

Knighton 10k & 5k

Age Group Results

Pos	Bib	Name	Time	Pos	Bib	Name	Time
F Sen				6.	358	Amanda Millward	46:49
1.	155	Emma Wood	38:20	7.	292	Catherine Farrington	47:55
2.	47	Amanda Kelly	42:25	8.	132	Alicia Gilbert	48:07
3.	363	Clare Caci	42:27	9.	3	Natalie Boswell	49:19
4.	276	Kelly Hurlstone	45:37	10.	201	Jo Owen	49:24
5.	388	Martha Davis	47:16	11.	197	Ellie Evans	53:05
6.	336	Vanessa Welham	47:27	12.	151	Gemma Batchelor	53:08
7.	471	Darcey Paskin	48:13	13.	435	Suzanne Dale	53:25
8.	207	Alice Smith	50:38	14.	159	Michelle Harrop	53:35
9.	106	Nicola Ticehurst	51:15	15.	357	Louise Simpson	54:43
10.	26	Sarah Latham	51:26	16.	94	Vicki Henshaw	54:50
11.	353	Kerri Delaney	52:46	17.	302	Vicki Kirkham	55:19
12.	413	Karly Harris	53:21	18.	403	Kirsty Rollings	58:30
13.	432	Alice Burdon	53:24	19.	300	Tracy Haseldine	59:44
14.	352	Sian Fern	53:59	20.	213	Kirsty Cooper	1:02:39
15.	474	Jamie Edwards	56:14	21.	4	Kerry Higton	1:03:44
16.	134	Lizzi Reynolds	56:28	22.	349	Heather Higgs	1:06:00
17.	101	Emily Andrews	58:36	23.	20	Emma Carr	1:06:55
18.	431	Amy Oliver	59:20	24.	454	Jennifer Hill	1:09:59
19.	216	Caroline Strauch	59:41	25.	195	Emma Burley	1:12:17
20.	90	Paige Jepson	1:00:00	26.	415	Rebecca Hopkin	1:12:32
21.	262	Emma Stevenson	1:00:33	27.	338	Nadia Reiter	1:12:39
22.	402	Claire Allman	1:01:36	28.	16	Kelly Myatt	1:12:54
23.	224	Sophie Daragheh	1:03:36	29.	399	Sarah Stubbs	1:14:47
24.	263	Hollie Birkinshaw	1:03:45	F40			
25.	447	Charlotte Tideswell	1:04:03	1.	218	Laura Palmer	43:32
26.	33	Olivia Larsson	1:06:34	2.	116	Carey Dyer	44:47
27.	412	Lindsey Riley	1:06:37	3.	430	Sarah Wilson	45:03
28.	440	Rosalind Wright	1:08:36	4.	315	Mellissa Salmon	45:09
29.	43	Chrissy Barrow	1:10:38	5.	72	Fiona Ratic	45:22
30.	408	Heather Swift	1:13:13	6.	146	Clare Dundas	46:43
31.	125	Anna Rydon	1:13:20	7.	204	Claire Kivlin	47:45
32.	37	Amie Edge	1:13:45	8.	51	Rachel Beach	49:22
33.	335	Catherine Cooper	1:16:28	9.	182	Rachel Hollins	51:03
34.	187	Kresia Jones	1:17:50	10.	153	Hayley Barlow	52:57
35.	67	Simone Baggaley	1:20:46	11.	326	Hannah Bawdon	52:59
36.	339	Philippa McCulloch	1:32:53	12.	284	Emma Walters	53:08
F35				13.	83	Daljeet Patel	53:20
1.	382	Katie Latham	39:48	14.	337	Jo Wilson	53:53
2.	237	Deborah Thomas	40:31	15.	361	Andrea Woodhead	54:55
3.	341	Amy Grace	41:20	16.	53	Kat Arnold	55:31
4.	342	Anne-Marie Taylor	45:42	17.	15	Jennie Martin	56:08
5.	157	Gemma Korff	46:10	18.	189	Natalie Bailey	56:40
				19.	6	Emma Lonczyk	58:12

Knighton 10k & 5k

Age Group Results

Pos	Bib	Name	Time	Pos	Bib	Name	Time
20.	178	Toni Collier	59:20	31.	114	Melody Morris	1:10:16
21.	266	Emma Collins	1:02:07	32.	274	Lindsey Pooley	1:10:46
22.	70	Emma Mycock	1:02:18	33.	164	Donna Caldwell	1:10:55
23.	203	Claire Collins	1:02:23	34.	285	Kerry Corcoran	1:11:27
24.	200	Kate Hopkinson	1:06:06	35.	241	Nicola Brown	1:16:18
25.	401	Kerryann Maddock	1:08:29	36.	376	Louise Waldron-Kelly	1:17:47
26.	139	Nelima Moran	1:09:28	37.	389	Lorna Housley-Tatton	1:19:36
27.	40	Jennifer Smith	1:10:46	38.	28	Caroline Davies	1:30:16
28.	360	Natalie Whiston	1:15:00	39.	99	Archana Rao	1:53:07
29.	332	Nina Savage	1:16:15	F50			
30.	198	Kerry Hopkinson	1:19:36	1.	467	Joanne Stanfield	40:46
31.	161	Jen Shorter	1:25:00	2.	311	Sarah Taylor	42:58
32.	476	Kaye Morrissey	1:28:40	3.	269	Ruth Watchorn-Rice	44:06
F45				4.	456	Angela Mensing	45:42
1.	277	Michelle Buckle	40:01	5.	41	Nikki Towle	46:22
2.	395	Emma Weston	43:13	6.	346	Donna Harris	48:51
3.	312	Lynne Callaghan	43:19	7.	409	Susan Poole	49:02
4.	375	Deb O'Neill	45:15	8.	472	Catherine Smithson	51:24
5.	469	Kerry Widdowson	46:10	9.	473	Gillian Tinsley	51:47
6.	444	Ruth Pryce	46:11	10.	318	Vikki Smith	52:20
7.	281	Claire Harrison	46:27	11.	230	Debra Mackie	52:59
8.	299	Helen Somers	47:25	12.	79	Di Fox	53:49
9.	236	Emma Wentworth	47:47	13.	77	Jane Holt	55:09
10.	475	Juliett Richardson	49:22	14.	176	Karen Wright	55:10
11.	305	Lisa Funge	51:17	15.	427	Joanne Oliver	58:12
12.	93	Kerry Podmore	53:28	16.	103	Donna Jillings	58:44
13.	11	Louise Gibbs	53:42	17.	95	Lisa Goodwin	59:24
14.	424	Rachel Killeen	54:05	18.	96	Clare Brookes	59:33
15.	421	Ruth Gamwell	54:41	19.	162	Katherine Broad Wood	1:00:16
16.	235	Babitah Hibbert	56:14	20.	320	Diane Robinson	1:00:57
17.	308	Helen Wassall	56:52	21.	226	Paula Anderson	1:02:35
18.	138	Ruth Farrell	57:12	22.	170	Maria Gaye	1:03:01
19.	364	Tracey Bagguley	58:38	23.	108	Victoria Goodwin	1:03:52
20.	78	Joanne Share	59:11	24.	343	Andrea Connell	1:03:53
21.	76	Genevieve Barnett	1:02:17	25.	370	Sue Kirby	1:04:32
22.	69	Clare Hamilton	1:02:18	26.	8	Joanne Knapper	1:04:33
23.	171	Dawn Plant	1:02:24	27.	295	Bobbie Worswick	1:04:50
24.	445	Tracy Burrows	1:02:59	28.	74	Shaz Whitfield	1:05:09
25.	183	Sara Morris	1:03:32	29.	9	Wendy Plant	1:06:03
26.	110	Cheryl Pickston	1:04:19	30.	268	Juliet Carter	1:06:30
27.	184	Sara Rees	1:05:41	31.	166	Jane Butler	1:07:43
28.	301	Rachel Marsden	1:06:19	32.	436	Alison Arnold	1:09:35
29.	84	Helen El Mkhattat	1:06:30	33.	22	Dorota Abratanska	1:09:44
30.	193	Sarah Bromley	1:07:38	34.	392	Jane Irving	1:13:17

Knighton 10k & 5k

Age Group Results

Pos	Bib	Name	Time
35.	173	Joanne Beattie	1:14:24
36.	102	Beth Cave	1:16:00
37.	2	Claire Johnson	1:22:11
38.	181	Jackie Mcgowan	1:22:57
39.	73	Victoria Byatt	1:25:10
40.	297	Michelle Puttick	1:26:49

F55

1.	192	Carol Higgs	44:39
2.	126	Ros Barker	48:05
3.	29	Chris Skellern	50:07
4.	158	Julie Knall	52:15
5.	58	Carol Astbury	53:37
6.	62	Wendy Sears	53:45
7.	414	Angela Morton	54:31
8.	120	Diane Mason	54:39
9.	313	Sue Kneill-Boxley	55:30
10.	105	Karen Murray	55:57
11.	391	Lindsey Foster	58:12
12.	418	Denise Sandford	58:43
13.	140	Louise Baldwin	59:06
14.	191	Helen Nightingale	59:09
15.	25	Gael Earp	1:03:43
16.	91	Cherry Jepson	1:05:01
17.	61	Micheline Tremblay	1:05:07
18.	38	Lorna Fewtrell	1:10:39
19.	232	Linda Fernyhough	1:12:46
20.	290	Angela Coates	1:14:07
21.	154	Lee Lymer	1:16:18
22.	245	Louise Webber	1:16:22
23.	333	Rose Joseph	1:16:23
24.	32	Jacquie Macphail	1:17:07
25.	147	Marion Evans	1:18:02
26.	259	Alli Lymer	1:18:33
27.	44	Anita Sproston	1:34:48

F60

1.	206	Julie Dudley	53:01
2.	165	Anne Saxon	58:30
3.	405	Ruth Edwards	58:50
4.	87	Julie Nokes	59:59
5.	247	Belinda Riley	1:02:58
6.	210	Jane Lee	1:05:35
7.	260	Liz Stevenson	1:05:45
8.	233	Linda Shefford	1:05:49

Pos	Bib	Name	Time
9.	172	Carole Wilshaw	1:12:35
10.	56	Christine Pezzaioli	1:12:36
11.	275	Hazel Barlow	1:13:18
12.	34	Janet Skelton	1:20:00
13.	49	Lesley Jane Hughes	1:25:28
14.	112	Michelle Bourne	1:27:53
15.	385	Marie Burt	1:30:06

F65

1.	304	Christine Kilkenny	50:01
2.	420	Judith Ho	56:46
3.	42	Dianne Lapworth	1:04:50
4.	264	Margaret Taylor	1:10:19
5.	180	Joan Brailsford	1:11:58
6.	167	Paula Smith	1:19:50
7.	227	Janet Brindley	1:23:43
8.	86	Celia Maddock	1:26:19

F70

1.	296	Patricia Bentley	57:00
2.	256	Shelagh Swinnerton	59:56
3.	31	Carol Bryant	1:10:03
4.	148	Joyce Edwards	1:13:37
5.	92	Gina Downing	1:16:22

F75

1.	214	Elaine Statham	1:00:20
2.	359	Rita Banks	1:06:57
3.	169	Rose Yeardley	1:26:36
4.	461	Valerie Stuart	1:58:54

M Sen

1.	239	Craig Taylor	34:01
2.	317	Matthew Taylor	34:14
3.	85	Warren Renkel	35:23
4.	282	Simon Powner	35:38
5.	344	Craig Pearson	35:50
6.	340	Steve Crowe	36:09
7.	249	Tom Perry	37:00
8.	278	Oliver Stone	37:59
9.	374	Chris Pattinson	38:30
10.	68	Richard Crump	39:20
11.	160	Michael Bosworth	39:49
12.	244	Rich Keen	40:08
13.	143	Oliver Clarke	41:33
14.	280	Liam Duggan	41:37

Knighton 10k & 5k

Age Group Results

Pos	Bib	Name	Time	Pos	Bib	Name	Time
15.	380	Alex McDonald	41:58	5.	386	Pat Hudson	38:54
16.	351	Chris Mosiuk	42:59	6.	322	Matthew Chalmers	39:06
17.	448	Christopher Seale	43:13	7.	137	Steven Jennings	39:51
18.	246	Paul Marshall	43:29	8.	387	Gareth Knapper	40:02
19.	128	Lee Hulme	43:48	9.	117	Gareth Copley-Jones	41:17
20.	298	Jason Littlewood	44:00	10.	347	Steven Mccann	42:13
21.	100	Liam Baister	44:46	11.	425	Adam Cotterill	43:20
22.	429	Jake Oliver	45:23	12.	462	Darren Bloor	44:04
23.	384	David Nimmo	45:29	13.	257	Antonio Treglia	44:42
24.	334	Sam Thompson	45:34	14.	377	Robert Mills	45:20
25.	251	Thomas Steele	45:37	15.	291	Lee Farrington	45:34
26.	293	Alex Shingler	45:52	16.	205	David Kivlin	45:35
27.	466	Dan Findlay-Robinson	45:55	17.	354	Ross Dillon	47:19
28.	368	Lee Davies	46:06	18.	98	Raghu Vedapanakal	49:11
29.	411	Peter Harris	46:12	19.	23	Mark Gibson	51:14
30.	450	Nicholas Watts	46:58	20.	252	Andy Ferneyhough	51:19
31.	243	Oliver Lymer	47:18	21.	13	Jamie Robinson	52:34
32.	131	Kieran Gilbert	48:06	22.	434	James Tutton	55:33
33.	149	John Alcock	48:38	23.	130	Peter Richardson	56:42
34.	208	Nathan Kapp	48:53	24.	177	Sam Chappell	58:38
35.	174	Karl Hukins	49:27	25.	356	Marc Embury	59:13
36.	350	Carl Thomas	51:10	26.	367	Mark Dixon	59:28
37.	36	Phil Kirkham	51:25	27.	381	Daniel Maddock	1:03:03
38.	460	Pete Nicholson	52:12	M45			
39.	80	Jon Hillman	52:15	1.	211	Andrew Lamont	36:35
40.	452	Jack Hodkinson	52:51	2.	433	James Simpson	39:33
41.	89	Ashley Wilks	53:20	3.	373	Mark Williamson	40:16
42.	369	Mark Unwin	53:43	4.	406	Bryn Holmes	40:40
43.	372	Benjamin Keen	54:19	5.	410	Steve Harrison	42:16
44.	65	Andy Torbitt	54:25	6.	379	Simon Nevitt	43:00
45.	19	Mark Beech	54:57	7.	242	Rob Bond	43:06
46.	390	Alex Young	55:00	8.	194	Mark Harrison	43:54
47.	478	George Hodkinson	55:21	9.	118	Andrew Jackson	43:55
48.	188	David Wain	55:41	10.	30	Mark Willetts	44:02
49.	455	Andrew Podmore	57:29	11.	185	Timothy Rees	44:41
50.	407	Lee Armitage	58:55	12.	443	David Wilson	44:46
51.	328	Peter Salt	59:43	13.	331	Peter Jeffers	44:50
52.	121	Martin Boulton	1:01:12	14.	18	Jason Blount	46:08
53.	136	Robert Pierpoint	1:01:49	15.	52	Darren Beach	46:12
M40				16.	345	Chris Lake	46:13
1.	234	Simon Fawcett	38:18	17.	457	Craig Buggins	47:16
2.	10	Colin McEvoy	38:24	18.	371	Jonathan Brend	48:09
3.	122	Bryan Newlands	38:39	19.	383	Richard Williams	48:45
4.	75	Gareth Jones	38:44	20.	459	Andy Worsey	48:55

Knighton 10k & 5k

Age Group Results

Pos	Bib	Name	Time	Pos	Bib	Name	Time
21.	199	Sam Tidy	48:56	8.	283	Mark Wood	46:35
22.	451	Ian Hodgkinson	50:27	9.	463	John Watkins	48:38
23.	289	Richard Booth	51:29	10.	225	Phil Cliff	49:31
24.	258	Andrew Greer	52:45	11.	228	Mark Dean	50:48
25.	14	Peter Gibbs	53:48	12.	253	Paul Burslem	51:51
26.	270	Stuart Ellis	54:46	13.	111	Nitesh Thakrar	52:35
27.	288	Simon Thaw	55:35	14.	109	Jens Mueller	55:22
28.	57	Graham McLachlan	55:39	15.	267	Ian Allen	57:01
29.	142	Rob Parkin	57:29	16.	88	Les Tams	1:01:26
30.	303	Robert Kewish	58:25	17.	255	Charles Cope	1:02:32
31.	446	Mark Burrows	1:02:48	18.	323	Nicholas Rudman	1:02:45
32.	398	Tim Slater	1:03:14	M60			
33.	39	Lee Greatrex	1:09:56	1.	124	Alan Brookes	41:57
34.	286	Paul Corcoran	1:12:47	2.	240	Chris Wakeman	44:58
35.	324	Paul Cotterill	1:19:54	3.	265	Dennis Robinson	48:31
M50				4.	217	Clive Heathcock	48:44
1.	141	Paul Hancock	37:25	5.	175	Ken Shenton	49:40
2.	453	Peter Mallison	38:30	6.	271	Russell Williams	54:27
3.	470	Daniel Jordan	38:33	7.	135	Paul Crean	55:36
4.	219	Glyn Pattinson	39:02	8.	21	Ian Parton	1:07:36
5.	307	Justin Green	41:35	9.	7	David Hebb	1:07:55
6.	416	Grahame Cope	43:57	10.	59	Dave Allembly	1:40:55
7.	196	Nathan Walton	44:12	M65			
8.	133	Steve Reynolds	47:00	1.	449	Doug Alcock	43:06
9.	404	Spencer Holland	47:09	2.	316	Wayne Preece	44:16
10.	35	Barry Smith	49:25	3.	104	Pete Savill	45:10
11.	468	Jolian Morris	51:28	4.	396	Nigel Lee	54:09
12.	212	Andrew Thompson	51:33	5.	250	Colin Pheasant	1:11:08
13.	321	Neil Yates	52:41	M70			
14.	428	Mark Oliver	53:03	1.	287	Norman Hindle	49:41
15.	327	Michael Hibbert	53:35	2.	113	Kevin Uzzell	50:22
16.	107	Andrew Looms	55:38	3.	144	Peter Divall	51:43
17.	1	Simon Clarke	56:06	4.	115	Michael Horton	1:03:03
18.	123	David Statham	1:01:40	5.	325	Robert Hoare	1:08:15
19.	17	Charles Larsson	1:04:13	6.	314	Malcolm Rushton	1:10:10
M55				7.	220	Chris Barlow	1:10:20
1.	66	Ian Heath	39:55	8.	24	Colin Earp	1:12:48
2.	231	Paul Millward	41:38	M75			
3.	261	David Maydew	41:56	1.	397	Alfred Slater	1:03:14
4.	378	Andy Thomas	42:41	2.	365	Robert Sissons	1:05:56
5.	202	Kevin Francis	43:26	M80+			
6.	119	Neil Flavell	43:34	1.	417	Alan Lewis	58:50
7.	54	Graeme Spencer	44:57				

Knighton 10k & 5k

Age Group Results

Pos	Bib	Name	Time	Pos	Bib	Name	Time
				F65			
1.	366	Charlotte Lunt	22:05	1.	438	Vicky McAdam	46:53
2.	63	Maisie Preston	25:07				
3.	163	Grace Blair	27:21	1.	55	Murphy Hamilton	21:38
F Sen				2.	186	Nathan Walker	21:55
1.	426	Rosie Rowles	22:52	3.	422	Harry Housley-Tatton	44:00
2.	81	Amy Clark	26:02	M Sen			
3.	394	Maria Payne	30:53	1.	82	Lee Clark	25:45
4.	330	Eleanor Jeffers	35:11	2.	477	Tom Davall	29:35
5.	152	Hollie Thomas	37:01	3.	348	Joseph Spencer	33:23
6.	439	Anneka Hall	45:26	M40			
F35				1.	419	Carl Aveyard	16:17
1.	50	Natalie Carter	32:54	2.	279	Michael Oakley	23:37
2.	465	Jemma Brereton	36:00	3.	273	Liam Bedson	28:00
3.	400	Clare Steele	3:30:59	M45			
F40				1.	464	Bentley Mark	27:15
1.	355	Maria Jensen	23:09	2.	306	Mont Moreton	31:18
2.	272	Laura Hughes	26:39	M50			
3.	362	Sarah Jones	35:31	1.	60	Adam Whitham	22:30
4.	441	Helen Nicholls	1:24:31	2.	294	Ian Pettitt	24:43
F45				M55			
1.	64	Joanna Preston	24:17	1.	458	Chris Bedford	27:19
2.	223	Sarah Steventon	30:21	2.	168	Mark Taylor	28:57
3.	437	Sarah Summers	31:48	M70			
4.	329	Sarah Jeffers	35:14	1.	46	Neil Coe	38:48
F50				Number of records: 461			
1.	179	Debbie Hewitt-Gilmore	31:16				
2.	423	Alison Rowles	31:17				
3.	442	Deborah Hopkins	31:22				
4.	48	Julie Davies	34:05				
5.	156	Charli Weller	37:36				
6.	221	Dawn Brown	38:31				
7.	309	Elizabeth Spanswick	58:44				
F55							
1.	209	Gill Forrester	34:52				
2.	248	Patricia Davidson	38:38				
F60							
1.	319	Kathleen Harris	34:00				
2.	45	Julie Coe	38:53				