon Nevitt	43:00	19.	17	Charles Larsson	1:04:13
7.	242	Rob Bond	43:06	M55			
8.	194	Mark Harrison	43:54	1.	66	Ian Heath	39:55
9.	118	Andrew Jackson	43:55	2.	231	Paul Millward	41:38
10.	30	Mark Willetts	44:02	3.	261	David Maydew	41:56
11.	185	Timothy Rees	44:41	4.	378	Andy Thomas	42:41
12.	443	David Wilson	44:46	5.	202	Kevin Francis	43:26
13.	331	Peter Jeffers	44:50	6.	119	Neil Flavell	43:34
14.	18	Jason Blount	46:08	7.	54	Graeme Spencer	44:57
15.	52	Darren Beach	46:12	8.	283	Mark Wood	46:35
16.	345	Chris Lake	46:13	9.	463	John Watkins	48:38

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Pos	Bib	Name	Time	Pos	Bib	Name	Time
10.	225	Phil Cliff	49:31	2.	81	Amy Clark	26:02
11.	228	Mark Dean	50:48	3.	394	Maria Payne	30:53
12.	253	Paul Burslem	51:51	4.	330	Eleanor Jeffers	35:11
13.	111	Nitesh Thakrar	52:35	5.	152	Hollie Thomas	37:01
14.	109	Jens Mueller	55:22	6.	439	Anneka Hall	45:26
15.	267	Ian Allen	57:01	F35			
16.	88	Les Tams	1:01:26	1.	50	Natalie Carter	32:54
17.	255	Charles Cope	1:02:32	2.	465	Jemma Brereton	36:00
18.	323	Nicholas Rudman	1:02:45	3.	400	Clare Steele	3:30:59
M60				F40			
1.	124	Alan Brookes	41:57	1.	355	Maria Jensen	23:09
2.	240	Chris Wakeman	44:58	2.	272	Laura Hughes	26:39
3.	265	Dennis Robinson	48:31	3.	362	Sarah Jones	35:31
4.	217	Clive Heathcock	48:44	4.	441	Helen Nicholls	1:24:31
5.	175	Ken Shenton	49:40	F45			
6.	271	Russell Williams	54:27	1.	64	Joanna Preston	24:17
7.	135	Paul Crean	55:36	2.	223	Sarah Steventon	30:21
8.	21	Ian Parton	1:07:36	3.	437	Sarah Summers	31:48
9.	7	David Hebb	1:07:55	4.	329	Sarah Jeffers	35:14
10.	59	Dave Allembly	1:40:55	F50			
M65				1.	179	Debbie Hewitt-Gilmore	31:16
1.	449	Doug Alcock	43:06	2.	423	Alison Rowles	31:17
2.	316	Wayne Preece	44:16	3.	442	Deborah Hopkins	31:22
3.	104	Pete Savill	45:10	4.	48	Julie Davies	34:05
4.	396	Nigel Lee	54:09	5.	156	Charli Weller	37:36
5.	250	Colin Pheasant	1:11:08	6.	221	Dawn Brown	38:31
M70				7.	309	Elizabeth Spanswick	58:44
1.	287	Norman Hindle	49:41	F55			
2.	113	Kevin Uzzell	50:22	1.	209	Gill Forrester	34:52
3.	144	Peter Divall	51:43	2.	248	Patricia Davidson	38:38
4.	115	Michael Horton	1:03:03	F60			
5.	325	Robert Hoare	1:08:15	1.	319	Kathleen Harris	34:00
6.	314	Malcolm Rushton	1:10:10	2.	45	Julie Coe	38:53
7.	220	Chris Barlow	1:10:20	F65			
8.	24	Colin Earp	1:12:48	1.	438	Vicky McAdam	46:53
M75				M Sen			
1.	397	Alfred Slater	1:03:14	1.	82	Lee Clark	25:45
2.	365	Robert Sissons	1:05:56	2.	477	Tom Davall	29:35
M80+				3.	348	Joseph Spencer	33:23
1.	417	Alan Lewis	58:50	F Sen			
M80+				1.	426	Rosie Rowles	22:52
1.	366	Charlotte Lunt	22:05				
2.	63	Maisie Preston	25:07				
3.	163	Grace Blair	27:21				

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Pos	Bib	Name	Time	Pos	Bib	Name	Time
M40							
1.	419	Carl Aveyard	16:17				
2.	279	Michael Oakley	23:37				
3.	273	Liam Bedson	28:00				
M45							
1.	464	Bentley Mark	27:15				
2.	306	Mont Moreton	31:18				
M50							
1.	60	Adam Whitham	22:30				
2.	294	Ian Pettitt	24:43				
M55							
1.	458	Chris Bedford	27:19				
2.	168	Mark Taylor	28:57				
M70							
1.	46	Neil Coe	38:48				

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