

# VeloRunner Alsager 5

## Age Group Results

Pos	Bib	Name	Time	Pos	Bib	Name	Time
<b>F Sen</b>				44.	322	Olivia Larsson	51:17
1.	617	Kelly Butler	27:16	45.	609	Lindsay McDonald	52:09
2.	90	Amy Neill	31:35	46.	641	Lindsey Riley	52:38
3.	88	Nia Nokes	32:14	47.	63	Stephanie Meadows	54:06
4.	25	Rachael Brown	33:00	48.	361	Eleanor Jeffers	54:36
5.	28	Amanda Kelly	34:09	49.	656	Rosalind Wright	54:59
6.	325	Clare Caci	34:14	50.	206	Chrissy Barrow	55:29
7.	681	Siobhán Tarbuck	34:49	51.	229	Lucy Smithson	56:05
8.	31	Catrin Elen Putt	35:09	52.	19	Rebecca Stokes	56:33
9.	64	Rosie Rowles	36:10	53.	52	Simone Baggaley	56:48
10.	445	Vanessa Welham	36:15	54.	440	Jennifer Done	57:00
11.	55	Evie Weston	37:12	55.	13	Amy Rushton	58:00
12.	537	Martha Davis	37:21	56.	604	Emma Styne	1:00:04
13.	433	Darcey Paskin	37:48	57.	659	Heather Swift	1:00:33
14.	51	Alicia Gilbert	38:12	58.	456	Kresia Jones	1:01:35
15.	331	Lucy Boote	38:16	59.	654	Anneka Hall	1:01:42
16.	429	Ruth Ellerton	38:29	60.	370	Amie Edge	1:01:49
17.	516	Kasia Piontas	38:36	61.	269	Nikole Shingler	1:03:10
18.	61	Anna Morrow	39:27	62.	284	Hollie Thomas	1:08:48
19.	282	Laura Carter	39:59	63.	280	Hayley Leese	1:11:43
20.	79	Sarah Latham	40:20	<b>F35</b>			
21.	252	Mica Skilton	41:05	1.	662	Katie Latham	32:38
22.	42	Paige Jepson	41:41	2.	346	Deborah Thomas	32:42
23.	644	Alice Burdon	41:49	3.	573	Amy Grace	33:21
24.	574	Bethan Davis	42:02	4.	218	Lisa Ho	34:06
25.	625	Jamie Edwards	42:33	5.	291	Julia Kramer	35:56
26.	559	Kerri Delaney	42:57	6.	524	Lana Davidson	36:31
27.	183	Amy Clark	43:38	7.	97	Natalie Boswell	37:04
28.	464	Avril Marsland	44:17	8.	480	Anne-Marie Taylor	38:16
29.	619	Karly Harris	44:42	9.	190	Beth Black	38:36
30.	577	Elinor Steele	45:02	10.	138	Helen Jones	39:18
31.	594	Alice Smith	46:16	11.	295	Louise Simpson	39:28
32.	419	Rachel Mason	47:12	12.	459	Catherine Farrington	39:37
33.	683	Sian Fern	47:36	13.	136	Jo Owen	40:12
34.	565	Amy Oliver	48:04	14.	21	Michelle Harrop	41:08
35.	485	Claire Allman	49:11	15.	687	Amanda Millward	42:47
36.	645	Dominika Stefanowicz	49:23	16.	207	Ellie Evans	42:54
37.	239	Hollie Birkinshaw	49:44	17.	195	Jenni Alcock	43:09
38.	72	Charlotte Davison	49:56	18.	545	Rose Marshall	43:10
39.	208	Laura Thomas	50:08	19.	99	Tammy Holmes	43:24
40.	528	Sophie Daragheh	50:24	20.	225	Vicki Henshaw	44:11
41.	496	Matilda Woodhead	51:09	21.	667	Jo Wilson	44:44
42.	612	Laura Carpenter	51:12	22.	621	Suzanne Dale	45:15
43.	320	Emma Stevenson	51:13	23.	451	Vicki Kirkham	45:30

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## Age Group Results

Pos	Bib	Name	Time	Pos	Bib	Name	Time
24.	109	Jayne Garrett	45:31	26.	113	Helen Rawlinson	46:25
25.	83	Sarah Baylay	45:55	27.	483	Toni Collier	47:13
26.	675	Rebecca Oakes	47:55	28.	212	Emmaline Scoular	47:16
27.	651	Kirsty Rollings	47:58	29.	164	Emma Lonczyk	47:56
28.	633	Sarah Ankers	48:00	30.	139	Helen Harrison	48:18
29.	150	Emma Burley	48:54	31.	495	Andrea Woodhead	48:43
30.	427	Helen Cathro	49:37	32.	355	Emma Mycock	49:41
31.	93	Emma Carr	50:24	33.	567	Ruth Hollins	50:18
32.	305	Hannah Randall	50:40	34.	444	Emma Collins	50:50
33.	497	Heather Higgs	50:59	35.	235	Rosie Milling	50:55
34.	476	Michelle Hallam	51:05	36.	66	Becky Pitt	51:34
35.	103	Natalie Carter	52:03	37.	171	Sherrie Brereton	51:40
36.	165	Kerry Higon	52:33	38.	131	Sharon Arnold	52:08
37.	674	Jemma Brereton	58:50	39.	442	Emma Harvey	52:25
38.	267	Clare Steele	1:03:01	40.	106	Harley Spencer	53:02
39.	154	Gemma Park	1:03:52	41.	599	Kerryann Maddock	53:16
40.	589	Rachel Watson	1:04:41	42.	82	Stacy Sharman	55:11
41.	606	Tamsin Duddy	1:08:46	43.	238	Claire Whitehurst	55:25
<b>F40</b>				44.	119	Sharon Thompson	55:47
1.	242	Carey Dyer	34:38	45.	172	Nina Jackson	55:48
2.	540	Rachel Hollins	35:15	46.	167	Anna Flemming	56:47
3.	492	Laura Palmer	35:24	47.	538	Rebecca Neale	57:41
4.	381	Mellissa Salmon	35:40	48.	390	Heli Belfield	58:14
5.	505	Fiona Ratic	36:10	49.	627	Nina Savage	58:15
6.	333	Clare Dundas	36:46	50.	582	Natalie Whiston	59:19
7.	640	Sarah Wilson	37:20	51.	3	Gemma Hall	1:00:28
8.	135	Jennie Martin	38:19	52.	296	Isobel Dawson	1:01:41
9.	257	Claire Kivlin	38:19	53.	260	Rachel Smith	1:02:59
10.	411	Rachel Beach	39:52	54.	121	Jen Shorter	1:03:31
11.	179	Hannah Arnold	40:07	55.	592	Sarah Jones	1:06:43
12.	457	Laura Hughes	40:25	56.	198	Kaye Morrissey	1:07:03
13.	199	Caroline Partner	40:56	57.	243	Tracey Barker	1:08:27
14.	613	Jodie Clarke	41:29	58.	462	Helen Nicholls	1:16:29
15.	281	Andrea Muirhead	42:38	<b>F45</b>			
16.	177	Angela Luznyj	42:58	1.	547	Michelle Buckle	31:48
17.	306	Daljeet Patel	42:59	2.	446	Lindsay Dixon	32:27
18.	87	Amanda Durber	43:01	3.	438	Joanne Donnelly	32:50
19.	105	Jo Challinor	43:55	4.	56	Emma Weston	33:09
20.	508	Alison Jackson-Hedges	44:18	5.	182	Lynne Callaghan	33:57
21.	470	Hayley Barlow	44:55	6.	162	Deb O'Neill	35:19
22.	159	Amanda Cheadle	44:57	7.	430	Kerry Widdowson	36:27
23.	334	Natalie Bailey	45:43	8.	328	Claire Harrison	36:50
24.	7	Kat Arnold	45:53	9.	73	Nathan Whitehall	37:05
25.	439	Heidi Thurland	46:24	10.	555	Joanna Preston	37:27



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Pos	Bib	Name	Time	Pos	Bib	Name	Time
32.	493	Gina Benson	51:24	9.	351	Sara Crick	43:38
33.	539	Alison Arnold	51:49	10.	374	Diane Mason	43:41
34.	144	Wendy Plant	51:55	11.	300	Chris Skellern	43:49
35.	94	Joanne Knapper	52:05	12.	41	Cherry Jepson	44:25
36.	178	Helen Birch-Machin	53:00	13.	650	Karen Murray	44:38
37.	543	Bobbie Worswick	53:39	14.	632	Nicola Quinlan	44:54
38.	526	Jackie Freer	54:11	15.	472	Lindsey Foster	45:23
39.	255	Maria Gaye	54:13	16.	647	Denise Sandford	45:57
40.	158	Juliet Carter	54:42	17.	196	Louise Baldwin	46:07
41.	81	Mandy Farr	55:48	18.	279	Helen Nigtingale	46:23
42.	276	Joanne Beattie	56:06	19.	104	Lynne Frith	49:37
43.	401	Natalie Kilgariff	57:03	20.	423	Jayne Brannigan	50:47
44.	478	Shaz Whitfield	57:37	21.	130	Liz Bundy	51:17
45.	114	Claire Johnson	58:28	22.	233	Gael Earp	51:25
46.	148	Sharon Rowley	59:00	23.	75	Kaye Woodcock	51:47
47.	563	Jane Irving	59:37	24.	327	Katie Oscroft	51:49
48.	47	Clare Brookes	1:00:24	25.	48	Micheline Tremblay	52:46
49.	397	Karen Corkhill	1:01:01	26.	91	Sue Davies	53:24
50.	115	Rupa Ark	1:01:52	27.	71	Karen Williams	53:35
51.	58	Jennifer Wood	1:01:54	28.	591	Andrea Chatterley	54:13
52.	59	Michelle Puttick	1:02:13	29.	642	Katie Huntbach	54:13
53.	132	Jackie MCGowan	1:03:17	30.	76	Alyson Ward	54:41
54.	17	Charli Weller	1:03:39	31.	231	Linda Fernyhough	54:52
55.	152	Jennifer Walker	1:04:07	32.	221	Lorna Fewtrell	55:31
56.	420	Victoria Byatt	1:05:00	33.	655	Linda Woodall	55:53
57.	185	Dorota Abratanska	1:05:27	34.	293	Julie Spencer	56:31
58.	515	Julie Davies	1:06:47	35.	455	Hazel Barlow	57:30
59.	168	Edna Brooks	1:11:20	36.	491	Angela Coates	59:40
60.	366	Kathleen Hewitt	1:11:21	37.	220	Trish Davidson	1:04:03
61.	60	Julie Sromek	1:15:58	38.	18	Lee Lymer	1:04:08
62.	202	Nicola Bird	1:17:00	39.	557	Alli Lymer	1:07:18
63.	402	Elizabeth Spanswick	1:26:00	40.	246	Judith Oakley	1:16:12
64.	270	Anita Sproston	1:26:54	41.	203	Jacque Macphail	1:19:10
65.	57	Katherine Broad Wood	1:29:09				
a.k.	330	Anita Sproston (refunded)	0:00				
<b>F55</b>				<b>F60</b>			
1.	200	Carol Higgs	35:38	1.	523	Jenny Wakeman	38:13
2.	315	Ros Barker	36:13	2.	289	Yvonne Brown	41:29
3.	663	Jennifer Edwards	39:45	3.	290	Julie Dudley	43:02
4.	96	Julie Knall	41:19	4.	348	Ruth Edwards	44:38
5.	230	Carol Astbury	41:19	5.	536	Belinda Riley	47:41
6.	157	Angela Morton	42:33	6.	34	Julie Nokes	47:51
7.	484	Philippa Tyson	42:48	7.	278	Skelton Janet	50:53
8.	498	Wendy Sears	43:31	8.	321	Liz Stevenson	53:59
				9.	336	Linda Shefford	55:51
				10.	661	Jane Lee	55:54

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Pos	Bib	Name	Time	Pos	Bib	Name	Time
11.	213	Christine Pezzaioli	56:05	8.	369	Craig Pearson	29:00
12.	467	Lorraine Hawkins	56:31	9.	421	Oliver Stone	29:23
13.	398	Lesley Jane Hughes	58:44	10.	513	Simon Powner	29:25
14.	389	Carole Wilshaw	1:04:26	11.	316	Craig Mooney	29:33
15.	129	Julie Coe	1:06:28	12.	583	Matthew Sargent	29:37
16.	479	Michelle Bourne	1:09:38	13.	23	Richard Crump	31:06
17.	67	Yvonne Brown	1:10:18	14.	253	Chris Metcalfe	31:39
18.	307	Marie Burt	1:12:25	15.	247	James Phoenix	31:42
<b>F65</b>				16.	205	Mitch Blundell	31:44
1.	277	Christine Kilkenny	40:02	17.	69	Adam Woolner	31:47
2.	572	Vicky McAdam	43:06	18.	285	Chris Mosiuk	32:25
3.	219	Judith Ho	44:46	19.	133	Andrew Vickerman	32:42
4.	335	Wendy Spreadbury	45:01	20.	153	Rich Keen	32:46
5.	416	Liz Clutton	45:04	21.	597	Liam Duggan	33:01
6.	37	Dianne Lapworth	52:21	22.	664	Alex Langford	33:08
7.	286	Margaret Taylor	55:25	23.	317	Chris A* Proud	33:14
8.	301	Joan Brailsford	1:00:39	24.	342	Oliver Clarke	33:14
9.	128	Janet Brindley	1:04:14	25.	518	Paul Marshall	33:43
10.	314	Celia Maddock	1:13:25	26.	100	Dan Melia	33:46
<b>F70</b>				27.	481	Christopher Seale	33:46
1.	326	Pat Bentley	45:17	28.	15	Jamie Moss	33:53
2.	435	Sally Aldridge	49:26	29.	92	Steven Naylor	33:59
3.	108	Carol Bryant	55:40	30.	36	Adam Marsland	34:10
4.	26	Joyce Edwards	58:39	31.	477	Dan Findlay-Robinson	34:10
5.	70	Christine Ward	1:10:17	32.	535	Alex McDonald	34:18
<b>F75</b>				33.	413	Jason Littlewood	34:25
1.	522	Elaine Statham	47:26	34.	134	Iain Seath	34:35
2.	453	Rita Banks	1:03:21	35.	367	Matt Craig	34:37
3.	373	Rose Yeardley	1:09:38	36.	461	Lee Davies	35:05
4.	682	Valerie Stuart	1:45:53	37.	616	Rhys McDowell	35:07
				38.	443	David Nimmo	35:21
1.	635	Joseph Weston	43:51	39.	302	Sam Rosillo	35:22
2.	35	Nathan Walker	44:50	40.	564	Jake Oliver	35:42
3.	340	Harry McFarlane	52:53	41.	362	Martyn Davies	35:47
<b>M Sen</b>				42.	186	Nick Ansell	35:54
1.	338	Jim Hickenbottom	26:36	43.	169	Stu Parton	36:05
2.	672	Steven Crowe	27:28	44.	488	Sam Thompson	36:06
3.	552	Simon Hodgkinson	28:22	45.	618	Peter Harris	36:30
4.	68	Ben Bewley	28:29	46.	558	Andrew Robinson	36:38
5.	310	Warren Renkel	28:47	47.	194	John Alcock	36:41
6.	12	Matthew Taylor	28:48	48.	541	Craig Carpenter	36:42
7.	111	Matt Weston	28:55	49.	324	Thomas Steele	36:46
				50.	384	Ethan Warrillow	37:11
				51.	631	Stewart Brown	37:13
				52.	189	Alex Shingler	37:25

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Pos	Bib	Name	Time	Pos	Bib	Name	Time
53.	428	Nick Glover	37:31	9.	452	Matthew Chalmers	32:12
54.	601	Matthew Reel	38:05	10.	530	Nick Hulme	32:59
55.	507	Markus Blum	38:18	11.	251	Adam Lightfoot	33:24
56.	50	Kieran Gilbert	38:39	12.	634	Lee Wilkinson	33:27
57.	431	Tom Harvey	39:03	13.	180	Chris Nutty	33:29
58.	490	Peter Morgan	39:19	14.	620	Adam Cotterill	33:34
59.	652	Nicholas Watts	39:26	15.	575	Steven Mccann	33:50
60.	1	Benn Hailes	39:33	16.	329	Andrew Growcott	34:08
61.	309	Andrew Rowell	40:12	17.	347	Antonio Treglia	35:13
62.	531	Richard Bailey-Jones	40:15	18.	258	David Kivlin	35:44
63.	658	Daniel Wright	40:15	19.	676	Darren Bloor	35:44
64.	191	Matthew Hales	40:43	20.	45	Jamie Robinson	36:01
65.	266	Carl Thomas	40:51	21.	102	J Luxford	36:01
66.	8	Jon Hillman	41:00	22.	344	Robert Mills	36:50
67.	450	Nick Webster	41:26	23.	149	Matthew Burley	37:01
68.	365	Phil Kirkham	41:29	24.	197	Robert Baker	37:32
69.	184	Lee Clark	41:35	25.	313	Bryan Newlands	37:41
70.	668	Jack Hodgkinson	42:12	26.	292	Ross Dillon	38:16
71.	602	Richard Howell	42:23	27.	460	Lee Farrington	38:19
72.	364	Andrew Podmore	42:41	28.	548	Rob Sandall	38:46
73.	268	Lee Armitage	43:10	29.	568	Tim Cliffe	39:03
74.	569	Gabriel Wyderkiewicz	43:11	30.	161	Alan Wragg	39:15
75.	593	Nathan Kapp	43:43	31.	677	Simon Oakes	41:22
76.	192	Mark Beech	43:51	32.	248	Mark Gibson	41:25
77.	614	Tom Davall	44:55	33.	624	Andrew Clough	41:39
78.	532	David Wain	45:12	34.	388	James Tutton	42:38
79.	499	Andy Torbitt	45:46	35.	226	James Jeffery	43:03
80.	156	Robert Pierpoint	45:54	36.	665	Oliver Stokes	43:38
81.	299	Isaac Broad	46:32	37.	584	Mark Dixon	44:01
82.	671	Pete Nicholson	46:43	38.	669	Sam Chappell	45:45
83.	610	Benjamin Keen	51:45	39.	519	Marc Embury	46:17
84.	323	Oscar Scholes-Furness	54:15	40.	110	Greg Wood	48:42
85.	318	Ross White	56:47	41.	623	Mike Hearson	48:58
86.	349	Martin Boulton	57:51	42.	265	Daniel Maddock	49:55
87.	549	Dean Tideswell	1:00:02	43.	554	Peter Richardson	1:00:24
<b>M40</b>				44.	598	Thomas Jones	1:06:01
1.	529	Carl Aveyard	26:49	45.	193	David Oxlade	1:21:23
2.	372	Simon Fawcett	30:55	<b>M45</b>			
3.	684	Gareth Jones	31:09	1.	471	Neil Dixon	27:43
4.	33	Colin McEvoy	31:16	2.	311	Paul Sidwells	28:57
5.	410	Steven Jennings	31:42	3.	44	Andrew Lamont	28:59
6.	521	Gareth Knapper	31:59	4.	39	Michael Harrington	29:27
7.	170	Dan Walker	32:01	5.	250	Matthew Harper	29:31
8.	143	Gareth Copley-Jones	32:03	6.	571	Mark Williamson	31:07

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Pos	Bib	Name	Time	Pos	Bib	Name	Time
7.	514	Bryn Holmes	31:16	52.	637	Nick Duck	1:14:00
8.	469	James Simpson	31:26	53.	350	Mont Moreton	1:28:00
9.	666	Ben Watts	32:37	<b>M50</b>			
10.	407	Warren Thomas	32:41	1.	622	David Morrell	28:04
11.	415	Steve Harrison	33:50	2.	312	Paul Hancock	29:28
12.	412	Darren Beach	34:02	3.	359	Daniel Jordan	30:28
13.	580	Simon Nevitt	34:02	4.	653	Peter Mallison	30:32
14.	357	Andrew Jackson	34:34	5.	380	Ian Heath	31:11
15.	40	Mark Harrison	34:50	6.	275	Glyn Pattinson	31:49
16.	273	Timothy Rees	36:03	7.	473	Justin Green	32:27
17.	608	Craig Buggins	36:14	8.	502	Lee Jones	34:30
18.	271	Chris Lake	36:16	9.	487	Nathan Walton	35:06
19.	65	Marcus Pitt	36:17	10.	646	Grahame Cope	35:07
20.	383	Peter Jeffers	36:44	11.	600	Graeme Spencer	35:48
21.	264	Jason Blount	37:10	12.	356	Spencer Holland	37:00
22.	234	David Fisher	38:15	13.	6	Barry Smith	37:18
23.	263	Paul Rushworth	38:15	14.	188	Steve Reynolds	37:30
24.	570	Andy Worsley	38:51	15.	298	Adam Whitham	37:45
25.	648	Jonathan Brend	38:51	16.	393	Stephen Moody	38:13
26.	53	Sam Tidy	39:04	17.	125	James Fuller	38:37
27.	112	Tony Mayer	39:34	18.	468	Andrew Thompson	38:52
28.	337	Ian Hodgkinson	40:14	19.	576	Andrew Looms	38:57
29.	673	Richard Williams	41:24	20.	466	Peter Coombs	38:58
30.	146	Dave Elborn	41:38	21.	74	Dean Bromley	39:18
31.	173	Robert Kenyon	42:07	22.	454	Richard Hill	39:27
32.	62	James Bailey	42:28	23.	638	Rob Lowe	40:59
33.	261	Peter Gibbs	43:01	24.	562	Mark Oliver	41:40
34.	685	Mark Burrows	43:58	25.	432	Jolian Morris	41:52
35.	630	John Munton-Davies	44:17	26.	586	Terry Barker	43:51
36.	107	Darren Hough	44:35	27.	120	Darren Storey	43:55
37.	511	Stuart Ellis	44:48	28.	2	Simon Clarke	44:03
38.	49	Graham Mclachlan	44:57	29.	406	Michael Hibbert	44:31
39.	546	Ian Tatton	46:16	30.	85	John Heath	45:32
40.	566	Rob Parkin	46:51	31.	500	Richard Hewitt	46:31
41.	377	Tim Slater	48:03	32.	670	David Smith	46:54
42.	240	Mathew Levett	49:36	33.	46	Andrew Mills	47:27
43.	680	Mark Bentley	50:06	34.	187	Charles Larsson	49:19
44.	304	Mark Payne	50:12	35.	636	Robin Weston	49:33
45.	241	Simon Withington	50:14	36.	595	Ivan Ham	51:20
46.	166	Mark Flemming	50:49	37.	215	Jon Thompson	58:04
47.	579	Simon Thaw	51:54	38.	288	Kurt Dowson	59:08
48.	425	Simon Bromley	52:35	39.	254	Matthew Hodgson	1:01:39
49.	339	Adam McFarlane	52:53				
50.	463	Lee Greatrex	57:29				
51.	245	Robert Russell	1:03:11				

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Pos	Bib	Name	Time	Pos	Bib	Name	Time
<b>M55</b>				3.	629	Nigel Lee	42:57
1.	409	Kevin Francis	33:11	4.	4	Gordon Thorley	43:41
2.	649	Tony Taylor	33:52	5.	448	Donald Foy	45:43
3.	643	David Maydew	33:54	6.	426	Tom Graham	49:33
4.	210	Andy Thomas	33:58	7.	354	David Wright	49:58
5.	437	Paul Millward	34:01	8.	386	Colin Pheasant	57:48
6.	414	Neil Flavell	35:00	<b>M70</b>			
7.	227	John Watkins	36:10	1.	417	Norman Hindle	40:08
8.	447	Mark Wood	39:22	2.	237	Kevin Uzzell	41:34
9.	353	Nitesh Thakrar	39:33	3.	38	Peter Divall	43:08
10.	124	Mark Dean	41:05	4.	16	Michael Horton	50:30
11.	486	Paul Burslem	41:38	5.	534	Chris Barlow	54:29
12.	436	Phil Cliff	42:00	6.	232	Colin Earp	56:19
13.	378	Ian Bebbington	43:16	7.	368	Malcolm Rushton	1:00:01
14.	32	Ian Allen	44:04	8.	127	Neil Coe	1:07:47
15.	201	Andrew Coles	45:03	<b>M75</b>			
16.	163	Les Tams	45:22	1.	376	Alfred Slater	48:03
17.	506	Charles Cope	47:25	2.	95	Robert Sissons	50:34
18.	441	Simon Holland	47:59	3.	553	Mick Statham	1:21:19
19.	126	Jens Mueller	48:46	4.	418	Graham Williams	1:26:32
20.	615	Angelo Apa	49:15	<b>M80+</b>			
21.	639	Chris Bedford	53:20	1.	510	Alan Lewis	47:03
22.	578	Colin Mitchell	56:17	Number of records: 659			
23.	400	Dean Martindale	2:02:00				
<b>M60</b>							
1.	556	Alan Brookes	33:08				
2.	308	Alan Burt	35:48				
3.	391	Chris Wakeman	36:09				
4.	494	Jim Kelleher	38:25				
5.	482	Clive Heathcock	38:38				
6.	509	Dennis Robinson	39:05				
7.	345	Andrew Diddams	43:57				
8.	98	Ken Shenton	44:25				
9.	249	Russell Williams	44:56				
10.	352	Ian Fothergill	46:23				
11.	679	Graham Fletcher	48:06				
12.	525	Paul Crean	50:30				
13.	27	David Hebb	51:18				
14.	216	Ian Parton	56:07				
15.	9	Dave Allembly	1:34:24				
<b>M65</b>							
1.	660	Pete Savill	33:44				
2.	605	Doug Alcock	34:24				